THE IWAKUNI APPROACH

Issue No. 42, Vol. 1 Friday, November 7, 2008 Marine Corps Air Station Iwakuni, Japan

HAPPY BIRTHDAY MARINE CORPS

Commandant publishes birthday message



Gen. James T. Conway

uring the summer of 1982, in the wake of a presidential directive, Marines went ashore at Beirut, Lebanon. Fifteen months later, on Oct. 23, 1983, extremists struck the first major blow against American forces - starting this long war on terrorism. On that Sunday morning a suicide bomber drove an explosive-laden truck into headquarters Battalion Landing Team 1/8, destroying the building and killing 241 Marines and corpsmen.

Extremists have attacked our nation, at home and abroad, numerous times since that fateful day in Beirut. Their aim has always been the same — to kill as many innocent Americans as possible. The attacks of Sept. 11 changed our nation forever, and our president has resolved

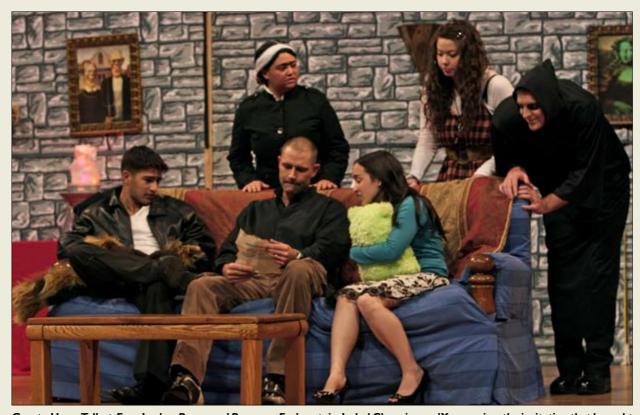
that this nation will not stand idle while murderous terrorists plan their next strike. Marines will continue to take the fight to the enemy - hitting them on their own turf, crushing them when they show themselves and finding them where they hide.

Only a few Americans choose the dangerous, but necessary, work of fighting our nation's enemies. When our chapter of history is written it will be a saga of a selfless generation of Marines who were willing to stand up and fight for our nation; to defend those who could not defend themselves; to thrive on the hardship and sacrifice expected of an elite warrior class; to march to the sound of the guns; and to ably shoulder the legacy of those Marines who have gone before.

On our 233rd birthday, first remember

those who have served and those "angels" who have fallen - our reputation was built on their sacrifices. Remember our families; they are the unsung heroes whose support and dedication allow us to answer our nation's call. Finally, to all Marines and sailors, know that I am proud of you and what you do. General Victor H. "Brute" Krulak said it best when he wrote, "...the United States does not need a Marine Corps...the United States wants a Marine Corps." Your actions in Iraq, Afghanistan and across the globe are the core of why America loves her Marines. Happy Birthday Marines!

Semper Fidelis, General James T. Conway Commandant of the Marine Corps



Guests, Harry Talbot, Frau Lurker, Baron and Baroness Frakenstein, Isabel Channing and Ygor review the invitation that brought them all together in Castle Dracula during "The House of Dracula" presented by the Iwakuni Civic Theatre at Sakura Theater here Oct. 28 - Nov. I. Read the full story on page 3. Photo by Lance Cpl. Joseph Marianelli

College fair keeps AVID students focused on goals

Lance Cpl. Joseph Marianelli IWAKUNI APPROACH STAFF

Matthew C. Perry Advancement Via Individual Determination students hosted a college fair in the Club Iwakuni ballroom here Oct. 28.

Mary C. Swanson designed the AVID program in 1980 to provide academic and social support for students in the academic middle who might need more assistance getting to college.

The program teaches organizational skills and learning tools the students can use to be successful academically.

"To better prepare them for college – it's a set curriculum," Shirley Cottle, AVID coordinator, said.

"The college fair is to keep that goal

SEE AVID on page 3

INSIDE IWAKUNI



3rd graders get taste of fitness



Discover Tokyo Disneyland



Runners lace up for 3.5k Red Ribbon Run

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The Iwakuni Approach welcomes Letter to the Editor submissions. Letters must include a full name and unit, if applicable. Anonymous letters and comments will not be published. Letters are the opinion of the writer only. Submissions may be edited for clarity and space. Letters can be dropped off at the Public Affairs Office or sent via e-mail to iwakuni. pao@usmc.mil. Please submit all content at least two weeks in advance of projected publication date for review.

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CHAPLAIN'S CORNER

'Hot coffee and a phone' ened by an evil queen said, "I have had enough, Lord, take my life."

The Iwakuni Approach, November 7, 2008

Lt. Iohn O. Cometa DEPUTY COMMAND CHAPLAIN

Counselors for 9/11 interviewed several survivors in the Pentagon and asked what was most helpful to them a few hours after the tragedy. Their response: hot coffee and a phone. Dr. Gerald Caplan, known as the "Father of Crisis Psychiatry," used an adaptation of Maslow's Human Needs of Hierarchy called, "The Helper's Hierarchy." He encouraged caregivers and counselors to pay special attention to the survivor's physical and emotional state at the initial stage of the crisis.

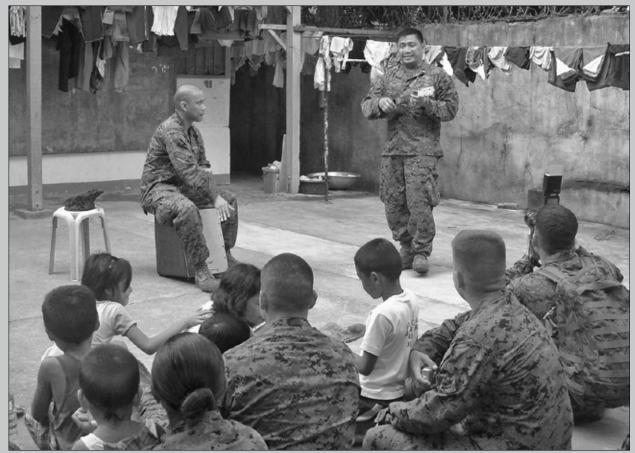
We cannot underestimate the value of a phone in a crisis. I was deployed to Kuwait with the Expeditionary Medical Facility in 2004. The day we arrived at Camp Arifjan, the first thing most of us were looking for was a phone to call our families back home. Likewise, when a shipmate would receive a death notification, the first thing they would ask for was a phone. I remember a sad story of a plane crash survivor who was denied the use of a phone following the incident because the phone was for executive use only. Although he just wanted to call his family and let them know he was okay, the rules prevented him from using the phone. A phone is just one basic need in the early stages of a crisis, especially dur-

The prophet Elijah, when threat-

ing prolonged family separation.

What explicit suicidal language? God sent an angel to give him food and water. God knew that Elijah's basic needs at the initial stage of his crisis were food and water. After God ministered to his physical needs, he re-commissioned him. In the end, Elijah went on to accomplish immeasurable amounts of work for God.

Here at Marine Corps Air Station Iwakuni, we all have the privilege to influence others through a few words, great caring, and comforting actions in the early stages of a crisis. Small amounts of help will produce a much larger effect. A hot cup of coffee and a phone can be most helpful to survivors during the initial stage of the crisis. Our Lord once said, "Even a cup of cold water given in His name will surely not lose his or her reward."



Navy Lt. John Q. Cometa, deputy station chaplain, and Petty Officer First Class Marco Mirador, a religious program specialist, entertain orphans and volunteers in the Philippines during Exercise TalonVision last month. Cometa, Mirador, and other service members participated in five community relations projects throughout the exercise. Photo courtesy of the station chapel

Corps Question

If I own daggers or double-edged knives, what is the regulation on the maximum length they can be?

According to a new bill passed by the government of Japan, the maximum length is 5.5 centimeters. The old law banned blades longer than 13 centimeters. As of Oct. 28, a six-month grace period is in effect. Those who possess illegal knives will have to turn them over to police or ship them out of the country. Knives should never be carried off the station.



her Rutgers University display table during the college fair at the Club Iwakuni ballroom here Oct. 28.AVID students like Madison spent two months preparing for the college fair in order to properly represent their selected schools. Photo by Lance Cpl. Joseph Marianelli

AVID FROM PAGE

before them," she added.

AVID students had been working for two months in preparation for the culminating college fair event.

Sending e-mails to colleges requesting information and pamphlets, creating a pamphlet for their selected college and researching their chosen college were just a few aspects of the project the students had to accomplish, said Cottle.

Following the provided rubric, the students completed the projects primarily on their own with the teachers providing only guidance.

During the fair, the students set up their individual tables using poster boards to highlight the main features of their respective colleges and pamphlets with more detailed information.

"You can tell the kids are really excited," said Cottle.

The students were present to answer any questions regarding their college.

"Presentation is a big part in life," said Cottle. "They need to engage people when they go by and not hide behind

At least one student has already been helped by the AVID program.

"It's shown me how to keep organized," seventh-grader Madison Byers said. "My binder I used in fifth and sixth grade was

Besides the organizational techniques, AVID's methodology also provides problem solving techniques to aid knowledge retention and individual learning.

"It's shown me what to do if I'm having problems in class," said Madison. "SQ3R (Survey, Question, Read Review, Recite) and IDEAL (Identify, Define, Explore, Act, Look) are both problem solving methods it has taught me."

Both methods are useful for the students when they are struggling with homework or during test preparation. Madison chose Rutgers University in

New Jersey for the college fair.

At M.C. Perry, the AVID program begins at the seventh-grade level and requires taking at least one advanced course per year in middle school and two per year in high school.

Honors, advanced placement, and foreign language classes are considered

House of Dracula infects audience with laughter

LANCE CPL. JOSEPH MARIANELLI IWAKUNI APPROACH STAFF

NEWS

The Iwakuni Civic Theatre Group presented Martin Downing's "The House of Dracula" at Sakura Theater here Oct. 29 through Nov. 1.

With daring direction by Ed Cutshall, this performance of "The House of Dracula" was modified with updated language and local references to make it more accessible to audiences.

The play begins with Baron and Baroness Frankenstein, played by Troy Ruby and Lauralee Snyder respectively, arriving at Castle Dracula under more than ominous

ghouls of old arrive such as Ygor, a Werewolf, Dr. Jekyll and of course Count and Countess Dracula

In a Freudian twist, the monsters come together and discuss the discontent they are having with their continued existences as monsters. It seems as though the immortal binds

have begun to weigh heavily upon the characters and so Count Dracula, played by Todd Hyson, let's the other characters in on his reasons for inviting them all to the castle — he has been in dialogue with Dr. Jekyll, played by Kenji Tolentino, about an ancient elixir that should remove their powers and make them normal.

Of course, none of the monsters want to be the first to sample the potential cure for their ills and in a feat of misdirection As the play progresses more classic Dr. Jekyll pours the solution onto a dead

As if the characters were not uncom

SUBMITTED BY

fortable enough with each other, the normal mortals. elixir brings the mummy to life setting the stage for comedic Benny Hill style chase scenes.

Transformed from Dr. Jekyll into Mr. Hyde, he pours the concoction into the cocktails of the unsuspecting guests to view the mayhem that ensues.

As the guests each get a break from the chase they naturally have a drink and all quickly succumb to the elixirs love-potion side effect.

Although comically charged, the humor does turn somewhat racier with the characters pursuing one another like sexually charged teenagers all the while still trying to elude the mummy.

Despite the initial effects of the potion, the desired results do come to fruition and the characters are effectively turned into

While the play itself is geared for comedy, the actors and actresses certainly didn't slouch in their performance as they all accentuate the humor with convincing character portrayals.

Tolentino's performance as Dr. Jekyll was especially compelling as he vacillated seamlessly back and forth between his alter egos throughout the play.

As well, Andrea Rausch's performance as the domineering Frau Lurker stood in clear juxtaposition with the subservient, almost effeminate, Ygor played by Jeremy

Needless to say, the production was another impressive display put on by the Iwakuni Civic Theatre Group.

For information about theater events contact Jennifer Cutshall at 253-5366.

MATTHEW C. PERRY SCHOOLS

M.C. Perry schools to conduct customer satisfaction survey

The Department of Defense Education Activity will administer its biennial Customer Satisfaction Survey from Nov. 1 through Feb. 28, 2009. The CSS provides valuable feedback to DoDEA from its most important customers students and parents - about the quality of education it provides and areas needing

The 2008 DoDEA Customer Satisfaction Survey represents a departure from tradition in that the survey will be administered to students in grades 4-12 and sponsors for each child enrolled in DoD schools from pre-kindergarten — SureStart through 12th grade. As with prior Customer Satisfaction Surveys,

maximum participation is encouraged in order to obtain reliable and valid data.

Historically, teachers, educational support staff, students in grades 4 through 12 and sponsors for each child enrolled in DoD schools from pre-kindergarten through 12th grade were asked to complete the CSS. This year, parents and students administrators, teachers and educational support staff will participate in the DoDEA Employee Satisfaction Survey to be administered during March 2009.

The surveys were developed through a review process of various groups, area education directorate staff members at the DoDEA headquarters.

Some questions were adapted from

participation remains voluntary and the Phi Delta Kappa/Gallup Poll of the Public's Attitudes Toward Schools with additional DoDEA-specific questions. The 2008 CSS contains more parentstudent-specific questions, particularly with regard to guidance and counseling.

The surveys take approximately 20 minutes to complete and are available online at www.dodea.edu. Parents who will participate in the CSS while DoDEA do not have access to the Internet should contact their child's school to determine other alternatives.

Information derived from the surveys will be used to improve planning efforts at all levels throughout DoDEA. Schools, districts and areas will use the survey results offices, superintendents, principals, to gain insight into the satisfaction levels of sponsors and students, which is one of many measures used for future planning of DoDEA programs and service.

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One of two MH-53E Sea Dragon helicopters deployed here with Helicopter Mine Countermeasures Squadron 14 (HM-14) Detachment 1 from Norfolk, Va. is prepared for a familiarization flight with Marines and sailors aboard the station. Photo by Lance Cpl. Dan Negrete

HM-14 moves Far East deployment to ROK

COMPILED BY THEIWAKUNI APPROACH STAFF

Two MH-53E helicopters and supporting personnel departed here Oct. 27 for Pohang, Republic of Korea.

For the past year, Helicopter Mine Countermeasures Squadron 14 Detachment 1 from Norfolk, Va. and two of their MH-53E Sea Dragon helicopters have conducted airborne mine countermeasures training here.

Naval mines pose the same kind of threat to today's navies as they did back in World War I and World War II. They can easily destroy an enemy ship or deter whole movements of ships by blocking off major ports and waterways. The United States Navy and Japanese Maritime Self Defense Force have developed various countermeasures to combat the threat of all types of naval mines.

"It has been a very rewarding experience working from MCAS Iwakuni for the past year. Our interaction with our Japanese counterparts at HM-111 has increased our own readiness and our interoperability within the Japanese Maritime Self Defense Force," said HM-14 officer-in-charge, Lt. Cmdr. Jeff Farlin.

HM-14 also participated in a simulated both operationally and on the humanitarian aid and disaster-relief exer-life side of things," said Farlin.

cise in the Tokyo area.

"HM-14 had to respond to a simulated disaster striking Tokyo Bay," said Farlin. "Our mission was to transport people from the affected area to the USS Essex out at sea. The exercise went flawless."

HM-14 also participated in Exercise Cobra Gold 2008, part of Thailand's joint-combined annual training suite.

While participating in the exercise, HM-14 offered to provide humanitarian aid to Burma after Cyclone Nargis devastated the Burmese coast May 2.

HM-14 stood by waiting for the Burmese government to approve its participation in Operation Caring Response.

"We were on 24-hour response, ready to deliver humanitarian-aid supplies to Burma, but the call never came," said Lt. j.g. Katie E. Culic, HM-14 co-pilot.

Nevertheless, it was a good learning experience in foreign air-space operational protocol, she added.

"As a pilot, you're always looking for ways to improve yourself. The more operational experience you have — the more opportunity you have to improve your skills," Culic said.

"Overall, the support that we have gotten from the base here has been phenomenal both operationally and on the quality-oflife side of things," said Farlin.



ARABIAN GULF — An MH-53E Sea Dragon helicopter tows a MK-105 Magnetic Influence Minesweeping System or 'sled' during operations with USS Saipan in the Arabian Gulf in September 2006. Saipan was on deployment to the region conducting maritime security operations, ensuring security and safety in international waters so that all commercial shipping can operate freely while in the region. Photo by MC2 Steven | Weber



Kelly Kellman leads third-graders at Matthew C. Perry Elementary in an introduction to yoga during fitness day here Oct. 28. During the yoga introduction, Kellman led the children through many of the various animal yoga forms. Photo by Lance Cpl. Joseph Marianelli

MCCS instills fitness values early

Lance Cpl. Joseph Marianelli IWAKUNI APPROACH STAFF

Physical fitness and nutrition values start at a young age — it's never too early, or too late, to start focusing on a healthy lifestyle.

Matthew C. Perry Elementary School third-graders literally took a field trip during fitness day here Oct. 28.

In a jointly coordinated effort between M.C. Perry Elementary and Marine Corps Community Services, the third-graders abandoned the monotony of the classroom and took to the field and tennis courts behind the school for a little practical application.

"It was part of the class curriculum," Jeramie Johnson, Ironworks Gym fitness coordinator, said. "They were studying basic nutrition and fitness."

During fitness day, Semper Fit instructors Kelly Kellman, Leah Novak and Barbara Roman gave the children an introduction to pilates, yoga, and bosu.

"Since we were on a time limit it was more or less to have fun — more of an introduction," said Johnson.

Kay Guevarra and Johnson led a nutrition trivia relay race where the children competed in teams by racing back and forth to a point and answering a question about nutrition.

The third-graders would rotate from station to station every 15 minutes.

"It was good stuff," said Johnson. "Educational and they got to have fun."

Opportunities like this allow MCCS to demonstrate not only their commitment to a healthy station populace, but also aid in instilling fitness as a life goal.



A third-grader hops to collect the ball atop the cone and then race back to her cheering teammates during the nutrition relay at Matthew C. Perry Elementary here Oct. 28. During the nutrition relay, teams competed by racing to the cone and back with the first team getting the first opportunity to answer a fitness or nutrition question related to their in-class material. Photo by Lance Cpl. Joseph Marianelli

"We want to try and build up our kids programs," said Johnson. "We already have the Kid Fit program." "I really would like to see that develop into something

bigger," he added. Events like this highlight something Johnson believes

Events like this highlight something Johnson believes the station takes for granted sometimes.

"I think the children are just as important to the community because they are here and we don't have a lot of events geared to the kids," said Johnson.

Ultimately the event demonstrates MCCSs commitment to the community both young and old.

Originally the intent was to have the event at the Ironworks Gym but with Marine Corps Ball setup in progress, the event had to be moved or not happen at

"We wanted to do our part," said Johnson. "So when we were called upon we made arrangements to make it happen."

Unfortunately a lot of what MCCS does goes undocumented because planning and preparation happen behind the scenes and it's easy to take for granted a program so ubiquitous around the air station.

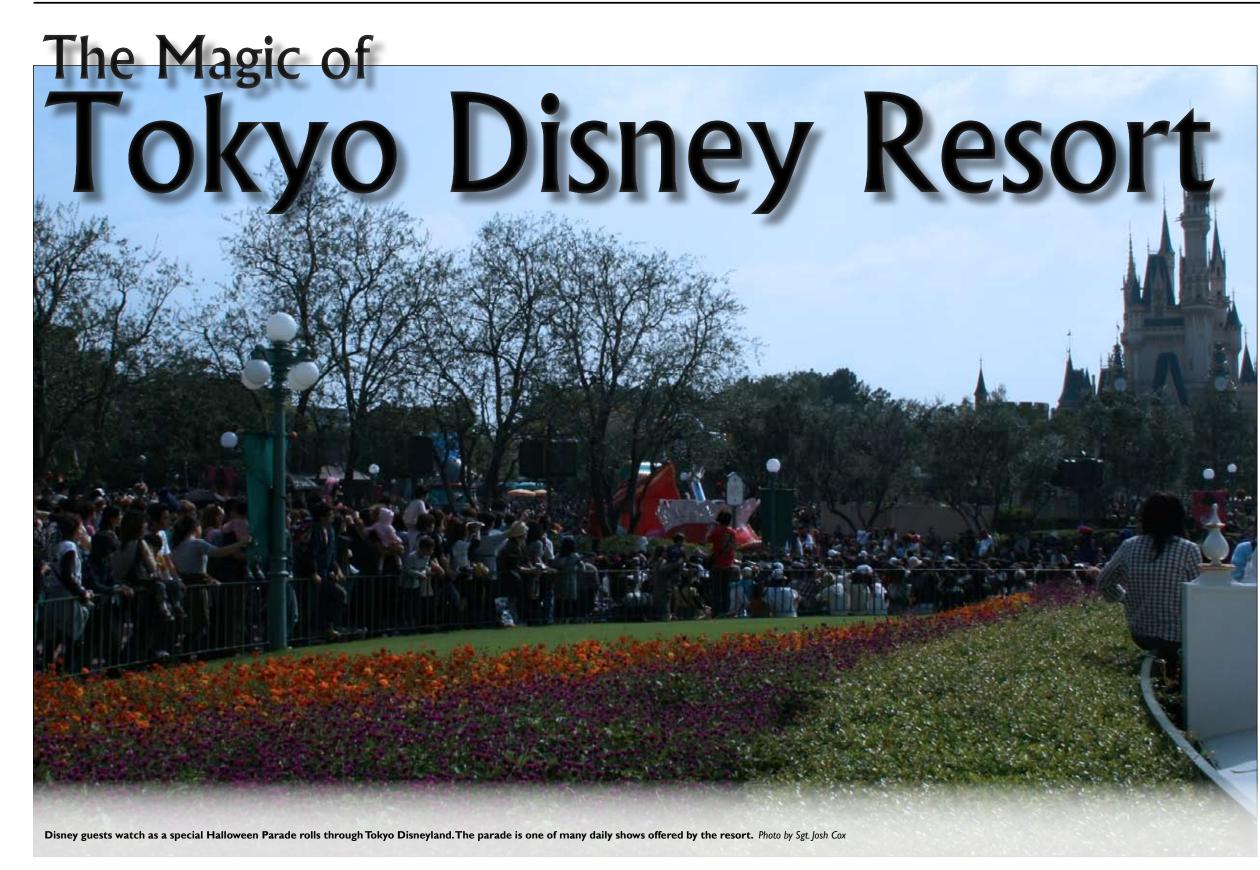
"A lot of what we do isn't our job per se, but individuals out there making things happen," said Johnson.

"I was very fortunate to have staff willing to participate and give their time," he added.

Semper Fit has a whole host of events coming up for all ages including The Great American Smoke-Out scheduled for Nov. 20.

For more information contact the Ironworks Gym at 253-6578 or check out their section on the MCCS Iwakuni Web site www.mccsiwakuni.com.

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SGT. JOSH COX IWAKUNI APPROACH STAFF

n one day service members and their families can visit a Fantasyland, American Waterfront, Mediterranean Harbor, an Arabian Coast, or simply Journey to the Center of the Earth — inside the enchanted Tokyo Disney Resort.

The Magic of Disney transforms Tokyo into a kingdom full of exciting thrills for all ages.

The resort features two major parks — DisneySea, which opened seven years ago, and Tokyo's Disneyland, which is currently celebrating its 25th anniversary.

The parks are simple to navigate, and most signs and maps are available in English. Moreover, most Disney cast members speak

DisneySea is a park full of activities for the

whole family, and features attractions like the Tower of Terror and Raging Spirits rollercoaster.

The park also features several indoor attractions, including The Little Mermaid's Lagoon and a live Big Band show.

A man-made lake in the center of the park is the stage for several popular Disney flotilla parades and shows.

The shows feature animated eruptions of fire and water, and of course, performances by the beloved Mickey and Minnie.

Disneyland is equally exciting.

The park features the iconic castle surrounded by seven themed lands.

In Critter Country, visitors can rush down Splash Mountain in an oversized log raft.

In Tomorrowland, guests can travel through the galaxy in a rollercoaster inside Space

A few Disneyland family friendly attractions

include Pirates of the Caribbean, Dumbo the Flying Elephant and Alice's Tea Party.

The park also entertains thousands with shows and parades throughout the day.

Most parades vary according to the season. In the evening a huge parade full of illuminated floats called, Dreamlights, treks through the park.

For first-time Disney guests or seasoned Mickey Mouse fanatics, this park isn't a disappointment.

The park provides a gateway to explore Japan and enjoy the Magic of Disney simultaneously.

Marine Corps Community Services offers fun trips to Tokyo at affordable prices for service members and their families here.

To learn more about trips to Tokyo Disney Resort and more, contact Information, Tours and Travel at 253-4377, or Information and Referral at 253-4197.



Lillyann Overton skips around DisneySea with Donald and Daisy Duck. Children have

Cinderella's Castle illuminates the Tokyo Disneyland night sky. Photo by Sgt. Josh Cox many opportunities to meet and greet with their favorite Disney characters at the parks. Photo by Sgt. losh Cox



Crush from Disney's "Finding Nemo," swims through Tokyo Disneyland during the park's Dreamlights Parade. The parade is one of many shows offered by the resort. Photo by Sgt. Josh Cox



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CORPS NEWS

HIGHLIGHTING MARINES AND SAILORS AROUND THE GLOBE



Cpl. Charlie Beaston, a machine gunner with Provisional Rifle Platoon 3, Regimental Combat Team 5, observes activity outside his observation post at Traffic Control Point 3 in Rawah, Iraq Oct. 25. One of more than a dozen infantry Marines with PRP-3, Beaston and the others provide experience that the non-infantry

Infantry Marines supplement security platoon

SGT. MICHAEL T. LOWRY **REGIMENTAL COMBAT TEAM 5**

RAWAH, Iraq — For most of the Marines of Provisional Rifle Platoon 3, Regimental Combat Team 5, common infantry training is an uncommon virtue.

The majority of Marines with PRP-3 are trained as members of combat support military occupational specialties, which means they provide necessary assistance to support the ground combat element. However, the platoon is currently conducting an infantry mission here by providing security of the roadways and bridge into Rawah.

Those without formal infantry training from the School of Infantry, though, have the help they need just an arm's length away. More than a dozen infantry Marines from battalions with 5th Marine Regiment volunteered to be a part of PRP-3, and their experience and knowledge is enhancing PRP-3's mission capability.

"We come from two totally different worlds, but shared hardships to build strong bonds," said Cpl. Drew March, 24, a fire team leader with PRP-3 from Speedway, Ind. "If (the infantry Marines with PRP-3) see something messed up, we let (everyone) know. Our job out here is to teach and to lead."

All of the infantry Marines with PRP-3 March was assigned as a fire team leader, volunteered to return to Iraq — most and he quickly made it his business to within three months after returning from a seven-month deployment with 3rd Bn, 5th Marines, though some are from 2nd Bn., 5th Marines — to serve as members of PRP-3 more tools to be successful. Grizzly Mobile, RCT-5's mobile security element. When they arrived at RCT-5's headquarters at Camp Ripper, which is the experience, so I turn to them a lot

learn about his team members. It's this attention to the Marines around them, helping making them better, that has given

"(The infantry Marines) are the ones who are the experts, the ones with all

"I'm happy we're not getting shot at. I don't want any stars or crosses. If nothing is happening, then no one dies. It's good seeing the progress here and being able to say 'hey, that's partly (because of) us.'"

Cpl. Drew March

aboard Al Asad Air Base in western al-Anbar province, they were reassigned to PRP-3 to serve as members of the platoon and as mentors to the support-element

"On my first deployment, I learned more while deployed than any training," said March, who, like many of the infantry Marines with PRP-3, is on his third tour in Iraq. "I've actually been impressed by a lot of (the non-infantry Marines). They're picking up on the basics pretty quickly." Like many of the other infantry Marines, of times," said Sgt. Dante R. Sevieri, 24, a squad leader with PRP-3 and data technician with RCT-5 from Castro Valley, Calif. "Everybody helps each other out to make our squad better."

The non-infantry Marines are taking their orders seriously, and the infantry Marines have noticed the motivation of all the Marines is running high throughout

"I selected Cpl. (Levi) Bjorkman, an (administration clerk), as my point man because he has shown a lot of common

seen the country when the situation was more active, with frequent attacks from insurgents and foreign fighters from terrorist networks causing a dangerous

sense abilities," said Cpl. Jordan M.

Moehnle, 22, a fire team leader with

The infantry Marines with PRP-3 have

PRP-3 from Sunland, Calif.

situation for Coalition forces and peaceful Iraqi citizens. Though the low number of combat contacts this year is a sign of significant strides toward stability, the combat-experienced Marines have not let down their guard.

"My first deployment (in 2006, with Lima Company, 3rd Bn., 5th Marines) was pretty intense," said Moehnle, who also served as a squad leader on his second deployment after attending infantry squad leaders course. "The situation in Fallujah was better than in the past and on the way to improvement, but it was still pretty wild.

"By the second deployment, (from Sept. 2007 to Apr. 2008), it was significantly

"I'm happy we're not getting shot at," March said. "I don't want any stars or crosses. If nothing is happening, then no one dies. It's good seeing the progress here and being able to say 'hey, that's partly

Community Briefs

Power outage

There will be a station-wide power outage tomorrow from 8 a.m. to 4:30 p.m. The power outage is necessary in order to perform maintenance to essential parts and equipment for the continuous safe and reliable electrical service to MCAS Iwakuni

Messhall Closure

The Southside Messhall will close Tuesday in observance of Veteran's Day, Northside Messhall will be open regular holiday/weekend hours.

Food Sale Fundraiser

Saturday

Sunday

Saturday

Sunday

Sunday

Weekdays

Jewish

Friday

Church of Christ

Latter Day Saints

Teen Programs

toring, Parent Support Groups

Marine Memorial Chapel at 253-3371.

Filipino American Association will host the Food Sale Fundraiser on Nov. 15, 10 a.m. – 1 p.m. in front of the Commissary. Combo Plates - Chicken Adobo, Pancit,

Rice and Lumpia are on the menu. Proceeds will be used for Community Holiday Party in Club Iwakuni. For more information.

will show the free movie on Nov. 20 at Sakura Theater. Doors open at 7 p.m. and show starts at 8 p.m. "For The First Time" with KC Concepcion & Richard Gutierrez. Tagalog with Japanese subtitles. For more information, call 253-

Jewelry Sale Fundraiser

American Red Cross will host the Jewelry Sale Fundraiser on Nov. 21, 5 - 9 p.m. at the Officers Club. All SOFA status personnel welcome. Proceeds will benefit

Chapel Services

4:30 p.m. Confession

9:45 a.m. Religious Education

6 p.m. Inquiry Class for adults

9:30 a.m. Seventh-Day Adventist Sabbath

11:00 a.m.Seventh-Day Adventist Devine

11:30 a.m. Weekday Mass

9:30 a.m. Sunday School.

10:30 a.m. Protestant Service

11 a.m. Children's Church

6 p.m. Awana (Bldg. 1104)

10:30 a.m. Worship Service

6:30 a.m. Youth Activities

For times, call 253-5183: high school meetings, junior high

mission trips, Special Events Volunteer Training and Men-

meetings, HS and JR Bible studies, retreats, service projects,

For information regarding divine services, religious education or

any other command religious program or chapel activity, call the

6 p.m. Shabbat (small chapel)

6 p.m. Bible Study (Capodanno Hall

9:30 a.m. Bible Study (small chapel)

Adult Bible Fellowship

Chapel)

5:30 p.m. Mass

8:30 a.m. Mass

American Red Cross programs and Events on MCAS Iwakuni, For

Free Filipino Movie Showing

Filipino-American Association

more information, call 253-4525.

"Hometown Extravaganza" Holiday Cheer-Leading

Committee sponsors the 4th annual "Hometown Extravaganza." The show will be on Dec. 14, 7 p.m. at the Sakura Theater. Calling all performers and units/station representatives. Cash Prize to the 1st place unit. Audition schedule is Nov. 15, 10 a.m. – 4 p.m. and Nov. 19, 4 – 6 p.m. at Mathew C. Perry High School Music Room. For specific details, call 253-6745.

Family Housing Office

The Family Housing Division is changing it's customer service hours. Starting Nov. 10, the hours will be from 8:30 a.m. - 4:30 p.m., Monday through Friday. Self Help will maintain its current hours, 8 a.m. - 4:30 p.m., Monday through Saturday.

"Stay Connected by Reading"

The Station Library now offers a "Stay Connected by Reading" service. If you or your spouse are deployed or on TAD and don't want to miss that bedtime story for library, select a book to read, and we will video tape you reading it. You then take the DVD home with you and it will be available for your children even when you are gone. Call the Library at 253-4607 for an appointment.

your little ones, just come to the

Reminders to motorcycle riders

- With the camouflage uniforms going from desert to green digital, motorcycle riders are reminded to wear proper personal protective equipment. Reflective equipment is required for wear over the green digital camouflage uniform when riding a motorcycle.
- Toy motor scooters are not authorized for use. For more information or any question, contact Provost Marshal's Office at 253-5105.

Lost and Found

Provost Marshal's Office, Lost and Found section receives many unclaimed items. If you lose something, please contact PMO at 253-5105.

New number for Central Texas Central Texas College has a new phone number 253-3288.

Hiroshima Ice Hockey Team

Hiroshima Collectors, an ice hockey team in Hiroshima City, is now inviting players. Practice schedule:

5 (Fri.), 8 (Mon.), 11 (Thu.), 15 (Mon.), 19 (Fri.), 22 (Mon.), 26 (Fri.), Jan. 5 (Mon.), 7 (Wed.), 16 (Fri.), 22 (Thu.), 26 (Mon.) Time: 9 – 11 p.m. At: Hiroshima Big Wave Age restriction: For adult team. there is no age restriction.

Nov. 7 (Fri.), 10 (Mon.), 14 (Fri.)

21 (Fri.), 28 (Fri.), Dec. 3 (Wed.),

Others: Let us know if you need protective equipment. POC: Mr. Rvotaro Morimoto (e-mail: morimoto.ry@mazda.

URL: http://www.geocities.co.jp/ Athlete-Samos/8667/

Boy Scouts - 50 years of service

Troop 77 would like to welcome and invite anyone interested in joining to attend one of their weekly meetings. The meetings are every Monday, 6 - 7:30 p.m. at Bldg. 1111 (one block down from the Chapel). For more information, call Hut at 253-3505.

Fine Arts Exhibit Program

As a participant in the National Fine Arts Exhibit program, the Youth & Teens Center may submit artwork in four age divisions and 10 categories, including watercolor, pastel, oil, acrylic and collage. Selected artwork will be screened at the local level and a limited number will be sent to the regional and national levels. For more information, call the Youth and Teen Center 253-5549.

MASS NOTIFICATION SYSTEM

The Emergency Communications section at the Provost Marshal's Office will be conducting random tests of the Emergency Alerting System to include the Mass Notification System throughout the week of Nov. 10. Areas include Monzen area and Penny Lake.

Sakura Theater

10 p.m. Righteous Kill (R)

9 a.m. Kung Fu Panda (PG) Free Admission II a.m. Iron Man (PG-I3) Free Admission Free Admission

7 p.m. Good Luck Chuck (R) Free Admission

Sunday, Nov. 9 2008 I p.m. High School Musical 3: Se-

nior Year (G) 4 p.m. The Family That Preys (PG-

7 p.m. Righteous Kill (R

General Admission: Ages 12+ are \$2.50/ Ages 6-11 are \$1/ Children ages 5 and under admitted free. For more information, visit www.mccsiwakuni.com or call 253-5291.

Friday, Nov. 7, 2008

7 p.m. The Family That Preys (PG-

Saturday, Nov. 8 2008

I p.m. Transformers (PG-13) 4 p.m. Hot Rod (PG-13) Free Admission

Automobiles

2001 Mazda Demio

Silver, JCI runs through October 2010. Well kept and clean. New timing belt, AC/AM/FM Radio with CD. Great gas mileage. Asking \$3,000 OBO. Call 253-6508 (work) or 253-2335 (home).

1994 Tovota Lexus

Asking \$2,000 OBO. Great gas mileage. 10-disc CD changer. JCI runs through September 2009. Road Tax until April 2009. For more information, call 253-2203 (home) or 253-3516 (work).

1997 Honda Odyssey

Asking \$3,200 OBO. Great gas mileage. Excellent con- **Dental Assistant needed** dition and runs well. JCI runs through May 2010. Road Tax until April 2009. For more information, call 253-

Mess Hall Menu

MONDAY

Bean w/Bacon Soup, Shrimp Gumbo Soup, Savorv Baked Chicken, Oven Roast Beef, Oven Brown Potatoes, Tossed Green Rice, Succotash, Green Beans and Mushrooms, Brown Gravy, Dinner Rolls, Peanut Butter Brownies, Double Layer Marble Cake, Butter Cream Frosting, Banana Cream Pudding

Mulligatawny Soup, Swiss Steak w/Mushroom Gravy, Baked Ham, Mashed Potatoes, Scalloped Sweet Potatoes & Apples, Brown Gravy, Raisin Sauce, Simmered Peas & Carrots, Simmered Brussels Sprouts, Standard Salad Bar, Cherry Turnovers, Oatmeal Cookies, Maple Nut Cake, Maple Butter Cream Frosting

French Onion Soup, Cream of Broccoli Soup, Baked Tuna Noodles, Breaded Pork Chop, Mushroom Gravy, Garlic Roasted Potatoes, Carrots, Mix Vegetables, Hot Dinner Rolls, Chocolate Chip Cookies, Dutch Apple Pie, Devils Food Cake w/ Butter cream Frosting, SPECIALTY BAR: BBO

THURSDAY

Manhattan Clam Chowder, Split Pea Soup, Chicken Parmesan, Italian Sausage, Buttered Pasta, Oven Browned Potatoes, Eggplant Parmesan, Cauliflower Gumbo, Alfredo Sauce, Marinara Sauce, Garlic Bread, Sugar Cookies, German Chocolate Cake, Banana Cream Pie SPECIALTY BAR: DELI BAR

Chicken Noodle Soup, Cream of Mushroom Soup, Southern Style Fried Catfish, Chicken Cacciatore, Steamed Rice, Candied Sweet Potatoes, Southern Style Greens, French Fried Cauliflower, Cream Gravy, Jalapeno Corn Bread, Coconut Raisin Drop Cookies, Florida Lemon Cake w/Butter Cream Frosting, Chocolate Cream Pie SPECIALTY BAR: HOTDOGS/POLISH SAU-

mation, call 253-3278 (work) or 090-8608-3799 (cell).

CLASSIFIEDS

SPORTS

Items for sale

- * Pub table and four chairs \$100.
- * Corner T.V. stand \$30.
- * Baby excersaucer \$20.

Please email for pictures of these items to nichol.fuentes@usmc.mil. Call 253-2505 (home) if interested.

2203 (home) or 253-3516 (work).

parts. Everything from the mirrors to the motor is for

Jobs

1997 Toyota Spacio Runs great. Good heat/AC. Less than 53,000 km. JCI runs through July 2010. Asking \$3,500 OBO. Call 253-7992 (home) if interested. 1993 Skyline GTR Parting out a 1993 Skyline GTR with many aftermarket

sale. Please call 080-3474-8856 (cell) or email potwic@ gmal.com for more information.

The dental clinic at MCAS Iwakuni is seeking one motivated Dental Assistant for a great opportunity in dental healthcare services. For more information, please stop by Bldg 111 or call 253-5252 or 3331. Applications must be received NLT 4 p.m. on Monday.

Miscellaneous

House in Beaufort for rent

Beaufort Orders? Home 20 minutes from the air station for rent 3/2/2. Remote control ceiling fans in the living room and all three bedrooms. Remote control garage door opener with a fenced yard. This spacious, open floor plan home is on a wooded lot with a lagoon. Bluffton is between the air station and Savannah. Make To submit an advertisement request, follow the classified the wife happy with the convenient shopping while you are still close to work and your children are in better schools. For more information, call (843) 321-2917 or email to: ninavanetten@yahoo.com.

Nutcracker Ballerina

Great Christmas gift for your ballerina! Rotates and plays the Nutcracker Suite. Asking \$50. For more infor-

Baby Girl Clothes for sale

Must see cute baby girl clothes! Old Navy, Gap, Osh Kosh, Carters. Size from 6 months to 12 months winter. 12 months to 18 months spring and summer. Also have shoes, socks, tights, bibs, sweaters, coats. Excellent shape, lightly worn and free of stains. Will sell individually \$5 per outfit, shoes \$3 per pair of shoes, or will negotiate a price for all. Pack-n-play with changing table, vibrations, music and bassinet in excellent shape. \$75. Email for pictures of the pack-n-play. Contact dawn_larrabee@yahoo.com or 253-2611 (home).

BOWFLEX TREADCLIMBER TC5000

Asking \$1,800 OBO. Purchased for \$2,600 with shipping two years ago. Slightly used. For more information, call 253-2611 (home) or email to: dawn_larrabee@ yahoo.com. For more information on the machine, visit http://www.bowflex.com/

Asking \$100. Beautiful ball gown for sale, fits size 16-18. Adjustable lace up back. Comes with shear wrap. For additional pictures or information, contact 253-2611 (home) or email to: dawn_larrabee@yahoo.com.

Fisher-Price Go Baby Go!

Bounce & Spin Zebra for \$20. A little ones favorite ride! Please call 253-2180 (home).

link on the station Web site and open an advertisement request form. Submit the form via website or send the e-mail to iwakuni.pao@usmc.mil. Or you can submit in person at the Public Affairs Office, Building One, Room 216.

- The deadline for submissions is Monday at 4:30 p.m.
- The request is effective a week. If you want to extend a previously submitted ad for an additional week, notify the Public Affairs Office at 253-5551.

Messhall Closure

The Southside Messhall will close Tuesday in observance of Veteran's Day. Northside Messhall will be open regular holiday/weekend hours.



Marine Corps Family Team Building class graduates stand together for a group photo Oct. 29. The class familiarizes Japanese spouses with the military lifestyle by covering topics like the Corps, reading the LES, deployment, PCS'ing, communication, culture, base resources and Tri-Care. Photo courtesy of Tina Pham



Run finishes Red Ribbon Week

LANCE CPL. KYLE T. RAMIREZ IWAKUNI APPROACH STAFF

More than 200 laced up for the annual 3.5k Red Ribbon Run held in support of Red Ribbon Week here Oct. 31.

The event rallied those against alcohol and drug abuse and promoted a healthy lifestyle.

Last year was the first time the run was held and the turnout was approximately 50 runners, according to coordinators from Marine and Family Services. This year, the larger turnout was attributed to each unit providing a formation in support of the anti-drug campaign.

If runners and participants didn't walk away from the event with a new t-shirt or water bottle, they walked away with a better understanding of the station's stance on alcohol and drug abuse.

Many service members noted the run to be uplifting although very brief. Marine Corps cadence filled the streets in front of Building One and trailed as far as Ironworks Gym as each unit made its way through the course.

One Marine shouted at the event, "Just give us any reason to run and we'll do it! We love running everywhere! All the



Lt. Col. Tray J. Ardese fires a cap gun, signaling the start to the annual 3.5 kilometer Red Ribbon Run held in support of Red Ribbon Week, a nationally recognized anti-drug campaign. Sections from each unit aboard the station were out to show support as well. Photo by Lance Cpl. Kyle T. Ramirez

us or making us race — it's about us

we care about what's going on," said

Lance Cpl. Montreal T. Mathis from

Marine Aviation Logistics Squadron 12

Consumable Management Division. "I

think it makes a huge impact for the kids

coming out here and showing that

Parents ran with strollers, baby slings or paced their children throughout. Some real competitors were noted for being some of the first to finish, although no medals were distributed at

"Really, this run isn't about challenging

much like the attention the weeklong campaign receives when held in the

"We've gotten together as one in the community to take a stand against drugs and alcohol," she told the Iwakuni Approach last week.

to come out and see so many of us out

Montreal, a Kannapolis N.C. native,

said he remembers when Red Ribbon

classroom as a grade school student.

"I wish we had this kind of thing going

on in my neighborhood way back when. I probably would have taken it way more

Many things were done this year to

market the weeklong campaign. Erica

S. Ramos, the week's top coordinator

sure the event was highly publicized

from Marine and Family Services, made

Week would be observed in his

seriously," he said.

here, letting them know this isn't just going on in their school. It's a base-wide

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The week gathered the support of many sections and units aboard the station to gain its attention. Everything from handing out red ribbons to cars at the gate to American Forces Network hosting a live radio show at the Crossroads Mall here.

