

Chaplain Corps



BASE CHAPEL

DSN: 253-3371

Local Japan: 0827-79-3371

American: +81-827-79-3371

MAG-12 RMT

DSN: 255-7556/7557

Local Japan: 0827-94-7556/7557

American: +81-827-94-7556-7557

MALS-12 RMT

DSN: 253-3629

Local Japan: 0827-79-3629

American: +81-827-79-3621

MWSS-171 RMT

DSN: 253-5670

Local Japan: 0827-79-5670

American: +81-827-79-5670

CVW-5

DSN: 253-7540

Local Japan: 0827-79-7540

American: +81-827-94-7540

Cell Phone (J-Dial): 080-4909-8813

Cell Phone (American): +81-80-4909-8813

CHAPLAIN AFTER-HOURS

Local Japan:

080-6612-9244

080-9950-4101

American:

+81-80-6612-9244

+81-80-9950-4101

TeleHealth Services



Military OneSource

Offers confidential, non-medical counseling by phone, online, chat or video.

Worldwide Toll-free: 1-800-342-9647

Online Chat:

<https://livechat.militaryonesourceconnect.org/chat>

TELL Japan

Provides support and counseling services to Japan's international community and its increasing mental health needs. TELL offers services in both English and Japanese.

TELL Website: <https://telljp.com/>

TELL Lifeline: Available daily from 0900-2300. On Friday, Saturday, and Sunday nights, services are available from 2230-0200. Phone Number: 03-5774-0992

TELL Counseling: Provides counseling Monday through Friday from 1000-1500 (fees may apply for long-term counseling). Please call 03-4550-1146 for English and 03-4550-1147 for Japanese.

Tokyo Mental Health

Online counseling and psychotherapy with international, multilingual counselors, psychologists and therapists. You can schedule an appointment or consultation via their website at: <https://www.tokyomentalhealth.com/>

Navy Medical Readiness Training Unit
Marine Corps Air Station Iwakuni, Japan
Mental Health Department
Building 110, 2nd Deck

MCAS IWAKUNI MENTAL HEALTH RESOURCES



Emergency Mental Health Resources



Branch Medical ●●

On-call Mental Health available 24/7 to respond to mental health emergencies. Members may call or report to MHP-Extended near the ambulance bay (previously known as the Acute Care Clinic)

DSN: 255-8100

Japanese: 0827-94-8100

American: +81-827-94-8100

Duty Chaplain ●●

Available after-hours to provide confidential counseling to people in need.

Japanese: 080-6612-9244 or 080-9950-4101

American: +81-80-6612-9244 or +81-80-9950-4101

DStress Hotline ●●

An anonymous Marine-to-Marine phone and chat support service that operates 24 hours a day, 7 days a week.

DSN: 253-7734

Worldwide Toll-free: 1-877-476-7734

Suicide Prevention Lifeline ●●

Provides 24/7, free and confidential support for people in distress

Worldwide Toll-free: 1-800-273-8255



Routine Mental Health Resources

NMRTU Iwakuni Mental Health ●●●

Provides comprehensive mental health services for active duty service members (and eligible other beneficiaries), including: individual psychotherapy and outpatient psychiatric services.

DSN: 255-8331

Local Japan: 0827-94-8331

American: +81-827-94-8331

MCCS Community Counseling Program (CCP) ●●

Provides general counseling services to individuals, couples, and families.

DSN: 253-6553

Local Japan: 0827-79-6553

American: +81-827-79-6553

MCCS Military & Family Life Consultants (MFLCs) ●●

Provides short term and problem-solving techniques to service members and their family members.

090-6654-2351

090-6005-8412

080-4186-0194

MCCS Substance Abuse Counseling Center (SACC) ●●

Provides confidential services for active-duty military members and other eligible beneficiaries presenting with concerns for drug or alcohol abuse.

DSN: 253-5260

Local Japan: 0827-79-5260

American: +81-827-79-5260

Routine Mental Health Resources

Sexual Assault Prevention & Response (SAPR) Program ●●●

Offers information and services to military members, military dependents over 18, and DoD civilians who are victims of sexual assault. If you are the victim of a sexual assault, please contact the 24/7 SAPR Support Line for assistance.

24/7 SAPR Support Line: 080-5865-3566

Family Advocacy Program (FAP) ●●●

Assists families experiencing the trauma of abuse. Counselors are trained in domestic violence dynamics to assist in protecting victims and support families in need of assistance.

DSN: 253-4526

Local Japan: 0827-79-4526

American: +81-827-79-4526

After-Hours: 090-9978-1033

Families OverComing Under Stress (FOCUS) ●●

Provides resilience training to military children, families, and couples. It helps build on current strengths and teach new strategies to enhance communication and problem solving, goal setting, and creating a shared family story.

Address: Marine Memorial Chapel in Bldg. 1100, Suite 148

DSN: 253-2180

Local Japan: 0827-79-2180

American: +81-827-79-2180

Email: Iwakuni@focusproject.com