

THE IWAKUNI APPROACH

Issue No. 24 Vol. 6 | Marine Corps Air Station Iwakuni, Japan



SGT. CHARLES MCKELVEY

Secretary of the Navy Ray Mabus speaks to Marines and sailors June 24, 2013, inside a hangar aboard Marine Corps Air Station Iwakuni. Mabus spoke to the Iwakuni-based servicemembers about current topics, to include their important role in the Pacific region and sequestration.

Corpswide workplace inspections polices own, corrects mistakes

Lance Cpl. Lisette A. Leyva
HEADQUARTERS MARINE CORPS

FORT GEORGE G. MEADE, Md. — Marines will experience new inspections of the workplace following the release of MARADMIN 291/13, June 14, 2013.

The inspections aim to get rid of materials which create a degrading, hostile or offensive environment, to ensure a professional workplace for all Marine Corps personnel and to maintain good order and discipline throughout the Corps.

The MARADMIN states all Marine Corps personnel will be treated with dignity and respect in a climate free of sexual harassment and all other forms of discrimination.

Marine Corps leadership will inspect: office spaces, restrooms, hangars, motor pools, ships, aircraft and recreation areas, including Navy and Marine Corps Exchanges.

Personal property, assigned living quarters, desk drawers, clothing, and government computers will not be inspected.

Inspectors will be of an E-7 pay-grade or higher, or a supervisory-level civilian. Individuals must have the appropriate security clearance for the area they are inspecting.

Inappropriate photographs, posters, documents, books, videos, props, displays, or other media displayed that are hurtful to a professional working environment should be immediately removed.

Individuals conducting the inspection will immediately seize any lewd, obscene, pornographic or racist images, publications or materials. If leaders find evidence of a crime during an inspection, the Naval Criminal Investigative Service will be contacted immediately.

Commanders will make the decision of how to appropriately deal with each case of degrading or offensive material found. The severity of the material will dictate the punishment the individual receives.

MARADMIN 291/13 reinforces the Marine Corps' Sexual Assault Prevention and Response effort and will ensure a professional workplace throughout the Corps. Commanders will make sure visual inspections of all Marine workplaces are conducted on a regular basis.

Marine leaders will inspect all workplaces no later than June 28. All results of inspections will be reported to the Secretary of the Navy.

SECNAV visits station, speaks to troops

Sgt. Charles McKelvey
IWAKUNI APPROACH STAFF

Secretary of the Navy Ray Mabus visited Marines and sailors aboard Marine Corps Air Station Iwakuni, Japan, June 24, 2013.

During his visit, he thanked sailors and Marines for what they do to protect the United States and said he recognizes all they do to make sure the

U.S. is well represented in this critical part of the world.

"This is my third visit in the Pacific this year and I hope that our friends, our allies, the people of this region, the sailors and Marines understand how critical the work is here," said Mabus, "that the rebalance is real, it's tangible and it's going to continue. That we are here as a force of peace and stability and the work being done here is

critical to the future of not only this region, but the world."

Mabus also addressed the current topic of sexual assault in the military.

"People ask me if I'm concerned and I say, 'That is not the way I would describe it.' I'm angry about sexual assault," stated Mabus. "We have got to do something about it, or we risk undoing

SEE SECNAV ON PAGE 3

Aircraft maintenance ensures mission accomplishment

Cpl. Vanessa Jimenez
IWAKUNI APPROACH STAFF

CLARK AIR BASE, Republic of the Philippines — Many missions have a backbone. While it's usually behind the scenes, without it the mission would not be accomplished. There would be mission failure.

The aircraft maintainers of Marine All-Weather Fighter Attack Squadron 242 and Marine Fighter Attack Squadron 122 were the backbone during Exercise Haribon Tempest 2013 at Clark Air Base, Republic of the

Philippines, June 10-14. Both Squadrons are with Marine Aircraft Group 12, 1st Marine Aircraft Wing, III Marine Expeditionary Force.

HT13 is a bilateral exercise conducted between the Philippine Air Force and U.S. military. The small-scope training included close-air support, airborne forward air control and dissimilar air combat training in order to enhance relationships and increase the proficiency of MAG-12 and the PAF.

"We're out here training Filipinos on how to

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Shooting up those nasty brain eaters | P. 4



CAKE

Cook crafts charming confections | P. 5



CROSSFIT

His muscles have their own muscles | P. 11





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CHAPLAIN'S CORNER

'The safety of faith'

Lt. Cmdr. Denise L. Wallingford
H&HS STATION CHAPLAIN

Have you ever been afraid? In Mark 4:35-41, the disciples find themselves terrified. Jesus tells them they're going to go to the other side of the lake, but a fierce storm with high waves arose and water began to fill the boat.

I was once stationed on the USS Theodore Roosevelt, a Nimitz-class nuclear aircraft carrier.

Since carriers are so large, I almost never became seasick. One time in a storm, however, we encountered very high waves.

A huge wave slammed into the side of our ship. Some sailors on one of the weather decks felt the brunt of the wave, which pinned them up against the outside hull of the ship, dragged them along the bulkhead and then tried to suck them out to sea.

Heroically, the sailors held onto each other and the railing, preventing the enormous wave from dragging them out to sea.

When the wave retreated, we heard, "medical emergency, medical emergency!"

Hospital Corpsmen ran toward the emergency. I headed down to medical, knowing they may need a chaplain at some point.

One sailor had sustained a major head injury when the wave slammed him into the hull of the ship. Our medical staff worked hard to stabilize him, but his injuries were so severe that he did not live. I spent time talking with the medical staff and the best friend of the sailor who died. He

saw the whole thing happen. You could hear the terror in his voice and see it in his eyes as he described what

it was like to be attacked by that giant wave.

The things you are afraid of, do they produce terror in you like this?

The disciples were terrified and Jesus was asleep in the boat. Jesus was sleeping like a baby in the storm and how did the disciples react? They wake Jesus up and shout at him, accusing him of not caring if they drown.

Have you ever shouted at God because he's quiet when the storms of life rage around you? In our storms, it is natural to think Jesus doesn't care, that's what the disciples did. We've all thought, "God, don't you care about my problem, about me?"

When we think these words about God, we believe two dangerous lies. We believe God will not do what he said he would and this leads us to lie two: We believe God does not care about us.

If God doesn't care about us, we have no hope, but God does care. The enemy cannot have our hearts, our souls, or our eternal life unless we let them.

Jesus can effortlessly control one little storm, on one tiny lake, in one tiny nation, on one tiny planet, in one tiny solar system, in one small galaxy, in the gigantic universe, which he spoke into existence, in an instant!

With a word, Jesus calmed the storm on the Sea of Galilee. He can calm the storms in your life and my life, but I think God wants us trust him to fulfill His promises

during our storms. What would that trust in God look like? We would be as calm and peaceful in the midst of all manner of storms, just as Jesus was while sleeping in the boat. What was the basis of his serenity? There was no doubt in his mind that they would safely get to the other side.

In John 3:16, Jesus says that if we believe in him, we will not perish, but we will have eternal life. In Hebrews 13:5, God reminds us that, "I will never fail you. I will never abandon you." These are just two of his promises to us; there are more than 3,500 promises. As we fret about our problems, I think Jesus asks us the same thing he asked the disciples. "Why are you afraid? Do you still have no faith?"

The disciples were afraid of the storm, but when they saw Jesus' power which, with a word, erased the storm instantly, they were afraid of him. If we never get to this point of fear before Jesus and his Holy Spirit, we have not understood who he is.

In Col. 1:15-17, Paul tells us, "Christ is the visible image of the invisible God. He existed before anything was created and is supreme over all creation, for through him God created everything in the heavenly realms and on earth. He made the things we can see and the things we can't see, such as thrones, kingdoms, rulers and authorities in the unseen world. Everything was created through him and for him. He existed before anything else and he holds all creation together."

The placing of faith in Jesus Christ is one of complete and utter safety. It is the safest place in the universe because Jesus Christ keeps his word.

MCIPAC commanding general presents safety award



Major General Charles L. Hudson, commanding general of Marine Corps Installations Pacific, presents Col. James C. Stewart, commanding officer of Marine Corps Air Station Iwakuni, with the Achievement in Safety Award inside the Sakura Theater, June 21, 2013. The Achievement in Safety Award is awarded by the Commandant of the Marine Corps. It is awarded for establishment of the most outstanding Company Safety Program Group II.

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everything we have worked so hard for years and years and years."

The secnav said the Navy and Marine Corps are doing a lot of things to combat sexual assault and are beginning to find some things that work. Some of those things are: bystander intervention, increasing the amount of shore patrols and doing things like testing for alcohol.

Mabus said these measures are not because the Navy doesn't trust sailors and Marines and it's not that the Navy doesn't want sailors and Marines to have a good time.

"We want to make sure that it doesn't end up as a career-ending or life ending or career-altering or life-altering event," said Mabus. "And things that we can do, from the leadership level all the way down to the newest recruit, we've got to make sure that we fix it, because if we don't, this has the potential to undo so much, and it is a crime, it is an attack, it is something we cannot tolerate."

Another topic Mabus spoke about was the importance of preparation for the sailors and

Marines in the Pacific region.

"We have to be ready all the time," said Mabus. "It's not enough to be in the right place at the right time; we have to be in the right place all the time. Marines are America's crisis-response team we have to be ready to fight today. We have to be ready to respond to whatever comes over the horizon today. Same thing for the Navy, the Navy is all about presence. Presence to deter, presence to respond, presence to do whatever is necessary and so that is the priorities, to make sure our forward-deployed forces have the equipment, have the tools to do the job that is so critical to America."

During his visit, Mabus presented two awards, promoted a sailor and reenlisted two Marines. Sgt. Maj. Peter W. Ferral, sergeant major of Headquarters and Headquarters Squadron, was one of the Marines reenlisted by the secnav.

For Ferral, reenlistment has always been a special part of his 27-year Marine Corps career.

"I was enlisted and reenlisted by my father, who served 34 years in the Marine Corps,"

said Ferral. "So whenever I reenlist, it has a special meaning. My father passed away a few years ago, so reenlisting brings back a lot of memories of me and my father."

Ferral easily described the reenlistment in one short phrase.

"It was awesome," said Ferral. "I'm still on a high and I'm sure that it will last the final three years that I'm in the Marine Corps."

Whether it was a servicemember individually recognized by the secnav or one of the many in the crowd, one thing was made clear by Mabus: he is appreciative of today's Navy-Marine Corps Team.

"I just want to once again thank the sailors and Marines and their families. It is a sacrifice to wear the uniform of the country," said Mabus. "It is a sacrifice, particularly for families, and I'm not sure that the people of the United States understand just how good a Navy and Marine Corps they have, just how skilled our sailors and Marines are and just how much they do for us each and every day, and so on behalf of them, I want to thank all our sailors and Marines and their families for what they do for us every single day."



Sgt. Vincent T. Erzen, a fixed-wing aircraft mechanic with Marine All-Weather Fighter Attack Squadron 242, replaces a bleed air regulator in an F/A-18D Hornet at Clark Air Base, Republic of the Philippines June 14, during Exercise Haribon Tempest 2013.

MAINTENANCE FROM PAGE 1

properly call in ordnance, so we've been making sure ordnance has been loading up properly," said Cpl. Ryan Bentley, a fixed-wing aircraft powerline mechanic with VMFA-122. "We've been making sure the jets are ready, so the pilots do what they do best and give the Filipinos some good training."

HT13 helps maintain a high level of interoperability and enhances military-to-military relations and combined combat capabilities.

Approximately 20 Marines participated in the exercise and found they had to depend on each other and work together.

"We've had to rely on each other and help each other out because we had limited tools and limited personnel," said Bentley. "We've had to do things we normally wouldn't do together, but it takes teamwork and always being vigilant to get things done."

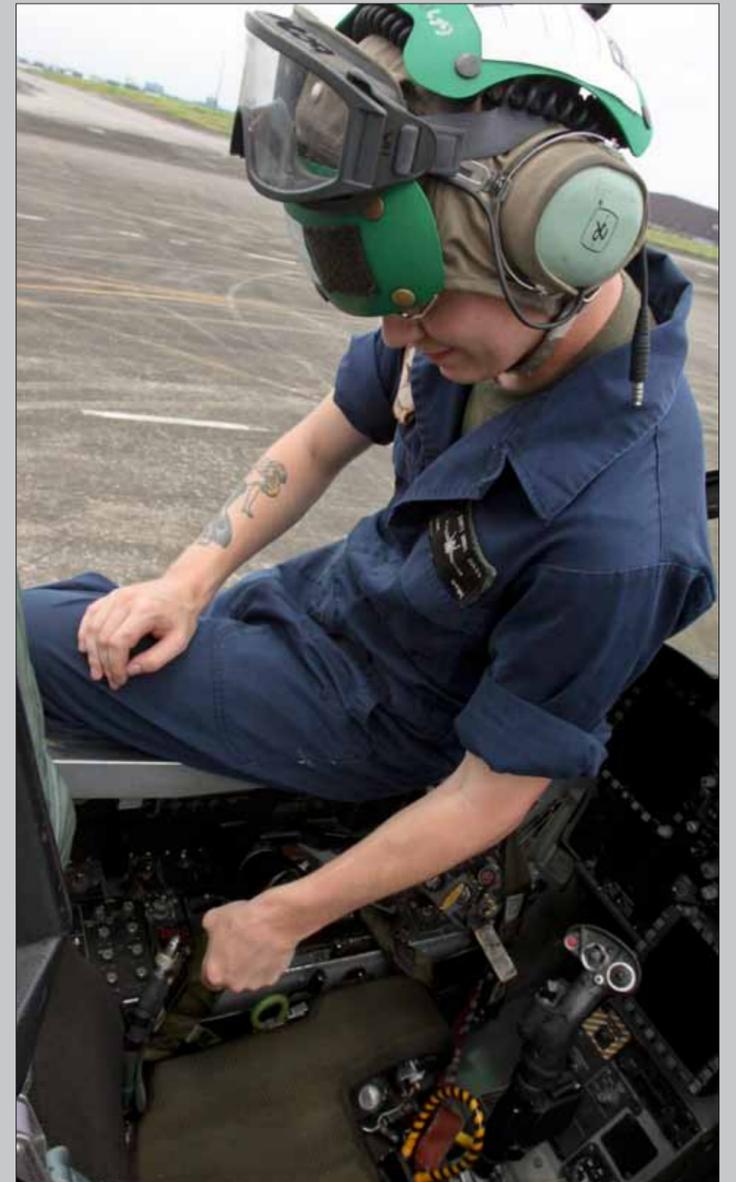
As the backbone, maintenance is the oil that keeps the machine running. Maintenance Marines inspect and maintain aircraft airframes and airframe components,

ejection seats and they perform duties relating to flight operations. They are the first and last stop during inspections to determine whether the aircraft will fly.

"We can't launch (jets) without anything (the maintainers) do; from putting gas in the jets, to ordnance, to servicing the oil, hydraulics and running all the checks they do when they come back or before they launch in the morning," said Maj. Kevin Goodwin, maintenance officer in charge with VMFA(AW)-242. "We don't go airborne unless the maintenance Marines have taken care of their job."

During HT13, maintenance Marines were able to adapt and overcome the obstacles they faced to put jets in the air.

"They do phenomenal work day in and day out to keep jets up and running, to allow us to go out and fly and be prepared for anything that may come along for us to do," said Goodwin. "I want them to know I feel extreme pride in the work they constantly put out, no matter the conditions, no matter the pressures, no matter the situation. They're always out there getting it done, and mission accomplishment is the top of their priority list."



Lance Cpl. James C. Riley, a fixed-wing aircraft safety equipment mechanic with Marine All-Weather Fighter Attack Squadron 242, inspects, maintains and repairs the aircraft's safety equipment and systems. The focus of HT13 is to improve tactical-level military proficiency and enhance U.S.-Philippine interoperability and combined abilities.



Zombie targets hang covered in bullet holes and fake blood during the Headquarters and Headquarters Squadron Zombie Shoot, which took place in the Indoor Small Arms Range, June 18-20, 2013. Maj. Elizabeth Pham, H&HS executive officer, said she organized the event for junior Marines as an opportunity to have an event of their own and introduce them to the Beretta M9 pistol.

Marines aim for heads during Zombie shootout



A Headquarters and Headquarters Squadron Zombie Shoot participant takes aim and fires at his target during the event, which took place in the Indoor Small Arms Range, June 18-20, 2013. The first day, Marines attended a safety brief on the nomenclature, weapon carries and remedial procedures for the Beretta M9 pistol, followed by a weapons handling test and picking out their zombie target.

Pfc. D. A. Walters
IWAKUNI APPROACH STAFF

"When there is no more room in hell, then the dead will walk the earth." This quote comes from the 1978 zombie classic, "Dawn of the Dead."

Junior Marines participated in the Headquarters and Headquarters Squadron Zombie Shoot at the Indoor Small Arms Range here, June 18-20, 2013.

The first day, Marines attended a safety brief on the nomenclature, weapon carries and remedial procedures for the Beretta M9 pistol, followed by a weapons handling test and picking out their zombie target.

The next day, Marines performed dry firing.

On the third day, apocalypse day, 16 Marines stepped up to face off against their zombie targets as if they arose from the earth, threatening the station.

With blood packets attached to their zombie targets, participants fired away in a friendly competition to see who was the ultimate zombie slayer.

When participants landed a successful headshot, fake blood poured from broken blood packets. This gave shooters extra initiative to sight in properly between their zombie's eyes.

"I didn't know they had the blood packs," said Lance Cpl. Coleman B. Harrelson, H&HS aviation ordnanceman and Zombie Shoot participant. "One of (the blood packets) popped, and I thought to myself, 'oh, where's mine?'"

During the last course of fire, another surprise was in store for the Marines: not only did they have to shoot as the targets closed in from the 25 yard to the seven-yard line, but the room's lights were replaced by red and blue strobe lights, reducing visibility.

Maj. Elizabeth Pham, H&HS executive officer, said she organized the event for junior Marines as an opportunity to have an event of their own and to introduce them to the Beretta M9.

The mission of H&HS is to train and prepare Marines for combat, and Pham said she wanted to reinforce that mission in a fun, competitive environment.

"We are training ourselves to be ready for combat at all times," said Pham. "So what do we have to do besides training with our normal (Military Occupational Specialty)? We also need to know how to shoot a new weapon."

According to Pham, events like this help build confidence that Marines have in each other by allowing them to see what each other's strengths are.

"You see people out there that you never thought could shoot and they're shooting right next to you and they're pretty good," said Pham.

Pham said she would like to extend her thanks to the Marines who work at the ISAR for their hard work and professionalism, which helped make this event happen and run smoothly and efficiently.

Pham also mentioned another zombie shoot is scheduled to take place in the fall.

Every cake tells a story

a look behind culinary excellence

Story and photos by
Lance Cpl. James R. Smith
IWAKUNI APPROACH STAFF

Artists tend to use several different utensils and materials to display their masterpieces. Sometimes, it's a sketch on paper, a painting on canvas or chalk on a sidewalk, but what about a cake?

For Kaori Nohara, Club Iwakuni chef, a sheet of cake instantly becomes a canvas for her to create a colorful and delicious masterpiece.

For nearly 8 years, Nohara has spent her time baking, cutting and decorating several types of pastries.

"When I was younger, I did a lot of baking and I loved it," said Nohara. "Eventually, it developed into a sense of destiny. It felt like baking was something I had to do."

Nohara bakes everything from cookies to brownies, and not just for the grand buffet held in the Club Iwakuni, but for JD's Grill and the Landing Zone as well. Added to that, she manages to complete approximately 15 cakes a week.

"A piece of my heart goes into every cake I make," said Nohara.

Not only do the positive customer reviews reflect her performance as a magnificent baker, but her professionalism around her co-workers shows just how much she enjoys baking.

"After all my years in the Marine Corps as food service, I have never had a baker that put their heart and soul into everything they do like she does," said John Bass, Club Iwakuni catering manager. "The most impressive thing about Kaori is that she is self-taught. She read tons of books and worked with some of the chefs toward perfecting her art."

Although baking is Nohara's passion, her true skills flourish once it's time to put the icing on the cake.

Nohara touched on the fact that she does all of her cake decorations without stencils or edible paper. Everything is done by hand.

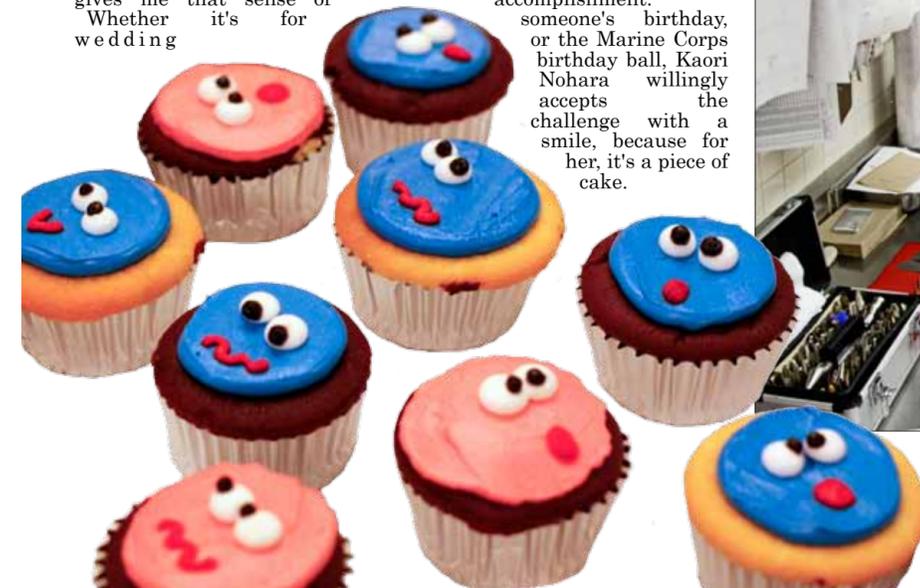
According to Bass, Nohara once decorated a cake to look exactly like a drawing of Michael Jackson provided by the customer.

Once Nohara finishes decorating her culinary masterpieces, she pulls out her phone and does the same thing for every cake she makes: takes a picture.

"I take photos of my cakes for two reasons," said Nohara. "First, I'm able to provide examples for future customers. Second, it gives me that sense of accomplishment."

Whether it's for someone's birthday, wedding

or the Marine Corps birthday ball, Kaori Nohara willingly accepts the challenge with a smile, because for her, it's a piece of cake.



Kaori Nohara, a Club Iwakuni chef, uses a piping bag to make roses to decorate a birthday cake for a customer at Club Iwakuni, Marine Corps Air Station Iwakuni, Japan, June 21, 2013. Nohara has been baking for nearly eight of the 13 years she has worked at the club.



Kaori Nohara, Club Iwakuni chef, mixes food coloring into icing as she prepares to decorate a birthday cake for a customer at Club Iwakuni, Marine Corps Air Station Iwakuni, Japan, June 21, 2013. Nohara said she does all of her decorating by hand using only a photo for reference.



Lance Cpl. John T. Page, right, gives orders through hand and arms signals to Sgt. Ian R. Wheeler, left, and Lance Cpl. William F. Burch to arm an F/A-18D Hornet for flight at Clark Air Base, Republic of the Philippines, June 11 during Exercise Haribon Tempest 2013. All three Marines are aircraft ordnance technicians with Marine All-Weather Fighter Attack Squadron 242.

ORDNANCE MARINES

Helping jets blow up targets during Haribon Tempest 2013



Lance Cpl. James C. Dye, an aircraft ordnance technician with Marine All-Weather Fighter Attack Squadron 242, loads an MK 76 practice munitions onto an F/A-18D Hornet at Clark Air Base, Republic of the Philippines, June 11 during Exercise Haribon Tempest 2013. An aircraft ordnance technician's responsibilities include: the inspection, maintenance and repair of armament equipment and loading of aviation ordnance on aircraft. Marines perform a variety of duties such as testing aircraft systems, inspecting ammunition, performing preventative maintenance, loading and fuzing ammunition and arming and de-arming the aircraft.



An aircraft ordnance technician with Marine All-Weather Fighter Attack Squadron 242, loads a Laser-Guided Training Round onto an F/A-18D Hornet at Clark Air Base, Republic of the Philippines, June 11 during Exercise Haribon Tempest 2013. The purpose of Haribon Tempest 2013 is to increase the proficiency, interoperability and combined capabilities of Marine Aircraft Group 12 and the Philippine Air Force. This bilateral, small-scope training included close-air support, airborne forward air control, and dissimilar air combat training.

Story and Photos By
Cpl. Vanessa Jimenez
IWAKUNI APPROACH
STAFF

CLARK AIR BASE, Republic of the Philippines — Through extreme heat and humidity, ordnance Marines worked hard during Exercise Haribon Tempest 2013 to help mission accomplishment.

HT13 took place June 10-14. The bilateral, small-scope training included close-air support, airborne forward air control, and dissimilar combat training in order to increase the proficiency of Marine Aircraft Group 12 and The Philippine Air Force.

The ordnance Marines were with Marine All-Weather Fighter Attack Squadron 242 and Marine Fighter Attack Squadron 122. Their job was to load jets with MK 76 practice bombs and Laser Guided Training Rounds practice ordnance, check the ordnance and arm the jets before flights.

Being without their usual gear didn't stop the Marines from ensuring jets made it

into the air with munitions. "We've had to rely on external support here when transporting our ordnance back and forth from the storage area," said Gunnery Sgt. Octavio Gomez, VMFA-122 ordnance staff noncommissioned officer in charge. "But, as Marines, we adapt and overcome, so we accepted the resources provided and met the mission just like we were supposed to."

Even in their unusual situation, the Marines worked tirelessly to ensure mission accomplishment.

"The difference between working in Iwakuni and here is waiting for other people to bring us the gear we usually have on a daily basis," said Sgt. Ian Wheeler, an ordnance technician with VMFA(AW)-242. "We usually have that gear on hand all the time so we had to utilize time management more efficiently. I think Marines adapt and overcome no matter what they do because everywhere we go is going to be different. As long as the Marines are trained well,

they'll figure out how to make it work."

Another benefit of the training included furthering the job proficiency and skills of the ordnancemen.

"This is good for the Marines because they're learning everything about the weapon systems and it's helping them become more proficient in their jobs," said Wheeler. "In Iwakuni, we don't get the opportunity to deal with ordnance all the time. I definitely think this exercise is good training for ground-side guys, the ordies that haven't been here for very long, because they're getting the opportunity to be hands-on."

HT13 helped maintain a high level of interoperability, enhanced military-to-military relations, and combined combat capabilities.

"My favorite part of my job is being able to put ordnance on jets and knowing the pilots are going out there and accomplishing their mission," said Wheeler. "It helps us all become more proficient. I like being part of that big picture."



Lance Cpl. Mark A. McLamb, an aircraft ordnance technician with Marine All-Weather Fighter Attack Squadron 242, keeps track of ordnance loaded before flight operations at Clark Air Base, Republic of the Philippines June 12 during Exercise Haribon Tempest 2013.



Lance Cpl. James C. Dye, an aircraft ordnance technician with Marine All-Weather Fighter Attack Squadron 242, gives orders through hand and arms signals to arm an F/A-18D Hornet for flight at Clark Air Base, Republic of the Philippines, June 11 during Exercise Haribon Tempest 2013. The purpose of Haribon Tempest 2013 is to increase the proficiency, interoperability and combined capabilities of Marine Aircraft Group 12 and the Philippine Air Force.

CORPS NEWS

HIGHLIGHTING MARINES AND SAILORS AROUND THE GLOBE

China, Singapore, US engineers standardize water purification process

Lance Cpl. Kasey Peacock
U.S. MARINE CORPS FORCES PACIFIC

BIANG, Brunei Darussalam — Engineers with China, Singapore and the U.S. demonstrated their water purification capabilities to senior leaders at a disaster site in Biang, Brunei Darussalam, June 19 as part of the Association of Southeast Asian Nations Humanitarian Assistance/Disaster Relief and Military Medicine Exercise (AHMX).

The disaster site is the location of the field training exercise portion of the multilateral exercise that provides a platform for regional partner nations to address shared security challenges, strengthen defense cooperation, enhance interoperability and promote stability in the region.

At the site, engineers, search and rescue teams, and medical professionals from different nations are working together against a simulated post-tropical revolving storm and are conducting typhoon rescue, survey, recovery and disaster relief missions.

"At a disaster site, it is extremely important to have clean water to disperse between patients and personnel," said U.S. Navy Petty Officer 1st Class Scott I. Hampton, an engineer with Naval Mobile Construction Battalion 5. "This was a great opportunity for us to learn how other nations operate. Each day we would come out here to the site and work together with the Chinese and Singaporean engineers. We would help set up their equipment and they would help set up ours. It has been a great experience working together and I look forward to further interactions in the future."

U.S. Marine and Navy engineers set up the miniature deployable assistance water purification system that is currently in a testing phase before being implanted into

military units, according to Todd A. Jonas, a technology experimentation specialist with U.S. Marine Corps Forces, Pacific's, Experimentation Center.

"This system is strictly designed for disaster relief missions," said Jonas. "It is capable of being set up and operational within minutes. It can sustain itself unsupported for up to 72 hours and can also run on various power sources included solar and generated."

For the demonstration, multinational engineers quickly assembled their water purification systems and allowed senior leaders to observe, learn about the capabilities and sample the purified water.

"I was impressed with everyone's capabilities throughout the demonstration," said People's Liberation Army Capt. Wang Weijin, a Chinese engineer. "Seeing all the nation's come together for disaster relief was a great experience."

For the U.S., Lt. Gen. Terry G. Robling, commanding general of MARFORPAC, observed the various demonstrations going on throughout the disaster site showing his support for the exercise.

The exercise, which was conducted from June 17 to 20, provided an opportunity for participating nations to hone their communication skills and learn from each other's unique experiences and expertise, better preparing partner nations for a unified approach to future contingencies.

Those participating in the exercise include medical and engineer personnel from the ASEAN-comprised nations of Brunei, Cambodia, Indonesia, Laos, Malaysia, Myanmar (Burma), Philippines, Singapore, Thailand and Vietnam; and other Asia-Pacific nations of Australia, China, India, Japan, New Zealand, Republic of Korea, Russia and the U.S.



LANCE CPL. KASEY PEACOCK

Sgt. Robert W. Walker, right, explains the capabilities of the miniature deployable assistance water purification system to Lt. Gen. Terry G. Robling at a disaster site in Biang, Brunei Darussalam, June 19 as part of the Association of Southeast Asian Nations Humanitarian Assistance/Disaster Relief and Military Medicine Exercise (AHMX). Robling is the commanding general of U.S. Marine Corps Forces, Pacific. Walker is an engineer equipment electrical systems technician with 9th Engineer Support Battalion, 3rd Marine Logistics Group, III Marine Expeditionary Force.



LANCE CPL. KASEY PEACOCK

People's Liberation Army Capt. Wang Weijin samples purified water from the U.S. miniature deployable assistance water purification system at a disaster site in Biang, Brunei Darussalam, June 19 as part of the Association of Southeast Asian Nations Humanitarian Assistance/Disaster Relief and Military Medicine Exercise (AHMX). Engineers with China, Singapore and the U.S. demonstrated their water purification capabilities to senior leaders at the disaster site. Weijin is a Chinese engineer.

COMMUNITY BRIEFS | CLASSIFIEDS

Briefs

SMP Summer Slam

A Summer Slam is scheduled to take place July 3, 2013, from 6-9 p.m. at the Hornet's Nest. The event will include a Battle of the DJs contest, tricycle race/obstacle course and more. There will be free food and drink, along with prizes to win. For more information, contact the Single Marine Program at 253-3891.

NMCRS Quick Assist Loans

The Iwakuni Navy Marine Corps Relief Society provides Quick Assist Loans to prevent active duty service members from falling prey to predatory lenders. These loans are designed to assist with short-term living expenses up to \$500, interest-free and must be repaid within 10 months. For more information, call the Iwakuni NMCRS at 253-5311 or stop by the Marine Memorial Chapel, Room 148.

Contractor Gate

Recently, the Contractor Gate has experienced traffic congestion due to heavy use. Due to the congestion, the Provost Marshal's Office requests that personnel who are not contractors (Active Duty Military, JMSDF, MLC/IHA employees, etc.) access the installation via the Main Gate or Monzen Gate and refrain from using the Contractor Gate, including bicycle riders. For more information, contact Gunnery Sgt. Husman at 253-6942.

Emergency Phone Numbers Reminder

Put these numbers in your wallet and phone:
• Anti-terrorism force protection hotline: 253-ATFP (2837).
• Life limb or loss-of-vision threatening emergencies while on the air station: 119 or 911. From a cell phone or for bilingual capability: 082-721-7700.
• For security issues, contact the

Provost Marshal's Office: 253-3303. To report without talking to a person, Crime Stoppers: 253-3333.
• Sexual Assault: To make a confidential report of sexual assault or harassment, contact the victim advocate at 253-4526 during working hours. For after hours, weekends and holidays, call 090-9978-1033 or 080-3427-0835. You can also call the installation Sexual Assault Response Coordinator at 253-6556 or 080-5865-3566.

Jobs

ESP Position

Engineering Support Personnel, Inc. is seeking qualified simulators/electronics/IT technicians for its WESTPAC COMS program. Applicants are required to have a minimum of four years electronics maintenance experience and be a graduate from a two-year electronics technician resident course or equivalent.

The ability to obtain a Secret Security Clearance is required. Positions are located at Naval Air Facility Atsugi, Japan; Marine Corps Air Station Futenma, Okinawa, Japan, and Marine Corps Air Station Iwakuni, Japan. Applicants should send their resume to John Russell at jrussell@espc1.com or FAX to (407) 206-4921.

Brief and Classified Submissions

To submit a community brief or classified advertisement, send an e-mail to iwakuni.pao@usmc.mil. Please include a contact name, a phone number and the information you would like to be published. You may submit your brief or advertisement in person at the Public Affairs Office, Building 1, Room 216 or you may call 253-5551. Please provide all necessary information to simplify the request process. The deadline for all submissions is 3 p.m. Friday. Submissions will run the following Friday on a space-available basis.

SUMMER SAFETY:

Swimming Pool Safety

Education:

Aquatic safety starts with the education of parents and pool owners as to the dangers posed not just of swimming pools, but all bodies of water. It is also essential to start educating

children early and setting rules for the pool, e.g. adults must be present before you can get in the water and what to do if they see another child in the water drowning.

Supervision:

There is simply no alternative to "constant eyes on" supervision when children are in or near water. Safety products cannot be an alternative for direct adult supervision. Supervision also means being mindful of other aquatic risks when your children are not

in the pool. Whenever infants or toddlers are in or around water, an adult should be within arm's length, providing "touch supervision." Ponds, lakes and retention ponds pose sizable risks. Toddlers can drown in less than 4 inches of water, such as toilets and 5 gallon buckets.

Barriers:

Your home's walls provide the first barrier between your child and the pool area. Locking your doors and windows is the only way to make them unopenable

by a toddler. A great barrier between your child and the water in the children's pool in your yard is to drain it after each use.

Skills and Education:

Teaching your child to swim provides him with the final solution should all other layers of protection fail. This is the one layer of protection that goes with your child everywhere he

goes, even when he is alone. Being competent in the water provides your child with the basis for a lifetime of enjoyment in the pool.

Emergency:

Having an emergency plan in place may be the difference between life and death for your child or a visitor. Know the emergency phone number. Take a cardiopulmonary resuscitation

course and maintain your skills. Practice emergency response with your children - including what they should do if they see another child in trouble in the water.

INFOTAINMENT

Chapel Services

Roman Catholic

Saturday
4:30-5:15 p.m. Confession
5:30 p.m. Mass

Sunday
8:30 a.m. Mass
9:45 a.m. Religious Education

Mon. — Thurs.
11:30 a.m. Weekday Mass

Protestant

Sunday
10:30 a.m. Protestant Service
10:30 a.m. Children's Church
10:30 a.m. Church of Christ Meeting
1 p.m. Contemporary
5:30 p.m. FLOW (Youth Group)

Monday
7 p.m. Men's Bible Study

Tuesday
9 a.m. Ladies' Bible Study
5 p.m. Working Women Bible Study

Wednesday
10:30 a.m. Ladies' Tea
5:45 p.m. AWANA (Bldg. 1104)

2nd Saturday
7:30 a.m. Men's Discipleship

2nd and 4th Saturday
10 a.m. Seventh Day Adventist

Bahai

Sunday
11 a.m. Bahai Meeting

For information regarding divine services, religious education or any other command religious program or chapel activity, call the Marine Memorial Chapel at 253-3371.

OUT AND ABOUT : Japan

THE 331ST HIROSHIMA SYMPHONY ORCHESTRA

The 331st subscription concert by Hiroshima Symphony Orchestra is scheduled to take place July 5, 2013, at the Hiroshima Bunka Gakuen HBG Hall, in Kako-chi, Naka-ku, Hiroshima City. The concert will start at 6:45 p.m. For more information, contact the Hiroshima Symphony Orchestra at 082-532-3080 or visit their website at <http://hirokyo.or.jp/>.

DORONKO MATSURI (MUD FESTIVAL)

July 7, 2013, marks the Doronko Matsuri, a festival that takes place to show appreciation to the gods and pray for a safe rice planting, a productive rice grain harvest and a state of perfect health for a year. The event begins at 11 a.m. at Mishima Shrine, Shirokawa-cho, Saiyo City, Ehime Pref. After the ritual, men using cows till the soil, rice is planted and the sanbaioroshi (call the god to the rice paddy) and saotome (ladies who plant rice seeds) dance will be held.

For more information on upcoming events visit our website at <http://www.mcasiwakuni.marines.mil/News/LocaleventInformation.aspx> or visit Information Tours and Travel located in the Crossroads Mall or call 253-4377.

SAKURA THEATER

Friday, June 28, 2013
1 p.m. Enchanted (PG)
7 p.m. Fast & Furious 6 (PG-13)

Saturday, June 29, 2013
4 p.m. Despicable Me (PG)
7 p.m. Star Trek: Into Darkness (PG-13)

Sunday, June 30, 2013
4 p.m. Despicable Me (PG)
7 p.m. The Hangover Part 3 (PG-13)

Monday, July 1, 2013
1 p.m. Kung Fu Panda (G)
7 p.m. Star Trek: Into Darkness (PG-13)

Tuesday, July 2, 2013
Theater closed

Wednesday, July 3, 2013
Theater closed

Thursday, July 4, 2013
1 p.m. Ice Age: Dawn of the Dinosaurs (PG)
7 p.m. The Great Gatsby (PG-13)

The movie schedule is subject to change. Please check www.mccsiwakuni.com/sakura often for updates, or call the Sakura Theater at 253-5291 for the latest schedule.

General Admission: Ages 12+ are \$3/ Ages 6-11 are \$1.50/ Children 5 and under admitted free. For more information, visit www.mccsiwakuni.com or call 253-5291.

THE IWAKUNI APPROACH CULTURAL LESSONS



PUBLIC DOMAIN PHOTO PROVIDED BY AARON BIGGS

Paro is a robot baby harp seal, designed by Takanori Shibata, of the Intelligent System Research Institute of Japan's National Institute of Advanced Industrial Science and Technology.

Paro is based on harp seals Shibata saw in Canada, where he also recorded Paro's voice. The seal is intended have an adorable appearance in order to produce a calming effect on patients in hospitals and nursing homes.

Paro made its public debut in 2001, became a Best of Computer Dealer's Exhibition finalist in 2003, and has been used publicly since 2003. The robot seal has sensors that respond to petting by moving its tail and blinking. It also responds to sounds and can learn names. It can show emotions such as surprise, happiness and anger. It produces sounds similar to a real baby seal and, unlike a normal baby seal, is active during the day and goes to sleep at night.



PHOTO COURTESY OF LINDA HUYNH

Staff Sgt. Neil G. Seip, Marine All-Weather Fighter Attack Squadron 242 flight equipment and airframes division chief, competes in a CrossFit workout during the Asia Regional CrossFit competition May 31-June 2, 2013. Seip, who began doing CrossFit in 2009, competed in the regionals with hopes of advancing to the world championship, the CrossFit Games.

CrossFit enthusiast places high in Asia regionals

Cpl. J. Gage Karwick
IWAKUNI APPROACH STAFF

Marines are renowned throughout the world for their high level of physical fitness and intense training regimen.

Some Marines take that high level of physical fitness even further. Staff Sgt. Neil G. Seip, Marine All-Weather Fighter Attack Squadron 242 flight equipment and airframes division chief, is one such Marine.

"I started CrossFit in about 2009," said Seip. "I had a mentor at Camp Pendleton and have been doing it ever since. I introduced my mom to it and she just sort of ran with it and started her own CrossFit gym in Florida."

Seip pushed himself to the limit during the Asia Regional CrossFit competition May 31-June 2, 2013, with hopes of moving forward with the ultimate goal of making it to the CrossFit Games, to which only the most elite Crossfitters in the world receive an invitation.

"So, this year, there was 1,260 people that registered for the open," said Seip. "They choose the top 48 scores to go and I was chosen among them as the 41st in the open. Once you are chosen for the open, then they have the regionals."

Seip recalled what it took to qualify for the regional.

"Every year, they come out with the CrossFit open, and that is five workouts over a period of five weeks, and each week they come out with a different workout," said Seip. "So you have about four days to complete it, then send in your scores to the website to be able to be eligible for regionals."

Seip does not train alone by any means. He trains alongside his wife, Linda Huynh, who is equally addicted to CrossFit.

"He went (Temporary Assigned Duty) for about a month to Okinawa and we trained there for a while to represent Reebok CrossFit Asia, then the regionals in Korea," said



PHOTO COURTESY OF LINDA HUYNH

Staff Sgt. Neil G. Seip, Marine All-Weather Fighter Attack Squadron 242 flight equipment and airframes division chief, presses a barbell during the 2013 Asia Regional CrossFit competition May 31-June 2. The Iwakuni based Marine, advanced past the CrossFit open to the regionals where he placed 21st.

Huynh. "He was definitely an underdog there; they divided the participants into heats and put people together based on their qualifying scores, so the pros with the pros and so on."

Though considered an underdog, Seip proved he belonged with the best.

"He slowly moved up as he progressed since he was doing so well," said Huynh. "The second day, he found out he had moved up to the third heat, which was the second best group there."

Out of 1,260 people who competed in the open and the 48 chosen to take part in the

regional in Korea, Seip placed 21st. Although Seip did not obtain one of the top three spots and advance to the CrossFit Games, he was not deterred from his goal.

"It was an eye opening experience," said Seip. "I was a lot more tired going into the second and third days than I had anticipated, just the amount of strain your body goes through over the course of a couple of days is insane. I've already started training for next year and hopefully I'll do better next year than I did this year."

The Iwakuni Time Machine

In the June 23, 1995, issue of the Torii Teller, Marines reported on Sgt. Brian H. Zins, a station military policeman and participant in the Annual Marine Corps Marksmanship Competition at Camp Lejeune, N.C. After five consecutive years of competing, Zins achieved his goal of winning the Lauch-Heimer trophy, the prize for the best all-around marksman.

Feature

Bull's eye! Marine takes top shooting honors

by Sgt. Darryl A. Glanders
Torii Teller Staff

"All ready on the right, all ready on the left!"

These words, familiar to every Marine, strike anxiety in many as the start of another string of marksmanship qualification begins.

But there are a select few, like Sgt. Brian H. Zins, a military policeman here, who continuously prepare for these words, anxiously awaiting them each year. For him, these words mean more than just a qualification badge.

The 26-year-old "Devil Dog" has participated in the Annual Marine Corps Marksmanship Competition at Camp Lejeune for the last five years, but it wasn't until April that he achieved his goal, the Lauch-Heimer trophy. As the most sought-after award in Marine marksmanship, it is awarded annually to the Corps' best all-around marksman.

Each spring the Corps' top shooters venture to the Carolina backwoods, pitting their skills against one another. Each fires several strings with the M-14 rifle and the M-9 pistol.

When the smoke clears, and everyone can hear again, there are three winners, the first place rifle shooter, first pistol shooter and overall combined high scorer.

Finishing second in the pistol competition and ninth in the rifle, Zins had the highest combined score, 1,540 out of a possible 1,600 points. Last year he took home second place in the combined score and was favored to take first this year.

Zins, a Canfield, Ohio, native, has been a Marine for seven years. Married with one child, he transferred here from Quantico, Va. in 1994. His wife supports him in his shooting, however, "She has no desire to join me in marksmanship," he said. "I can't get her to try it."

Zins has found, "In teaching people how to fire a pistol, those who have never fired one are much quicker to pick up the concept than the "old vets" because I don't have to break their bad habits. I hadn't fired a pistol before entering the Corps and I think that is what helped me learn things the right way."

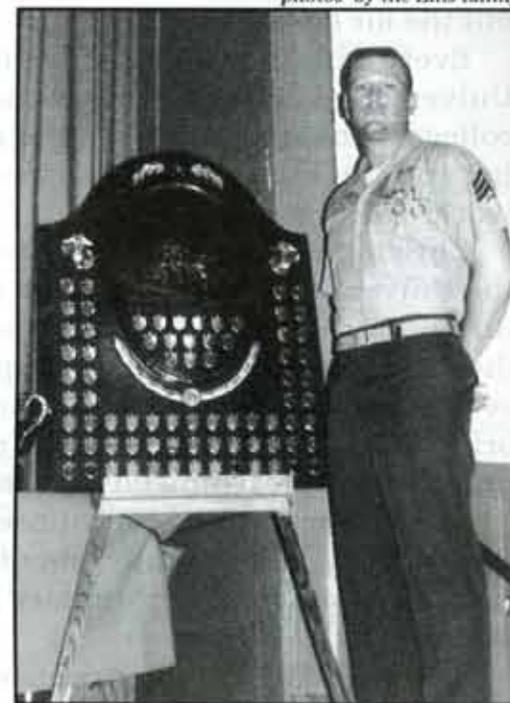
After five years of competing in top-level marksmanship, Zins said he was

surprised at how few Marines came to try out this year. Only four Iwakuni Marines turned out in February to go to Okinawa, where the first string of competition was held.

"I hope more Marines come out for next year's event because we need a good showing from MCAS Iwakuni," said Zins.

"It is important to remember that MCAS Iwakuni doesn't have a full-sized rifle range, therefore, service members on a three-year tour won't have the opportunity to qualify during that time. This competition gives them that opportunity and all the personal instruction to better themselves." Zins concluded, "The bonds you create make the hard work well worth it." ¶

photos by the Zins family



Sgt. Brian H. Zins with the Lauch-Heimer Trophy.



Sgt. Brian H. Zins (L) and Lt. Daniel R. McNutt show off their trophy rifles. McNutt took first place in the rifle match.