

## INSIDE...

### FEATURE

#### Marines lend helping hand

Marines and sailors visit the children of Katherine South Preschool to renovate their playground equipment, Aug. 4. Page 4



### PHOTOFEATURE

#### Shrimps on the barbie

Marines and Australians combine their culinary skills to keep the troops from going hungry. Pages 6 & 7



### SPORTS

#### Big league dreams

Iwakuni All Stars step up to the big leagues at the Hiroshima Carp Stadium to face off against local teams. Page 12



## Southern Frontier 2005



Maj. Jon D. Rabine

A Marine Fighter Attack Squadron 212 F/A-18 Hornet soars over Katherine Gorge. The final group of Marines deployed for Exercise Southern Frontier returned home to Iwakuni, Monday.

### Marines wrap it up in Outback, come home

LANCE Cpl. LENDUS B. CASEY  
Combat Correspondent

Marines and sailors returned from "Exercise Southern Frontier" in Australia to rejoin their friends and families here, Sunday.

The deployment allowed Marines and sailors to partake in essential training they could not achieve while stationed here. The training ranged from dropping different types of ordnance, maintaining jets, loading ordnance, and working with Royal Australian Air Force

members.

"The Marines from the MAG (Marine Aircraft Group 12), Station (Headquarter and Headquarters Squadron), and MWSS (Marine Wing Support Squadron 171) received invaluable training during this deployment," said Maj. Christian Ghee, MAG 12 detachment officer in charge. "From the S-4 (Logistics) exercising their logistical plans, MWSS conducting cross-training with the Royal Australian Air Force fuels equipment and personnel, to all ordnance

personnel working long hours to facilitate the participating flying squadrons conducting air-to-ground training in one of Australia's premier air-to-ground training range."

Delamere range is one of the primary reasons Southern Frontier is so important to Marines stationed here. It is one of the few ranges allowing Marines to drop every type of ordnance and allows pilots to practice landing on dirt runways, one of the many challenges Marine pilots will face in Iraq.

"The use of Delamere range is one of the key training objectives available to us because of our ability to drop a wide array of ordnance there," said Lt. Col. Samuel A. Kirby, MAG 12 executive officer.

Although Southern Frontier is over for the Marines and sailors involved in the exercise they continue their standard training here, and hope to have the same amount of success during next years exercise.

"This Southern Frontier see DEPLOYMENT Page 5

## Station program offers males guidance for future 'Choices'

LANCE Cpl. CRISTIN K. BARTTER  
Combat Correspondent

Over 30 male Marines and sailors assembled at Yujo Hall for the new monthly 'Choices' meeting Aug. 18.

The Station is now hosting the mentorship program, for all male service members in search of wisdom, guidance and a chance to voice their opinions.

'Choices' is a mentoring program designed to assist E-1 through E-5, 18-24, male service members in making better personal and professional decisions. It is a way for senior, male noncommissioned officers to provide role model skills and create a positive environment for the young, male Marines through professional and personal mentoring.

"It is another tool for Marines, sailors, airmen, soldiers, young men in general, looking for someone's guidance," said Gunnery Sgt. Stephen Garcia, Head-

quarters and Headquarters Squadron, squadron gunnery sergeant and mentor in the program.

The program is not just a meeting, it is a time for male Marines to express their opinions as well as ask questions over different topics such as drugs and alcohol, fitness and nutrition, financial planning and budgeting, and healthy dating.

They are going to get advice from staff NCOs as

see CHOICES Page 5

## Corps' EEO Branch releases results of '04 Command Climate Survey

2ND Lt. BRIAN P. DONNELLY  
Press Officer

QUANTICO, Virginia — Racial discrimination within the Corps is on the decline, according to the Marine Corps Equal Opportunity Branch, who released the results of the 2004 Marine Corps Command Climate Survey Sept. 1.

The survey results indicate a clear

downward trend in racial discrimination since 1994, as well as a very low religious discrimination rate – less than four percent.

"The downward trend is reflective of the commitment that Marine leaders have in executing the Commandant's guidance of, "...affording the individual Marine the opportunity to be successful by creating an environment that fos-

ters trust, unit cohesion, and victory on the field of battle." Another factor that has led to the decrease includes the increased sense of mission and purpose related to The Global War on Terrorism. Ultimately, however, is the bonding and cohesion building that takes place during the "Crucible", as well as the fact that our Marines are growing up in a society that is more racially diverse and

tolerant," said Colonel Anselm Dyer, Head, Manpower Equal Opportunity Branch, Manpower and Reserve Affairs.

The MCCC is a Corps-wide survey that measures Marines' perceptions of the organization, its leadership, and the current command climate, as well as experiences of discrimination and sexual harassment.

see SURVEY Page 5



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## Chaplain's Corner: Refusing to not reflect

LT. S. STEPHEN M. COATES  
Station Chaplain

September 11th approaches – again. This world, which will never be the same again, seems strangely familiar. Because the tides of human history have not ceased to ebb and flow, we can easily be lulled into letting this day pass without a moment of reflection. I refuse.

Following that intentionally perpetrated atrocity, Neil Cavuto shared the following thoughts during *Your World with Neil Cavuto* on Nov. 14, 2001.

"There is nothing like a jarring event to give us a sense of reality and perspective. It makes us all think of the unthinkable: dying. Everyone, each and every one of us eventually dies. Just think of that for a second. All we know, all we experience, all the money we've made (or not made) – it all kind of pales when you think you're gone."

Cavuto's conclusion? "It's not how we die. It's how we live. It's not planning on the endgame, but the game it-

self. In reality, life is a short game. For some, very short. We can make the best of it or we can lose sight of it and even fear it. I prefer . . . to take life and squeeze it, savor it, hold it and appreciate it right up to the point that you lose it. Life is short; let's go long."

Death's certainty does raise the premium on life itself. The belief that life is precious is almost universal in its acceptance. Few people would view the events of September 11th as mere cause and effect happenings that have no moral facet whatsoever – as if to say, "The untimely deaths of thousands is no basis at all for feelings of sadness or joy nor for thoughts of meaning or purpose." Rather, when reality speaks most clearly, the question demanding attention in the human mind is always "Why?"

I am intrigued by this effect, especially if the "endgame" to which Mr. Cavuto refers, is the same for everyone. Does anyone know of a sport or game where everyone eventually loses but

still feels good about the manner of playing, or for that manner, even that they took the time to play? If everything ends at death, I cannot understand why it should cause us to so value life.

On the other hand, if there is some element of eternity within us, a divine purpose that goes beyond the limits of human life, then these effects become crystal clear. It would make sense that the questions of meaning arise at all. It would explain why we experience hope even in the midst of mass suffering and death.

"How we play the game" is important. I believe it is important because life is not a game that ends in death. Rather, it is a participation in a divine creation that infuses even the most enigmatic events with meaning.

The individuals I have known and served at Marine Corps Air Station Iwakuni have collectively experienced thousands of "life will never be the

see CHAPLAIN Page 5

## Ask the Inspector

MAJ. MATTHEW D. RAZVILLAS  
Station Inspector

These are commonly asked questions about the Navy and Marine Corps Relief Society on base and are answered by Ms. Lynette Thompson, Navy and Marine Corps Relief Society office manager. This is part two of a two-part installment.

### 1. What does the Society offer at the Iwakuni location?

Baby's first gift layette delivered to you from the Navy-Marine Corps Relief Society. Layette packages contains newborn clothing, "Your Baby's First Year" book, crocheted sweater set and blanket and diaper bag presented to you in Baby's First Sea Bag. This gift is available FREE to all Navy and Marine Corps families. You must either attend a Budget for Baby Workshop or schedule an appointment with a Navy relief caseworker to discuss budgeting for the baby. Layettes are given out three months prior to or after birth.

NMCRS offers free and confidential budget counseling for service members and families who are looking to get a better grip on their finances. We have several tools to ensure that you have your complete financial story.

Based on need, we offer interest-free loans for essential repairs necessary for the safe operation of a vehicle when you do not have sufficient resources to repair the vehicle

yourself. Japanese Compulsory Insurance and secondary insurance is also included in relief assistance offered. You'll need a:

- Driver's license
- Registration
- Insurance
- Viable budget for repayment
- Estimated cost of repairs
- Repayability

Other assistance offered - Pay problems, basic living expenses, and medical and dental bills.

### 6. How can you help the Navy-Marine Corps Relief Society?

While helping clients solve their emergency needs, you can enhance your job skills and knowledge of oral and written communications, retail sales, customer service, public speaking, computer software programs, training, personnel management, and family budgeting. Opportunities for personal growth help you increase your self-confidence while you help clients achieve financial self-sufficiency.

### 7. Where is the Navy-Marine Corps Relief Society located?

We are located in the Chapel, Building 1100 in Room 148. Our office hours are Monday thru Friday from 8 a.m.-noon. Appointments are appreciated, but walk-ins are welcome. Please call Lynette Thompson at 253-5311 for more information about the society and the services offered.

## CHATTERBOX

"While deployed for Exercise Southern Frontier 2005 Marines and Royal Australian Air Force members experienced the opportunity to work together. Giving each culture a chance to learn from one another, so the Torii Teller hits the Outback to ask..."

### What is the best thing about working with the Australians/Americans?



Bless Jeffery-Davao, Philippines

"The best thing about working with Americans is learning where they come from and being able to share ideas."



Leading Air Craftman Anthony D. Wood, Bribbra Lake, West Australia

"Working with Americans is great because they have a completely different lifestyle and culture and after working with them awhile you start to build a trustworthy relationship."



Cpl. Robert A. Settle, Miami

"The greatest thing about working with Australians is their willingness to assist the Marines to their best ability, which helps us accomplish our mission."



Lance Cpl. Jacob J. Fabiszak, Chicago

"The best thing about working with Australians is they have a lot of knowledge to pass on and I was able to learn even more about my job than I already knew."

## Residents reminded to dig in for typhoon season

LANCE CPT. MARK FAYLOZA  
Operations Chief

Last year, 10 typhoons hit mainland Japan. Two battered Iwakuni during this peak danger period for typhoons.

Preparation for an oncoming typhoon can save Station residents from a potential disaster. By taking the correct precautions and with proper planning residents can sit tight as the storm blows by.

At a minimum each household should have a source of light, either a flashlight or battery powered lantern with at least 24 hours worth of battery power, a radio with 24 hours worth of power, a first aid kit, 24 to 48 hours worth of food and two gallons of water per person. It's imperative to have these items stocked up well before the storm.

"Usually when we get to Tropical Cyclone Condition II the commissary ends up getting cleaned out very quickly," said Gunnery Sgt. Steven T. Lewis, Headquarters and Headquarters Squadron weather forecaster. "Our commissary isn't very large so it's best to stock up ahead of time."

Access to medical attention is limited during storms so a first aid kit is vital. Also, it's important for resident's to keep their prescription medicine filled with at least two to three days worth of medicine. It's also a good idea for residents to be well prepared to handle medical situations on their own. The Station Red Cross holds a monthly first aid class, covering CPR and basic medical care. The Red Cross also holds additional classes and has information on emergency planning. For more information contact the Red Cross at 253-4525.

"If there is someone in the home who is in need of medical attention or is prone to needing medical attention they should evacuate to one of the emergency shelters," said Lewis. "Because there's no way of knowing what extent the damages from the storm will be, it's wise to have all prescriptions filled. The storm could damage medical and make refilling prescriptions difficult."

A man's home is his castle and no castle should be left unprotected. By protecting the homestead, residents can minimize the damage caused by the typhoon.

"If possible, you should tape or board up all of your windows to keep debris from crashing through them," said Lewis. "Also, anything outside the home that can become a projectile should be strapped down or brought into the house."

Additionally, if a resident is away on leave it's smart to have a friend or neighbor designated to take care of their residence.

Comfort is key in dealing with a storm, picking the proper place to hold up while the storm goes by can save Station residents the heartache of enduring the storm unprepared.

## 101 critical days nears end, safety remains vital

COL. BYRON F. STEBBINS

As the 101 critical days of summer come to a close, I feel it is appropriate to reflect on and recognize the hard work and contributions made by every hard working American. In particular I mean all of you. You, as well as your families have done a great job in maintaining the operational readiness of Marine Wing Support Group 17. Each of you, are important to our mission, the Marine Corps, and to

your safety, and that of your family, is paramount. During this holiday I want you to include safety in all of your plans.

I encourage all Marines, sailors, and their families to enjoy this time. Get out, see the sites and participate in activities that are available in our community. Remember though, be responsible. Don't spoil the weekend by being careless and becoming another unnecessary statistic. Accountability, suicide and alcohol awareness,

water and vehicle safety, and situational awareness must remain our highest priorities.

Common sense and moderation are a must. Additionally, remember that you are representatives of the finest Marine Wing Support Group in the Corps. Look after yourselves, your fellow Marines and your loved ones. Come back prepared to move into the next fiscal year with the same drive and motivation that I have come to expect. Remember, make your character count.

## Remember to include the following when assembling a typhoon readiness kit:

- Battery-powered flashlight or lantern.
- Battery-powered radio.
- Extra batteries.
- First-aid kit and any essential medications.
- Canned food and a can opener.
- At least three gallons of water per person.
- Protective clothing, rainwear and bedding or sleeping bags.
- Special items for infants, elderly or disabled family members.
- Remember to plan for at least 24-48 hours when preparing your supply kit.

## TCCOR 101

Tropical Cyclone Condition IV- The trend indicates a possible threat of tropical cyclone within 72 hours.  
Tropical Cyclone Condition III- Destructive winds of 50 knots or greater are possible within 48 hours.  
Tropical Cyclone Condition II- Destructive winds of 50 knots or greater are anticipated within 24 hours.  
Tropical Cyclone Condition I- Destructive winds of 50 knots or greater are anticipated within 12 hours.  
Tropical Cyclone Condition I Caution- Winds of 34 to 49 knots are occurring on Station.  
Tropical Cyclone Condition IE (Emergency)- Destructive winds of 50 knots or greater are occurring on Station.  
Tropical Cyclone Condition IR (Recovery)- Destructive winds of 50 knots or greater are no longer occurring.  
Emergency crews and safety facilities personnel assess air station readiness for normal operations.  
Tropical Cyclone Condition Storm Watch- Although the destructive winds have subsided or are currently no longer forecast to occur, there is still a possibility of danger due to the proximity of the storm and due to the unforeseen changes in storm track and/or strength.  
Tropical Cyclone Condition All Clear- All tropical cyclone imminent dangers have passed. Return to Condition IV.  
Alcohol Consumption- Alcohol will not be consumed during Conditions I, IC, IE or IR; when all military personnel are considered to be in a duty status.

"Being comfortable with where you are will make it easier to sit out the storm," said Lewis. "If you feel comfortable in your quarters, stay in your quarters. If not, evacuate to a shelter at the first possible chance."

Evacuation plans are a safe bet for humans, but it's also vital to have an evacuation plan for pets. Man's best friend may be welcome in the house but most shelters will turn Fido away.

During a storm, power is usually out but typically the phone lines will still be up. It's recommended to stay off the phone lines in case it is an emergency.

"The phone lines have an alternate source of power. If everyone is on the phone for extended periods of time it can drain the power source. Which can be a problem if the phones go out when someone is in an emergency situation," said Lewis.

By being properly prepared and having a plan in case of a storm, residents shouldn't run into any problems during this year's typhoon season.

"Very rarely have I seen a storm on Station last for more than 24 hours," said Lewis. "At a minimum for storms, just be sure and have between 24 to 48 hours worth of whatever it is you need to operate on a daily basis."

During a typhoon, residents should stay tuned into American Forces Network radio to stay up to date on weather conditions and command information. To find out more information on typhoon readiness contact the Station weather office at 253-3005

Translation of this story found on page 10.  
本文記事は日本語訳は10ページを参照してください。

## NEWS BRIEFS

### WIRELESS BROADBAND INTERNET SERVICE

Station residents might soon have wireless Internet service as NTT Communications (NTT Com) is working with Marine Corps Community Services to provide new wireless Internet service on the Station. The term of the agreement is 10 years. The service is scheduled to start Nov. 1, pending further testing. The basic monthly fee for the service will be \$45 per month with a onetime setup fee of \$25. NTT Com will be attending the Information Fiesta at the Club Iwakuni Ballroom Sept. 10 from 11 a.m. – 2 p.m. to answer questions and provide information on other services offered. Further sign-up information will be available in October.

### SEVEN DAY STORE OPEN 24 HOURS

The North side Seven Day Store will be open for 24 hours on a trial basis Sept. 1-30. All merchandise (not including gasoline) will be sold. The new store hours may become permanent if customer demand dictates a need for the new change.

### MARINES REQUIRED TO ESTABLISH MYPAY PIN

All Marines are required to establish a MyPay personal identification number no later than Sept. 30, 2005. MyPay access allows Marines to access leave and earning statements, wage and tax statements, travel payment information, and their most current pay information. Marines that do not have a pin for mypay should visit [www.mypay.dfas.mil/mypay](http://www.mypay.dfas.mil/mypay).

### ANNUAL MEMBERSHIP DRIVE

The Officers' and Spouses' Club will be having their annual membership drive on Sept. 15 at 6:30 p.m. at Quarters 2. The Officer's and Spouses' Club is a philanthropic organization that initiates welfare activities beneficial to the military and civilian community here. Membership is open to all spouses of officers, officer equivalent civilians (GS-7/NAF-4 and above) as well as the spouses of retired officers or any officers on active duty or retired. There will be a raffle and silent auction during the evening. Membership will be \$20 for single and \$25 for a couple at the door. There will be a gift for registering membership while supplies last. For more information, please contact Kristen at 253-2704 or Heather at 253-2773.

### UNIVERSITY OF MARYLAND UNIVERSITY COLLEGE

An academic advisor will be on site Wednesday through Sept. 9. Call 253-3494 for an appointment.

# Helping hands provide playground

LANCE CPT. L. ENDUS B. CASEY  
Combat Correspondent

## ROYAL AUSTRALIAN AIR FORCE BASE

**TINDAL, Australia** – The colors red, white, and blue swayed with the motion of the children's hands as they waved goodbye clutching American flags, a gift from the Marines and sailors who changed their lives in just one day.

Marines and sailors visited the children of Katherine South Preschool and renovated their playground equipment during a community relations project, Aug. 4.

"The usual response I get from Marines is they enjoy volunteering and they have a lot of fun building relationships with the community," said Lt. Cmdr. Brent D. Johnson, Marine Aircraft Group 12 chaplain. "Marines usually ask if we are doing community relation projects before we even deploy."

Australian schools can wait anywhere from two to three years for a renovation project to be completed. They first have to report what work needs to be done, then wait for a representative to come and survey the area. After being surveyed the project is prioritized, with the most important projects taking precedence.

"For us to have this project done means the world, not just to us but to the kids as well," said Samara J. Wilson, Katherine South Preschool teacher. "Now the kids get to play on the equipment again like its brand new, plus they get to experience a different culture while the Marines are around."

This isn't the first time the children of Katherine South Preschool have received a visit from Marines.

Last year the Marines were down here for Southern Frontier. They

cleaned up the school's garden.

"Last year when the Marines came down they didn't get a chance to see the kids because they came on a weekend. So, this year we let the Marines come down during the week so they can see the kids and it was the best, absolutely fantastic," said Wilson.

As the Marines were finishing up they brought flags to the children so they could remember their visit from their American friends. But one child was almost left out of the mix.

"As flags were being handed out to the children there was one little kid who didn't have one, so I

gave him my unit patch," said Johnson. "At first the child didn't understand the significance of the patch until he looked around and noticed all the other

Marines with patches of their own and a bright smile covered his face as he tried to place the patch on his own shirt."

The children were very happy with the work the volunteers had done, but were sad to see them leave. Luckily, their friends returned and taught them America's favorite playground activity - dodge ball.

"It's really great of the Marines to offer to come out and teach the kids a new game," said Wilson. "It's priceless because it's a game none of us know, and it will be great for the kids to know a new game."



Photos by Lance Cpl. Lendus B. Casey

**TOP: Sgt. Dennis G. Deppen, Marine Fighter Attack Squadron-212 operations chief, and Sgt. Daniel S. Livingston, VMFA-212 supervisor, together to rake leaves into a barrel, one of the many ways Marines donated their time to help Katherine South Preschool. LEFT: Staff Sgt. Alberto, puts on a new coat of red paint on the up and over playground equipment. ABOVE: Lance Cpl. Matthew J. Stangle, Marine Fighter Attack Squadron 212 orders clerk, scrapes off the old paint on a swing outside the preschool.**

SURVEY from Page 1

"By periodically conducting this type of survey, we are able to gain insights into trends occurring in the equal opportunity arena," said Deanna Sosnowski, Deputy, Manpower Equal Opportunity Branch. "The success of our efforts in addressing these areas depends on the individual Marine, regardless of grade, race or gender."

Previous surveys were conducted in 1994, 1996, 1997 and 1999.

The most recent survey was conducted from June to October 2004. The results were briefed to the assistant secretary of the Navy for Manpower and Reserve Affairs (M&RA). The Manpower Equal Opportunity Branch reports approximately 2,300 active duty and 1,700 reserve Marines responded to the survey, the results of which were weighted by pay grade, ethnic group, and gender to accurately represent the demographic breakdown of the Corps.

Marines were asked questions from two broad categories: "Climate and Discrimination" and "Sexual Harassment."

The "Climate and Discrimination" category included questions about leadership, unit cohesion, career progression, satisfaction with the Corps, the request mass process, discipline, gangs and extremists groups, and discrimination behaviors.

The "Sexual Harassment" category included questions about sexual harassment and gender discrimination.

The survey results indicate positive trends in many important areas, but also highlight areas all Marines can help improve upon.

Colonel Dyer stated, "The good news is that sexual harassment and gender discrimination has steadily declined. However, while sexual harassment still exists in the Marine Corps, the most commonly occurring behaviors are the milder forms, that may be easier for respondents to deal with directly by talking with the individual or having someone speak to the person on their behalf.

Good News

Survey results indicate the Corps is improving on many command climate issues, as well as reducing racial gaps.

The demographics of our Corps have seen a steady increase in minorities over the last ten years. Our Asian and Hispanic Marines see the largest increases overall. This highlights the fact that the Marine Corps has the highest percentage of Hispanics than any other Service.

For example, when asked whether they think their command treats them fairly, more active duty enlisted Marines – regardless of race or gender – said "yes" in 2004 than in 1999. Among black active duty enlisted

Marines, the number increased from 71 percent in 1999 to 87 percent in 2004, an improvement of 16 percentage points over the last five years.

The percentage of active duty Marines who said they experienced racial or ethnic discrimination decreased across the board from 1999 to 2004, which continued a 10-year downward trend. From 1994 to 2004, the percentage of active duty enlisted Marines who said they experienced discrimination decreased among black Marines from 30 percent to 10 percent, among Hispanic Marines from 25 percent to 8 percent, and among Asian and other nonwhite Marines from 26 percent to 9 percent. The survey results indicate similar trends among active duty Marine officers.

The percentage of Marines who said they experienced religious discrimination was remarkably low – less than four percent across the board.

"This trend is attributed to Marine leaders in their commitment to building an environment that values honor, integrity, and caring for their fellow Marines," said Colonel Dyer.

Other positives included career progression – the survey results indicate more Marines agreed the performance evaluation system was fair in 2004 than in 1999. Results show positive trends in all demographic categories.

Areas all Marines can help improve

Although the Marine Corps appears to be making positive strides in many areas, the 2004 survey results also indicate several areas that need improvement.

"Although the statistics show positive results regarding discrimination and harassment, there still remain areas in which the Marine Corps can do better. In particular, it is important that we address the relatively low rate of awareness regarding the Informal Resolution System (IRS) – a tool that has not realized its potential in resolving minor issues," said Colonel Dyer.

Despite overall positive trends in racial discrimination, about a quarter of active duty enlisted minorities still reported experiencing negative comments or offensive jokes.

Col. Dyer states, "Negative comments and offensive jokes have the same potential to detract from mission readiness as do more serious offenses. Command Equal Opportunity Advisors and Equal Opportunity Representatives have the training and experience to educate and train Marines on the negative impact of these actions. It is within this capacity that they are able to most profoundly impact command climate, because it is often the small issues that tend to degenerate into larger ones. Only through increased

**Only through increased awareness and education will we be able to further create a desirable environment that is free of prejudice, disrespect and mistrust. //**

-Col. Anselm Dyer,  
Head, Manpower Equal Opportunity Branch

CHOICES from Page 1

well experts who will host classes on specific topics each month, said Garcia.

"It is a great opportunity for young Marines," said Lance Cpl. Randy Knox, H&HS flight watch supervisor about the first 'Choices' meeting. "They are there to guide us so we can better ourselves. A lot of the stuff we discuss will help me out when I go back to the States. I am definitely going to go again."

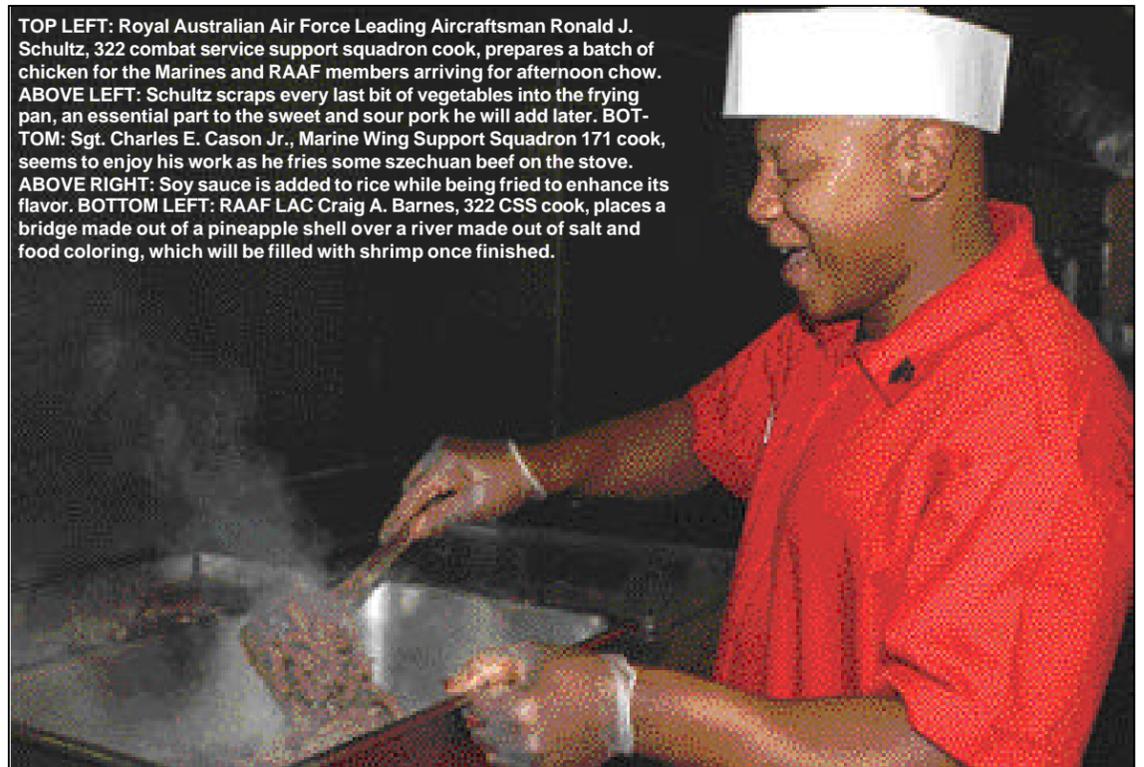
Not provided the program in his early years in the Marine Corps, Garcia firmly believes all service members should take advantage of 'Choices.'

"This is a program they are being given that I didn't have a chance to experience in my early career," said Garcia. "It's a chance for us mentors to give young service members a helping hand. A Marine is either going to do the right thing or do the wrong thing. We are here to try and guide them to make the right choices. We want them to be not just good Marines, but good men."

To volunteer and serve as a mentor, contact Garcia at 253-3814. For more information about the program or speakers, contact Master Sgt. Rowe at 253-4186.

# Cooks learn new skills in Outback

LANCE CPL. JOHN S. RAFOSS  
Combat Correspondent



**R**OYAL AUSTRALIAN AIR FORCE BASE TINDAL, Australia—

The heat rises in the kitchen as Marines and Royal Australian Air Force cooks embark on another day.

The ovens are turned on and the stoves are heated to just the right temperature. Although Marines and RAAF members are two separate cultures working together they still hold only one goal.

Marine cooks from Marine Wing Support Squadron 171 work side by side with RAAF cooks to make sure RAAF members and Marines deployed for Southern Frontier never work on an empty

stomach.

"This deployment is a great experience for the young Marines," said Sgt. Charles E. Cason Jr., MWSS-171 Cook. "A lot of the Marines in the chow hall are pretty new to the Fleet and being in Australia gives them a chance to learn from some well-trained cooks."

While attending military school, RAAF cooks learn everything from sweets to soup entrees and after

**Being in Australia gives them a chance to learn from some well-trained cooks.**

-Sgt. Charles E. Cason  
MWSS-171 cook

successfully completing their six-month training they receive chef certifications. Marines here, however, only receive basic

culinary skills during school and have to wait until they become noncommissioned officers to pursue more schooling.

"The atmosphere is really relaxed

here making it easier for the Marines to learn and the Australians are always willing to spread their knowledge of food to the Marines," said Cason.

Being from two different cultures might cause some confusion between Marines and their Australian counterparts because they use different names for their food. But, it's one problem the two forces can overcome.

"It's really interesting working with the Marines, they have different ways of doing things and they have different names for the food but we still end up with the same products," said RAAF Cpl. Troy T. Miller, RAAF 322 combat support squadron cook.

Although the Marines will be leaving soon, they will never forget the knowledge they received from the Australians or the friends they left behind.

"We love having the Marines here because it gives everybody a chance to interact with other forces," said RAAF Sgt. John W. Atherton, RAAF mess manager. "The Marines here have learned a lot from our guys, and we enjoyed teaching them a broader spectrum of catering."

TOP LEFT: Royal Australian Air Force Leading Aircraftman Ronald J. Schultz, 322 combat service support squadron cook, prepares a batch of chicken for the Marines and RAAF members arriving for afternoon chow. ABOVE LEFT: Schultz scraps every last bit of vegetables into the frying pan, an essential part to the sweet and sour pork he will add later. BOTTOM: Sgt. Charles E. Cason Jr., Marine Wing Support Squadron 171 cook, seems to enjoy his work as he fries some szechuan beef on the stove. ABOVE RIGHT: Soy sauce is added to rice while being fried to enhance its flavor. BOTTOM LEFT: RAAF LAC Craig A. Barnes, 322 CSS cook, places a bridge made out of a pineapple shell over a river made out of salt and food coloring, which will be filled with shrimp once finished.



# Upward bound — Eagle Warrior Marines boot heels trek up Mt. Fuji

LANCE CL. JOHN S. RAFOSS  
Combat Correspondent

Accomplishing the unthinkable is the liquid that flows through the veins of every Marine. Gazing up at her volcanic figure, the old Japanese proverb comes to mind, 'a fool will never climb Mount Fuji, however, a greater fool will climb it twice.'

Marines from Marine Wing Support Squadron-171 deployed for Exercise Eagle Warrior took some time out from their combat training schedules for a once in a lifetime opportunity to trek up Japan's most superior peak, Mt. Fuji, Aug. 20.

Before the journey began, each of the Marines bought their own "Fuji stick". Each stick varies in size and includes a Japanese flag on the end. It is stamped at different checkpoints up Mt. Fuji to show accomplishment. The Fuji sticks were not only an important piece of memorabilia; they were vital to the Marines as they ascended the mountain.

"The 'Fuji sticks' make a great walking stick and motivational tool," said Lance Cpl. William J.

Hendershot, MWSS-171 tactical data network specialist. "Getting each stamp was a way of keeping track of my progress. Each one showed how far I had come and how much closer I was to getting to the top."

Mount Fuji gazes over the vista of Japan at 3,776 meters above sea level. The journey is harsh and features tough terrain from extreme cliffs, thin air, and many loose and dangerous rocks.

"The hardest part of the climb was at the very top where the air was getting really thin," said Lance Cpl. Joshua J. Parker, Headquarters and Headquarters Squadron military police. "Another hard part was when we started to descend. We were shin-deep in ash and it was very hard to get traction so we went down the mountain very fast."

However, even though it is the highest mountain in Japan and can be extremely difficult, people of all ages enjoy the awe-inspiring hike.

"It was motivating to see the Japanese all happy. They didn't show any signs of lingering pain," added Parker. "They even had their kids climb Mt.

Fuji with them. They were really setting the pace." Mount Fuji is like a rose; the scenery it produces is magnificent and inspires imagination from poets and artists all across Japan. However, even with such beauty the rose has many thorns and dangerous obstacles. But once you overcome those, the view is breathtaking.

"When you reach the top it feels like you are in a sea of clouds on an island," said Hendershot. "It was the first time I was able to climb such a big mountain. They say once you reach the top and you see the view it puts everything into perspective. You see the world in a different view."

The Marines took the last few strides to the top of Mt. Fuji with great pride and strength. They each knew they had surmounted one of the biggest influences in Japanese art and culture. The whole journey was extremely difficult yet very rewarding. After climbing the mountain once, the Marines can now attest to the old Japanese proverb that 'a fool will never climb Mt. Fuji, however a greater fool will climb it twice.'



TOP: Each year, thousands of people attempt to trek up Mt. Fuji. The peak hiking season for this volcanic wonder is between July 1 and Aug. 27. LEFT: Eagle Warriors from Marine Wing Support Squadron 171 tackle the hike up Mt. Fuji with the assistance of Fuji sticks in hand. The difficult climb takes the average person five hours to ascend to the top and three hours to descend to the bottom.

## OUT THE GATE

Note: Japanese who do not speak English may answer the phone numbers provided.

### Tanomosan Ceremony

A ceremony, featuring miniature boats decorated with dolls and fruits, will be held on Miyajima Island Sunday, at 6 p.m. A ceremony blessing the boats will commence at 6 p.m. at the Shinomiya Shrine located in the Momijidani Park. Then the local residents will set the boats adrift from the Itsukushima Shrine toward the Torii around 8 p.m. Visi-

tors can view the boats at the Mikasanohama beach. Admission is free. This event will be cancelled in case of rain. For more information, call 0829-44-2011.

### Iwakuni City Art Exhibition

There will be a display of approximately 100 pieces of Japanese calligraphy and photographs by the local citizens in the exhibition hall at the Iwakuni City Auditorium Wednesday through Sept. 11, 9 a.m. to 6 p.m. Admission is free. For further details, call 29-5211.

### Iwakuni Traditional Folk Art Festival 2005

This festival will be held in the large hall

at the Iwakuni City Auditorium Saturday from 1 p.m. Visitors can enjoy the local traditional performances such as Japanese drums, Kagura, and dances. Admission is free. Complimentary tickets are required. They are available at the Public Affairs Office. Call 41-0452 for more information.

### Yamaguchi Flea Market & Antique Market

There will be a flea market at the Kameyama Park, located in front of the Prefectural Museum in Yamaguchi City, Sunday from dawn until 3 p.m. This event may be cancelled in the case of inclement weather. Please call 083-927-5599 for more information.

## TORII TELLER CLASSIFIED ADS

To submit your ads or announcements: *Torii Teller* accepts ads/announcements from nonprofit organizations and groups only. Briefs run on space-available and time-

priority basis. Deadline for briefs is noon Thursday. *Torii Teller* reserves the right to edit to fit space. Stop by Building 1, Room 216 to fill out a form.



### AUTOMOBILES

**Nissan Skyline 2.5GT**, 1994, 2-door, excellent, 78,000km, manual, with upgrades, shiny burgundy, JCI until Sept. 2007, \$3,000 obo. Call Julian Jeehev at 253-3610 dwh or 31-8617 aw.

**Mazda Carol**, 1994, compact, 2-door, maroon, JCI until Nov. 2005, \$900 obo. Call 253-7797.

**Nissan Largo**, 1992, van, great A/C, clean tinted windows, diesel, JCI until Feb. 2007, \$1,995. Call Brian at 32-3382.

**Toyota Noah**, 2001, 8-passenger van, ABS driver, passenger air bags, engine well maintained, great condition, JCI until Feb. 2006, \$2,800.

Call Phillip Grant at 253-3510 dwh or 090-1681-0866.

**Yamaha Serow**, 2000, 225cc, 12,400 miles, great condition, clean, run well, \$1,700 obo. Call 253-2762.

## A from to Z

**MISCELLANEOUS**  
Japanese black shrunk (closet) with 5 drawers, \$300 obo; Japanese red velvet couch with 2 chairs, \$150 obo. Call Paulette Watanabe at 253-4456 dwh or 253-2471 aw.

Antique Chinese square table with 2 Ming arm chairs and 2 side chairs, \$1,800 obo. E-mail to ala01780@sky.icn.tv.ne.jp.

21-foot sailboat with 9 HP engine, very good condition, seats 6, very reasonable, name is Arcadia. Call Don at 253-4248 dwh, 253-2013 aw or 090-9329-1615.

### WANTED

A loving and temporary home for a great dog needed until Nov. 10. Owner will provide all food, toys, treats, etc. Owner is also willing to compensate for your services. Dog is well trained, excellent around babies and children, and completely lovable. Call Amanda at 090-9150-2484 or Michael at 253-5449.



### JOB OPENINGS

#### CHRO (253-6828)

**MCCS:**  
-Transition Program Counselor  
**Facilities:**  
-Electrical Engineer  
-Supervisory Interdisciplinary Engineer  
**Commissary:**  
-Store Worker, Iwakuni wide

-Sales Store Checker NTE 1 Year

**Logistics:**  
-Supervisory Contract Specialist  
-Motor Vehicle Operator  
-Transportation Assistant  
**IPAC:**  
-Supervisory Resources Management Specialist, world wide  
-Supervisory Resources Management Specialist, Iwakuni wide

**AHO:**  
-Air Traffic Control Specialist

**IIO:**  
-Management & Program Analyst

**Clinic:**  
-Occupational Health Nurse

**ROICC:**  
-Supervisory Contract Specialist

**PMO:**  
-Physical Security Specialist

#### MCCS (253-3030)

*Military spouse preference will be given to eligible spouses of active duty service members who have been reassigned to MCAS Iwakuni. To get more information about MSP, contact 253-5019. Visit www.mccsiwakuni.com for a complete job listing.*

## Marines, sailors turn field into place of worship

Seaman Apprentice William N. Howell, Marine Wing Support Squadron-171 religious program specialist, pours wine for communion during a religious service, Aug. 28. Participants gave thanks and praise to God through singing and communion followed by a sermon given by Lt. Timothy D. Gault, MWSS-171 chaplain.



Lance Cpl. John S. Rafoss



### SAKURA THEATER

**FRIDAY** - 7 p.m. Rebound (PG); 10 p.m. Stealth (PG-13); 1 a.m. Dukes Of Hazzard (PG-13)  
**FRIDAY** - 1 p.m. The Adventures Of Sharkboy And Lavagirl (PG); 4 p.m. Dukes Of Hazzard (PG-13); 7 p.m.; Rebound (PG); 10 p.m. Land Of The Dead (R)  
**SUNDAY** - 4 p.m. The Adventures Of Sharkboy And Lavagirl (PG); 7 p.m. The Island (PG-13)  
**MONDAY** - 1 p.m. The Adventures Of Sharkboy And Lavagirl (PG); 4 p.m. Howl's Moving Castle (PG)  
**TUESDAY** - 7 p.m. Rebound (PG)  
**WEDNESDAY** - 7 p.m. Perfect Man (PG)  
**THURSDAY** - 7 p.m. The Island (PG-13)  
This schedule is submitted by the Sakura Theater and is subject to change. For show times call the Sakura Theater at 253-5291.

### MCTV CHANNEL 19

**FRIDAY** - 11 a.m./5 p.m. Friday Night Lights (PG-13); 2 p.m./8 p.m. Dodgeball (PG); 11 p.m./5 a.m. Assault On Precinct 13 (R); 2 a.m. 8 Mile (R)  
**SATURDAY** - 11 a.m./5 p.m. Air Bud (PG); 2 p.m./8 p.m. Daddy Day Care (PG); 11 p.m./5 a.m. Alien Vs. Predator (PG-13); 2 a.m. Bill & Ted's Excellent Adventure (PG)  
**SUNDAY** - 11 a.m./5 p.m. Beethoven (PG); 2 p.m./8 p.m. E.T. (PG); 11 p.m./5 a.m. Black Hawk Down (R); 2 a.m. Flash Dance (R)  
**MONDAY** - 11 a.m./5 p.m. Adventures Of Pluto Nash (PG-13); 2 p.m./8 p.m. Coach Carter (PG-13); 11 p.m./5 a.m. Final Destination 2 (R); 2 a.m. The Girl Next Door (R)  
**TUESDAY** - 11 a.m./5 p.m. Peter Pan (PG); 2 p.m./8 p.m. Alex & Emma (PG-13); 11 p.m./5 a.m. Cradle 2 The Grave (R); 2 a.m. The Hulk (PG-13)  
**WEDNESDAY** - 11 a.m./5 p.m. Star Wars I: Phantom Menace (PG); 2 p.m./8 p.m. Finding Neverland (PG); 11 p.m./5 a.m. Calendar Girls (PG-13); 2 a.m. Independence Day (PG-13)  
**THURSDAY** - 11 a.m./5 p.m. 13 Going On 30 (PG); 2 p.m./8 p.m. K-Pax (PG-13); 11 p.m./5 a.m. Butterfly Effect (R); 2 a.m. Jason X (R)



## COMMUNITY BRIEFS MCCS

### Special Events

■ **Information Fiesta:** Sept. 10 at the Club Iwakuni Ballroom, 11 a.m. to 2 p.m. Come and learn about all of the facilities and programs offered aboard the Station. There will be performances and prizes, to include a Kodak Easyshare digital camera and docking printer and one round trip ticket to the U.S., good for one year. Call 253-5416 for details.  
■ **Labor Day Party And Motorcycle Rally:** Sunday, 3-8 p.m. at Penny Lake. Fun, food and entertainment will be available.  
■ **Labor Day Schedule:** Monday. Club dining rooms will be closed for lunch and dinner, Eagles Nest dining room will be open normal hours of operations.

### MCX (253-5641)

■ **Anniversary Sale:** Thursday through Sept. 18. Come and save on all of your household goods during this sale.

### Single Marine Program (253-3585)

■ **Oshima Island Beach Trip:** Monday. Celebrate Labor Day at the beach and enjoy some fun in the sun with the SMP. Patrons can bring their own food and drinks. Water activities such as; boat and jet ski wakeboarding, banana tubing and round tubing are available for a small fee. Attendees are recommended to bring at least \$5,000 for expenses. \$10 transportation fee due when you sign-up. The bus will depart the Hornet's Nest at 8 a.m. and return at 7 p.m.  
■ **SMP Committee Meeting:** Wednesday, 10 a.m., all squadron representatives need to attend.  
■ **Miyajima Island Sightseeing Trip:** Sept. 10. Things to do include a visit the Itsukushima Shrine, a hike around the island, shopping and lunch at various restaurants. Bring at least \$3,000 for the ferry ride and lunch. \$10 transportation fee due when you sign up. Bus departs the Hornet's Nest at 10 a.m. and returns at 6 p.m.

### School Age Center (253-4769)

■ **Power Hour Party:** Today, 4-5 p.m. Power Hour members come party with us and discuss your upcoming successes.

### Youth & Teen Center (253-6454)

■ **SMART Girls Meeting:** 10 to 12-year-old girls meet Sept. 9, 3-5 p.m. Teenage girls meet Sept. 18, 4-6 p.m. Come on over for free food and fun.  
■ **Samurai Keystone Meeting:** Every Friday, 7-9 p.m. Interested teenagers 13-18 are invited to join a committee to plan events for the Teen Program.

### MCFB (253-3754)

■ **Key Volunteer Training:** Now available online. You can complete the training at your convenience.

### Marine and Family Services

■ **Station Book Clubs:** Happy Bookers meet Tuesday, 7 p.m. and the Brown Bag Lunch Bunch will meet Sept. 15, 11:45 a.m. to 12:35 p.m. Call 253-3078 for details.  
■ **Money Management 101:** Wednesday, 8:30 a.m. to 3:30 p.m. Learn how to effectively manage your money. For more information, call 253-6250.  
■ **Basic Resume Writing:** Thursday, 1-3 p.m. Learn effective resume writing skills and tips on writing a powerful resume. Call 253-6439 for more details.  
■ **Play Morning:** Tuesdays, 9:30-11 a.m. and Thursdays, 10-11:30 a.m. in the Community Room of Building 657. Call 253-6553 to sign-up.  
■ **Dial-A-Story:** The library has a Dial-A-Story service for the community. Call 253-6607 to listen to a short story. The story changes every Monday and lasts two to three minutes.

### Cultural Quests (253-6165)

■ **Andersen/Takaki Bakery:** Wednesday, 9:45 a.m. to 2 p.m. The tour includes video show, factory tour and trial tasting with drinks. You will receive a free gift of three different kinds of bread with an original bag. There will be a transportation fee \$2,040 for the train ride and the local bus. A bus will be provided to the Iwakuni Train Station free of charge.

### OTHER

■ **YIEA Fall Japanese Language Course:** The Yamaguchi International Exchange Association is offering 40 seats for MCAS Iwakuni residents for Oct. 4 - Dec. 20 Fall Japanese Language Class. The class is every Tuesday, 7-9 p.m. at Iwakuni Civic Hall. Sign-up is first-come-first-serve basis and accepted until Sept. 23. For more information call the Public Affairs Office at 253-5551.

This story is a translation of page 3 text.

本文は3ページの記事の日本語訳です。

# Nihongo de...

## 台風シーズンへの備えを固める

接近する台風へ備えることが、基地住民を災害から救うことにつながる。住民は適切な計画を立て、正しい予防措置を取り、暴風雨が吹きすぎる様子をじっと待っていればよい。

台風の時各家庭は、最低でも24時間はもてる懐中電灯か電池式のカンテラなどの照明、24時間は使えるラジオ、救急箱、24時間から48時間分の食料と、一人につき2ガロンの水を最小限用意しておかねばならない。台風コンディションIになる時、たいていカミサリの商品はあつという間に空っぽになってしまう。ここのカミサリはあまり大きくないので、買い溜めは前もってしておくのがよい。」と、司令部・司令部中隊気象予報官ステイブン J. ルイス一等軍曹は語る。

暴風雨の時は、医療施設の利用が制限されるので、救急箱が不可欠になる。重傷を負った人は、自宅ではなく緊急シェルターに留まるべきである。処方箋の予備を最低でも2、3日分確保しておくことも重要だ。「家庭に医療を必要とする人や、必要になりそうな人がいたら、緊急シェルターに避難しなければならない。暴風雨の被害がどの程度に及ぶか予想がつかないので、処方箋は全て補充しておくのが賢明だ。」と、ルイスは言う。

家屋を守ることで、住民は台風の被害を最小限にとどめることができる。「破片が突き破ってこないように、できれば窓は全部テープでとめるか板でふさぐこと。また、家の外に飛びそうなものがあつたら、ひもで固定するか家に持ち込まなければならない。」と、ルイスは語る。

住民は休暇で出かけるとき、友人か隣人に家の管理を頼んでおくことよ。落ち着くことが暴風雨に対応する鍵となる。準備なしで暴風雨に耐えるのは住民にとって頭痛の種になるが、暴風雨が通り過ぎる間持ちこたえるのに適切な場所を選べば、その心配から解放される。「自宅で安心できるのならそこに留まり、そうでなければ、チャンスがあれば早いうちにシェルターに避難しない。」と、ルイスは語る。

避難計画は人のための安全策であるが、ペットにとっても重要なことだ。暴風雨のときよく停電になるが、それでも電話回線は概して機能している。緊急の場合に備えて、電話の使用を控えるよう提言する。「電話回線は電力が二次供給源になっているため、皆が長時間電話を使うと電源を使い果たしてしまい、いざ緊急で電話をかけようとしても使えなくなる。」と、ルイスは言う。

台風の時、住民は、最新の気象情報や部隊情報を聞き逃さないようM-D-Nラジオにチャンネルを合わせておかななくてはならない。台風の防災準備についての質問は、内線253-3005の基地気象課まで。

### CHAPEL RELIGIOUS SERVICES

<b>Roman Catholic:</b>	
<u>Saturday</u>	
4:30 p.m.	Confession
5:30 p.m.	Mass (Rosary to be recited after mass)
<u>Sunday</u>	
8:30 a.m.	Rosary to be recited
8:45 a.m.	Mass
10 a.m.	CCD
<b>Protestant:</b>	
<u>Sunday</u>	
8:30 a.m.	Liturgical (Lutheran) Communion Service
9 a.m.	Sunday School
10:15 a.m.	Non-Denominational Christian Worship
10:30 a.m.	Bible Study
11:45 a.m.	Gospel Worship Service

### LAY LED AND OTHER RELIGIOUS SERVICES

<b>Jewish:</b>	
<u>Friday</u>	
6 p.m.	Shabbat Service
<b>Seventh-Day Adventist:</b>	
<u>2nd &amp; 4th Saturday</u>	
9:30 a.m.	Sabbath School/Worship

<b>Episcopal:</b>	
<u>Sunday</u>	
7 p.m.	Book of Common Prayer

<b>Church of Christ:</b>	
<u>Sunday</u>	
9:30 a.m.	Bible Study
10:30 a.m.	Worship Service

<b>Wednesday</b>	
<u>7 p.m.</u>	
Bible Study	
<b>The Church of Jesus Christ of Latter-Day Saints:</b>	
<u>Weekdays</u>	
6:30 a.m.	Seminary

<b>Sunday</b>	
<u>1 p.m.</u>	
Priesthood, Relief Society & School	
<u>3 p.m.</u>	
Sacrament Meeting	

<b>Islamic:</b>	
<u>Friday</u>	
12 p.m.	Prayer

**Nichiren Buddhist:**  
Call Chapel for POC information.

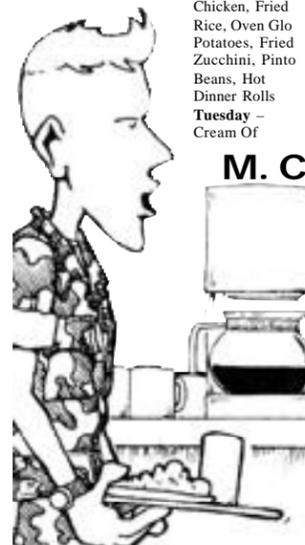
### UPCOMING CHAPEL EVENTS

■ Protestant Sunday School starts Sept. 11. For more information, contact the Chapel.

To confirm current schedule of services at the Marine Memorial Chapel, call 253-3371.

## Mess Hall Lunch Menu

<b>Week of September 5-9</b>	Potatoes Soup, Chicken Noodle Soup, Baked Halibut Fish, BBQ Beef Cube, Wild Rice, Buttered Pasta, Lima Beans, Creole Sausage, Sauerbraten, Hot And Spicy Chicken, Fried Rice, Oven Glo Potatoes, Fried Zucchini, Pinto Beans, Hot Dinner Rolls	Cakes, Fettuccini With Alfredo Sauce, Grilled Cheese Sandwich, Tempura Vegetables, Peas And Carrots, Dinner Rolls
<b>Monday - Cream Of Mushroom Soup, Creole Soup, Sauerbraten, Hot And Spicy Chicken, Fried Rice, Oven Glo Potatoes, Fried Zucchini, Pinto Beans, Hot Dinner Rolls</b>	<b>Tuesday - Cream Of Broccoli Soup, Vegetable Soup, Breaded Pork Chops, Pepper Steak, Steamed Rice, Oven Glo Potatoes, Glazed Carrots, Brown Gravy, Garlic Bread, Club Spinach</b>	<b>Friday - Clam Chowder Soup, Minestrone Soup, Braised Beef And Noodles, Baked Fish, Mashed Potatoes, Fried Cabbage, Mixed Vegetables, Chicken Gravy, Dinner Rolls</b>
<b>Tuesday - Cream Of</b>	<b>Thursday - Minestrone Soup, Cream Of Chicken Soup, Creole Macaroni, Crab</b>	



## M. C. Perry School Lunch Menu

<b>Week of September 5-9</b>	Cakes, Fettuccini With Alfredo Sauce, Grilled Cheese Sandwich, Tempura Vegetables, Peas And Carrots, Dinner Rolls
<b>Monday - Holiday</b>	<b>Friday - Clam Chowder Soup, Minestrone Soup, Braised Beef And Noodles, Baked Fish, Mashed Potatoes, Fried Cabbage, Mixed Vegetables, Chicken Gravy, Dinner Rolls</b>
<b>Tuesday - Cheese Pizza, Carrot Sticks, Ranch Dressing, Chilled Peaches, Rice Krispie Bar, White Milk</b>	
<b>Wednesday - Chicken Sandwich, Garden Salad, Dressing, Crispy Potato Wedges, Fresh Fruit, White Milk</b>	
<b>Thursday - Shell Taco With Cheese, Lettuce And Tomato, Spanish Rice, Chilled Fruit Mix, Chocolate Cake, White Milk</b>	
<b>Friday - Spaghetti With Meat Sauce, Garlic Bread, Seasoned Green Peas, Chilled Peas, Cookie, White Milk</b>	



# Cheerleaders, wrestlers bring residents big OohRah

LANCE CPT. CRISTIN K. BARTTER  
Combat Correspondent

Marine Corps Community Services in conjunction with Armed Forces Entertainment held a show featuring the San Francisco 49ers Gold Rush Cheerleaders and pro wrestlers from the World Wrestling Alliance who provided Station residents a jaw dropping performance filled with dance moves and smack downs in the IronWorks Gym, Aug. 24.

On a tour through the Far East, the 10 wrestlers and six cheerleaders took it as an opportunity to show their support and appreciation.

Making an entrance, the cheerleading beauties walked center stage decked in their spirited uniforms. In sync with the beat of the music, each move wasn't done out of memorization, rather they were performed from the heart. After dancing to a high-paced song five of the girls would leave, change their wardrobe and return for another round. Following their routine, the friendly cheerleaders took some time to get to know their fans through an autograph session.

"For us, this is our way of serving our country," said Esther Ayorinde, two-year 49ers Gold Rush cheerleader. "Coming here and supporting our men and women in the military who do what they do so we can be free. We appreciate everything they do. We figured what better way to show it than coming out here and showing our support and love, and telling them we appreciate them."

Following the cheerleaders' performance was the in-your-face entertainment from the WWA wrestlers. The main match was against the Milwaukee Mauler vs. The Patriot. Every fan was screaming "U.S.A! U.S.A!" as The Patriot began his running rampage. He was sure to win until Super Star came in and attacked him from behind. The Patriot was tossed around like a rag doll between the two of them until Crash came in to assist him. His support assisted the Patriot to overcome the fury of the Milwaukee Mauler with a win. Through every match



Photos by Lance Cpt. Cristin K. Bartter

The San Francisco 49ers Gold Rush Cheerleaders provided Station residents with a high-paced show filled with shaking hips and high kicks in the IronWorks Gym, Aug 24. Following their performance were the in-your-face wrestlers from the World Wrestling Alliance.

the wrestlers executed each technique to entertain Station residents with their support for the nation's fighting force, the real heroes.

"The fact that you guys would take the time out to come see us is such a blessing," said Allison Danger, WWA professional wrestler during the wrestlers autograph session. "It is a pleasure and an honor to perform for you guys, our troops. What we do is nothing compared to what you guys do. You guys are the real heroes here. You're putting your lives on the line everyday just to keep us safe and give us our freedom. It really is the least we could do."

From meeting charming cheerleaders to being tossed around for photos with the wrestlers, the entertainment-filled event was a hit for all who showed up to enjoy the performances.

"I think it's great that the San Francisco 49ers Gold Rush cheerleaders and the wrestlers came down to entertain us," said Sgt. Cesar Villegas, Headquarters and Headquarters Squadron dispersing pay auditor. "It's nice to know people out there think about us and the morale of the servicemen and women stationed overseas. I think...send more cheerleaders!"



Cesar Villegas, Station fan, receives autographs from the 49ers Gold Rush cheerleaders and WWA wrestlers. It was their time to meet residents.

## IWAKUNI SPORTS SCENE

- **Strength And Endurance Unit PT Challenge**  
Open to active-duty members only, Sept. 9, 1 p.m. Teams of four people will combine their scores consisting of max amount of pull-ups, dips, sit-ups and push-ups. (Women do assisted pull-ups and dips with half their body weight and female style push-ups.) 20 points will be available for the Presidents Challenge teams. 1st place team will receive a trophy and \$100 to their unit party fund. Second place team will receive a trophy and \$75 to their unit party fund. Call 253-5051 for details.
- **Latin Dance Classes**  
Beginning Salsa classes are held at the IronWorks Gym every Wednesday, 7:30-8:30 p.m. and cost \$32 per month or \$8 for each class. Intermediate-advance classes are Tuesday, 7:30-8:30 p.m. and cost \$10 per class or \$40 per month. Private lessons are \$45 per couple. For details, call 253-3696.
- **Youth Incentive Program "Have A Blast With Youth Sports"**  
Youth ages 4-15 participating in sports can earn points to receive numerous prizes, such as MCX gift certificates, beach balls, frisbees and more.
- **Youth Soccer Season**  
The soccer season begins Sept. 10 and ends Nov. 12. Late registration runs until Saturday for \$40. Opening ceremonies at 9:30 a.m. at Penny Lake Field #2, Sept. 10. For more information, call 253-3239.
- **SWEAT Program (Strength, Wellness Education & Aerobics Training)**  
This program is designed to help active duty remedial personnel. The program includes a MicroFit Assessment,

- weekly weigh-ins (by request), monthly body fat testing, weight management lectures, President's Challenge entry and attendance and progress tracking reports. Call 253-6359 for more information.
- **Labor Day Bowling Special**  
Monday 1-9 p.m. Bowl for \$1 per game. Call 253-4657 for details.
- **Family Appreciation Day**  
Saturday and Sept. 17, 1-5 p.m., families bowl for 75 cents a game. Call 253-4657 for details.
- **Gear Issue**  
Outdoor Recreations lends gear for camping, sporting and picnics for all seasons at no cost for three days. The gear includes tents, sleeping bags, coolers, water jugs, propane stoves, propane lanterns, electric lanterns, backpacks, ISO mats, tables, chairs, canoes and kayaks for rivers, lakes, and dams and much more. Outdoor Recreation is open during the weekdays from 10 a. to 6 p.m. and weekends 10 a.m. to 4 p.m. Check out their tents and supplies.
- **Running Club**  
This incentive program is a way for runners to earn prizes for the miles they run. For more details, call 253-6359.
- **Main Outdoor Pool Closing**  
The Main Outdoor Pool will be closed for the season Tuesday and the club pool will close Oct. 3.
- **Intramural Golf**  
Thursday through Sept. 29, every Thursday at 12:30 p.m. Teams compete for the Commanding Officer's Trophy, team prizes and individual prizes. Call 253-3402 for further details.

## The Scoreboard

**INTRAMURAL SOFTBALL STANDINGS**

*Aug. 24*

Guatemalan Circus Midgets 0 (100%)
Crew Dawgs 2 (84%)
S-6 4 (69%)
ATC 6 (60%)
La Judicial 6 (60%)
VAQ 140 7 (46%)
Lethal Weapon 9 (40%)
Recovery H&HS 10 (28%)
Bad Crew H&HS 15 (0%)
Knuckle Busters-171 0 (0%)
Gladiators-171 0 (0%)
Heavy Junk-171 0 (0%)





Photos by Lance Cpl. Cristin K. Barter

The Iwakuni All Stars, 10-12, turn up the heat and dominate in the sandy diamond at Carp Stadium winning their game 12-1, Saturday.

# All Stars go all out in big leagues

LANCE CHL. CRISTIN K. BARTER  
*Combat Correspondent*

One day the youths of the Iwakuni All Stars, ages 7-9 and 10-12, will be able to share the tale of the day they played at Carp stadium. Their moment of fame will be told. How they slowly walked to their dugout and gazed at the overwhelming sight of perfection. The scent, taste and feelings experienced as they prepared to turn up the heat for game time.

The Iwakuni All Stars were given the opportunity to shine on the sandy diamond during three games against local Japanese teams at Carp Stadium, Saturday.

Having the chance to get dirty on a professional baseball field is

something most baseball junkie youths only dream about.

"It was a big opportunity and so cool to play here at Carp Stadium," said Sierra Morish, Iwakuni All Stars 7-9, 2nd baseman who couldn't stop smiling from the excitement. "I mean, it's so much bigger than the field on base."

"This is a great occasion for these kids," said Michael Renwick, Iwakuni All Stars, 7-9, head coach. "We started out the season hard and understood this game was the main event, being out here at Carp Stadium. They worked really hard and are all really excited to be here."

"It's big time," added John Ayers, head coach

of the Iwakuni All Stars 10-12. "Even though it's not like a major league baseball stadium in the States, this is still a professional baseball stadium in Japan. For these kids to experience something like that is something they will tell their kids and grandkids about. They got the opportunity to play on a professional baseball field."

As prepared as they may have been, stepping out onto a big field can add quite an intimidation factor to the game.

"It was pretty intimidating playing on a professional baseball field," said Travis Smoak, Iwakuni All Stars, 10-12, catcher. "When you see the big field you think the pitches are faster and the plays are bigger. But I think we did an overall great job."

Unfortunately the two Iwakuni All Stars 7-9 teams lost 8-2 and 7-5. The score didn't phase or shake them from the excitement they were experiencing all day. It took a lot of blood, sweat and tears to transform them into a hard charging

competitive baseball team.

"We really had to start from scratch with these two teams," said Renwick. "They were used to having a coach pitch to them while playing on base. It was really tough when we had to transition into kid-pitch baseball. A lot of them had never seen another kid pitching to them and a lot of them are nervous about the ball. We lost today but that is not what matters. What matters today were the fundamentals these kids displayed during defense and batting. It was amazing."

Although the two 7-9 teams took losses, the Iwakuni All Stars, 10-12 team, glowed like never before, winning 12-1. Chris Duncan, pitcher, emulated the skills of Cy Young and slammed the ball to Smoak on a striking rampage against the opposing team.

"They played excellent today," said Ayers. "I am so proud of these kids. We have been practicing the fundamentals since mid-July. This was definitely the best game they played all season."

LEFT: Justice Lasyone, Iwakuni All Stars, 7-9, pitcher, slams his sixth strike out for the game at Carp Stadium. His fast pitches left the other team swinging air, but it wasn't enough for them to come out on top. BOTTOM: Dirk Parker, Iwakuni All Stars, 10-12, first baseman, stretches his arm out to get a third out. It prevented the other team from getting two runs.

