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THE IWAKUNI APPROACH

Issue No. 25 Vol. 5 | Marine Corps Air Station Iwakuni, Japan

Commandant visits station to speak with leaders



LANCE CPL. J. GAGE KARWICK

Gen. James F. Amos, Commandant of The Marine Corps, walks with Lt. Gen. Kenneth J. Glueck, Jr., III Marine Expeditionary Force Commanding General, as well as the base command group upon arrival to Marine Corps Air Station Iwakuni Japan, June 24, 2012. The Commandant is making his way to every Marine Corps installation to speak to every officer and staff noncommissioned officer in the Marine Corps.

3rd MLG Commanding General visits his Marines, sailors

Lance Cpl. J. Gage Karwick
IWAKUNI APPROACH STAFF

3rd Marine Logistics Group elements aboard station received a visit from their commanding general here June 15, 2012.

The visit was part of Brig. Gen. Craig C. Crenshaw and Sgt. Maj. Lawrence P. Fineran's

Farewell tour.

"These Marines and sailors provide tremendous support for the residents aboard Marine Corps Air Station Iwakuni, so it is important for me to come out and show my appreciation as their commanding general," said Crenshaw. "I appreciate the type of support and level of support they provide to

all the residents here."

While here, Crenshaw and Fineran met with the Marines currently on duty at the Aircraft Traffic Control Tower, then continued their visit with Combat Logistics Company 36 and the sailors with 3rd Dental Battalion 11th

Troop 77 go to Summer Jamboree, when scouts unite

Lance Cpl. J. Gage Karwick
IWAKUNI APPROACH STAFF

The local Boy Scouts Of America Scout Troop 77 journeyed to Yokota Air Base their annual Summer Jamboree at Tama Hills recreation center, June 16 through 23, 2012.

The Summer Bash Jamboree consisted of several activities in which the scouts participated to work toward receiving new merit badges. It also gave the scouts a chance to work with other scout troops to learn

SEE SCOUTS ON PAGE 3

EVO training takes road trip

Lance Cpl. Nicholas Rhoades
IWAKUNI APPROACH STAFF

When someone is in medical distress, an ambulance comes and hopefully a life is saved, but few think about the sailor behind the wheel making sure the patient and fellow corpsman are safe getting to and from medical scenes. That sailor is an 'EVO'.

SEE AMBULANCE ON PAGE 3

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Webmaster
Yukie Wada

Community/Media Relations
Hiroko Soriki
Hiromi M. Kawamoto

Administration
Hiro Sumida

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The Iwakuni Approach welcomes Letter to the Editor submissions. Letters must include a full name and unit, if applicable. Anonymous letters and comments will not be published. Letters are the opinion of the writer only. Submissions may be edited for clarity and space. Letters can be dropped off at the Public Affairs Office or sent via e-mail to iwakuni.pao@usmc.mil. Please submit all content at least two weeks in advance of projected publication date for review.

PSC 561 Box 1868
FPO AP 96310-0019
Phone 253-5551
Fax 253-5554

CHAPLAIN'S CORNER

'Reality of life'

Cmdr. Dean L. Hoelz
MAG-12 GROUP
CHAPLAIN

While recently deployed to Guam in support of "Exercise Geiger Fury," I and some of our Marine Aircraft Group 12 Marines and sailors took time to visit the Guam Memorial Skilled Nursing Unit and visit with some of their residents.

One of the residents we met was a gentleman named Burt. Burt was sitting in his wheelchair and not really interacting with anyone, so I went over to say hello.

He was wearing a blue and white checkered hospital gown with red piping around the neck; his toothless mouth was slightly open and his left arm was drawn tightly up to his side. I said hello and immediately realized Burt couldn't speak; he had recently had a stroke. How do you communicate with someone who is mentally

alert but unable to talk?

Well, I did my best at communicating but, thank goodness a very resourceful Marine came along side and asked Burt, "Do you know sign?" The Marine started using American sign language. Burt motioned with his one good hand that he could not and then the Marine said, "Can you write?" That's all it took. The Marines immediately acquired some colored construction paper and a red Crayola crayon, then Burt and the Marines who had gathered around him began their lively intimate conversation. With each question the Marines asked, Burt would slowly write the answer on the tablet.

He wrote about his family, and asked questions about the Marines. I asked him "how old are you?" With a slightly crooked smile he wrote the following; "I am 80 years old, thanks be to God, but I don't know how much longer I have." My mom once told me, "Today is God's gift to us, and what we do with

shaky hand up towards heaven. Burt's written words were filled with a mixture of gratitude and uncertainty. I told Burt, "none of us knows how long we have, but we know God has given us today."

I'm not sure if our conversation was just with an 80 year old man or if somehow the divine presence itself was speaking by way of Burt and his Crayola.

I believe that in our daily interactions and conversations, the divine is always present and patiently waiting to speak if we are willing to take the time and effort to listen.

The Marine had asked, "Can you sign?" The response was no, but I can write! Silent and partially paralyzed, Burt spoke to us from the tip of a Crayola.

Burt reminded us of the reality and frailty of life, our mortality and the gift of each day. None of us knows how much time we have left, but we have today! What shall we do with today?" My mom once told me, "Today is God's gift to us, and what we do with

SUMMER SAFETY: Water Safety

Swimming:

Understanding the risks of being around water and following some basic safety rules greatly reduces your chance of injury or drowning. Follow these tips to keep safe in the water.

Water safety tips

- Avoid unsupervised areas. Swim in areas with lifeguards, who may be present only during official swimming seasons.
- Never dive into the unknown. Get local knowledge on environment and terrain and always check the water depth, and check for rocks and other hazardous objects that may be underwater.
- Never swim after rain or typhoon conditions. The local rivers and seas swell from flash floods
- and strong currents during and after heavy rain or typhoon conditions.
- Never swim alone. Always use the buddy system.
- Avoid alcohol. Stay sober in the water.
- Don't fight the current. Trying to reach the shore by swimming against the current will get you nowhere.

Water safety is everyone's responsibility

- Use a reach or throw floatation rescue technique first, last resort is a water entry rescue. You could become a victim.
- Always be prepared for an emergency.
- Emergency action plans should be part of every recreational activity.
- Fun stops when a mishap occurs.

River survival swimming position

On your back, feet pointing downstream, feet up with your toes just at the surface. Propel yourself towards the nearest bank with your arms when you are in rapids. Change to side swimming when out of the rapids to get to the side. Abandon the survival swimming position if you are heading for a strainer (an obstacle like a branch or log). Swim as fast as you can sideways away from it. If you cannot avoid the strainer, change to feet pointing downstream at the last moment and climb as far up the strainer as you can. Hold on, Keep your head out of the water.



Brigadier General Craig C. Crenshaw, 3rd Marine Logistics Group commanding general, speaks to the Marines of Combat Logistics Company 36 as part of the 3rd MLG final visit here June 15, 2012, before changing command. Crenshaw informed the Marines that the work they do aboard Marine Corps Air Station Iwakuni is essential to the overall mission of 3rd MLG in support of 1st Marine Aircraft Wing.

LANCE CPL. J. GAGE KARWICK

BRIGADIER FROM PAGE 1

Dental Company. "I'm very satisfied with the performance of the Marines and sailors here," said Crenshaw. "As I look back and talk to the people they support on a daily basis, they are satisfied with the work of 3rd MLG. This tells me that they are providing a higher level of support toward mission capabilities and effectiveness."

Knowing that no matter what one's job may be, everyone wants to know their efforts serve a purpose and the work they do matters in the big picture, several of the Marines related.

"I enjoyed being in the presence of the commanding general and sergeant major," said Cpl. Cesar Rodriguez, a CLC-36 warehouse clerk. "The level of experience and knowledge that they possess is astounding. It gives you the motivation and inspiration to get to their level, if you have ever thought about giving up, not reenlisting, that the work you do does not matter or there is no point in continuing to perform your best. I believe it is the mission of those of higher rank to inspire their Marines and that's exactly what they did. They came here and re-inspired us."

The visit by Crenshaw reassured the Marines and sailors with 3rd MLG aboard station they did matter in the grand scheme and their hard work and dedication to excellence has not gone unnoticed by their command and the Marine Corps.

scouts and more than 55 adult volunteers from different services.

"We heard on several occasions that we were being called the Marine scouts by the other troops," said Master Sgt. Andrew J. McDermott. "The kids had a great time. Weather we were raising the colors in the morning on a 30 foot flag pole constructed by the scouts, or breaking down the camp to take cover from the typhoon that came through. Troop 77 did a terrific job in their events and several scouts received promotions. Eric Cox was promoted to star, Thomas Clemons and Ryan Archambault to 1st class, Lucas McDermott to 2nd class, and Miles Saulsberry and Noah Saulsberry to tenderfoot."

When it comes to scout promotions, all start out as a scout rank. Then move up to Tenderfoot, then 2nd class, then 1st class, then Star, Life and finally Eagle Scout.

Being a scout is about more than going out into the woods for a time.

It is about knowing how to find ways to better one's self. Finding one's own way to make a difference with the knowledge they acquire from their mentors and peers.



PHOTO SUBMITTED BY MASTER SGT. ANDREW J. MCDERMOTT

Scouts Ryan Archambault and Arzel Alexander work on their fire making skills for their wilderness survival badges during the Boy Scouts of America Summer Jamboree at Yokosuka Air Base Tama Hills recreation center June 17, 2012. There are more than 125 different types of merit badges for a scout to achieve.

These salts do NOT go on your food

Editorial by:
Cpl. Kenneth K. Trotter, Jr.
IWAKUNI APPROACH STAFF

Contrary to what you may have seen on the news, heard about on the radio or what countless Marines have no doubt debated and argued over the dead have not risen from their graves. There is something far more sinister which infects the minds of men and women. It's called bath salts.

These aren't the bath salts many may remember from sports in their youth, bathing in Epsom salt after a tough practice or workout.

"Bath salts are a synthetic derivative of something called cathinone, which is a central nervous system stimulant," said Agent Michael C. Bengs, acting station Criminal Investigation Division chief investigator.

Bath salts are a unique compound of drug. Though, bath salts are themselves not illegal, the chemicals it's comprised of, known as Mephedrone, Methylenedioxypyrovalerone and Methylone, make them illegal in some places, as cathinones can mimic the mind-altering effects of cocaine, LSD, MDMA and certain other methamphetamines.

It's when the effects of the drug wear off that users begin a downward spiral and crash.

Users may experience a number of symptoms such as Insomnia, agitation and

irritability. In cases which seem more and more common, a user's perception of reality is greatly altered.

Bath salts have been attributed by several news agencies as the cause of the inhuman monster in Florida recently biting off another man's face. Salts are suspected in another Florida attack and yet a new case in New York, this time with a woman biting police.

The drug is labeled "not intended for human consumption" on store shelves, making it difficult for civilian and military authorities to keep out of abusers' hands.

"The Federal Analog Act had a big problem that they're still trying to fix, in that if it wasn't marketed for human consumption, a person couldn't be charged. So you could have something that was similar to cocaine and produce effects similar to cocaine, but if it was marketed for say incense or bath salts, then you couldn't charge them under the Federal Analog Act because it wasn't marketed for human consumption," said Bengs.

This is also partially why bath salt has a myriad of street names such as Bliss, Ocean Burst, Pure Ivory, Potpourri and an assortment of other titles.

"That is their loophole for getting around federal law, and making it so to say, legal for purchase," said Bengs.

If for whatever reason, bath salts become an inherent danger to the populace, the government has the authority to intervene.

According to Bengs, in 1984 the Federal Government passed an Act stating that they had the right to intervene when the health and lives of the people were at risk, and in Oct. of 2011 they did just that. Brands of bath salts are considered controlled substances. Government agencies have until Oct. 12, 2012 to study and make further determinations about this drug.

The Marine Corps has a zero tolerance policy in regards to this and any drug.

Bath salts can take away a servicemember's job, mind and life. Hold yourself and your fellow servicemembers to a higher standard and be accountable for your actions.

...If it wasn't marketed for human consumption, a person couldn't be charged. So you could have something that was similar to cocaine and produce effects similar to cocaine, but if it was marketed for say incense or bath salts, then you couldn't charge them under the Federal Analog Act...

Agent Michael C. Bengs,
acting station Criminal Investigation
Division chief investigator

Bath Salts or Designer Cathinones

1. There are many different names for bath salts or designer cathinones also known as synthetic drugs. The following are all common street names:

- Bliss, Blue Silk, Cloud Nine, Drone, Energy-1, Ivory Wave, Lunar Wave, Meow Meow, Ocean Burst, Pure Ivory, Purple Wave, Red Dove, Snow Leopard, Stardust, Vanilla Sky, White Dove, White Knight and White Lightening.

2. Drugs that have similar side effects include:

- Amphetamines, cocaine, Khat, LSD and MDMA.

3. These substances are usually marked with "not intended for human consumption."

4. Any time any unregulated substance is put in to a human's body, the side effects are unknown and potentially dangerous.

5. The military has banned "designer drugs" under Department of Defense directive 1010-3.4.

6. MARADMIN Message 579/10 also provides further guidance on the drug and various others prohibited by the Marine Corps.

7. Symptoms can have an adverse affect on the mind including:

- Agitation, insomnia, irritability, dizziness, depression, paranoia, delusions, suicidal thoughts, seizures and panic attacks. Users have also reported impaired perception of reality, reduced motor controls and decreased ability to think clearly. Symptoms can also have an adverse affect on the body including:

- Rapid heart rate, which can lead to heart attacks and strokes, chest pains, nosebleeds, nausea and vomiting.

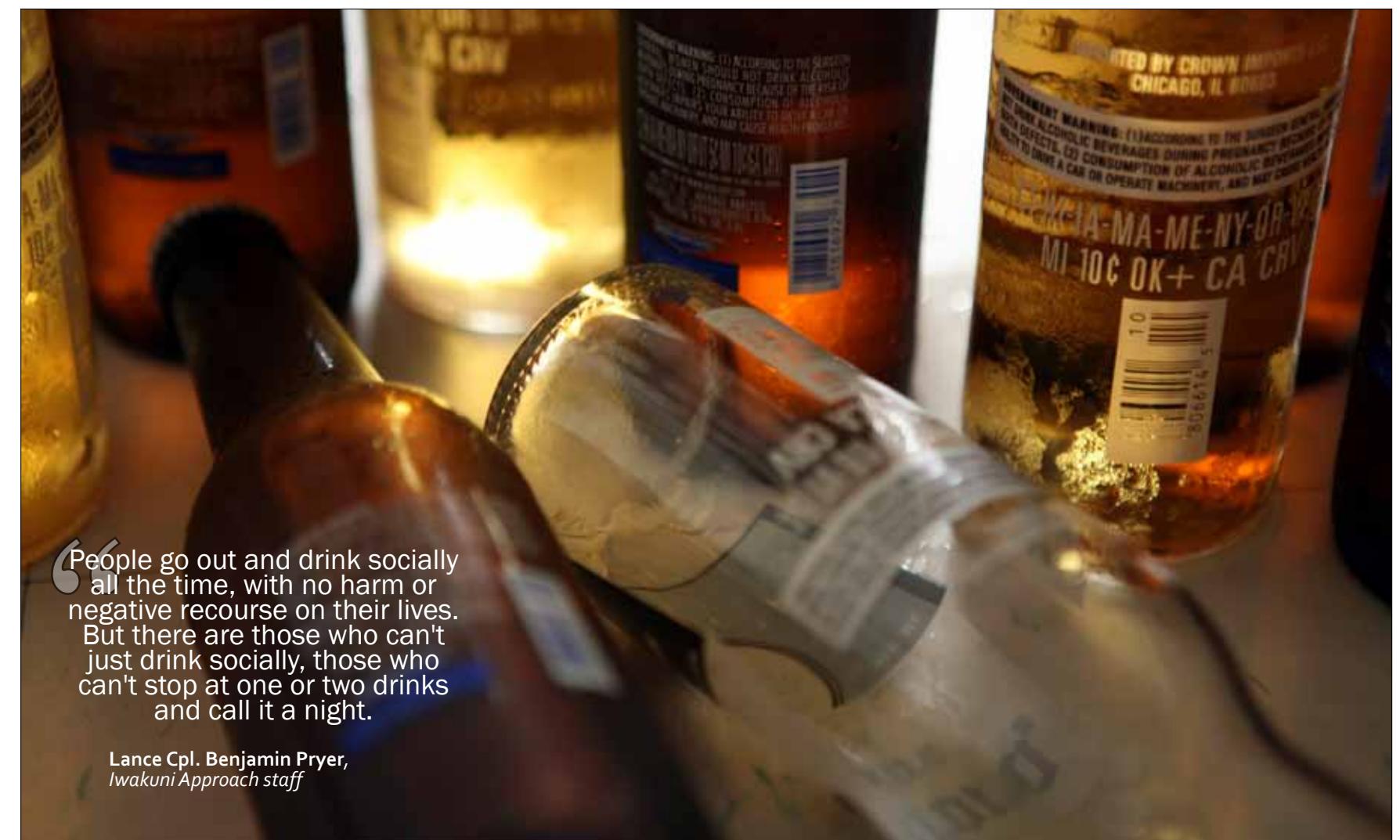
8. Any violation or drug use can result in disciplinary action. According to the Uniform Code of Military Justice, Marines and sailors can be punished for violation of the punitive general order under Article 92.

9. If a Marine is suspected or seen abusing illegal or synthetic substances, their chain of command or higher authorities should be notified immediately.

For more information contact MCAS Iwakuni Fire Department, CBRNE Protection Officer at 253-6930 or via email at Michael.D.Cox@usmc.mil.



PHOTO ILLUSTRATION BY: CPL. VANESSA JIMENEZ



People go out and drink socially all the time, with no harm or negative recourse on their lives. But there are those who can't just drink socially, those who can't stop at one or two drinks and call it a night.

Lance Cpl. Benjamin Pryer,
Iwakuni Approach staff

CPL. VANESSA JIMENEZ

Time to put the bottle down or lose everything

Editorial by:
Lance Cpl. Benjamin Pryer
IWAKUNI APPROACH STAFF

A man walks into a bar and sits on the second stool from the end.

The bartender sees him, makes the drink she already knows he will order and the man happily obliges by handing over his credit card and gulping down his drink.

Eighty dollars and hours later, the man stumbles back to his room and tries to sleep for several hours before having to wake up for work. This was my regular weekday.

I was an alcoholic and now I'm paying for the decisions I made. My military career and my personal life have been damaged by my reckless choices.

For those Marines who feel they're invincible, that they'll never get in trouble and since they "aren't dead yet," then it must be okay; don't fool yourself and don't make the same mistakes I did.

Even as I write this, I can't say I don't deserve the punishment I will receive, it's my hope that a

Marine or sailor reads this and relates to what I've done and will be able to stop themselves before staining their career and reputation.

Being allowed to re-enlist with an alcohol-related incident is difficult enough now, with military branches tightening up their rules and allowances to waivers.

But, with the drawdown occurring over the next several years, even servicemembers with outstanding performance may be passed over during this thinning of numbers.

Not everyone wants to re-enlist, I understand that, but incidents which happen during your military years don't fall off your record when you return to the civilian world.

As it was told to me by one of my senior leaders, "You have an ugly baby now. You can't hide it and everyone knows it's yours."

My ugly baby is the fact that I not only made bad decisions that are affecting my military career, but decisions that have torn themselves into my life and the

lives of those I care for.

You know those nights you wake up from and try to convince yourself it didn't happen? Those nights you blame on the alcohol, telling yourself you would never do it sober?

No matter if you're sober or not, you choose to make those decisions, you choose to get drunk to the point where you could try and blame it on the booze to make yourself feel better, to cope with what you've done, but all you're doing is hiding from the truth.

Drinking isn't something that's going to destroy you if you can control it.

People go out and drink socially all the time, with no harm or negative recourse on their lives. But there are those who can't just drink socially, those who can't stop at one or two drinks and call it a night.

There is nothing wrong with asking for help in a situation like this.

No one will think less of you. Seeking help is not just for yourself, but for those who care about you and respect you. They will be happy you did.

Alcohol Related Facts

- 20 percent of alcohol-related traffic deaths involve blood alcohol concentration levels below .10 percent
- If an alcoholic suddenly withdraws from alcohol, he or she may suffer delirium tremens. D.T. sometimes ends in death.
- Alcohol is abused by some 14 million Americans and contributes to the deaths of approximately 100,000 people each year.
- Alcohol abuse is second to Alzheimer's disease in causing mental deterioration in adults.
- Servicemembers between 18 to 25 tend to drink more than their civilian peers do.
- Fetal Alcohol Syndrome is the third leading cause of birth defects.
- Approximately 20 percent of suicide victims are alcoholics

For more information on alcohol abuse talk to your unit's Substance Abuse Control Officer.

Prizes, games, fun galore as SMP celebrates 15th birthday

Don't be afraid, this hornet's just plain fun

Lance Cpl. Benjamin Poyer
IWAKUNI APPROACH STAFF

The Single Marine Program at Marine Corps Air Station Iwakuni celebrated its 15th birthday with games and fun during the SMP 15th Annual Birthday Bash at the Hornet's Nest here June 22, 2012.

The festivities brought Marines and sailors from around the station to participate in contests and enjoy some free food.

"We have a lot of great prizes and good contests planned," said Shaun Ally, SMP manager. "We have the 'American Idol' karaoke, which we did for the first time last year and it was very popular, so we are trying it again this year. We have tricycles and a little obstacle course set up for a race and we have a dunk competition set up outside too. And of course, we have lots and lots of food."

Complete with its own stage, the karaoke contest started off the night, with participants choosing

from a list of available songs and then performing their selection as best as they could on stage in the hopes of impressing the crowd and three judges sitting on the stage.

"We do this for the Marines," said Ally. "A lot of people complain that there's nothing to do around here and things are expensive out in town. We planned this event specifically between pay days and on a Friday afternoon in the hopes that the Marines could have some good, free fun."

Party-goers could be seen listening to the karaoke singers, talking amongst their friends and partaking in the food provided.

Eventually, a group of Marines and sailors drifted over to the basketball hoop further down the street and began practicing for the upcoming dunk competition.

"I come to the SMP every day, I usually go on trips with them, and I'm here every day to work out," said Cpl. Miguel Rivera, SMP 15th Annual Birthday Bash participant. "My plans were to just

check it out, but I ended up (staying) because I was enjoying my time here."

Before the dunk competition took place, party-goers grouped up in a relay-race type competition which required them to navigate through traffic cones while on a tricycle.

While every first, second and third place winning person or team was awarded a prize for every event, raffles were held in between the main events of the evening to offer more opportunities for single and unaccompanied servicemembers to win prizes. Some raffle prizes included a free massage pass, a paid train ride to Tokyo, a pair of headphones and more.

"It was a great time, the camaraderie of being together here," said Rivera. "I met a whole bunch of new Marines that I had never seen before. Some of them came up to me and told me they were rooting for me after they heard me sing. This is just a great way to build camaraderie and meet new people, and it's an awesome way to get free stuff."



Station residents stand in line for food during the Single Marine Program 15th Annual Birthday Bash, which took place behind the Hornet's Nest here June 22, 2012. The celebration included karaoke, free food, a tricycle race, basketball dunk contest and multiple raffles throughout the evening.



Cpl. Cody Walswick, Single Marine Program 15th Annual Birthday Bash participant, practices his skills for the dunk competition during the bash which was held behind the Hornet's Nest here June 22, 2012. The celebration was sponsored by SoftBank, local Girl Scouts and the United Service Organizations.



The Single Marine Program 15th Annual Birthday Bash cake sits on top of a table during the bash, held behind the Hornet's Nest here June 22, 2012. The SMP hosts multiple trips throughout the year, offering stationed and Unit Deployment Program Marines and sailors opportunities to venture out and experience Japanese culture.



LANCE CPL. BENJAMIN PRYER

Single Marine Program 15th Annual Birthday Bash participants race on tricycles through an obstacle course during the SMP 15th Annual Birthday Bash, held behind the Hornet's Nest here June 22, 2012. The celebration included karaoke, free food, a tricycle race, basketball dunk contest and multiple raffles throughout the evening. The tricycles used during the competition were recently purchased by SMP specifically for the celebration.

CORPS NEWS

HIGHLIGHTING MARINES AND SAILORS AROUND THE GLOBE



MARINE CORPS BASE CAMP PENDLETON, Calif. — Fire fighters from across San Diego walk the perimeter of a controlled burn to ensure it is extinguished during this year's wild land fire training exercise on Camp Pendleton, June 15, 2012. During the training, instructors started small controlled fires, and had each crew focus on working together to surround the fire and contain it from spreading.



MARINE CORPS BASE CAMP PENDLETON, Calif. — An instructor during this year's wild land fire training exercise starts a small controlled burn to help fire fighters from all across San Diego prepare for fires that might occur on Camp Pendleton, June 15, 2012. The base's fire department reacts to more than 300 wild fires aboard the base annually, making continuous training and team building exercises crucial.

Wildfire training on Pendleton builds cohesion among local fire depts

Cpl. Damien Gutierrez
MARINE CORPS BASE
CAMP PENDLETON

MARINE CORPS BASE CAMP PENDLETON, Calif. — Camp Pendleton's Fire Department along side fire-fighting agencies from across San Diego County gathered on base to conduct wild land fire training scenarios in preparation for fire season, June 15, 2012.

Since Camp Pendleton covers more than 125,000 acres, it is necessary for the base fire department to work together with outside fire departments to assist with fire containment, in defeating what destroyed nearly 100 acres last year.

"The training scenarios are designed to make the firefighters work as one and helps build communication skills among the different fire departments," said Jeffery Wilkerson, deputy fire chief, Marine Corps Base Camp Pendleton Fire Dept. "It's

important that we practice these procedures now so we can find our weakness before it's too late."

During the training, instructors started small controlled fires, and had each crew focus on working together to surround the fire and contain it from spreading outwards.

"Our goal is to prepare the men and women for the unpredictability that the fires on Pendleton possess," said Wilkerson. "The fires here on base can get out of control fairly easily, so it's important we join together and practice our techniques so we can study its behavior firsthand."

The training not only affected those battling the fires on the ground but also gave an opportunity for the fire departments' chiefs and commanders, who were supervising the training procedures from on top of hills, to practice where to disperse their men and study how the fires spread aboard the base.



MARINE CORPS BASE CAMP PENDLETON, Calif. — Instructors watch a controlled burn's behavior during this year's wild land fire training exercise on Camp Pendleton, June 15, 2012. The training not only affected those battling the fires on the ground but also gave an opportunity for the fire departments' chiefs and commanders, who were supervising the training procedures from on top of hills, to practice where to disperse their men and study how the fires spread aboard the base.

"This was a great learning lesson for us all," said Wilkerson. "The training we receive here today is paramount when trying to tame fires that are at this level of intensity."

COMMUNITY BRIEFS | CLASSIFIEDS

Briefs

Stars and Trikes Bike Parade

Decorate your tricycle, stroller, wagon or bike in festive American style. Face Painting will be available. The parade is scheduled to start promptly at 10 a.m. July 4, 2012, beginning at Monzen Park.

Seawall Closures

Beginning July 1, 2012, there will be sectioned portions of the seawall closed. The construction is scheduled through April 1, 2013. The Affected area of the seawall all the way to the "NO THROUGH PATH" sign. Take extra care because construction vehicles will pass through. The affected areas will be shut down completely when heavy equipment is transferred. For more information on the closures, call Walter Chan at 253-5004.

Like To Draw?

The Iwakuni Approach is looking for artistic people with a sense of humor to submit cartoon drawings. If you are interested, bring your drawings by the Public Affairs Office, Building 1, Room 216. Public Affairs approves editorial content for cartoons published each week.

Establishments

The following establishments are hereby off-limits:

- The multi-tenant building "NOW" Tenant occupant's names change frequently. Past names for this building include, Ran, Massage Parlor, Welcome American, Follow Me and F-18.
- Hiroshima's Tougan Goods Company.

Mothers of Preschoolers

MOPS offers fun support and encouragement for mothers of newborns to age five. Meetings are the 1st and 3rd Thursday each month. Volunteers are also needed to help with the children's program. For more information, call Sarah Spencer at 253-2303 or visit www.facebook/IwakuniMOPS.

Thrift Store Volunteers

Volunteer positions available. Applicants should be outgoing, willing to have fun and highly motivated. We are also looking for a board member treasurer with book keeping experience.

Board members and store volunteers must attend all store meetings. All positions are volunteer, non-compensated positions. For more information, call Patty or Sharon at 253-4711 or e-mail thrift_store@yahoo.com.

2012 Summer Reading Program

MCAS Iwakuni Library would like to announce a shared summer reading program open to all military families. Families can join anytime until the program's close Aug. 14. This year's theme is "Reading Is So Delicious." For more information

sets" at the cash cage at the Marine Corps Exchange. The set costs \$20. For more information, call Sean McHenry at 253-6373.

Girl Scouts

The Iwakuni Girl Scouts is looking for fun-loving, devoted women and men who want to make a positive impact on the lives of young girls. If you are interested in becoming a leader, coleader, board member or parent volunteer, e-mail iwakunigs@gmail.com.

Emergency Phone Numbers Reminder

Put these numbers in your wallet and phone:

- Anti-terrorism force protection hotline: 253-ATFP (2837).
- Life limb or loss-of-vision threatening emergencies while on the air station: 119 or 911. From a cell phone or for bilingual capability: 082-721-7700.
- For security issues, contact the Provost Marshal's Office: 253-3303. To report without talking to a person, Crime Stoppers: 253-3333.

Sexual Assault

To make a confidential report of sexual assault or harassment, contact the victim advocate at 253-4526 during working hours. For after hours, weekends and holidays, call 090-9978-1033 or 080-3427-0835.

Active-Reserve Career Information

Marines seeking

information about

transitioning to the

Reserve component

should contact

Gunnery Sgt. Robert

Noyes, Okinawa

Active-Reserve Career

Planner, at (315) 622-

6004, or send him an

e-mail at robert.noyes@usmc.mil.

PMO Lost and Found

Contact the Provost

Marshal's Office Lost

and Found if you

have lost anything

around the station.

Examples include

helmets, cameras,

cell phones, etc. For

more information, to

report lost items or to

claim lost items, call

Lance Cpl. Christopher

Korsikas at 253-4929

or 253-3306.

Brief and Classified Submissions

To submit a community

bright or classified

advertisement, send

an e-mail to iwakuni.pao@usmc.mil. Include

a contact name, a

phone number and the

information you would

like to be published.

You may submit your

bright or advertisement

in person at the Public

Affairs Office, Building

1, Room 216 or you

may call 253-5551.

Please ensure you

provide all requested

information to simplify

the request process.

The deadline for

submissions is 3 p.m.

every Friday.

on the program, call the station library at 253-3078 or send an e-mail to OMBIWALIBRARY@usmc-mccs.org.



ACTIVITIES time FUN

July 4th

ADVENTURE AWAITS YOU THIS INDEPENDENCE DAY.

On Base Specials

Strike Zone
Free Bowling all day with cosmic bowling finishing up the evening. There will be entertainment outside for the kids, weather permitting, from 11 AM - 4 PM.

Food Court
Celebrate our nation's freedom with free deliveries all day. Any guest check ending with "76" gets a free scoop of ice cream from Baskin Robbins.

Sakura Theater
Free Movies showings at 1, 4 and 7 PM and a free corn dog for each guest. For movie listings, keep up to date at www.mccsiwakuni.com/sakura.

Upcoming Fireworks Festivals

Kintai Firework Festival
August 4, 8 AM - 9:30 PM
Kintai Bridge area, Iwakuni

Miyajima Fireworks Festival
Aug 11, 7:50-8:50 PM
Around 5,300 fireworks are launched from boats just off the north shore of Miyajima Island. The fireworks display will start at 8 PM.

MCAS Iwakuni Fireworks
MCAS Iwakuni Fireworks

KUNI TOONS: ADVANCED COURSE



United States Marine Corps Advanced Course Syllabus

1.	Advanced coffee drinking	1-1 □
2.	Post-PT recovery tips	2-1 □
	A. Icy-Hot, Ben-Gay, Geritol	2-3
	B. Hot pad vs. Ice pack	2-5
3.	Old Corps jargon to confuse young Marines	3-1 □
4.	How to smell blood in the water	4-1 □
5.	How to go high and to the right	5-1 □
	Advanced going high	5-3
	Advanced going right	5-5
6.	Advanced Profanity	6-1 □
7.	Care and feeding of your new 2nd Lieutenant	7-1 □
	A. Shiny things to distract him ..	7-3
	B. The "Shut up & sit down" approach	7-5
8.	Technology: cell phones, social media & you	8-1 □
9.	Room inspection: identifying the funk 9-1 □ Additional reading: "The scum is there, you just have to find it"	
10.	How to sleep with your eyes open ...	10-1□

(Continued on next page)

INFOTAINMENT

Chapel Services

Roman Catholic

Saturday 4:30-5:15 p.m. Confession
5:30 p.m. Mass
Sunday 8:30 a.m. Mass
9:45 a.m. Religious Education
Mon. – Thurs. 11:30 a.m. Weekday Mass

Protestant

Sunday 10:30 a.m. Protestant Service
10:30 a.m. Children's Church
10:30 a.m. Church of Christ Meeting
1 p.m. Contemporary
4:30 p.m. Lutheran Service
5:30 p.m. FLOW (Youth Group)
Monday 7 p.m. Men's Bible Study
Tuesday 9 a.m. Ladies' Bible Study
5 p.m. Working Women Bible Study
Wednesday 10:30 a.m. Ladies' Tea
5:45 p.m. AWANA (Bldg. 1104)
2nd and 4th Saturday 10:30 a.m. Seventh Day Adventist Meeting
2nd Saturday 7:30 a.m. Men's Discipleship
Bahai Sunday 11 a.m. Bahai Meeting

For information regarding divine services, religious education or any other command religious program or chapel activity, call the Marine Memorial Chapel at 253-3371.

THE IWAKUNI APPROACH CULTURAL LESSONS



Kanji Adventures

PHOTO BY FRÉDÉRIC LEMARÉCHAL

鵜飼 — Japanese Kanji for the Japanese word ukai, meaning cormorant fishing.

Cormorant fishing is a traditional fishing where fishermen use trained cormorants to catch fish. Cormorant fishing was first recorded to have been used in Japan and China around 960 A.D., but has also been used in other parts of the world.

In order to use the birds as a modified fishing pole, fishermen tie a rope around the base of the bird's throat.

The rope still allows the bird to swallow small fish, but bigger fish stay trapped in the bird's throat. Once a cormorant has a fish in its throat, the fisherman draws the bird back to the boat and removes the fish. This method is said to preserve the best flavor because fish are never punctured by a hook or barb and it doesn't thrash about.

While cormorant fishing started as a successful business for catching fish, it is mainly used for a tourist attraction today.

SAKURA THEATER

Friday, June 29, 2012

7 p.m. Think Like a Man (PG-13)
10 p.m. The Five-Year Engagement (R)

Monday, July 2, 2012

1 p.m. The Pirates! Band of Misfits (PG)
7 p.m. The Five-Year Engagement (R)

Saturday, June 30, 2012

4 p.m. Madagascar 3: Europe's Most Wanted (PG)
7 p.m. Prometheus (PG-13)

Tuesday, July 3, 2012

1 p.m. The Three Stooges (PG)
4 p.m. Think Like a Man (PG-13)
7 p.m. Prometheus (PG-13)

Wednesday, July 4, 2012

1 p.m. The Pirates! Band of Misfits (PG)
4 p.m. Think Like a Man (PG-13)
7 p.m. Prometheus (PG-13)

Thursday, July 5, 2012

1 p.m. The Three Stooges (PG)
7 p.m. The Raven (R)

The movie schedule is subject to change. Please check www.mccsiwakuni.com/sakura often for updates, or call the Sakura Theater at 253-5291 for the latest schedule.

General Admission: Ages 12+ are \$3/ Ages 6-11 are \$1.50/ Children ages 5 and under admitted free. For more information, visit www.mccsiwakuni.com or call 253-5291.

253-5291

Mess Hall Menu

Monday:

Corn chowder, jerked styled chicken, spicy baked fish, Lyonnaise rice, baked macaroni and cheese, asparagus, corn, chicken gravy, dinner rolls, macaroni salad, potato salad, coleslaw, bear claws, blueberry muffins, cherry pie, white cake with butter cream frosting, brownies, chocolate pudding parfait, Jell-O parfait.

Tuesday:

Chicken with rice, baked Italian sausage, pepper steak, steamed rice, mashed potatoes, peas and carrots, brussels sprout polonaise, brown gravy, dinner rolls, macaroni salad, potato salad, coleslaw, snails, banana nut muffins, peach crunch, cheese cake, peanut butter cookies, vanilla pudding parfait, Jell-O parfait.

Wednesday:

Cream of chicken soup, baked salmon, Yankee pot roast, paprika buttered potatoes, steamed rice, peas and carrots, calico cabbage, brown gravy, dinner rolls, macaroni salad, potato salad, macaroni salad, coleslaw, kolaches, quick cherry coffee cake, pecan pie, marble cake with butter cream frosting, chocolate chip cookies, banana cream pudding parfait, Jell-O parfait.

Thursday:

Minestrone soup, apple glazed corn beef, Cantonese pork ribs, potatoes au gratin, tossed green rice, orange carrots amandine, spinach, mustard sauce, dinner rolls, macaroni salad, potato salad, coleslaw, bowknots, blueberry muffin, apple pie, devils food cake with coconut butter cream frosting, shortbread cookie, chocolate pudding parfait, Jell-O parfait.

Friday:

Chicken rice soup, savory baked chicken, fried catfish, mashed potatoes, long grain and wild rice, squash, asparagus, chicken gravy, brown gravy, corn muffins, macaroni salad, potato salad, coleslaw, quick French coffee cake, doughnut, cherry pie, yellow cake, chocolate butter cream frosting, brownies, vanilla pudding parfait, Jell-O parfait.

MCCS holds Amazing Race for station residents

Lance Cpl. Benjamin Pryer
IWAKUNI APPROACH
STAFF

Station residents competed in the fifth annual Amazing Race, which started on the parade deck here June 22, 2012.

The race, sponsored by Marine Corps Community Services, provided Marines, sailors and civilians the opportunity to spend a few hours in a trek around the station, hunting for events and trying to earn the best time.

"This is a good event to get the community members out here, and have some good competition and a lot of fun and laughs," said Alma Dickinson, MCCS health promotions director. "Overall, we just want people to have a good time on a Friday afternoon."

10 teams of four people each competed in the race.

"I love being a part of this event," said Dickinson. "It's even fun after the event when you see all the teams sit down and talk about which events they thought were hard, which ones they had the most fun with, just things like that."

With a total of 14 locations racers had to visit, events for the race included a game of keeping a volleyball in the air for a certain number of hits, digging through whipped cream face first for tic-tacs, trying to play a matching game while doing jumping jacks and more.

"This was a pretty good experience," said Bill Slack, Amazing Race participant. "There were lots of different activi-

ties that had us running all over the base. There was some good competition out there and some challenging events, even a few that were a little silly, but it was all very good and very well organized."

Some of the events also provided the opportunity to earn bonus time by performing extra tasks or by completing the challenge exceptionally well.

"I think this brings together the Marines, sailors and civilians," said Slack. "It's a great thing to do on a Friday afternoon with great weather."

While all 10 teams battled their hardest for victory, it was Super Support Squadron 171 who emerged the victors, with a final time of 1:45:26, barely three minutes ahead of the Four Lost Ones, the second place team, who were the first to cross the finish line, but didn't accumulate as many bonus points.

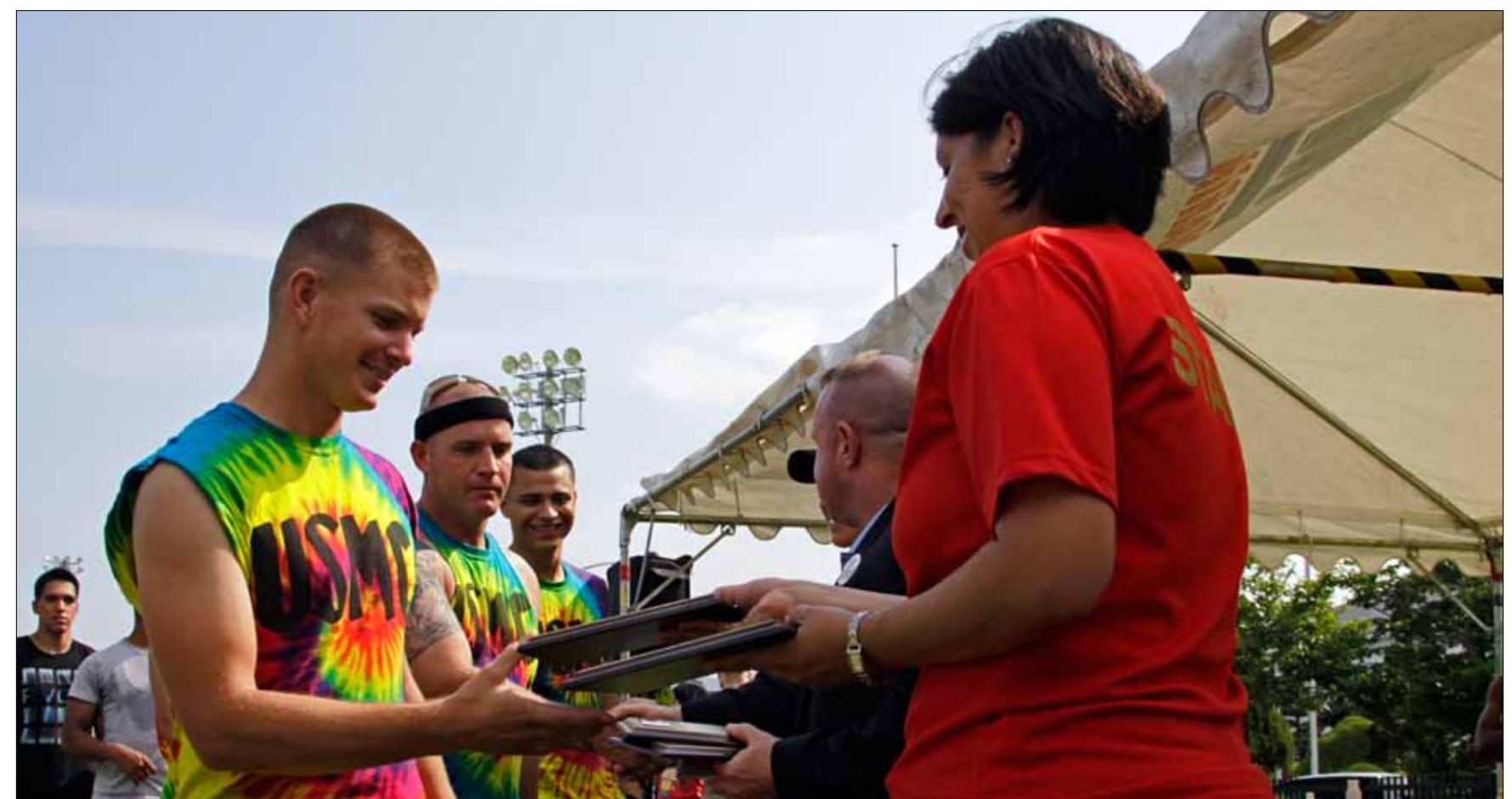
"I feel great getting to come out here and represent the squadron I've been attached to for quite some time," said Joseph Zwierzynski, Amazing Race participant and SSS-171 team member. "I really appreciate the camaraderie from my teammates. If I were out here a little longer, I would definitely do it again next year."

After everyone returned to the parade deck, times of the top three teams were read off and prizes were given to each team member.

Teams also earned unit points toward the coveted Commander's Cup competition for competing in the Amazing Race.



LANCE CPL. BENJAMIN PRYER
The Brews Brothers, an Amazing Race team, participates in the volleyball challenge portion of the race, which took place across the station June 22, 2012. The race consisted of 10 teams running across the station to complete 14 different events in the fastest time possible.



LANCE CPL. BENJAMIN PRYER
Super Support Squadron 171 team members receive their first place placards after completing the Amazing Race, which took place aboard station here, June 22, 2012. The race consisted of 10 teams running across the station to complete 14 different events in the fastest time possible. This is the fifth annual Amazing Race the MCCS health promotions department has hosted for the station.

The Iwakuni Time Machine

In the June 23, 1972, issue of the Torii Teller, Marines reported on a promotion board for officers convening for fiscal year 1973, sergeant promotions being split over two months, women Marines now allowed to participate in field training exercises, and Maj. John W Ripley awarded the Navy Cross for his heroism by blowing up a 600-foot bridge to keep the North Vietnamese from invading South Vietnam.

H&MS-17 Marines get an idea of infantry life with 25-mile hike around Station

Carrying M-16s, cartridge belts with canteens, steel helmets and light marching packs, 216 men of H&MS-17 began a 25-mile hike from the Wingside messhall at 6 a.m. last Saturday.

With high spirits, Marine airmen, ranging from private to lieutenant colonel, started off the march, but soon realized that four times around the base was not as easy as it sounded.

Short breaks in the exercise were wisely used to examine feet for blisters and a quick rest. A corpsman was helping out during the breaks, to insure proper foot care. After the third lap, a welcome chow call was received with hungry Marines digging frantically in their packs for lunch. A scant 15 minutes later the call "Mount up" was heard, and the men wearily got to their feet, but a little happier this time, knowing that this would be the last lap.

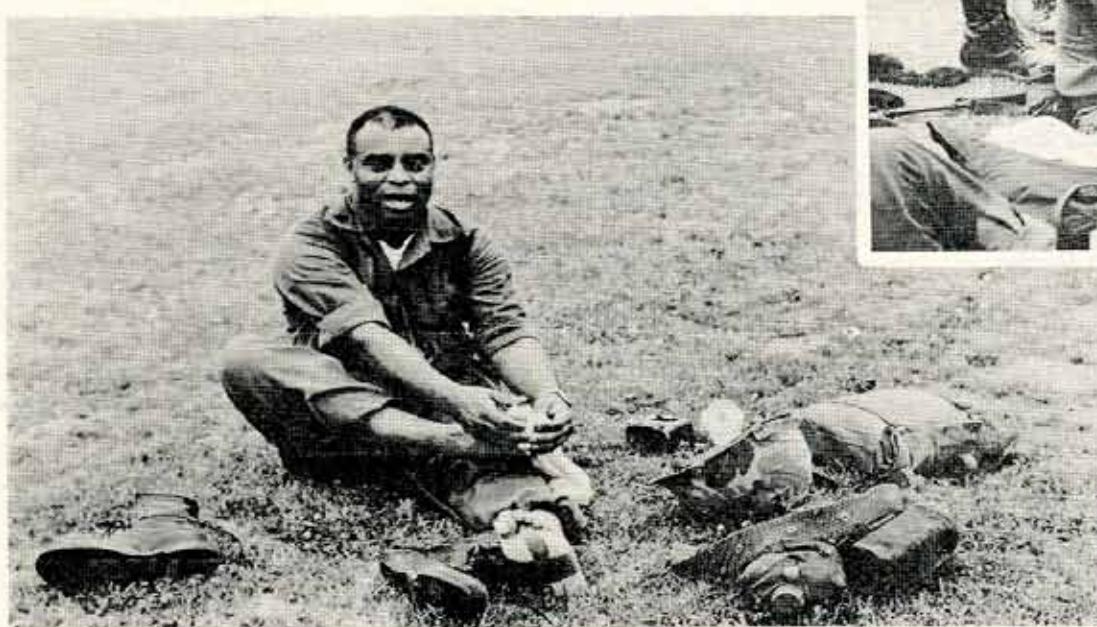
When asked how he felt the men held up during the march, Captain Arthur D. Ross answered "Fairly well," but immediately changed it to "Damn well, considering that they are Wing Marines and not grunts." Questioned about his function during the exercise, Capt. Ross

declared, "I walked." He is the Squadron S-2 (Intelligence) Officer.

"The 25-mile hike was done in compliance with a new Marine Corps Order 6100.3F," explained Captain Janna R. Baumgardner, the Group Supply Officer, "which goes along with the Physical Fitness Test."

"Damn right I did," was Capt. Baumgardner's answer, when asked if he participated in the march.

At 11:30 a.m., in front of Headquarters on Mainside the Marines completed the 25-mile hike with tired legs, blisters on feet and grins on their faces.



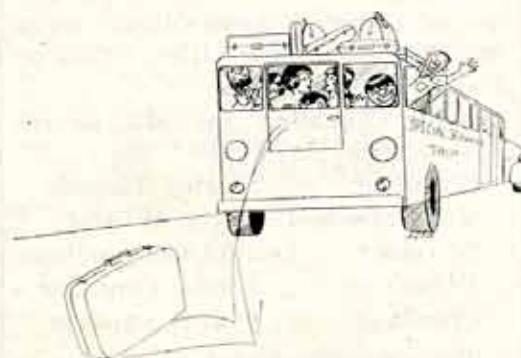
Some of the 216 men of H&MS-17 change their socks and doctor blistered feet during a break before starting out for the final lap of their 25-mile hike.

Staff Sergeant Lawrence P. Groce, H&MS-17 career planner, examines his feet during a short break before starting out on the last leg of a 25-mile hike.

Sightseeing with Special Services

The travel bureau of Special Services has three one-day sightseeing tours on its schedule for July. Two of the trips will take travelers to Hiroshima and points of interest nearby, and the last journey of the month will be to the Shuhodo Cave. All the tours cost around \$5, which includes transportation, food and the admission fees at various spots of interest.

The first of these tours will take place July 8 with the bus leaving Special Services at 7:45 a.m. for an industrial tour of Hiroshima. On the itinerary will be visits to a brewery and a manufacturing plant of rotary engine automobiles. Reservations for this trip must be made by July 6 by contacting the travel bureau, ext. 4050.



JACFA elections upcoming

The Japanese American Cultural Friendship Association will hold its cabinet elections on July 6 at 5 p.m. in the Imazu Community Center in RTO.

Nominations for each office, both Japanese and American, may be submitted to the JACFA office at the main gate or by calling 4701.

Members and other persons interested in joining JACFA are encouraged to attend.

Coffee and light snacks will be served.

Directions to the Imazu Community Center can be picked up at the JACFA office at the main gate.