

## **ATTENTION!**

## **Emergency Mental Health Resources**

## available 24/7



Naval Family Branch Medical Clinic Iwakuni	<b>DSN</b> : 255-8100	
<ul> <li>24/7 on-call mental health provider available</li> </ul>	Local Japan: 0827-94-8100	
<ul> <li>Members may call or report to clinic (please enter at ambulance bay)</li> </ul>	American: +81-827-94-8100	
If you're concerned you or someone is in danger, or needs emergent care please call 911		
Duty Chaplain	Local Japan: Am	nerican:
<ul> <li>Confidential</li> </ul>	080-6612-9244 +81-80	)-6612-9244
Available to serve marines, sailors and their family	080-9950-4101 +81-80	)-9950-4101
<u>DStress Hotline</u>	<b>DSN</b> : 253-7734	
<ul> <li>Anonymous, available to anyone</li> </ul>	Worldwide toll-free: 1-877-476-7734	
Staffed by veteran Marines, former Fleet Marine Force Navy Corpsmen, Marine spouses and family members, and licensed behavioral health counse- lors.	Online Chat: <a href="https://usmc-mccs.org/services/support/dstress-line/">https://usmc-mccs.org/services/support/dstress-line/</a>	
Suicide Prevention Lifeline	Worldwide toll-free: 1-800-273-8255	
Confidential, available to anyone	Website: https:// suicidepreventionlifeline.org/	

Here To Serve With Care