

## INSIDE...

### Friendship Day 2005

For gate information and event listings, the *Torii Teller* has all the information for this year's event.

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### Off-base day care offers options

Station residents can look into off-base child care as on-base child care facilities fill up quickly.

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### Runners dig deep during Kintai Marathon

Runners both on and off the Station compete in the 39th annual Kintai Marathon held aboard the Station.

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## Marines deploy for Cobra Gold

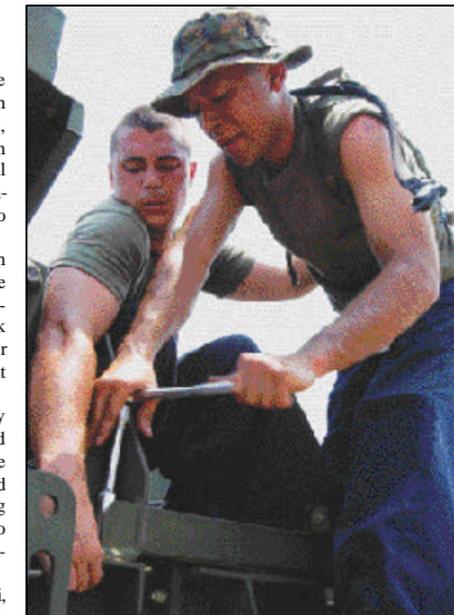
LANCE Cpl. LUKAS J. BLOM  
*Combat Correspondent*

**UDON THONI, Thailand**—More than 250 Marines and sailors with the 1st Marine Aircraft Wing, based at Marine Corps Air Station Iwakuni, Japan, arrived here April 20 to participate in the joint, combined Cobra Gold 2005 exercise to be held in Thailand May 2-15.

The service members are with Marine Aircraft Group 12, Marine Wing Support Squadron 171, Marine All-Weather Fighter Attack Squadron 121 and Marine Air Control Squadron 4's Detachment B.

Cobra Gold is a regularly scheduled, joint and combined multilateral exercise held in the Kingdom of Thailand. Cobra Gold 2005 is the latest in a continuing series of exercises designed to promote regional peace and security.

The exercise will combine Thai, United States and Singaporean armed forces under a combined, joint task force headquarters to conduct field training, an executive-level workshop and a computer-assisted staff exercise. Japan Self Defense forces will participate in the workshop and staff exercise. This year's



Lance Cpl. Lukas J. Blom

Lance Cpl.'s Robert Cotterell (right) and Uverne Peralta, Marine Wing Support Squadron 171 expeditionary airfield services crewmen, assemble equipment in preparation for Cobra Gold 2005.

Cobra Gold exercise is Thailand's and the United States' 24th combined train-

ing. This year marks the fifth time in which Singapore has participated, and the first time Japan has participated.

This year's exercise will focus on capturing lessons learned from the humanitarian assistance/disaster relief operations in response to the Dec. 26, 2004 tsunami that affected nations surrounding the Indian Ocean.

The Iwakuni service members are preparing equipment and unloading cargo, so the exercise will go as smoothly as possible.

"Along with getting all our equipment ready to go, we're communicating with the Royal Thai Air Force, so we can alleviate the language barrier as much as possible," said Capt. John Baseel, a weapons system officer with VMFA (AW)-121.

see **MARINES** Page 3

## Station prepares after record-setting typhoon season

LANCE Cpl. LUKAS J. BLOM  
*Combat Correspondent*

The Station sustained more than \$1 million in damages as a result of Typhoon Songda, Sept. 6, 2004, most of which could have been prevented with simple precautionary actions.

Typhoon season in the local region begins June 1 and runs through Nov. 30. Last year, 13 typhoons hit

Japan, a record year, nine of which caused Iwakuni to go into increased conditions of readiness.

Japan's climate is strongly influenced by two ocean currents. The Japan Current, or Kuro Shio, is a warm ocean current that flows northward through the islands. In contrast, the cold Okhotsk Current originates in polar waters and flows southward along Hokkaido. During the summer months in Japan, ideal conditions for typhoons arise when these two currents meet.

There are many measures in place for Station residents to gather information for incoming typhoons.

The Station Weather Office issues warnings through the Tropical Cyclone Condition of Readiness warning system for all possible storm threats to the Station and its residents. The Station will be placed in TCCOR IV, indicating a possible threat of a tropical cyclone within 72 hours, beginning June 1 and lasting see **TYPHOON** Page 3

## Bush nominates Pace, Giambastiani as chairman, vice

JIM GARAMONE  
*American Forces Press Service*

**WASHINGTON** — President George W. Bush recently nominated Gen. Peter Pace as the first Marine to serve as chairman of the Joint Chiefs of Staff. Pace is currently the vice chairman. If confirmed by the Senate, Pace will succeed Air Force Gen. Richard B. Myers, when he steps down in September. Myers assumed the office as senior military adviser to the president, the secretary of defense and the National Security Council in October 2001.

The president also nominated Navy Adm. Edmund Giambastiani Jr. to serve as

vice chairman. Giambastiani currently serves as the commander of U.S. Joint Forces Command and as NATO's Supreme Allied Commander Transformation. The admiral is based in Norfolk, Va.

Bush said that his most sacred duty is to protect the American people and that choosing the chairman of the Joint Chiefs of Staff is one of the most important decisions the commander in chief makes.

"The first thing America needs to know about Pete Pace is that he is a Marine," Bush said at the White House. "To the American people, 'Marine' is shorthand for 'can-do,' and I'm counting on Pete Pace to bring the Marine spirit to see **BUSH** Page 4



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All queries concerning news and editorial content should be directed to the Public Affairs Office, Building one, Room 216, MCAS Iwakuni, Japan. Call 253-5551.

The *Torii Teller* welcomes Letter to the Editor submissions. Letters must include a full name and unit, if applicable. Anonymous letters and comments will not be published. Letters are the opinion of the writer only. Submissions can be edited for clarity and space. Letters can be dropped off at the Public Affairs Office or sent via e-mail to bonidw@iwakuni.usmc.mil or coakleylj@iwakuni.usmc.mil.

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# Chaplains Corner: honor lives

NAVY LT. TIM GAULT  
MWSS-171 Squadron Chaplain

It was a rainy, overcast day. 34 sailors loaded up on a bus with special permission to travel to Ephesus. We were going to see an ancient city now laying in ruins but nonetheless an ancient city mentioned in several places in the Bible and an important city in the history of the early Christian church. Our hearts were filled with the brightness of anticipation and hope that the weather would soon clear up.

As our bus began to wind through the steep hillsides, our English-speaking, Turkish guide began his commentary on the Turkish people and landscape. It was interesting. I was intrigued by everything I saw and heard. Then, as though hit in the forehead with a rock, I heard something that jolted my senses. Our guide

said that in Turkey they still follow a tradition in which the family members of one who had dishonored the family could actually hunt down the offending party and kill that person so long as they reached the person before the local law officials. He said there would not be an investigation of the "honor killing."

Now, I am still unsure if that guide was attempting to intimidate us or if perhaps he was stretching the truth of life in Turkey. I since found out that though as many as 5,000 women worldwide die in "honor killings" each year they are not actually legal in Turkey and are punishable by 24 years imprisonment. But, the very idea of an "honor killing" seemed to me to be uncivilized, immoral and sickening.

Suddenly, the weather was not really much of a concern to me. Every house I passed along the four-hour ride, I wondered about the people who

lived there. I wondered how many people lived in the homes, their ages, how they earned a living, where and if they went to school, their family traditions—and if they lived in fear.

Jesus taught a better way. He said, "You have heard that it was said, 'An eye for an eye, and a tooth for a tooth.' But I say to you, do not resist an evil person; but whoever slaps you on your right cheek, turn the other to him also. If anyone wants to sue you and take your shirt, let him have your coat also. Whoever forces you to go one mile, go with him two. Give to him who asks of you, and do not turn away from him who wants to borrow from you. You have heard that it was said, 'You shall love your neighbor and hate your enemy.' But I say to you, love your enemies and pray for those who persecute you." (Matthew 5:38-44)

see HONOR Page 4

## Ask the Inspector

MAJ. MATTHEW D. RAZVILLAS  
Station Inspector

The Family Advocacy Program offers the following:

1. New Parent Support Program, (NPSP) provides home visits to families with young children, conducts Playmornings for parents and children under six, provides classes, Baby Boot Camp (for expecting parents, covers feeding, diaper changing, developmental stages, etc.). The program provides education and assistance to parents with children under six. Staff is available for home visits when parents request. The program is voluntary unless the Family Advocacy Case Review Committee (CRC) recommends NPSP services when there has been an incident of child abuse and the command concurs.
2. We offer classes on anger management and stress management. The Anger Management class is a four week class, held during lunchtime, once weekly. General counseling and classes are good prevention tools to avoid domestic violence. We provide classes on Birth Order which shows how the place of each of us in the family of origin effects us. Stress Management classes teach how we each handle stress differently and gives participants new tools

to use. Our staff is always willing to develop classes that the community wants.

3. FAP counselors provide an assessment when an incident occurs. This assessment indicates risk factors and helps the victim develop a safety plan. The risk assessment also provides the counselor with the information to develop an appropriate treatment plan.

4. FAP staff provide treatment when an incident occurs and the command supports treatment. The kind of treatment provided depends on the family dynamics and risk factors. Low level low risk cases may respond well to short term marital counseling. More severe, chronic cases would not warrant marital counseling. The couple would be seen individually in the beginning of treatment and only have marital counseling when there are no safety concerns. Family therapy may be conducted. Children who experience domestic violence may exhibit many signs of distress such as fear, tearfulness, depression. Children may bully, have academic problems, or other behavioral problems. It is important to assess the effects of domestic violence on each family member.

5. Victim Advocates (VA) are available 24 hours a day/seven days a week to provide support, information and assistance to victims of domestic violence and rape and sexual assault. When a victim wishes, the VA can go to

see INSPECTOR Page 4

## CHATTERBOX

### "What is the most important thing about Friendship Day?"



Lt. Cmdr.  
Willie S.  
Chao  
San Jose,  
Calif.



Lance Cpl.  
Frank J.  
Phillips  
Queens,  
NY.



Staff Sgt.  
Veronica  
Wilder  
Orlando,  
Fla.



Chief  
Warrant  
Officer  
Robert L.  
Medillin,  
Wichita  
Falls, Texas

"To show the Japanese people in the community our base, facilities and aircraft so they can understand us better and build a better friendship."

"It helps keep a positive relationship between ourselves and the locals."

"It gives us the opportunity to interact with the Japanese and share each other's culture."

"It allows us to continue the incredible relationship we have with the Japanese."

# World Wide Web of spoofing, scams

LANCE Cpl. MARK FAYLOGA  
Combat Correspondent

Have you heard? Bill Gates discovered that Big Foot exists, he found him mating with the Loch Ness Monster and he was so excited about it that now he's giving away money. You'll receive \$10 for every person you forward this e-mail to, just fill out the form and hit send, than you should receive your check in two to three weeks.

All right, maybe all scams, spyware and viruses on the Internet aren't this easy to expose, but being properly informed and practicing proper computer usage, Iwakuni computer users can avoid the dangers of the cyber world.

According to Gunnery Sgt. Anaiz Stinson, Station information assurance manager, the three biggest threats to the Station Internet infrastructure are spoofing, spamming and spyware.

Spoofing is the act of faking the origin of e-mail. Sometimes companies will sell their e-mail list and hackers will spoof from the list. The spoofed mail is usually malicious.

"The whole point of spoofing an e-mail is that hackers are trying to get something from you," said Stinson. "Whether it be information or if they're just conducting a reconnaissance of security."

Hackers can use also use spoofing to hide names on the address list of the e-mail, so if a user replies to the mail or forwards it, they will unknowingly be sending it to thousands of other mailboxes, which can result in a denial of service.

A denial of service occurs when there are so many e-mails jamming up the network that e-mail is no longer usable.

Spamming is the onslaught of millions of e-mails. They are mass distrib-

**"No financial institution in their right mind will send an e-mail advisory requesting that type of information."**

Gunnery Sgt. Anaiz Stinson,  
Station information assurance manager

uted and used to try and gain valuable information. Spam can come in the form of an e-mail from a bank letting the recipient know there is a problem with their system and they need the recipients social security number, or credit card number or whatever the hacker is trying to gain access to.

The e-mail will usually consist of a hyperlink for the recipient to click on to fix the problem. The hyperlink will take the recipient to a legitimate looking site that is actually phony. There the recipient will fill out what he thinks is a form to fix the problem but is really giving

away valuable information. "No financial institution in their right mind will send an e-mail advisory requesting that type of information," said Stinson. "Those type of request will come on paper."

One of the sneakier ways that hackers can gain access to information about you is through the use of spyware. Spyware loads into your computer automatically while you are on a Web site. The spyware then monitors your computer usage; it can capture passwords, document your activity or contain malicious code.

"Anything that's involved with your computer is electronic and there are countless ways to manipulate it," said Stinson.

With all the spoofing, spamming and spyware speeding around, users have to be careful when taking a ride on the information super highway.

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throughout the typhoon season.

The TCCOR system has a total of five storm ratings, TCCOR IV being the least severe. Tropical Cyclone Condition IE (EMERGENCY) is the most severe warning and is only issued when destructive winds of 50 knots or greater are occurring on Station. While under TCCOR I through IE Station residents are required to stay indoors and all traffic will cease.

From that point there are three TCCOR levels in place to expedite recovery procedures. TCCOR IR (Recovery) states Destructive winds of 50 knots or greater are no longer occurring. Emergency crews and safety facilities personnel assess Station readiness for normal operations. While under TCCOR IR, only personnel needed for the relief effort are allowed outside.

When TCCOR All Clear is broadcast, the storm has passed and all normal Station functions will resume.

Once a heightened TCCOR level is broadcast via channel six, American Forces Network and AFN Radio, Station residents are encouraged to take precautionary measures that will ensure the highest level of safety for the impending storm.

Residents are encouraged to secure all equipment

such as bicycles and grills indoors, windows are also encouraged to be covered.

"In preparation for the season, Station residents need to prepare a typhoon kit that should include at a minimum flashlights, battery-powered radio, canned

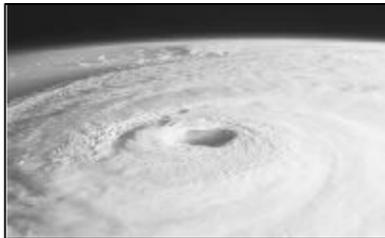


Photo provided by the Station Weather Office

**Thirteen typhoons hit Japan last year, causing \$1 million in damage aboard the Station. Officials here warn residents to prepare early for typhoons.**

food, can opener, bottled water and any item they would possibly need should power and water be out for 24 to 48 hours," said Chief Warrant Officer David Fulton, Station Weather Office weather officer. "The most important thing for residents to remember is that typhoons are highly unpredictable and while the weather office will do its best to provide the most accurate information, residents should never become complacent about approaching storms. Never take the attitude, 'the last storm was supposed to hit us and didn't.' Treat every warning and storm the same and take the proper steps to ensure they are prepared for each storm."

Each unit is also expected to take proper precautions for approaching storms.

"If personnel took correct steps in preparation for typhoons, for example raised all high value equipment from the floors, shut down and covered the computers or any high value equipment with plastic, it might just save man hours and money," said Master Sgt. Eric Krieves, Station communications chief.

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During the exercise, the squadron will focus on air-to-air and air-to-ground combat training with the Royal Thai military aircraft pilots, according to Baseel. They will also train in forward air control scenarios, which force the pilots to locate and destroy the en-

emy without the support of a Marine forward observer on the ground to direct the pilots to targets.

Marines and sailors from supporting units, such as explosive ordnance disposal, the chaplain's office and MWSS-171, will also be showing the Royal Thai forces how they operate.

"We're here to make sure this is a safe and successful deployment by providing (the squadron) with medical, weather, fuels, airfield recovery, (aircraft rescue and firefighting) and communication support," said Gunnery Sgt. Brent Danberry, the MWSS-171 detachment 1st sergeant.

## NEWS BRIEFS

### TORII TELLER POSTPONED

There will be no *Torii Teller*, May 6. For further information, contact the Public Affairs Office at 253-5551.

### CORRECTION

In the April 22th edition of the *Torii Teller*, the article entitled "Station cracks down on delinquent customers," needs to clarify that when a customer becomes delinquent, a late fee is charged, a delinquent notice is sent out and the respective command is notified. It is up to the command to determine administrative or judicial procedures, not the Station Telephone Office.

### CULTURAL EXCHANGE

Volunteers are needed for a cultural exchange with elderly Japanese English students May 21 at 1 p.m. at Yujo Hall. Students are looking for an opportunity to practice English conversation. There will be coffee, tea and pastries available. Interested individuals should contact Master Sgt. Coakley at 253-5551.

### DEPENDENT ID CARD

The Station ID Card Center is currently out of dependent ID cards. The cards are currently on order and Station residents will be notified when received. For emergencies or question, call 253-4341.

## 'Lifecycle funds' aim to maximize TSP savings

GERRY J. GILMORE

American Forces Press Service

WASHINGTON — Recent surveys show most people contributing to Department of Defense-sponsored thrift savings accounts shun riskier investment options and aren't getting maximum returns to build bigger retirement nest eggs, a DoD thrift savings plan specialist said here April 20.

"The vast majority of participants do not fully take advantage of the Thrift Savings Plan," Army Lt. Col. Janet Fenton, executive director of the Armed Forces Tax Council, told Pentagon Channel and American Forces Press Service reporters during a Pentagon interview.

The Thrift Savings Plan, Fenton explained, is a 401k-type program designed to provide tax-deferred retirement nest eggs for service members and civilian employees. TSP managers have noticed that "very few" participants transfer money out of more stable TSP investment

programs into riskier options, she said.

Fenton surmised some participants might be leery of riskier TSP investment options because they have little or no stock market savvy. However, the new Lifecycle Funds program option slated for implementation sometime in July will enable TSP participants to have experienced money managers make investment decisions for them according to 10-year plans.

The Lifecycle Funds program "is going to help address the issue of people who want to take advantage of the Thrift Savings Plan but maybe are a little bit intimidated by making investment choices and allocating their participation contributions between all of the various funds," Fenton explained.

The Lifecycle Fund program "is based on asset allocation within the fund, based on how long you are going to have that money in the fund until you retire," Fenton said.

Almost half of the total \$140 billion invested in TSP accounts — about

\$60 billion — is currently concentrated in the less-risky Government Security Investment, or G fund. The G fund, consisting of treasury bonds and other federal-backed investments, is considered among the most stable of the five TSP investment choices.

An almost equal number of TSP contributions — about \$61 billion — are now placed in the Common Stock Index Investment, or C fund. Yet, she pointed out, riskier options offered by the Fixed Income Index Investment, or F fund; the Small Capitalization Stock Index Investment, or S fund; and the International Stock Index Investment, or I fund, contain far fewer dollars.

Through use of the Lifestyle Fund program "the money is allocated for you amongst the five funds without you having to do anything," Fenton explained. The system "is automatic" and "changes as your time in the military (or government) continues," she said.

For example, Fenton said, typical investments early in a 10-year period would tend to be targeted toward

riskier, but higher potential yield, TSP investment options. Investment choices would become more conservative as the end of the 10-year period nears, she added.

And after the current TSP open-season investment choice system ends July 1, participants will be able to change their investment options at any time, Fenton noted.

Although the TSP program doesn't guarantee participants will make money on every investment, Fenton cautioned, she noted riskier investment options usually produce higher returns over the long term.

Some people may feel safer to continue steering their TSP funds to safer investments, Fenton acknowledged. But "to really leverage your contributions and make the most of the thrift savings plan," Fenton said, "we need to encourage people" to move their money out of more conservative investment options and allocate it among the various funds that indicate potentially higher yields over time.

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these new responsibilities."

Pace said the task ahead of him is exhilarating and humbling. "It's exhilarating because I have the opportunity ... to continue to serve this great nation," he said. "It's humbling because I know the challenges ahead are formidable, but I have great faith in our ability to meet those challenges."

Pace said the reason he has such confidence is "that we have the world's best young men and women serving in our armed forces. Active, Guard, Reserve, civilian — they simply deliver every time our nation calls."

Bush praised Myers for his work in preparing U.S. military forces for the threats of the new century. Myers was on Capitol Hill when terrorists hit New York and Washington on Sept. 11, 2001. He sped back to the

Pentagon and manned the National Military Command Center with Defense Secretary Donald H. Rumsfeld.

"On General Myers' watch, we toppled two brutal dictatorships in Afghanistan and Iraq and liberated more than 50 million people," Bush said. "By removing the Taliban and Saddam Hussein, we have made America safer and put a troubled region on the path to freedom and peace."

The president said that he is confident the work Myers set in motion at the Pentagon will continue under Pace. Myers, who earned his commission from Kansas State University in 1965, has served in uniform for 40 years. A fighter pilot, he has flown more than 4,100 hours, including more than 600 hours in combat during the Vietnam War.

Pace was born in Brooklyn, N. Y., and raised in Teaneck, N.J. A 1967 graduate of the U.S. Naval Academy, he began his military career as a platoon leader in

Vietnam at the Battle of Hue City in 1968. He has commanded at every level in the Marine Corps and with joint forces. Bush said Pace's commitment to troops has been central to his success at every level.

Bush noted that under the glass on Pace's desk, the general keeps a photo of Lance Cpl. Guido Farinero, the first Marine Pace lost in combat during Vietnam. Before becoming vice chairman, Pace served as the commander of U.S. Southern Command. He was promoted to brigadier general in 1992 and served in the United States, Somalia and Japan before becoming the director for operations on the Joint Staff in 1996.

"We still face ruthless adversaries who wish to attack our country," Bush said. "But with the leadership of men like these, the outcome of this struggle is assured: America will defeat freedom's enemies and ensure the security of our country for generations to come."

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medical, legal or law enforcement interviews. There are 15 trained Volunteer Victim Advocates (VVAs) here.

### Signs of domestic violence:

Depression, marks, bruises, lacerations, isolation, substance abuse. There are many indicators of abuse in children. Some may be behavior problems, bullying, depression, marks, bruises, sadness, etc.

### Treatment options:

Individual counseling.  
Couples counseling when safety is not an issue.  
Family counseling.  
Anger Management Group.

Counseling is provided by licensed counselors. There is a relationship established between the counselor and client. The client takes an active role in setting goals for treatment.

We would rather have someone come for counseling before an incident occurs. When people resort to using power and control to

manage their loved ones, it is because they don't have other relationship skills. This does not hurt a Marine's career. Although there is still some stigma to FAP, Iwakuni commands support their Marines and family members in seeking help for stress and other problems.

Some of the unique challenges facing families overseas is isolation, distance from family and friends, the expense of calling family and friends.

However, there are many bonuses in living overseas, understanding another culture, learning a new language, seeing rare, exotic places.

Families can be open to learning new ways to manage conflict and have improved relationships. When children learn from positive reinforcement, they don't have to hit and bully others. When parents model constructive problem solving, children learn the to do the same. When adults model respect for other adults and children, children learn to respect others.

HONOR from Page 2

In general, Jesus teaches his disciples to be generous and compassionate. Here, in Matthew 5, Jesus teaches something even greater. He replaced a law with an attitude: be willing to suffer loss yourself rather than cause another person to suffer. This is "honor living." For Christians, this attitude honors Christ. For people of all faiths and creeds, it is the way we preserve our own dignity and create a foundation for a better life for all.

It is a gross perversion of this attitude to propose that this condones abuse or that it is a prescription for international policy. Instead, this is the basis for personal civility and peace in our communities. It is the type of attitude that makes forgiveness and reconciliation possible, which prevents small matters from becoming larger, which provides for healing and growth, which makes communities enjoyable, and which leads to greater freedom and a sense of wellness in our homes and communities.

"Honor living" is a choice we all have as Americans. Let us all choose this way of life in our relationships today.

海と空を越えて

2005年5月5日(木)  
米国海兵隊岩国航空基地

DyDo カマノアート & 写真 Continental Airlines

www.mccsiwakuni.com/friendshipday/2005.html



COMPILED BY  
TORII TELLER STAFF

Friendship Day 2005, May 5, will be the 32nd annual celebration of this event. The Station can expect more than 200,000 guests to take advantage of the many events, attractions, displays, food and opportunities to create "Across the sea and sky," which is also the theme of this year's celebration.

Friendship Day is conducted to emphasize and strengthen the friendship and goodwill between the people of Japan and the United States.

While there are numerous displays of military aircraft and demonstrations of their abilities during the air show, the main goal of Friendship Day is to provide recreation and entertainment for all visitors.

Due to the large number of pedestrians, traffic will be restricted to foot traffic only. Station residents are reminded not to use personally operated vehicles, motorcycles, bicycles, skateboards, scooters or roller blades.

The only acceptable form of transportation is walking. Vehicles are restricted to emergency vehicles and those used by duty personnel.

According to information provided by the Provost Marshal's Office, the following traffic flow and gate operations are in effect for Friendship Day 2005.

**MAIN GATE:** The Main Gate will be open for all modes of traffic until 5:30 a.m., at which time it will close. Pedestrian traffic with every day base access will be allowed access at all times. At 9 a.m., the gate will reopen only for pedestrian traffic entry and exit.

All cyclists will be directed to the off-Station parking area.

**MONZEN GATE:** The Monzen Gate will open at 5:30 a.m., for MCAS and JMSDF personnel who work or reside aboard the Station. At 8 a.m., admittance will be restricted to occupants residing in the Monzen Housing area and mission essential duty personnel (i.e. JMSDF, MCCA employees, etc.) At 8 a.m., Freedom Bridge access will be restricted to pedestrian traffic only. Between 8:30 and 9 a.m., Freedom Bridge will be briefly reopened for VIP, handicapped, and motorcycle club traffic. At 2 p.m., the bridge and Monzen Gate will be opened for outbound traffic only and then will reopen for normal traffic once the FD-05 traffic congestion has been alleviated.

**"C" GATE:** The "C" gate will be closed all day.

**NORTH GATE:** The North Gate will be opened at 5:30 a.m., for four-wheeled vehicles and tour buses only. Pedestrian, bicycle and motorcycle traffic will not be allowed to enter or exit until the FD-05 traffic congestion has been alleviated. At 9 a.m., one lane of traffic will facilitate outbound traffic.

**CONTRACTOR GATE:** The Contractor Gate will open at 5:30 a.m., for four-wheeled vehicles and motorcycles only. Pedestrian and bicycle traffic will not be allowed to enter or exit at any time.

**GATE 3:** Private Organizations will be allowed to enter the flight line from 5:30-7:30 a.m. on Friendship Day and be allowed to park adjacent to Building 411 (Community Services Building). Each organization is required to preregister their vehicle(s) at PMO and display a valid PMO flight line issued pass in order

to gain access through Gate 3. Private Organizations will not be allowed to enter the static display area from the North side at anytime due to heavy vehicle and pedestrian traffic. Once identified, vehicles requiring handicapped parking will also be directed to park at Building 411.

**ADDITIONAL TRAFFIC NOTES:** From 7:30 a.m. until traffic congestion from FD-05 has been alleviated authorized vehicle traffic will be limited to emergency vehicles and mission essential government vehicles only. The riding of bicycles, skateboards or roller blades is prohibited until FD-05 traffic congestion has been alleviated.

At 1:30 p.m., both pedestrian and vehicle traffic will not be allowed to enter the Station until the FD-05 congestion has been alleviated. Four-wheeled vehicle traffic will exit via North Gate and Contractor Gate, and pedestrian traffic will exit via the Main Gate.

From 5:30 a.m. until 1:30 p.m., Devillier Road from the North Gate to Stratton road, Stratton Road to Westbrook Drive, and Westbrook Drive to Redford Drive will be two inbound lanes only for FD-05 traffic.

Participants of static displays sponsored by MCAS Iwakuni organizations/clubs (classic cars) will stage their vehicles on the south parking apron on Wednesday, May 4, between 5:30 and 7:30 a.m.

On May 4, Private Organizations will be authorized to enter the flight line to set up their booths through Gate 2 only. All vehicles must display a PMO authorized flight line pass to enter the gate.

Point of contact is Cpl. Winter at 253-3681.

**ENTERTAINMENT**

- Ultraman Show (Sakura Theater) 10 a.m., 12 p.m., 2 p.m.
- Elvis Presley Impersonator - Prentice Chaffin
- DeeJays Will be Performing Throughout the Day on the Flight Line Main Stage.
- Live Concerts (Amphitheater) Band Afro Fire, Clementine, Back Deck Band, and More

**STATIC DISPLAYS**

- Japanese: US-1, U-36, UP-3D, LC-90, MH-53, XUS-2, T-7, T-4, F-4, T-2, F-15, C-1, E-2C, UH-1, AH-1, OH6D
- American: UH-60, SH-60, UH-3H, F-16, EA-6B, F-18, CH-53, C-21, UC-35, MWSS-171: 7 ton, T.R.A.M., Water Purifier System, PKP Response Vehicle, Dozer, HmV, 970, M10, M12

**OTHER ATTRACTIONS**

- Kids Land Will be Located at the Sakura Theater & Flight Line.
- There Will be a Visitor's Center and Zero Fighter Mock Display.
- 100+ Motorcycles Rally on 5th Street
- Classic Car Display



## FRIENDSHIP DAY 2005 AIR SHOW

<ul style="list-style-type: none"> <li>• 9 a.m. Ribbon Cutting</li> <li>• 9:15 a.m. E Team Sky Divers</li> <li>• 9:40 a.m. Team Deepblues Aerobatic</li> <li>• 10:05 a.m. JASDF F-15, F-4 &amp; US-1 Fly By</li> <li>• 10:55 a.m. F/A-18E Demonstration</li> <li>• 12 p.m. Jurgis Kairys Pilot Unlimited Aerobatics</li> </ul>	<ul style="list-style-type: none"> <li>• 12:30 p.m. Pacific Air Force Demonstration</li> <li>• 1 p.m. Deep Blue</li> <li>• 1:30 p.m. Break</li> <li>• 1:50 p.m. The Blue Impulse</li> <li>• 2:35 p.m. MAG-12 Close Air Support Demonstration</li> <li>• 3:05 p.m. Deep Blue &amp; Jurgis Kairys</li> <li>• 3:25 E-Team Sky Divers</li> </ul>
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# Off-base daycare provides options for residents

STORY AND PHOTOS BY  
LANCE CIL, MARK FAYLOGA  
Combat Correspondent

Currently, there are over 20,000 children on daycare waiting lists throughout military installations in Japan. Service members looking for alternative childcare can turn to local hoikuen, or Japanese childcare providers.

Hoikuens are divided into two categories, approved and unapproved centers. The difference between the two is the level of government regulation.

Parents worried about sending their children to hoikuens because they are not U.S. government regulated can find comfort in the fact that approved centers in Japan must meet Ministry of Health, Labor and Welfare standards based on Japan's Child Welfare Law. The regulations pertain to building size, space for play and crawling, kitchen areas, safety features, training and number of teachers. Approved centers undergo annual inspections.

"I'm very happy with the way my children are treated at Little Angel Daycare (a local hoikuen)," said Master Sgt. Pratt Leflore Jr., Station preservation packaging and packing staff noncommissioned officer-in-charge. "I've had my children enrolled in on-base daycare and off-base daycare and I'm



**Kiondra N. Leflore, 3, tosses a beanbag at the letter that Raquel Stroup, Little Angel Daycare English tutor, points to during a game that helps the children with the alphabet at the Little Angel Daycare in Iwakuni, April 15.**

happier with the service out in town." Parents can look forward to their children experiencing events and receiving advantages that can only be gained by attending a hoikuen.

"American children that attend a hoikuen get to interact directly with Japanese culture," said Chiyoko Suizu, Little Angel Daycare Center owner and teacher. "Hoikuens have an excellent curriculum and concentrate on helping children learn while at a

young age when they are most impressionable and have much curiosity."

The biggest concern with most parents is that their children will struggle with the language barrier, but according to Suizu, children have little trouble adjusting to two languages. The younger a child is, the easier it is for them.

"I was scared at first, but they have been doing really well and understand a lot of Japanese," said Leflore. "They have been learning the language and they are even writing it and not having any trouble. When I was making the decision between on-base daycare or a hoikuen I had to decide whether I wanted my children in an American environment or Japanese, and I decided on Japanese. They can get the American experience anywhere. I'm very happy with my choice to send them off-base because they have been absorbing the culture and learning so much about Japan."

Usually, hoikuen fees in Japan are determined by the family's income tax from the prior year. The central government sets general fees, but costs vary depending on how much national and local governments subsidize the programs.

Station residents interested in using off-base daycare can research local hoikuens or contact the Station referral program at 253-4876.



**LEFT: Forrest Hall, 3, tosses a beanbag at the corresponding letter board during a learning game at the Little Angel Daycare. ABOVE: Raquel Stroup reads to children.**



## OUT THE GATE

**Note:** Japanese who do not speak English may answer the phone numbers provided.

**Iwakuni Clan Musket Corps Demonstration**  
This monthly demonstration will be held May 8, 11-11:30 a.m. at the Kikko Park near the Kintai Bridge. It may be cancelled in case of rain. Call 41-1477 for more information.

**Hiroshima Flower Festival**  
This festival will take place at

Peace Memorial Park, Peace Boulevard (Heiwa Odori) and Hiroshima castle May 3-5, 12-7 p.m. Various events, including parades and stage performances, are scheduled. For further information, call 082-294-4622.

**Peony And Azalea Festival**  
Visitors can view nearly 500 tree peonies and 10,000 azalea plants in bloom inside the Kikko Park near the Kintai Bridge now through May 29, 9 a.m. to 4 p.m. Admission fee is required. Ask for a ticket at the shrine's entrance. Call 0829-44-2020 for details.

**Hagi Pottery Festival**  
A festival, with approximately 60

booths selling Hagi potteries, will be held at the Hagi Civic Gym Sunday through Thursday, 9 a.m. to 5:30 p.m. Admission is free. There also will be a market with the local products and a tea ceremony. For further information, call 0838-25-3333.

**Famous Treasures Exhibition**  
An exhibition of ancient famous treasures will be held at a space inside the Itsukushima Shrine on the Miyajima Island today through May 29, 9 a.m. to 4 p.m. Admission fee is required. Ask for a ticket at the shrine's entrance. Call 0829-44-2020 for details.

## TORII TELLER CLASSIFIED ADS

To submit your ads or announcements: *Torii Teller* accepts ads/announcements from nonprofit organizations and groups only. Briefs run on space-available and time-priority basis. Deadline for briefs is noon Thursday. *Torii Teller* reserves the right to edit to fit space. Stop by Building 1, Room 216 to fill out a form.

### AUTOMOBILES

**Acura Legend**, 1993, 4 door sedan, clean, well kept interior, A/C, CD player, firm, road tax/recycling fee included, JCI until June 2006, \$1,900. Call SSgt. Jones at 253-6770dwh or 253-7015 awh.

**Nissan Skyline**, 1993, great condition, low km, well maintained, recycle fees/road tax paid for the year, JCI until 2006, \$1,800. Call Sean or Jolyn at 253-4729 dwh or 253-2291 awh.

**Mitsubishi Pajero**, 1989, SUV, well maintained, new tires, JCI until Feb. 2007, \$3,250. Call Will at 253-2702.

**Audi Sedan**, 1990, excellent condition, payment plan O.K., JCI until Dec. 2005, \$1,400. Call Charlie at 253-6545 dwh or 253-2596 awh.

**Mitsubishi Pajero**, 1989, 4x4 SUV, 4 door, loaded, excellent condition, payment plan O.K., JCI Until Jan. 2007, \$3,200. Call Charlie at 253-6545 dwh or 253-2596 awh.

**Honda VFR 800**, 2003, modified to U.S. specs, hard side saddle bags, riding jacket, \$9,000. Call 253-2367.

**Harley Ultra Glide**, 1988, great condition, low km, well maintained, road tax paid for the year, JCI till 2006, \$7,500. Call Sean or Jolyn at 253-4729 dwh or 253-2291 awh.

### OTHER ITEMS

**Misc.**, men's beginner set golf clubs & bag, free. Call 253-2367.

**Misc.**, Chinese kitchen cabinet, purchased at recent Sophie's sale, \$575. Call Greg at 253-2007.

**Misc.**, 12ft fishing boat, 8 HP Yamaha and trolling motor, \$800. Call Bill at 253-4264 dwh or 31-8529 awh.

**Misc.**, digital camera, Nikon N90S, Kodak DCS 420 body, \$425 obo. Call David at 253-3428 dwh or 21-7957 awh.

**Misc.**, Even Flo deluxe high chair, adjustable heights, reclining positions, perfect for infant feedings, \$50; Fisher Price baby swing, hardly used, 5 speeds/5 songs, remote control, \$50; kick & play bouncy chair, \$20; maternity belt, \$10; postpartum support belt, \$20; maternity/nursing clothes; infant travel bed, perfect to put in bed with you, \$40; matching sheets, \$2 each; changing table foam mattress, \$18; matching sheets, \$3 each. Call Irina at 253-2275.

### JOB OPENINGS

**CHRO (253-6828)**  
Go to [www.iwakuni.usmc.mil/HRO/default.htm](http://www.iwakuni.usmc.mil/HRO/default.htm) for a complete job listing. Contact CHRO, Building 1, room 104 for details.

**MCCS (253-3030)**  
Go to [www.mccsiwakuni.com](http://www.mccsiwakuni.com) for a complete job listing.

## Fresh mouthwatering menus



Lance Cpl. Cristin K. Barter

**Jess M. Peterson, Club Iwakuni's executive chef, prepares a meal from the new menus at the Club Iwakuni dining rooms and Eagles Nest for Station residents to enjoy. The Club's menus expanded by 200 percent and the Eagles Nest menu doubled its number of meals. The new menus have something for everyone's craving from the cheap filling meal, mom's homemade cooking or even a fine cuisine.**

## MOVIE SCHEDULE SAKURA THEATER

**FRIDAY** - 7 p.m. Be Cool (PG-13); 10 p.m. The Ring 2 (PG-13)  
**SATURDAY** - 1 p.m. Son Of The Mask (PG); 4 p.m. Million Dollar Baby (PG-13); 7 p.m.; Be Cool (PG-13); 10 p.m. Hotel Rwanda (PG-13)  
**SUNDAY** - 4 p.m. Sahara (PG-13); 7 p.m. Constantine (R)  
**MONDAY** - 7 p.m. Hotel Rwanda (PG-13)  
**TUESDAY** - 7 p.m. Constantine (R)  
**WEDNESDAY** - 7 p.m. Be Cool (PG-13)  
**THURSDAY** - 7 p.m. Son Of The Mask (PG)  
This schedule is submitted by the Sakura Theater and is subject to change. For show times call the Sakura Theater at 253-5291.

## MCTV CHANNEL 19

**FRIDAY** - 11 a.m./5 p.m. Along Came Polly (PG); 2 p.m./8 p.m. Indiana Jones: The Last Crusade (PG-13); 11 p.m./5

a.m. Open Water (R); 2 a.m. Harold And Kumar Go To White Castle (R)  
**SATURDAY** - 11 a.m./5 p.m. Beverly Hillbillies (PG); 2 p.m./8 p.m. Vanity Fair (PG-13); 11 p.m./5 a.m. Resident Evil: Apocalypse (R); 2 a.m. Seven Girlfriends (R)  
**SUNDAY** - 11 a.m./5 p.m. First Daughter (PG); 2 p.m./8 p.m. The Forgotten (PG-13); 11 p.m./5 a.m. Legends Of The Fall (R); 2 a.m. Final Destination 2 (R)  
**MONDAY** - 11 a.m./5 p.m. Star Trek: Generations (PG); 2 p.m./8 p.m. Little Black Book (PG-13); 11 p.m./5 a.m. Witness (R); 2 a.m. Porky's (R)  
**TUESDAY** - 11 a.m./5 p.m. Superbabies: Baby Geniuses 2 (PG); 2 p.m./8 p.m. The Bourne Supremacy (PG-13); 11 p.m./5 a.m. I Heart Huckabeees (R); 2 a.m. The Cookout (PG-13)  
**WEDNESDAY** - 11 a.m./5 p.m. Sharktale (PG); 2 p.m./8 p.m. Friday Night Lights (PG-13); 11 p.m./5 a.m. Catwoman (PG-13); 2 a.m. Broken Arrow (R)  
**THURSDAY** - 11 a.m./5 p.m. Sky Captain And The World Of Tomorrow (PG); 2 p.m./8 p.m. Papparazzi (PG-13); 11 p.m./5 a.m. Garden State (PG-13); 2 a.m. Meet The Parents (PG-13)

## COMMUNITY BRIEFS CHRO

**CHRO Training**  
■ **Acculturation Program Training**: May 10, 8 a.m. to 1 p.m.  
■ **EEO for Managers & Supervisors**: May 12, 8 a.m. to 4:30 p.m. For more information and nominations, call 253-6828 or send e-mail to [shiomuram.jp@iwakuni.usmc.mil](mailto:shiomuram.jp@iwakuni.usmc.mil). Classes will be held at CHRO training room. Building one, Room 102.

### MCCS

**Club Iwakuni**  
■ **May 4 Club Hours of Operation**: Services will be limited Wednesday. Lunch will be served only at the All Ranks Buffet in the Ballroom and at the Eagle's Nest; club dining rooms are closed. For dinner, club dining rooms feature limited menus only.  
■ **Cinco de Mayo Party**: Wednesday, 8 p.m. at the Club Iwakuni Ballroom. Free chips and salsa. All ranks and for adults only. For more details, call 253-3727.

**Single Marine Program (253-3585)**  
■ **Committee Meeting**: Wednesday, 10 a.m. Attendance is mandatory for all squadron representatives.

**School Age Center (253-4769)**  
■ **Cultural Exchange Home Visits in Shunan City**: May 14, 8 a.m. to 8 p.m. The Cultural Exchange Program is looking for 20 youths in the first through sixth grade to visit Japanese families in Shunan City on this day trip. Parents are welcome to join their children. Sign up before Wednesday at Building 411, room 107. Register early due to space availability.

**Base Appreciation Day**  
Wednesday, noon to 4 p.m. on the flight line. The Station residents can enjoy performers, food, drinks, entertainment and children's land amusements before the Station opens for Friendship Day the following day. Call 253-3727 for details.

**Military Spouses Appreciation Day**  
May 6, 11 a.m. to 1:30 p.m. at Club Iwakuni. Each active duty spouse can go to the ball room for a free lunch at the buffet and a flower. Call 253-5416 for more information.

**May 5 MCCS Services Hours of Operation**  
All MCCS Services are closed Thursday except for the following.  
● Club Iwakuni Lounges: Open 4 p.m. to midnight.  
● Auto Mini Mart, Child Development Center and the School Age Center: Open regular hours.  
● Sakura Theater, IronWorks Gym (except the pool), Marine Lounge, Single Marine Program and some restaurants in the Food Court: Open after 6 p.m.

**Marina Opening and Free BBQ**  
There will be free hamburgers and hotdogs at the Marina's annual opening Saturday. The Marina is open 10 a.m. to 6 p.m. The barbecue is 11 a.m. to 3 p.m. Check out the jet skis, pontoon party boat, ocean kayaks and sailboats available for rent. A free shuttle bus to the Marina is available from the IronWorks Gym. Call 253-3822 for more information.

### OTHER

**C.R.E.D.O. Marriage Enrichment Retreat**  
This retreat is scheduled at the Aki Grand Hotel May 13-15. It's open to all military and DoD ID card holders. Transportation is provided. Call 253-3371 to sign up.

**Ladies Tea & Fashion Show**  
The show will be held at the Minato Club May 7 at 1 p.m. Call Kanetha Davis at 253-2770 for further information.

**Commissary Hours**  
Commissary will be open Monday, 10 a.m. to 7 p.m., and will be closed Thursday.

# Nihongo de...

## 岩国基地隊員がコブラゴールドの準備すすめる

タイ、ウドンタニ - 海兵第 12 飛行大隊、海兵第 171 師団支援中隊 (MWSs-171)、海兵第 121 全天候型戦闘攻撃中隊 (VMFA (AW)-121)、海兵第 4 航空管制 B 分遣隊 (MACS 4) がコブラゴールド 2005 に参加するため、4月20日、タイ、ウドンタニに到着した。

コブラゴールドは 1981 年から毎年タイで行われており、米軍、タイ軍、およびシンガポール軍が協力し、野外環境で互いに訓練、教育するために行われる。

コブラゴールド 2005 は 5 月 2 日から始まるが、訓練ができるだけ円滑に行われるよう、それまでに総力を挙げて装備の準備や貨物の搬送を行う。

「全ての装備の準備を整えるのと同時に、我々はタイ空軍と言葉の壁ができるだけ無くなるようコミュニケーションを図っている。」と VMFA (AW)-122、兵器システム担当官、ジョン・バシール大尉は話す。

バシール大尉によると、訓練中、VMFA (AW)-122 は空対空および空対地の戦闘訓練をタイ軍機と協力して行う。また、地上にいる前線偵察員の補佐がなくてもパイロットが敵の位置を確認、攻撃できる、前線航空統制訓練も行う。

爆発物処理班、基地教会、および MWSs-171 の海兵隊員、海軍隊員もまた、タイ軍とともに訓練を行い、通常行っている任務を互いに教育しあう。

「我々がタイに来た理由は、VMFA (AW)-122 に医療支援、気象情報支援、燃料補給支援、飛行場復旧支援 (航空救助や消防支援)、通信支援を提供し、この訓練が安全に成功するのを確実にするためだ。」と MWSs-171 分遣隊曹長、ブレント・ダンベリー一等軍曹は話す。

タイ空軍ウドンタニ基地はベトナム戦争中、米空軍が戦闘任務に使用するために建てられた。岩国基地の海兵隊員や海軍隊員はこのウドンタニ基地に滞在しているが、勤務時間外には、基地の外でタイの文化を経験する機会がある。

「タイに来るのは今回で四回目、いつもタイの人々が友好的なことに感銘を受ける。」とバシール大尉は話す。「タイの人々は我々に会うと大変嬉しそうだ。海兵隊員は全員、タイでの滞在を楽しんでいると思う。」

「タイにいる間にムエタイ (タイボクシング、タイの国技) の試合を見てみたい。」と MACS-4、航空管制官のライアン・マケイン伍長は話す。「岩国を離れ、他の国を体験できるのはよいことだと思う。」

シングルマリンプログラムもこの配備に同行し、隊員がタイ文化の細部を体験するのを支援している。

「海兵隊員のためにバンコクへの旅行を企画したい。」とシングルマリンプログラム・コーディネーターのジェイ・ストーヴァル氏は話した。「孤児院を訪問して子供達と一緒に過ごしたり、バドミントンのトーナメントを企画するつもりだ。基地内には、素晴らしいバドミントン場もある。」

This story is a translation of the top of page 1 text. 本文は 1 ページ上段の記事の日本語訳です。

### CHAPEL RELIGIOUS SERVICES

#### Roman Catholic

Saturday  
4:30 p.m. Confession  
5:30 p.m. Mass  
Sunday  
8:45 a.m. Mass  
10:05 a.m. CCD

#### Protestant

Sunday  
9 a.m. Sunday School & Adult Bible Fellowships  
10:15 a.m. Non-Denominational Christian Worship  
10:30 a.m. Sunday School & Adult Bible Fellowships  
11:45 a.m. Gospel Worship Service

#### Cooperative Chapel Ministries

Wednesday  
6:30 p.m. AWANA Children's Program  
3rd Saturday  
8 a.m. Men's Fellowship Breakfast  
1st Thursday  
6 p.m. Protestant Women of the Chapel

### LAY LED RELIGIOUS SERVICES

#### Jewish

Friday  
6 p.m. Shabbat Service

#### Seventh-Day Adventist

2nd & 4th Saturday  
9:30 a.m. Sabbath School/Worship

#### Episcopal

Sunday  
7 p.m. Worship Service

#### Church of Christ

Sunday  
10:30 a.m. Worship Service

Wednesday  
7 p.m. Bible Study

#### The Church of Jesus Christ of Latter-Day Saints

Weekdays  
6:30 a.m. Seminary  
Sunday  
1 a.m. Priesthood, Relief Society & Sunday School  
3 p.m. Sacrament Meeting

### OTHER SERVICES

#### Islamic

Friday  
12 p.m. Prayer

To confirm current schedule of services at the Marine Memorial Chapel, call 253-3371.

## Mess Hall Lunch Menus

### Week Of May 2-6

**Monday** - Beef with Bacon Soup, Shrimp Gumbo Soup, Seafood Newburg, Country Style Steak, Oven Glo Potatoes, Macaroni and Cheese, Hush Puppies, Broccoli Combo, Wax Beans

**Tuesday** - Tomato Soup, Vegetable Soup, Lasagna, Roast Pork, Mashed Potatoes, Toasted Garlic Bread,

Whole Kernel Corn, Mixed Vegetables, Chicken Gravy, Cheese Biscuits

**Wednesday** - French Onion Soup, Cream of Broccoli Soup, Baked Tuna Noodles, Bratwurst with Sauerkraut, Garlic Roasted Potatoes, Carrots, Mixed Vegetables

**Thursday** - New England Clam Chowder Soup, Split

Pea, Chicken Parmesan, Italian Sausage, Buttered Pasta, Oven Browned Potatoes, Eggplant Parmesan, Cauliflower Gumbo, Alfredo Sauce, Marinara Sauce

**Friday** - Bean Soup with Cured Ham Hock, Chicken Gumbo, Southern Style Fried Catfish, Chicken Cacciatore, German Griddle Cakes, Candied Sweet Potatoes, Southern Style Greens



## M. C. Perry School Lunch Menus

### Week Of May 2-6

**Monday** - Cheese Pizza, Toss Garden Salad, Ranch Dressing, Chilled Peaches, Rice Krispy Treats, Milk

**Tuesday** - Sloppy Joe on a Bun, Tomato, Cucumber Curly Fries, Seasoned Corn, Chilled Fruit Mix, Milk

**Wednesday** - Chicken Tenders, Crispy Potato Wedges, Cinnamon Toast, Awesome Applesauce, Fresh Fruit, Milk

**Thursday** - No School

**Friday** - Chicken Fried Rice W/Vegetables, Dinner Roll, Orange Quarters, Cookie, Milk

# Club racketeering for new members

STORY AND PHOTOS BY  
LANCE CL. MARK FAYLOGA  
Combat Correspondent

Anyone who enjoys playing racquetball can find fellow enthusiasts to share tips and competition within the Racquetball Club.

According to James E. Davis, Racquetball Club member, the club currently has around 10 members and is hoping more racquetball fans will join the club and add to the fun and sportsmanship.

"The purpose of the club is to promote racquetball enthusiasm and awareness," said Davis. "In the club, we have more experienced players who know the rules and techniques and can pass them on to newer players."

The club is run on a ladder system in which players climb in rank by beating players higher up on the ladder than them. A player can challenge up to two spots ahead of him, and if he wins he moves up the ladder.

"I'm interested in joining the club because I want to get better," said Kyle J. Hoelscher, racquetball enthusiast. "The best way to improve your game is to find people that are better than you and play against them."

The club is open to players of all skill levels. When a player first joins the club, he can challenge anyone in the ladder for their spot.

"The ladder is very competitive, but it's a great way for players to gain experience," said Davis.

"The great thing about racquetball is that it's never the same," said Hoelscher. "Everyone you play has a different style and the ball never comes off the wall the same way."

Many players enjoy racquetball, not only for the competitiveness, but also for the workout.

"Racquetball gives



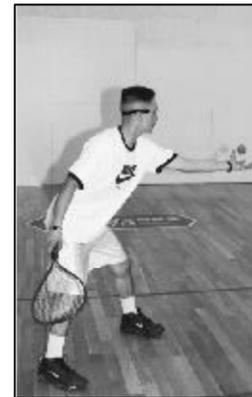
ABOVE: Kyle J. Hoelscher, racquetball enthusiast, serves the ball to Joel M. Aguirre, racquetball newcomer. The two play together for fun and as a workout. BELOW: Joel M. Aguirre, racquetball player, hits the ball into the corner hoping to catch his opponent off guard.

you a great overall workout," said Davis. "You work cardio and your legs and because it's low impact, it's something you can continue to do with age and in 30 minutes you've had an intense workout."

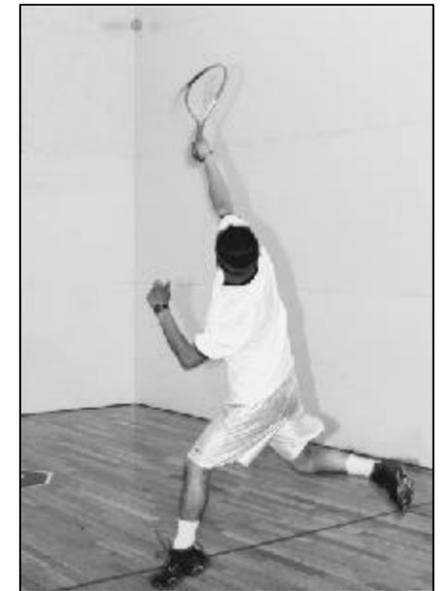
Davis also believes the appeal of racquetball is that compared to a run on the seawall or treadmill, a game of racquetball is a lot more fun and provides a great workout. Racquetball is also an inexpensive sport to purchase your own gear, or if you use the gym equipment, it's free.

"I enjoy racquetball because it's a really fast sport. You can play for a long time and with experience you learn the angles. Because it's contained in a box you don't have to sprint as hard, but at the same time get a great workout," said Davis. "The game is great for hand-eye coordination. It's a great all-around workout and it increases your reaction time."

People interested in joining the Racquetball Club can either ask a member or call 253-4794.



Joel M. Aguirre, racquetball player, gets ready to serve during a racquetball match at the IronWorks Gym. Aguirre is a newcomer to the sport.



## IWAKUNI SPORTS SCENE

### VARSITY BASKETBALL

Players and coaches meeting Monday and May 9, 9:30 a.m. in the IronWorks Gym Wellness room. Call 253-5777 for more information.

### FAMILY APPRECIATION BOWLING DAYS

May 7 and 21, 1-5 p.m. All games cost 75 cents. For details, call 253-4657.

### INTRAMURAL TENNIS

Coaches meet May 10, 9:30 a.m. in the IronWorks Gym Wellness room. The tournament is May 20 and 21. For details, call 253-5051.

### SIX-MAN SOCCER

Coaches meet Tuesday, 9:30 a.m. in the IronWorks Gym Wellness room. The season starts May 16. Games are held Monday, Wednesday and Friday, 6-8 p.m. For details, call 253-5051.

### MOTHER'S DAY BOWLING SPECIAL

May 8, Moms bowl for free when accompanied by a son or daughter. Call 253-4657 for details.

### PERSONAL TRAINING WORKSHOP

May 13-15. Class takes place in the IronWorks Gym Wellness room May 13, 5:30-7:30 p.m., May 14, 9 a.m. to 6 p.m., and May 15, 10 a.m. to 4 p.m. Sign up before May 9 for \$75 at the IronWorks Gym front desk. Call 253-5051 for more information.

### SCUBA CLASSES

The Basic Open Water class is held on Mondays, lasting for seven weeks, and costs \$260. The first class starts Monday. Classes are held continuously through autumn. Advance sign-up is required. Gear rental is available for individual divers. For further details, call 253-6058.

# Competitors take on 39th annual Kintai Marathon

STORY AND PHOTOS BY  
LANCE CPT. CRISTIN K. BARTTER  
Combat Correspondent

Over 650 competitors participated in the 39th annual Kintai Marathon, April 24, hosted by the Marine Corps Community Services IronWorks Gym.

Participants had a choice between running the full marathon, 26.2 miles, half of the marathon, or compete as a team of four, each running just over 6.5 miles.

The Kintai Marathon course stretched around the Station in a continuous ring. Participants had to endure the blaze from the sun and run around the Station four times for the full marathon and two times for the half marathon.



**ABOVE:** In the half marathon, Mami Kusunoki won first place in the women's division coming in at 1 hour and 18 minutes. Trophies were handed out to the 1st, 2nd and 3rd place finishers in each category. **BELOW:** Minako Shimizu, Shoko and Isato Furumitsu and Kazuyoshi Ishigatsuho stretch together before the Kintai Marathon.



The winner for the men's full marathon, with no apparent competition, was Yu Fujita finishing the race with a time of 2:43:6. In second place was Kazuyuki Adachi with a time of 2:51:57.

"This was Fujita's first time competing in the Kintai Marathon," said Tadamasa Uemura, MCCS IronWorks Gym recreation specialist. "I was surprised that he got first place with such a large gap. He doesn't compete in these kind of events often."

For the women's division, Keiko Okabe finished the full marathon first with a time of 3:17:13. Yoko Hatanaka, trailing less than a minute behind, finished with a time of 3:17:48.

"The course on base is so long," said Frank J. Phillips, marathon participant. "Every time I would run around a corner I would expect to see a finish line that was never there."

With over 650 participants of all abilities and ages, there was a high level competition.

"There was definitely some tough competition here today," said Chihiro Hiraoka, after finishing the half marathon course in 2:18:16. "It was hard to do, but a lot of fun. I had a great time."

The motive to running a marathon consisting of 26.2 miles is incomprehensible to some people, but to the competitors it was crystal clear.

"We are doing the presidential physical training challenge and this was one of the events that we had to participate in to win the overall prize of a trophy and party fund," said Scott Nickson, Recovery Team participant. "Even if we weren't in the presidential competition we would have run anyway because it's good physical training."

Fans cheering on the side of the road were the motivation for the runners.



**Finishing the 13.1 miles in 2:18:16, Chihiro Hiraoka, ran through the finish line 11 steps ahead of Kazuko Sakoda at the 39th annual Kintai Marathon. "It was hard to do, but a lot of fun. I had a great time," said Hiraoka right after running through the finish line and gasping for air.**

"I don't understand how they do it," said Michael Inclan, who was cheering on the runners. "I am here to support everyone participating, if I wasn't on crutches I would be out there running with them."

Overall the event was successful, bringing in 1,100 spectators, participants and service members who enjoyed the competition.

"The Kintai Marathon is one of our larger events," said Tracy Morgan, MCCS IronWorks Gym fitness coordinator. "Every year it gets bigger and better. It is not just about running the fastest time, this event is about everyone coming out and supporting one another. It is a big family and community event."



The sound of the gun signaled the start of the 39th Annual Kintai Marathon. This year 650 runners participated.