

# Torii Teller

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MARINE CORPS AIR STATION IWAKUNI, JAPAN

AUGUST 26, 2005

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Station amateurs skate over ramps, rails and benches for summer competition.  
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## Eagle Warrior 2005

### Marines refresh skills at Camp Fuji

LANCE CPT. JOHN S. RAFOSS  
Combat Correspondent

More than 280 Marines and sailors from America's Squadron, Marine Wing Support Squadron 171, made the excursion to Camp Fuji for Exercise Eagle Warrior, Aug. 15.

The deployment not only consists of Marines and sailors from MWSS-171, but also from Aircraft Rescue Firefighting, the Station Pro-

most Marshals Office and Station Weather. The squadron is also accompanied by the U.S. Army 78th Aviation Battalion who is providing two UH-60 Black Hawk Helicopters.

"(Exercise) Eagle Warrior is an annual exercise where MWSS-171 trains in infantry tactics with the idea in mind that 'every Marine is a rifleman,'" said Maj. Ian G. Chery, MWSS-171 opera-

see FUJI Page 5

### '171 Marines keep convoy motorin'

LANCE CPT. JOHN S. RAFOSS  
Combat Correspondent

Motor Transportation Marines from Marine Wing Support Squadron 171 journeyed 530 miles in a convoy consisting of 46 motor vehicles from Iwakuni to Camp Fuji in support of Exercise Eagle Warrior, Aug. 14-15.

The convoy's mission was to get all 46 vehicles, loaded with the gear in which MWSS-171 will train and operate with during Eagle Warrior, up to Camp Fuji without incident.

"This was one of the biggest and farthest convoys Motor-T Marines from MWSS-171 has done," said Staff Sgt. Jason S. Cowan, MWSS-171 motor transportation maintenance chief. "We have made the trip to Camp Fuji in the past, but never with so much gear and so many vehicles."

Because of the excess number of vehicles, the convoy was divided up into three groups leaving at three different times.

"If you bring 46 vehicles together it will slow down traf-

see CONVOY Page 5



Lance Cpl. John S. Rafoss

A Marine Wing Support Squadron 171 convoy rolls through Camp Fuji in support of Exercise Eagle Warrior 2005. The convoy was one of the largest that MWSS-171 has done, according to MWSS-171 Motor Transportation Chief, Staff Sgt. Jason S. Cowan.

## Station Seabees give main gate face lift

LANCE CPT. CRISTIN K. BARTTER  
Combat Correspondent

The remodeling of the Station main gate's visiting center will prompt the commencement of one-way traffic from Aug. 23 through Sept. 20.

The Station Seabees are conducting the construction of the center to improve the security of the Sta-

tion. This will require commuters to make some temporary changes when entering and exiting the Air Station.

"Commuters should not have to adjust their schedules when coming aboard the Air Station in the morning," said Cpl. Forrest K. Winter, Provost Marshals Office traffic accident investigations chief. "However, during the day the only outbound gates will be the

North gate located by Barracks 1395 and the Monzen gate located in Monzen housing. Because the traffic may be more condensed, drivers will have to adjust their schedules accordingly."

The Main gate will continue to be open 24 hours,

Translation of this story found on page 10.

本文記事の日本語訳はホームページを参照して下さい。

see FRONT GATE Page 5

## Commissary gets makeover, Grand Re-Opening scheduled

LANCE CPT. CRISTIN K. BARTTER  
Combat Correspondent

The Station Commissary is having its Grand Re-Opening ceremony Aug. 31 at 9:30 a.m. and opening for business at 10 a.m.

Many Station residents have endured carting through the cramped aisles at the Commissary trying to buy

weekly groceries but it won't be the case for long.

With the back area of the Commissary extended, there will be added room to display more dry products and it will also give shoppers more space to move through the aisles more easily.

"The area in the back is getting extended and we are going to take out an aisle in the front to make our aisles more

spacious," explained Kalani Patsel, Station Commissary retail manager. "People will be able to get by each other easier. This means more space especially in the produce area. That area is currently really cramped."

Along with more room to roll through with a cart, they will also be placing in new shelves and restocking the inventory.

"Starting Sunday the whole store is going to be broken down," said Kalani. "We are going to take everything off the shelves. Then we are going to put in our new and improved shelves. The store's layout is going to be totally different. Instead of the salad dressing being where it used to, the customer may find the peanut butter."

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Torii Teller

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All queries concerning news and editorial content should be directed to the Public Affairs Office, Building One, Room 216, MCAS Iwakuni, Japan. Call 253-5551.

The Torii Teller welcomes Letter to the Editor submissions. Letters must include a full name and unit, if applicable. Anonymous letters and comments will not be published. Letters are the opinion of the writer only. Submissions can be edited for clarity and space. Letters can be dropped off at the Public Affairs Office or sent via e-mail to hercherdj@iwakuni.usmc.mil or coakleylj@iwakuni.usmc.mil.

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Chaplain's Corner:

...with liberty and justice for all!

Lt. CDR. JAMES L. JOHNSON  
Station Chaplain

On Aug. 28, 1963, 42 years ago this week, an estimated 250,000 people gathered in Washington, for a peaceful demonstration to promote civil rights for African-Americans.

Participants walked down Constitution and Independence Avenues, then a century after the Emancipation Proclamation, assembled before the Lincoln Memorial for speeches, songs, and prayer.

Televised live to an audience of millions, the march provided a number of dramatic moments, but the most memorable of all was Dr. Martin Luther King

Jr.'s stirring "I Have a Dream Speech." Dr. King, the last speaker of the day, was introduced as "the moral leader of our nation." His speech, eloquent on the page, was electrifying when spoken.

With a passionate, poetic style he honed in the pulpit, King built to an extemporaneous crescendo: "I have a dream today. I have a dream that one day every valley shall be exalted, every hill and mountain shall be made low. The rough places will be made plains, and the crooked places will be made straight, and the glory of the Lord shall be revealed and all flesh shall see it together."

By all accounts, the march was a

success. Three weeks later, the bombing of the Sixteenth St. Baptist Church in Birmingham, Alabama, which killed four young girls, reminded all Americans the dream had yet to be realized.

In 2003, while the liberation of Iraq was, initially on all accounts, a success, the suicide bombings began but they have not stopped the dream.

God bless the memory of Rev. Dr. Martin Luther King, Jr., and may God pour out his spirit out on those fighting for freedom in Iraq, and upon the families of young men and women who have laid down their lives there, in order that others may one day sing, "Free at last! Free at last! Thank God Almighty, we are free at last!"

Ask the Inspector

MAJ. MATTHEW D. RAZVILLAS  
Station Inspector

These are commonly asked questions about OPSEC on base and answered by Maj. Stewart Upton of the Public Affairs Office.

1. What is the OPSEC? Operations Security (OPSEC) is an analytic process used to deny an adversary information - generally unclassified - concerning our intentions and capabilities by identifying, controlling, and protecting indicators associated with our planning processes or operations

2. Why should we be concerned about OPSEC? Unfortunately, we have suffered several terrorist attacks in recent years - the Oklahoma City and USS. Cole attacks, and the tragic events that unfolded on September 11, 2001. In these cases, the adversaries were successful because they knew our vulnerabilities. Americans at large provided much of what was used against us. The only thing our enemies brought to the table was their personal agenda and their resolve.

3. Who is MCAS Iwakuni's OPSEC Officer? Maj. Stewart Upton, MCAS Iwakuni Public Affairs Officer, 253-5551

4. How can we improve our OPSEC program? We can all incorporate OPSEC into our everyday work routine. Practicing operations security will help you accomplish your goals. When you do something, ask yourself,

"What could an adversary glean from the knowledge of this activity? Is it revealing information about what we do and how we do it?" It is helpful to view yourself and what you're doing as an adversary would.

For example, what can be gained by observing your actions, reading your e-mails or the paperwork you throw into the recycling bin, listening to your phone calls, and reading what you place on a personal Web site or Web site blog?

5. What should I do if I come into contact with or am contacted by someone asking for information they do not have a need to know?

Please call the AT/FP (Anti-Terrorism/Force Protection) hot line open 24 hours a day at 253-ATFP (2837). If the request is for access to classified information, please contact the Naval Criminal Investigative Service at 253-5589.

Maj. Upton wants to remind everyone: As Federal employees, we are the representatives of the people. We develop, we plan, we execute - the American people trust us to do our jobs and keep them safe. The mishandling of information can put everything at risk and cost the lives of many Americans.



CHATTERBOX

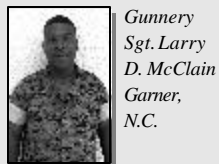
"Smoking Tobacco is considered a significant cause of human health problems such as lung cancer and emphysema. With the recent death of ABC anchorman Peter Jennings, due to lung cancer, the Torii Teller hit the streets once again to ask ..."

Do you think tobacco smokers understand the consequences and health risks associated with smoking?



Ana M. Westberry  
Oceanside, Calif.

"They are aware of the consequences but they just don't care. Smokers would rather get that nicotine because they think they need it."



Gunnery Sgt. Larry D. McClain  
Garner, N.C.

"People do care, but they don't take it seriously until it actually hits home and that's with a lot of things in life not just smoking."



Louie Pena  
El Paso, Texas

"I think presently it lingers in the back of their minds but consequences won't come until the far future."



Corporal Duane J. Matthew  
Ventura, Calif.

"They are aware of the consequences, but they would rather smoke their life away then worry about their health."

Dumpster diving: popular way to get valuable information

MICHELLE PERRY  
Volunteer Correspondent

The Station's Anti-Terrorism Force Protection section held an operational security dumpster dive at the recycling center, Aug. 10.

Every five to six months a dumpster diving exercise is conducted randomly at the recycling center and the North side trash distribution center. The purpose of this exercise is to ensure the Station isn't providing sensitive information to adversaries by not properly disposing of such documents.



Photos by Lance Cpl. John S. Rafoss

Andrew Samuels, Station antiterrorism force protection officer, looks over some paperwork during a dumpster-diving exercise to insure that service members are not disposing of valuable information that could be used to steal people's identity. RIGHT: Orders, flight plans, bank statements with account numbers were discovered during the exercise. All sensitive documents found were destroyed that day.

LANCE CPL. CRISTIN K. BARTTER  
Combat Correspondent

Eleven service members attended the first Station Equal Opportunity Representative Course at the Station Marine and Family Services Building, Aug. 1-5.

"It is mandated in Marine Corps Order P5354.1D that new equal opportunity representatives attend a 40-hour course in order to obtain the skills, tools and knowledge to become equal opportunity representatives," said Staff Sgt. September D. Brownfield, Marine Corps Base equal opportunity advisor and co-instructor of the EOR course.

The intensive, one-week, EOR course covers situations they may encounter as future representatives. "The course prepares attendees with skills that enable the students, or aspiring EORs, to assist commanders in establishing complaint procedures, reviewing complaints, assessing the command climate, and identifying and conducting equal opportunity training," explained Staff Sgt. Morris M. Mwongo, 3rd Force Service Support Group equal opportunity advisor and co-instructor of the course. "In addition, EOR's can be tasked with assisting the commanding officer with the maintenance and submission of required reports in addition to conducting a review of command policy and actions utilizing the Inspector General Checklist."

During the course, the future EOR's discuss subjects they could come across as a representative.

"The course combines open discussions, practical application, and videos on topics such as; socialization, racism, sexism, preventions of sexual harassment,

discrimination, religious accommodation, communication, informal resolution, and other human relations topics that will enhance leadership, unit cohesion and mission readiness," explained Mwongo. "It doesn't stop there; the training representatives also cover stereotypes, discrimination, prejudices, and much more."

One of the reasons the representatives discuss the wide range of subjects is to understand their own feelings and standpoints. "To be a respected equal opportunity representative, they must be in touch with their own personal being," said Mwongo. "What activates them and their biases? This is important because of the nature of the business. When Marines and sailors come into their office, they give equal opportunities to them. They have to be able to separate their own personal belief and biases from the issue at hand."

The EOR course provides service members with the right knowledge to be equal opportunity representative leaders within the Corps. "Overall, the students gain an awareness that is crucial to assisting all levels of leadership in promoting an environment that is intent on dignity and respect for all members, as leadership is key to eliminating all forms of discrimination and harassment," said Mwongo.

The better educated the representatives become they will be better equipped to identify certain trends or behaviors. "Ultimately, we are trying to eliminate the discrimination and harassment before it even starts," said Brownfield. "We are being proactive with this course."



regation. People participating in the exercise looked for sensitive documents, such as: recall rosters, for official use only documents, orders, anything with an account number, bank account numbers, credit card numbers, social security numbers, etc., that have not been disposed of properly.

"You have to think with a criminal mind set. If I can use it to do harm, gain access, or to gain information on someone, then a criminal will," said Scifo. "If we are letting information get out, then quite possibly someone will use this information to gain access and cause harm."

It is important for Station residents to dispose of sensitive documents to prevent identity theft and/or harm on the Station. The best way to dispose of sensitive documents is by simply shredding.

"Once the trash goes into the trash receptacle area, we lose control of the material," explained Mr. Andrew Samuels, H&HS anti terrorism/force protection officer. "The adversaries now have free access to that trash which is a problem if we leave sensitive information there. We want to avoid this, we don't want to give free information to our adversaries."

NEWS BRIEFS

SEVEN DAY STORE OPEN 24 HOURS  
The North side Seven Day Store will be open for 24 hours on a trial basis starting Sept. 1-30. All merchandise (not including gasoline) will be sold. The new store hours may become permanent if customer demand dictates a need for the new change.

NATIONAL IMMUNIZATION AWARENESS MONTH  
August is recognized as National Immunization Awareness Month. This year's theme, "Are You Up to Date? Vaccinate!" reminds people of all ages about the importance of getting immunized. Contact the Immunization Department at the Branch Medical Clinic for more information, 253-6326.

PROTECT YOUR HEALTH CARE ELIGIBILITY  
A newborn infant is covered as a TRICARE Prime beneficiary in the Station's Defense Enrollment Eligibility Reporting System for the first 60 days after birth—as long as one additional family member is enrolled in TRICARE Prime or TRICARE Prime Remote. After the initial 60 days, any claim submitted for a newborn will process as TRICARE Standard until the infant is enrolled in DEERS and TRICARE Prime, or the infant's TRICARE Standard eligibility ends. Eligibility for TRICARE Standard benefits ends 365 days after birth for any newborn infant who is not enrolled in DEERS. Any changes that impact family status must be reported to DEERS as soon as possible. Family status changes include marriage, divorce or new child. Because DEERS enrollment is directly tied to TRICARE eligibility, care may be denied if the sponsor and family members are not enrolled in DEERS.

GET THE SCOOP ON BACK TO SCHOOL  
On Monday, the Matthew C. Perry Elementary School will be conducting a "Meet the Teacher," for parents from 1 to 2 p.m. There will also be an ice cream social from 1 to 2:30 p.m. School starts Tuesday at 7:50 a.m. for first through sixth grade.

A Town Hall Meeting is scheduled for Thursday at the Sakura Theater from 5:30 to 6:45 p.m. If the sponsor has student(s) in kindergarten through fifth grade, parents only are required to attend. If the sponsor has student(s) in sixth through 12th grade, both parent and student are required to attend. Sign in sheets will be available at 5 p.m.

CORRECTION IN TORII TELLER  
In the Aug. 12 photo outline on page 11, Braves pitcher Susumu Seto was incorrectly identified. The Torii Teller is committed to correcting errors that appear in the newspaper. To report errors requiring correction or clarification, call or e-mail the Torii Teller. The phone number is 253-5551; the e-mail address is hercherdj@iwakuni.usmc.mil.

## Marine looks into unwanted lifestyle

Sgt. Monroe F. Seigle  
MCB Camp Pendleton

I have always wondered what it was like to be in the military jail system. However, it was not something I had any interest in finding out firsthand.

To satisfy my interest, I contacted the brig here and asked the master gunnery sergeant in charge if there was a possibility to spend a day in the brig talking to a couple of inmates and getting some pictures.

He told me I could, but there were strict guidelines on what I could and could not photograph. I could not photograph the inmates' faces and I could talk to only two of them.

When I arrived, the first thing I noticed was how clean the place looked. There was not a scrap of trash anywhere. The building was immaculate. From the parking lot, I tried to look through the layers of fences to get a glimpse of the layout and the inner grounds.

I saw enough to make my skin crawl. There were towers manned by guards, presumably armed. Razor wire rested atop the fences, daring anyone to try to make it to the other side.

The lump in my throat got even tighter when I opened the front door of the jail and went into the waiting room. I had to sign in and get a badge. I met a staff sergeant.

"Are you Sgt. Seigle?" he asked me in a commanding voice.

"Yes, Staff Sergeant," I said as I snapped to parade rest. He held out his hand and told me he would be my escort. Then the doors leading into the jail opened like the mouth of a beast. I could hear clanging sounds and the commanding voice of a Marine barking orders at inmates to get in line.

My first place of business was what looked like an interview room. That's where I met two inmates who were willing to tell me their story and share their experiences with me.

"You two sit on this side of the table," said the staff sergeant. He seemed quite firm, but very fair. He used the same tone of voice while talking to all inmates and made it clear what they were to do.

The two inmates sat down in front of me. They looked like any other Marines you'd find on the base, but one wore a bright-orange uniform and the other wore a dull-blue uniform.

As I looked into the eyes of the two inmates, I automatically felt bad for them. They seemed like nice guys. They were clean-cut, had good posture and were very well-spoken.

One of them was named Joshua and the other was named Michael. Joshua was a good Marine before he made a mistake that turned his life around:

He ended the life of another. He fell asleep behind the wheel of his car, crossed the double yellow lines and struck another car. The driver was killed. Joshua had been drinking that night. He was taken into custody the morning after the accident as soon as he got out of the hospital. He told me his story and there was something about him that I admired. He said over and over that he deserved what he was given and made no excuses for what he did.

I talked to him for a while, then I turned my attention to Michael. He sat there in the bright-orange suit. His story was much different. He covered up positive urinalyses and was using methamphetamine. I asked him why he used drugs. He looked me in the eyes and told me he was struggling with personal issues and did not use the help available to Marines. Both of them wanted to get the message out to Marines to make better choices than they had.

"I have been locked up for more than four years," Joshua told me with his head down. "I have to think about what I did every night that I sit in that cell. I took another person's life. That is the worst mistake a man can make."

Joshua pleaded guilty at his court martial and was sentenced to 15 years in prison. He was returned to Camp Pendleton's brig for an appeals process.

Michael has gone through a lot in the last year behind bars. His wife and he grew apart and eventually divorced. His two children have to come visit him in jail. He still has to face the fact he'll have to explain to them one day the mistake he made.

I wanted to see more. The staff sergeant walked me into a dorm area for medium- and minimum-security inmates. I felt almost sick to my stomach seeing and hearing doors slam behind me. I almost felt claustrophobic.

I ventured on with the staff sergeant to the isolation area. There I saw one-man cells. I went into one and they shut me inside. It was tiny — about 6-by-8 feet and 10 feet high.

I was in there for only half an hour and it seemed like it got smaller every minute.

While I sat in there, I thought about what Joshua told me about Leavenworth Prison. All the inmates there had one-man cells. There were plenty of fights.

Just thinking about the world outside going on without me made me want to come out of that cell.

As the door came open and my half-hour sentence was up, I almost wanted to run out of the segregation unit and get out of Dodge.

I ventured on with the staff sergeant at my side to the cafeteria. It was so clean, I thought to myself that these inmates must spend the entire day scrubbing and swabbing the deck.

Inmates were standing in line, waiting to be served food prepared by other inmates under the watchful eyes of other corrections officers.

I honestly had enough of that place after half an hour. From what I was told, in-processing could take up to three days. I could not even make it half a day. As I went out the final door and into the lobby, I still felt claustrophobic. I turned in my



Photo Illustration by Sgt. David J. Hercher

Pretrial detainees, wearing blue, who just arrived at the brig are ushered into their new life.

visitor's badge and hurried out of there. It was all I needed to see.

As I sat in the parking lot in my little Geo Metro, I thought about Michael and Joshua. They wanted to get a message out to the Marine Corps through me.

They both had something in common. They had problems with substances and they did not get the help they needed, even though it was available. Their problems mushroomed until it was too late for them to get help.

Michael was arrested in front of a company formation after the investigators showed up to take him into custody. It was the day he was supposed to get promoted to sergeant.

Both of them have a lot to look forward to. They have to finish their sentences; they also have to make another life for themselves with a dishonorable discharge once they are released. They both agreed it would not be easy.

the Marine failed to return to base prior to midnight. The Marine was also found guilty of a second violation of Article 92, MCBJ/III Marine Expeditionary Force Policy Memorandum 1-98 for drinking alcohol under the legal age of 21. The Marine was awarded reduction in rank, forfeiture of one-half month's pay for two months and restriction for 60 days. Reduction in rank suspended for six months.

■ A lance corporal was found guilty of violating Article 92, MCBJO 1050.6. On May 27, the Marine failed to return to base prior to midnight. The Marine was also found guilty of a second violation of Article 92, MCBJ/III MEF Policy Memorandum 1-98 for drinking alcohol under the legal age of 21. The Marine was awarded reduction in rank, forfeiture of one-half month's pay for two months and restriction for 60 days. Reduction in rank suspended for six months.

■ A private was found guilty of violating Article 92, MCBJ/III MEF Policy Memorandum 1-98 for drinking alcohol under the legal age of 21. The Marine was awarded forfeiture of one-half month's pay for two months and restriction for 60 days.

■ A lance corporal was found guilty of violating Article 92, SgdrnO 1050.3A. On Aug. 5, the Marine failed to sign out of the liberty log book. The Marine was awarded reduction in rank, forfeiture of one-half month's pay for two months, restriction for 45 days and extra duty for 45 days. Reduction and forfeiture of one-half month's pay for one month suspended for six months.

■ A lance corporal was found guilty of violating Article 92, MCBJO 1050.6. On May 27, the Marine failed to return to base prior to midnight. The Marine was awarded reduction in rank, forfeiture of one-half month's pay for two months and restriction for 60 days. Reduction in rank suspended for six months.

## Station committed to eradicating this creepy crawly

Michelle Perry  
Volunteer Correspondent

While the Western Black Widow spiders have attempted to make a home here, the Station is committed to eradicating these spiders and will work with local officials to ensure these spiders find no home here.

"Black widow spiders are not indigenous to Japan. Their presence here has caused a great deal of concern and fear among the local community should they spread off this base and into the local community. The local governments have therefore requested that we completely eradicate the 'Latrodectus' species from the Air Station," explained Major Stewart Upton, Marine Corps Air Station Iwakuni, public affairs officer.

The black widow spiders have been found in various areas of the air station. They have a particular liking for dark and undisturbed areas such as sewers, fences, the circumference



of a building, air conditioners, etc.

"Only the bite of the female black widow spider, usually the adult female, is potentially dangerous. Widow spiders are not aggressive," said entomologist Akira Masui. "Female black widow spiders rarely leave their web. They do not actively hunt humans in order to bite them. Black widow spider bites usually occur when the spider is trapped against human skin or provoked to defend itself."

The pest control team checks and exterminates black widow spiders constantly around the Station. These



David Britton 2002

The black widow spider is disarmingly small, only about one-and-a-half inches in diameter. The Black Widow Spider is easily distinguished by the red hourglass symbol on the underside of its abdomen.

FUJI from Page 1

tions officer.

Squadron Marines brought equipment such as humvees, generators, bulldozers and aerial refueling trucks to assist them in the operation.

The Marines have different objectives during Eagle Warrior. The training will hone in on their combat skills, which will include patrolling, land navigation, defending a forward operating base, providing air-base ground defense and firing different weapon systems.

"Camp Fuji is an advantageous location to conduct Eagle Warrior training exercises, because it is one of the closest places we are able to fire many of our weapons like the M-16A2 service rifle and the .50 caliber machine gun," expressed Cherry.

After honing their infantry skills, the squadron will transition into aviation ground defense where they will work together in maintaining aircraft and an airfield with two Black Hawk helicopters.

"One of the more important goals in Eagle Warrior is to instill camaraderie and 'esprit de Corps' among

inspections are conducted according to priority. Priority one is the area where spiders have been found in the past. Priority two is family housing and boundary fencing. Priority three is areas immediately surrounding priority one areas.

"We look for the black widow spider webs which are generally stronger than most and also have irregular patterns," said Ensign Adam G Kushner, Station maintenance officer. "If we find a black widow spider then we exterminate it and record the location and type it in our records. There has been a decrease in the number of black widow spiders found on the Station because our pest control team is excellent."

Efforts to eradicate the pests have revealed a small number of two of their cousins: the Brown Widow spider and the Redback.

Redback spiders are distinguished from black widows by the telltale red stripe down the back. Brown Widow

spiders vary from light tan to dark brown or almost black, unlike the Black Widow, the hourglass on the Brown Widow's abdomen is orange to yellow orange in color.

The most commonly recognized feature of female black widows is the red or red-orange hourglass pattern on the underside of the abdomen. Male widow spiders are much smaller (about 1/4 size) than the females and are not capable of biting humans.

"A bite will resemble a pin prick followed by redness and a numbing sensation. The initial bite is often painless but the pain may become intense within one to three hours," said Navy Lt. Loui Albert, Branch Health Clinic environmental health officer.

Some symptoms are abdominal and muscle pain, profuse sweating and headache.

"For your protection, we do carry the antivenom for treatment," Loui reassuringly added.

### If you think you've been bitten...

- Contact Facilities trouble desk immediately at 253-3131.
- Clean the affected area well with soap and water.
- Apply a cool compress over the bite location and elevate the affected limb to heart level.
- Aspirin or acetaminophen may be used to relieve minor symptoms in adults. Do not give Aspirin to children — only acetaminophen.
- Place a snug bandage above the bite to slow or halt the venom from spreading. The bandage should be tight enough to slow the flow of blood at skin level, while maintaining circulation in the limb.
- Most importantly, seek immediate medical attention. This is particularly important for Black Widow bites.

### If you identify a venomous spider...

- Do not attempt to capture it.
- Contact Facilities trouble desk immediately 253-3131.
- If possible, don't kill the spider so that a positive identification can be made.

the troops through different experiences," explained Cherry.

Aside from the training schedule, the Marines of MWSS-171 are looking forward to climbing Mt. Fuji, Japan's highest mountain standing at 12,285 feet tall.

"One of the big opportunities the Marines will be able to embark upon will be a climb up Mt. Fuji," said Cherry. "It is a once in a life time opportunity for all of the Marines to be able to participate in something like this."

FRONT GATE from Page 1

but will be utilizing only one lane of travel. Inbound traffic will be allowed from 6:30 p.m. to 3 p.m. the next afternoon. Outbound traffic is from 3 to 6:30 p.m.; therefore vehicles will be allowed to enter through the Contractors gate and Monzen gate during this time.

While the main gate is open for outbound traffic only, Station residents may use the Contractors gate to check in their guests with vehicles aboard the Station.

"Commuters checking their guests aboard the Air Station who do not have vehicles will be able to continue to use the main gate as normal," said Winter. "To help facilitate Station residents, the Monzen gate will also be open 24 hours a day and commuters will be able to drop off their guest's temporary passes when exiting the base."

For questions contact Staff Sgt. Hawn at 253-3516.

CONVOY from Page 1

fic," said Cowan. "So we broke up the convoy into three groups, which made it easier to control and a lot safer in traffic."

The convoy went pretty smooth along the way except for a problem with one of the vehicles.

"One of the problems we came across in the convoy was one we couldn't foresee," said Sgt. Inaugural Chey, MWSS-171 diesel mechanic. "One of the vehicles had engine trouble and could not go above 25 miles per hour."

Motor-T Marines are trained so that in a situation where a vehicle is down, the Marines have exactly 15 minutes to assess the situation and decide whether to fix it on the spot or tow

it to the destination.

"We assessed the situation with the vehicle and made the decision to tow it to Camp Fuji," said Chey.

However, even with a few setbacks the convoy was a success for all the Motor-T Marines. Not only were the Marines able to accomplish their mission by bringing all of MWSS-171's gear to Camp Fuji with no accidents, it was also a learning experience for many of them.

"Many of the Marines are new drivers," said Chey. "The convoy gave them the experience of driving a long distance."

"It's definitely a big accomplishment," said Sgt. Jorge Veliz, MWSS-171 diesel mechanic. "We drove over 500 miles with 46 vehicles and had no injuries or accidents with civilians."



# Marines and sailors bring goodwill and smiles to Wugularr students

**LANCE Cpl. MARK FAYLOGA**  
*Operations Chief*

**ROYAL AUSTRALIAN AIRFORCE BASE TINDAL, Australia**—The bright Australian sun shines down on the feeble playground, a swing moves back and forth with the breeze waiting to collapse, a pile of scrap metal is the only remnants of a teeter totter and an uneven soccer field waits to claim its next

ankle injury, more of a junkyard than a playground. Within a few hours, the area will transform thanks to the help of a Marine Corps makeover.

Marine and sailor volunteers brightened the day for dozens of children during a visit to Wugularr School in Beswick, an Aboriginal school near Katherine, Aug. 18.

**“Jess is like a sister to me. She’s really pretty and cool and we’re good friends now. I’m going to keep in touch with her through e-mail.”**

“We hold community relations projects because it’s a great way to bridge the gap between the local community and the U.S. Military,” said Seaman

Roland R. Randolph, Marine Aircraft Group 12 religious program specialist. “We always have eager volunteers for these projects, because a lot of the Marines and sailors love being around children and others like helping out the community so this project was a

great chance to do both.”

During their visit, the volunteers renovated the school’s playground, painted the school’s classrooms, fixed the soccer field, taught the students about America, played with the children and donated sports equipment to the school.

“Trying to get repairs is usually a lengthy process and a lot of projects get rejected, the work the Marines have done here today would have taken months and months to be completed,” said Mike Puccetti, Wugularr School principal.

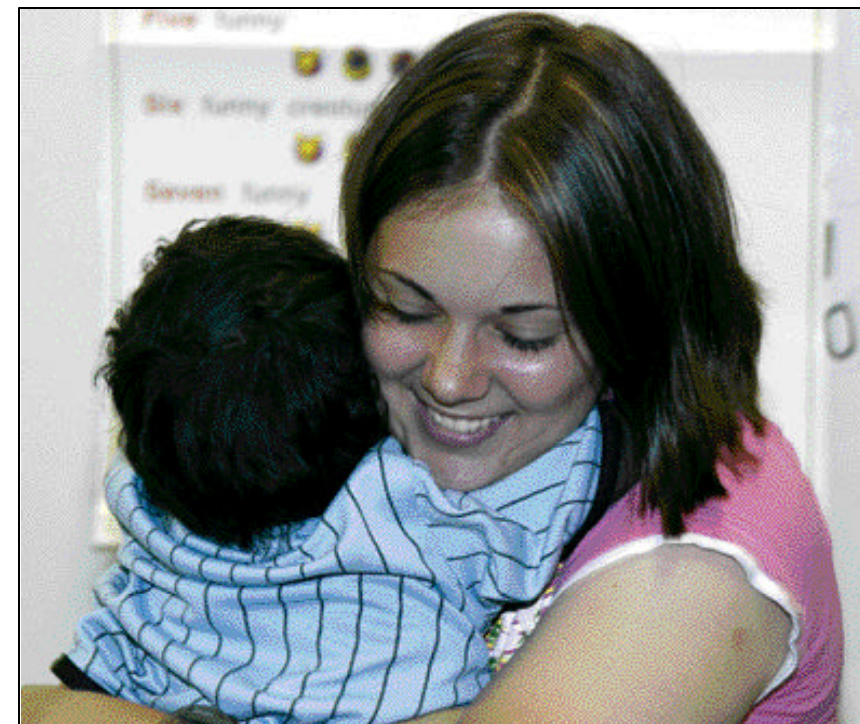
A bright and smiling face could be seen on each child after they tested out their new playground, but no amount of renovation or new playground equipment could have matched the smiles they had after playing with their new American friends.

“The only time the kids have seen Marines has been in movies and such, so they’ve had a very warped view of what Marines are all about,” said Puccetti. “Now they know that Marines are really great and friendly people, they’re not killing machines. They’re nice guys that want to play basketball with them and teach them how to skip rope.”

As the day wound down and the volunteers climbed into the bus heading home, the children all waved good-bye, some sad their new friends were leaving them, but most happy to have made new buddies.

“Having the Marines visit was really great, outside looks really good and playing together was a lot of fun,” said Micaela M. Murugan, 9.

“Jess (Lance Cpl. Jessica M. Fail, Marine Fighter Attack Squadron 212) is like a sister to me. She’s really pretty and cool and we’re good friends now. I’m going to keep in touch with her through e-mail.”



Photos by Lance Cpl. Mark Fayloga



**LEFT:** Cpl. Simon A. Ernest, Marine Wing Support Squadron 171 motor transport, plays jump rope with students at the Wugularr School in Beswick during a community relations project, Aug. 18. **TOP RIGHT:** Lance Cpl. Jennifer N. Strobel, Marine Fighter Attack Squadron 212 aviations technician, colors with children in the school’s kindergarten and preschool classroom. **MIDDLE:** Lance Cpl. Jessica M. Fail, Marine Fighter Attack Squadron 212 maintenance control, hugs one of her new friends. **BOTTOM RIGHT:** Sgt. Benson K. Nthambiri, Marine Aviation Logistics Squadron 12 aviation cryptologist, paints a classroom at the Wugularr School.



# Cormorant fishing is literally for the birds

LANCE CPT. JOHN S. RAFOSS  
Combat Correspondent



Photo Illustration by Sachiko Misaka

**F**ishing poles, bait and nets have always been tools utilized by fishermen to bring in one of the Japanese local's main sources of food, fish. As these tools have been proven effective, there are select areas in Japan where the poles are set aside and birds take their place. This ingenious, unique process of reeling in the grub is known as Cormorant fishing.

From June 1 to Aug. 31, people from all over the world travel to the river bank of the Kintaikyo Bridge to see one of the most symbolic events of the summer season, Cormorant fishing, also known as "Ukai."

Fishermen who train the native, black and white seabird to catch freshwater fish perform the tradi-

tional method of Japanese night river fishing. This time-honored practice is not new and has been going on in Japan for nearly 400 years.

The fishing spectacle is made up of fishing teams, usually consisting of three men. Each fishing team has an "Usho," the leader and handler of the cormorants, "Nakanori," or the middleman, and a "Tomonori," a companion rider who gathers the fish and paddles the boat with a very long bamboo stick.

The teams of fisherman ride on a 13-foot boat each called an "Ubune," which is designed to navigate in shallow waters.

Nowadays, the practice is used for entertainment purposes only. The fishing performance is very unique and is much different from using just an ordinary fishing pole and bait.

The fisherman puts a medal ring, attached to a leash, around the cormorant's neck. The ring is loose enough for the bird to breathe, but tight enough so it cannot swallow the fish it catches.

The bird swims around riverbed, dives and catches the fish, bringing it back to the fisherman like a trained dog. The fisherman shakes the fish out of the bird's beak and rewards the bird with small fish it can swallow.

Some Station residents got the chance to experience this unique practice first hand, Aug. 13.

"Cormorant fishing was a very impressive experience," said Gunnery Sgt. Michael S. Andersen, Headquarters and Headquarters Squadron air traffic controller. "It was very relaxing and tranquil to be able to sit on the boats and watch the fishermen with the birds. They really know what they are doing."

His daughter agreed. "I thought it was so cool," said Cristina Andersen. "We were very close; I could hear the ducks quack."

"It is a true Iwakuni family experience," said Andersen. "I recommend others check it out."

The performance can be viewed nightly until Wednesday, 6:30 to 9 p.m., from the upstream shore near the Kintai Bridge. For a closer view, a boat-guided tour is 3,500 yen, and a boat-guided tour with dinner can also be enjoyed for 4,500 yen. Reservations are required, and must be made in Japanese. For information or reservations call the Nishiki River Cormorant Fishing Promotion Association Foundation at (0827) 41-0470 or call the Station's Information Tickets and Tours Office at 253-4377.



Lance Cpl. John S. Rafoss

**ABOVE:** Since the days of the samurai, cormorants have been used to catch fish in the Nishiki River upstream from the Kintai Bridge. The nightly tradition has been performed for over 400 years and is handed down through generations of fishermen. **RIGHT:** A pair of fishing boats head upstream to prepare for a night of fishing. Once upstream, the birds will be harnessed, fires will be lit and the fishermen will put on their costumes. Handlers spend one year learning how to handle their team of birds.

## OUT THE GATE

Note: Japanese who do not speak English may answer the phone numbers provided.

### Asa Zoo Stays Open After Hours

The Asa Zoo in Hiroshima City stays open 9 a.m. to 9 p.m. (enter by 8:30 p.m.). Saturday, visitors can observe animals at night. Admission fee is required. Call 082-838-1111 for more details.

### Fireworks Display And Music Performances

There will be events at Shunan City hall

field Saturday, 6-9 p.m. Visitors can view the fireworks display with a laser lights show. Some performances will be shown by local marching bands, a brass band, a wind band, baton twirlers, cheerleaders and motorcycle policemen. The events may be cancelled in case of inclement weather. For further information, call 0834-31-3000 or 0834-22-8372. Admission is free. Complimentary tickets, which are available at Shunan Police Station and Tokuyama/Shinnanyo Chamber of Commerce and Industry, are required.

### Iwakuni Traditional Folk Art Festival 2005

This festival will be held in the large hall at the Iwakuni City Auditorium Sept. 3, from

1 p.m. There will be performances of Japanese drums and dances. Admission is free. Complimentary tickets are required. They are available at the Public Affairs Office. Call 41-0452 for more information.

### Otake Sunday Market

A market is scheduled Sunday, 10 a.m. to 3 p.m. at Harumi Daiichi Park, next to You Me Town Otake. Call 53-7175 for details.

### Contemporary Japanese Calligraphy Display

There is a display at the Chokokan Museum near the Kintai Bridge now through Sept. 4, 9 a.m. to 5 p.m. The museum is closed Mondays. For details, call 41-0452.

## TORII TELLER CLASSIFIED ADS

To submit your ads: Torii Teller accepts ads/announcements from nonprofit organizations and groups only. Briefs run on space-available and time-priority basis. Deadline for briefs is noon Thursday. Torii Teller reserves the right to edit to fit space. Stop by Building 1, Room 216 to fill out a form.

THE TORII TELLER CLASSIFIEDS ARE NOW AVAILABLE AT [WWW.IWAKUNI.USMC.MIL/TORII/CLASSIFIEDS.HTML](http://WWW.IWAKUNI.USMC.MIL/TORII/CLASSIFIEDS.HTML)

### AUTOMOBILES

**Honda Integra**, 1996, 2-door sports car, good condition, well maintained, excellent A/C and heat, P/W, six CD changer, recycling fee/road tax paid, JCI until Feb. 2007, \$1,600 obo. Call Shannon Jackson at 253-2644.

**Honda CBR900RR**, 1996, 900cc, low mileage, excellent shape, rear stand, cover, JCI until May 2006, \$4,300. Call 253-4584 dwh or 253-7490 after 6 p.m.

### MISCELLANEOUS

Japanese bicycle, night light, front basket, \$60; Panasonic 27-inch color TV, \$70; queen size mattress, \$80; frame, \$20. Call Willie at 253-6836 dwh or 080-3882-9118.

Golf set Cleveland TA-5 with extras, includes Cleveland bag with stand and shoulder harness, TA-5 steel shaft irons, 3-4-5-6-7-8-9 & PW, Cleveland 9.5 launcher 330

driver, Odyssey white hot putter, hard travel carrying case, like new, rarely used, a must see, \$800 obo. Call Chris at 253-4511 dwh or 253-2494 awl.

Sofa & loveseat, maroon & beige striping, excellent condition, \$650 obo. Call 253-2697.

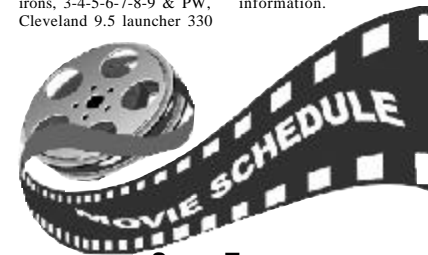
Whirlpool washing machine, \$250. Call 090-8519-6472.

Free guinea pig. Comes with cage, bedding, water bottle and play ball. Good with kids. Needs a good home! Call Toshia Franklin at 253-2918.

### JOB OPENINGS

**Central Texas College** API/BSep instructor is needed. Call 253-3631 for more information.

**Torii Video** Daytime positions are available. Call 253-4700 for more information.



### SAKURA THEATER

**FRIDAY** - 7 p.m. Dukes Of Hazzard (PG-13); 10 p.m. The Island (PG-13); 1 a.m. Land Of The Dead (R)  
**SATURDAY** - 1 p.m. Adventures Of Sharkboy & Lavagirl (PG); 4 p.m. Dukes Of Hazzard (PG-13); 7 p.m. Land Of The Dead (R); 10 p.m. The Island (PG-13)  
**SUNDAY** - 4 p.m. Adventures Of Sharkboy & Lavagirl (PG); 7 p.m. Dukes Of Hazzard (PG-13)  
**MONDAY** - 7 p.m. Land Of The Dead (R)  
**TUESDAY** - 7 p.m. The Island (PG-13)  
**WEDNESDAY** - 7 p.m. Adventures Of Sharkboy & Lavagirl (PG)  
**THURSDAY** - 7 p.m. Dukes Of Hazzard (PG-13)  
 This schedule is submitted by the Sakura Theater and is subject to change. For show times call the Sakura Theater at 253-5291.

### MCTV CHANNEL 19

**FRIDAY** - 11 a.m./5 p.m. Garfield (PG); 2 p.m./8 p.m. The Stepford Wives (PG-13); 11 p.m./5 a.m. Tears Of The Sun (R); 2 a.m. Smokey And The Bandit (PG)  
**SATURDAY** - 11 a.m./5 p.m. Three Musketeers (PG); 2 p.m./8 p.m. Van Helsing (PG-13); 11 p.m./5 a.m. Bulletproof Monk (PG-13); 2 a.m. Cape Fear (R)  
**SUNDAY** - 11 a.m./5 p.m. Head Of State (PG-13); 2 p.m./8 p.m. Red Race (PG-13); 11 p.m./5 a.m. Windtalkers (R); 2 a.m. Rat Sonja (PG-13)  
**MONDAY** - 11 a.m./5 p.m. Harry Potter: Prisoner Of Azkaban (PG); 2 p.m./8 p.m. National Treasure (PG); 11 p.m./5 a.m. Ballistic: Ecks Vs. Sever (R); 2 a.m. My Boss's Daughter (PG-13)  
**TUESDAY** - 11 a.m./5 p.m. Haunted Mansion (PG); 2 p.m./8 p.m. Phantom Of The Opera (PG-13); 11 p.m./5 a.m. Brown Sugar (PG-13); 2 a.m. Love Actually (R)  
**WEDNESDAY** - 11 a.m./5 p.m. Good Boy (PG); 2 p.m./8 p.m. The Italian Job (PG-13); 11 p.m./5 a.m. Wrong Turn (R); 2 a.m. Kung Pow: Enter The Fist (PG-13)  
**THURSDAY** - 11 a.m./5 p.m. Beverly Hillsbillies (PG); 2 p.m./8 p.m. Envy (PG); 11 p.m./5 a.m. Swordfish (R); 2 a.m. Deep Rising (R)

## COMMUNITY BRIEFS

### MCCS

#### Special Events

■ **Everclear Live:** Saturday at the Sakura Theater. The doors will open at 6:30 p.m. with opening band 619. A limited number of tickets will be available at the MCX Cash Cage, Club Iwakuni Cash Cages and the Sakura Theater for \$20 advance sale. Tickets on the day of the performance will be sold for \$30 and only at the Sakura Theater. Individuals ages 17 and under must be accompanied by a parent/guardian.

■ **New Orleans Crawfish Boil:** Sept. 24, 5-7 p.m. at the Club Iwakuni on the veranda. Menu is "All You Can Eat Crawfish," Cajun potato salad or cole slaw, boiled potatoes, corn on the cob, Polish sausage for \$7.95. This event will feature New Orleans style music.

#### Single Marine Program (253-3585)

■ **End Of Summer BBQ Collaborating With The Men's Fellowship BBQ:** Saturday, 1 p.m. Volunteers are needed to help set up, break down tents and help clean up. Setting up for the event will start Saturday, 10:30 a.m. at the Horner's Nest. Letters of Appreciation will be given to all volunteers.

#### Youth & Teen Center (253-6454)

■ **Block Party:** Today, 6-10 p.m. Back to School Block Party at the Youth & Teen Center. Food, games, prizes and the latest dance music will be available.  
 ■ **Passport To Manhood Meeting:** Sunday, 3-5 p.m. Males ages 13-18 are invited to the Teen Center for plenty of free food and an afternoon of fun.

#### School Age Center (253-4769)

■ **Monthly Birthday Party:** Tuesday, 4-5 p.m. Celebrate your birthday this month with cake, games and friends. Members born this month receive a coupon redeemable at the Iwakuni Route 2 McDonalds.

#### MCFTB (253-3754)

■ **Key Volunteer Training:** Now available online. You can complete the training at your convenience.

#### Marine and Family Services

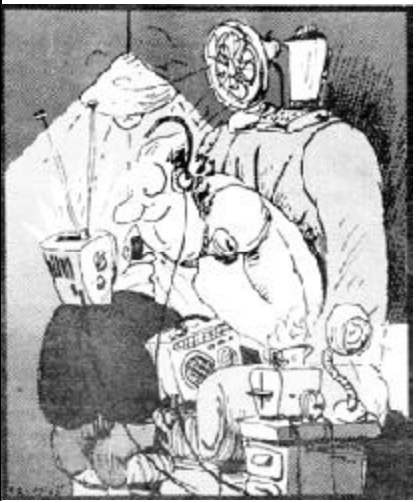
■ **Survival Japanese Class** Monday through Sept. 2, 11:40 a.m. to 12:40 p.m. Register in advance. Call 253-6165 to sign up.

■ **Video Swap:** In addition to a paperback book swap, the library is offering a video swap. Bring in your old video or DVD and swap it out for another video or DVD you would like to see. The video swap will be conducted on a bring-one-take-one basis. Call 253-3078 for more information.

### OTHER

■ **YIEA Fall Japanese Language Course:** The Yamaguchi International Exchange Association is offering 40 seats for MCAS Iwakuni residents for Oct. 4 - Dec. 20 Fall Japanese Language Class. The class is every Tuesday, 7-9 p.m. at Iwakuni Civic Hall. Sign-up is first-come-first-serve basis and accepted until Sept. 23. For more information call the Public Affairs Office at 253-5551.

## Conserving Energy?



### CHANNEL NAME

- 5 MCAS COMMANDER'S CHANNEL
- 6 MCAS WEATHER CHANNEL
- 7 AFN SPORTS
- 8 AFN ATLANTIC
- 9 AFN SPECTRUM
- 10 AFN PACIFIC
- 11 AFN NEWS
- 12 AFN KOREA
- 13 AFN PROGRAM GUIDE
- 14 PENTAGON CHANNEL
- 15 AFN FAMILY
- 16 AFN MOVIE
- 17 CATV INFO
- 18 MC PERRY SCHOOL
- 19 MCTV
- 20 HMV JAPAN
- 21 MTV CHINA
- 22 CHANNEL V CHINA
- 23 VIDEO LAND SPORTS
- 24 STAR SPORTS
- 25 NETWORK OF THE WORLD
- 26 LIVING ASIA
- 27 ABC ASIA PACIFIC
- 28 CCTV-9
- 29 BBC WORLD
- 30 VOA
- 31 BLOOMBERG
- 32 EWTN ASIA
- 33 CHURCH CHANNEL
- 34 KNOWLEDGE CHANNEL
- 35 NBN
- 36 RPN
- 37 TV ESPANOL
- 38 BS FUJI
- 39 BS JAPAN
- 40 BS-1
- 41 BS-2
- 42 NHK
- 43 NHK EDUCATION
- 44 TSS TV SHIN HIROSHIMA
- 45 HTV HIROSHIMA TV
- 46 RCC CHUGOKU TV
- 47 UHT HIROSHIMA HOME TV



### MHZ

- 88.3 CATV AUDIO CHANNELS
- 88.3 NHK FM HIROSHIMA
- 89.1 AFN IWAKUNI 1575
- 89.9 ADULT ROCK
- 90.7 HOT ADULT CONTEMPORARY
- 91.5 BRIGHT ADULT CONTEMPORARY
- 92.3 COUNTRY
- 93.1 Z-ROCK
- 93.9 NATIONAL PUBLIC RADIO
- 94.7 THE TOUCH (URBAN)
- 95.5 PURE GOLD (OLDIES)
- 96.3 FOX SPORTS TALK
- 97.1 NEWS
- 97.9 LATIN
- 98.7 HIP HOP
- 99.5 JAZZ
- 100.3 CLASSICAL
- 101.1 50'S&60'S
- 101.9 TECHNO/DANCE

This story is a translation of the middle of page 1 text. 本文は1ページ中段の記事の日本語訳です。

# Nihongo de...

## 基地正門工事

ビジッティングセンター改装のため、基地正門は8月23日から9月20日まで一方通行になる。

基地の保安性を高めるためにシービーがセンターの建築をしている。通行者の基地への出入門方法が、この工事のため一時的に変更される。

「通行者は、朝の基地への出勤時間を調整する必要はないが、日中出門できるのは、兵舎1395近くの北門と門前住宅にある門前ゲートだけになる。交通量の集中が予想されるため、車を運転する人はそれなりに時間を合わせなければならない。」と、司令部・司令部中隊憲兵隊交通捜査課チーフのフォレスト・K・ウィンター伍長は語る。

正門は一日24時間開くが、一方通行しかできなくなる。入門できるのは、午後6時30分から翌日の午後3時までで、出門は午後3時から6時30分までとなる。そのため車両はこの時間帯、業者門と門前ゲートから入門できる。

正門が出門のために開いている間、基地関係者は車両で入ってくるゲストをエスコートするために業者門を利用できる。

「車両なしで基地に入門してくるゲストをエスコートする基地関係者は、通常どおり正門を利用できる。基地関係者のために、門前ゲートは24時間開けておき、出門の際ゲストが訪問者バッジを返却できるようになる。」と、ウィンターは言う。

質問は、内線253-3516の二等軍曹ホーンまで。

COMMISSARY from Page 1

For Station residents who cannot make it to the ceremony on Aug. 31, there will be another Grand Re-Opening Ceremony on Nov. 3. The ceremonies will include give aways

and more importantly a chance to check out the improved store.

Due to renovations, the store will be open from 9 a.m. to 4 p.m. on Sunday, and closed for business Monday and Tuesday for inventory.

## Mess Hall Lunch Menu

Week of August 29 - September 2  
Monday - Cream Of Broccoli Soup, Split Pea Soup, Baked Chicken And Rice, Roast Turkey, Lyonnaise, Green Beans, Mashed Potatoes, Peas And Carrots, Chicken Gravy, Hot Dinner

Rolls  
Tuesday - Minestrone Soup, Tomato Soup, Chuck Wagon Stew, Cajun Catfish, Potatoes Au Gratin, Steamed Rice, Glazed Carrots, Broccoli Combo, Cheese Biscuits  
Wednesday - Chicken And Rice Soup, Cream of Broccoli, Chili Mac, Grilled Cheese, Tempura Fried Fish, Macaroni And Cheese, Oven Glo Potatoes, Broccoli Polonaise, Peas And Mushrooms  
Thursday - Chicken Noodle Soup, Cream

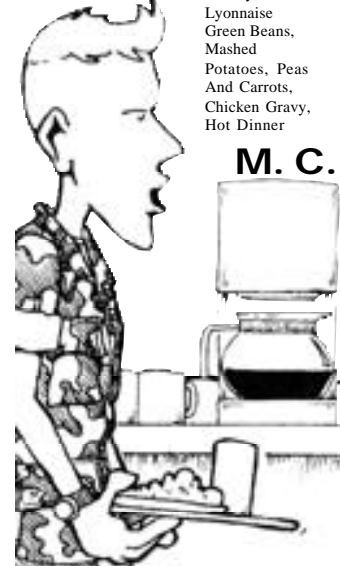
Of Mushroom Soup, Apple Glazed Corn Beef, Teriyaki Chicken, Rissole Potatoes, Noodles Jefferson, Succotash, Fried Cabbage, Hot Mustard Sauce, Chicken Gravy  
Friday - Clam Chowder, Onion Soup, Crab Cakes, Chicken Vega, Parsley Butter Potatoes, Steamed Carrots, Corn On The Cob, Steamed Rice

To confirm current schedule of services at the Marine Memorial Chapel, call 253-3371.



## M. C. Perry School Lunch Menu

Week of August 30 - September 2  
Tuesday - Yakisoba, Curly Fries, Garden Salad, Ranch Dressing, Rice Krispie Bar, White Milk  
Wednesday - Cheese Pizza, Carrot Sticks, Ranch Dressing, Seasoned Green Beans, Assorted Fruit Juice, White Milk  
Thursday - Popcorn Chicken, Crispy Potato Wedges, Seasoned Green Beans, Fresh Fruit, Cookie, White Milk  
Friday - Chicken And Bean Burrito, Lettuce And Tomato, Spanish Rice, Chilled Fruit Mix, Brownie, White Milk



# Action erupts at Summer Skate Competition

LANCE CPL. CRISTIN K. BARTTER  
Combat Correspondent

Marine Corps Community Services slammed into the biannual Summer Skate Competition, sponsored by Take 4, to give the Station's "skate or die" amateurs a chance to win some awesome prizes, Saturday.

"It's [the competition] put on every year to cater to the skaters of the Station," said Christopher J. Reitman, MCCS entertainment coordinator.

The competition consisted of two main events; the Ollie Contest, where skateboarders had to ollie over stacked boards, and the freestyle skating event separated by the beginner and advanced divisions. All events were open for anyone who showed up with a board.

The day rolled off into the Ollie Contest starting with one board on the asphalt as the obstacle. Each competitor had to ollie over the board and land to

continue to the next round.

With six boards stacked on top of each other, the competition rested on Enrique Ibarra and Tubasa Yuasa, both advanced competitors. Each stared at the blockage with no fear. Yuasa, up first, got a running start, ollied high into the air and landed it. The crowd went wild. Once the roar settled, Ibarra attempted to ollie over the stack and couldn't manage to get high enough.

"I was still really stoked," said Ibarra, after winning second place in the Ollie Contest. "I haven't skated in a month. The most I have ever ollied over was four boards. When he stacked five, I got it on my first try. I was amazed."

The freestyle competition kicked off by the beginners and followed by the advanced skateboarders who were all given two minutes to impress the crowd and judges with moves off of the ramps, rails and benches. After the two-minute runs competitors were given another one-minute run to try their most difficult moves.

"I didn't think I was going to compete because I didn't think I was good enough," said Ben Parker, first place winner of the beginner division. "But I went out there, tried my hardest and won. I was really happy about that."

After all of the effort-driven runs were completed, the judges, Takeshi Arakawa, owner of Take 4, Kenny Snook and James Avalos gathered all of the skaters to award the winners of the competition.

The winners of the beginner division were, Angelo Wiley, 3rd place winner; Nick Forti 2nd place winner; and Ben Parker, 1st place winner.

The winners of the advanced division were, Maynard Torigoe, 3rd place winner; Brandon Fung, 2nd place winner; and Yuasa, 1st place winner.

The awards provided by Take 4 were different for each placement and consisted of decks, trucks, accessories, skate apparel, wheels and bearings.

"Overall, the competition went very well," said Reitman. "Both the advanced and beginner categories had a competitive edge to them. Everyone came out and tried their hardest and we had a great event because of it."

For future competitors, Ibarra said it's all about determination, "You've got to keep going. You're going to take a lick here and there. If you get hurt, let it heal but then you have to get back on it. Your board is your limit, the more you learn it, the better you get."



Photos by Lance Cpl. Cristin K. Bartter

LEFT: Michael Ryley, advanced skater, takes his skateboard to its limits as he performs a difficult trick for the crowd and judges in the Summer Skate Competition, Saturday. TOP: Enrique Ibarra, advanced skater, ollies over five decks in the Ollie Contest, securing his spot in second place.

## IWAKUNI SPORTS SCENE

- League Bowlers**  
All bowlers with a 2004-2005 ABC sanction card bowl for half price during open bowling. Call 253-4657 for more information.
- SWEAT Program (Strength, Wellness Education & Aerobics Training)**  
This new program at the IronWorks Gym is designed to help active duty remedial personnel who need to increase their physical fitness test scores and become healthier. The program includes a MicroFit Assessment, weekly weigh-ins (by request), monthly body fat testing, weight management lectures, President's Challenge entry and attendance and progress tracking reports. Call 253-6359 for more information.
- Running Club**  
This incentive program is a way for runners to earn prizes for the miles they run. For more details, call 253-6359.
- Passport To Health**  
Gym patrons receive incentives for accumulating 100 workouts. For further information, call 253-6359.
- Moonlight Bowling**  
Every Saturday, 6 p.m. The event features three light out games, three strike shots for cash prizes and one double cross super progressive jackpot ranging from \$500-\$1,150. Reserve your lane today. \$10 includes the fee for all three games. Call 253-4657 for details.
- Free Camping, Recreational Gear**  
The Outdoor Recreation in the IronWorks Gym lends the Station residents camping, picnic and recreational gear

- for three days, free of charge. The gear includes tents, sleeping bags, coolers, water jugs, propane stoves, propane lanterns, electric lanterns, backpacks, ISO mats, tables, chairs, canoes and kayaks for rivers, lakes, and dams and much more. All items are available year-round. Ocean kayaks, jet skis and a pontoon party boat can be rented at the Marina. For details call 253-3822.
- Latin Dance Classes**  
Classes are held at the IronWorks Gym every Wednesday, 7:30-8:30 p.m. and cost \$32 per month or \$8 for each class. Come learn the Salsa, Merengue, Mexican Folk Dance and Bachata. Call 253-3696 for details.
- PT Bowling**  
Wednesdays and Fridays, 1-4:30 p.m., groups of 10 or more service members bowl for 50 cents per game. Free shoe rental. For more information, call 253-4657.
- Scuba Classes**  
The Basic Open Water class is held on Mondays, lasting for seven weeks, and costs \$260. Classes are held continuously through autumn. Advance sign-up is required. Gear rental is available for individual divers. Call 253-6058 for further information.
- Student Bowling**  
Matthew C. Perry students bowl for 50 cents per game on weekdays. Shoe rental is free. For more details, call 253-4657.
- Birthday Parties**  
If you are interested in having a bowling birthday party, stop by the Bowling center or call 253-4657 for more information.

## The Scoreboard

Intramural Softball  
Aug. 17  
Recovery defeated Bad Crew, 1-0  
Circus Midgets defeated ATC Control, 14-4  
LA Judicial defeated S-6, 15-11  
Aug. 22  
Circus Midgets defeated Lethal Weapon, 13-5  
Crew Dawgs defeated Bad Crew, 14-4  
S-6 defeated Cowbells, 12-8







**Y**our body moves fluidly through the water like a machine. You race to get out of the water. Each second counts as you transition from a fish to a cycling all-star. Each revolution, in sync with your heart, pulses beads of sweat through every pore. The last event, sprinting. The sun scorches your skin as you blaze

through the humidity, overcoming the pain of your throbbing muscles. Pushing through the finish line you are overwhelmed with fatigue, exhaustion and blissful happiness, you just completed a triathlon.

Over 200 Station residents and Japanese locals participated in the Marine Corps Community Services 2005 18th Annual Japanese and American Goodwill Sprint Triathlon, Aug. 14.

Competitors had to endure the afternoon heat and swim 1.2 kilometers, jump on their bikes for a 36-kilometer bike ride and finish with a 10-kilometer run.

"The heat definitely played a role for all of the athletes here today," said Austin Stallard, team competitor. "It's a lot hotter than the morning physical training runs we usually do. I was going for a personal best at 40 minutes and 16 seconds. I don't think I got that today. I think I missed it by a minute."

Each event had its hardships; cramping, dehydration, lack of endurance, swallowing water, exhaustion and much more were all conditions each competitor had to undergo.

"The swimming portion was great. I forgot the joy of swallowing water instead of breathing," joked Dan Houlihan, team competitor.

Through each adversity, participants sought out the competition as their burning motivation.

"There was some great competition here, especially the Japanese athletes,"

expressed the bone-weary Stallard in short breaths after running through the finish line. "It was motivating running against them, especially for us Marines who did one event each. When we were passing everyone on the swim, bike and run, it was very motivating mentally. It keeps you in it [the competition]."

For some competitors it wasn't about the time they finished, it was more about accomplishing the event as a whole. Whether they ran, walked or even crawled through the finish line, they were going to make it no matter what. Others faced the competition head on, hoping to be the first to finish.

In the end Tetsuro Fukumoto finished in a high-speed time of one hour and 48 min for the male division. Yuko Ishikawa came in at two hours and



**LEFT: Competitors sweat it out as they bike 36 kilometers in the 2005 18th Annual Japanese and American Goodwill Sprint Triathlon, Aug. 14. TOP: Taking on the heat, competitors poured cold water over their faces as they prepare to run the last event, the 10-kilometer run.**

six minutes for the female division.

Branch Health Clinic blazed in first for the team division with a time of two hours and 10 minutes.

As the last racers began crossing the finish line, the Japanese and Americans stood amongst each other all with one thing in common — exhaustion!

"The competition was great," said Billie Scott, MCCA health promotions director. "It went so smoothly today. The Japanese and Americans strengthened their camaraderie with each other during this event."

For future participants, Houlihan recommends more service members compete. "Get a team together! You don't have to do the whole thing, just find the strongest people in your unit and show up."



Lance Cpl. Cristin K. Barter