

## GOLDFISH FESTIVAL

YANAI EXPLODES WITH  
SONG, DANCE | P.6&7

FEATURE

## IWAKUNI'S GUNS

See who rocked Far East  
Bodybuilding competition | p. 12

SPORTS

## IWAKUNI APPROACH

Issue No. 31, Vol. 2 | Marine Corps Air Station Iwakuni, Japan

LOW/ROE  
training: Keep  
honor cleanSUBMITTED BY  
STATION JUDGE ADVOCATE

The Office of the Station Judge Advocate here will host a two-day Law of War course and unit-level LOW/rules of engagement blocks of instruction provided by the U.S. Marine Corps Law of War Detachment.

**Two-Day Course:** The LOW course will convene 7:30 a.m. – 4 p.m. Thursday and Friday in the Building 1 auditorium here. Maximum seating capacity for the course is 50.

The course meets the requirement under Marine Corps Order 3330.4 that commanding officers, executive officers, operations officers, and senior staff noncommissioned officers receive specific LOW training.

**Unit LOW/ROE Instruction:** Two-hour blocks of instruction on LOW/ROE will be available to all units interested Wednesday through Friday.

Unit training will be available at locations convenient for units or the Sakura Theater for large groups.

The intended audiences are platoon-, company- and squadron-sized units, particularly those expecting to deploy to the U.S. Central Command area of operation

SEE **LAW** ON PAGE 2

LANCE CPL. CHRIS KUTLESA

Ken Kobayashi, a firefighter here, poses in front of equipment at the station fire department here. Kobayashi saved a gentleman from choking to death at the Mikawa Town Summer Festival Aug. 2. This was not the first time he has saved a life. During Kobayashi's off time, he serves as a lifeguard at the station pools.

## Station firefighter saves choking man

LANCE CPL. CHRIS KUTLESA  
IWAKUNI APPROACH STAFF

Ken Kobayashi, a firefighter here, saved a gentleman's life at the Mikawa Town Summer Festival Aug. 2.

Kobayashi was spending his Sunday morning at a nearby festival when he heard cries for help.

"I was relaxing with my family when I heard someone shout for 911," said Kobayashi. "When I

ran in the direction of the screaming and shouting, I saw an older man laying on the ground choking."

The man on the floor had been participating in a soba noodle eating competition when he began choking, causing him to lose consciousness and fall to the ground.

Kobayashi identified himself as a firefighter and then asked the crowd to back up to give him some

SEE **HERO** ON PAGE 3New  
dragon  
joins fire  
stationLANCE CPL. CLAUDIO A. MARTINEZ  
IWAKUNI APPROACH STAFF

The Iwakuni Station Fire Department is currently preparing a new fire engine to add to the growing fleet of vehicles it uses to maintain the safety of the station and its residents.

The new \$378,000 fire engine, which is being outfitted with specialized tools tailoring it for harbor disaster and water rescue missions.

"It was custom designed for Iwakuni," said Devin Johnston-Lee, Iwakuni Station Fire Department chief. "There is stuff on here that

only meets our mission."

The Iwakuni Station Fire Department has followed its long standing tradition in naming all its vehicles after dragons and has appropriately christened the new truck Kairyu, which translates to ocean dragon.

Kairyu will be positioned at the station harbor here, making it the first response vehicle in the area once it is outfitted with unique water-rescue equipment and a water-rescue board.

Like the other Iwakuni Station Fire Department engines, Kairyu is also being armed with medical bags, a 500-gallon water tank, 100 gallons

of foam, a mass decontamination manifold and all the necessary tools firefighters need to support any air-field disaster or structural fire.

The new engine, which was acquired through a government vehicle replacement program, required three years of paper work and explanations for the justification of the new fire truck.

"In order for us to protect the base, we have to have National Fire Protection Association compliant equipment," said Johnston-Lee. The older equipment bought through a local

SEE **ENGINE** ON PAGE 3





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*The Iwakuni Approach welcomes Letter to the Editor submissions. Letters must include a full name and unit, if applicable. Anonymous letters and comments will not be published. Letters are the opinion of the writer only. Submissions may be edited for clarity and space. Letters can be dropped off at the Public Affairs Office or sent via e-mail to iwakuni.pao@usmc.mil. Please submit all content at least two weeks in advance of projected publication date for review.*

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# CHAPLAIN'S CORNER

## ‘Service: Being good ambassadors’

LT. ROBERT E. MILLS  
STATION CHAPLAIN

Every Monday the air station holds a “Welcome Aboard” brief for new personnel. If you are over 13 years old, you have been involved in this brief unless you are with one of the unit deployment program squadrons, which have a similar system. If you think back to your “Welcome Aboard” brief, you will likely remember several things about it. You heard about many of the various departments or sections here at Marine Corps Air Station Iwakuni and what they have to offer. You were warned not to drink and drive, not to swim at certain times and in certain places, and not to harass others. You were asked to be good ambassadors for the United

States to the people of Japan. You were invited to get involved in many of the outstanding cultural activities that Japan offers. You were also invited to try out the many activities that are offered on the base, from bowling, to sailing, to checking out free camping equipment at Outdoor Recreation. What you may not remember is that you were given the opportunity to extend yourself in service to the local Japanese community. Nearly every week, there are community relations projects (COMRELS) available to you. These projects go out into the local surrounding communities and share good cheer, friendship and peace. Those who participate benefit in so many ways, both personally and professionally. Most religions of the world place a premium on service

— that is, doing some good to benefit others. When we extend ourselves on behalf of other people, we show we are not selfish, we have the welfare of our fellow human beings at heart, and we care about people different from us. This type of giving also promotes toleration, especially in cross-cultural settings like we have here in Iwakuni. You may be wondering how you can get involved. Well, it is easy! There are several organizations on base which hold regular COMRELS. You can find out more by contacting your unit chaplain or Family Readiness Officer, or by calling the chapel at 253-3371. Most of our COMRELS need additional personnel, so we are always looking for more volunteers. There are many ways for you to be a good ambassador here in Iwakuni. Join us on our next COMREL, you won't be sorry!

## Combating Summer heat, knowledge is power

SUBMITTED BY  
STATION SAFETY

**Heat Stress:** When the body is unable to cool itself by sweating, several heat-induced illnesses such as heat stress, heat exhaustion and the more severe heat stroke can occur, and can result in death. **Factors Leading to Heat Stress:** High temperature and humidity, direct sun or heat, limited air movement, physical exertion, poor physical condition, some medicines, and inadequate tolerance for hot workplaces. **Symptoms of Heat Exhaustion:** Headaches, dizziness, lightheadedness or fainting. Weakness and moist skin. Mood changes such as irritability or confusion. Upset stomach or vomiting. **Symptoms of Heat Stroke:** Dry, hot skin with no sweating. Mental confusion or losing consciousness. Seizures or convulsions. **Preventing Heat Stress:** Know signs/symptoms of heat-related illnesses; monitor yourself and coworkers. Block out direct sun or other heat sources. Use cooling fans/air-conditioning; rest regularly. Drink lots of water; about 1 cup every 15 minutes. Wear lightweight, light colored, loose-fitting clothes.

Avoid alcohol, caffeinated drinks, or heavy meals. **What to Do for Heat-Related Illness:** Call medical (911 or 0827-21-7700 from a cellphone) at once. While waiting for help to arrive: Move the worker to a cool, shaded area. Loosen or remove heavy clothing. Provide cool drinking water. Fan and mist the person with water. **Flag Conditions:** Know about the flag conditions and the information they post. Green Flag: Heat condition I (80 F – 84.99 F) Heavy exercises for unacclimatized personnel will be conducted with caution and under constant supervision. Yellow Flag: Heat condition II (85 F – 87.99 F) Strenuous exercise such as marching at standard cadence will be curtailed for unacclimatized troops in their first three weeks per the Manual of Naval Preventive Medicine P-5010. Avoid outdoor classes in the sun. Red Flag: Heat condition III (88 F – 89.99 F) All physical training will be curtailed for those troops who have not been thoroughly acclimatized by at least 12 weeks per NAVMED P-5010. Those troops who are thoroughly acclimatized may carry out limited activity not to exceed six hours per day. Black Flag: Heat condition IV (90 F or higher) All nonessential physical activity will be halted for all units.

## Proper conduct during combat, know policies, procedures

LAW FROM PAGE 1

and in need of required follow-on training under MCO 3330.4. All service members are required to receive LOW training commensurate with their duties and responsibilities pursuant to Department of Defense directive 5100.77, Secretary of the Navy Instruction 3300.1A, and MCO 3300.4. The complexities of Long War missions make this training more important than

ever. The 2-day LOW course is Headquarters Marine Corps approved and will cover the four Geneva Conventions, detainee operations, ROE, targeting, war crimes and all aspects of the LOW. Students will receive a completion certificate. Personnel interested in attending a two-day LOW course should contact Mina Iwaki at mina.iwaki.ja@usmc.mil or Gunnery Sgt. Eric Rodriguez eric.rodriguez@usmc.mil or call

253-5591/92 with the following information: Last name, first name, middle initial, rank, last four of social security number, unit, phone number and e-mail address. Unit leaders interested in having their unit receive the two-hour LOW/ROE block of instruction should contact the above with unit name, unit point of contact and phone number, expected number of attendees and desired training location.

**“I AM A FIREFIGHTER,  
TRAINED TO HELP  
PEOPLE REGARDLESS  
IF I AM ON DUTY OR  
OFF.”**

**-Ken Kobayashi**

HERO FROM PAGE 1

room. “I began performing the Heimlich Maneuver,” said Kobayashi. “I had performed it multiple times when I noticed his face turning blue and his eyes glazing over. I began applying more pressure. Finally, with one last hard hit, the food dislodged from his throat, opening his airway and allowing him to breathe again.” Due to the rural location it was another 25 minutes until the local ambulance arrived. If he had not been there to assist in this medical emergency, the fortunate gentlemen may not have survived. Upon arrival the paramedics checked the man's vitals and deemed him OK to be released to his family. The man Kobayashi had saved approached him and thanked him for his service. “He came up to me and apologized and then continued to thank me,” said Kobayashi. “I was more concerned that I had hurt him while trying to save him. He assured me that he was feeling fine and was not injured.” Kobayashi has a quiet unassuming nature and was reluctant to tell his fellow firefighters about the incident. “I am a firefighter, trained to help people regardless if I am on duty or off. I took an oath to serve and protect the public,” stated Kobayashi. His actions were immediately noticed by local citizens and would eventually reach the local city fire chief. Realizing the remoteness of the festival and the availability of ambulances, the fire chief stated Kobayashi's actions as lifesaving and critical to the outcome of the incident. “An Iwakuni city fire chief called our station to praise and thank our firefighter Kobayashi for his service,” said Takuya Fukii, deputy fire chief for the station department here. Days after the incident, Kobayashi was still receiving praise. “I'm just glad I was able to help save his life,” said Kobayashi. “My job as a firefighter gives me honor, but I'm not special.” This incident was not the first time Kobayashi saved a life. During his off time he works as a lifeguard at the station pools.

## Ocean Dragon: Station's newest engine always ready to fight



LANCE CPL. CLAUDIO A. MARTINEZ

The Iwakuni Fire Department welcomes as its newest member a \$378,000 fire truck christened Kairyu, which translates to ocean dragon. Kairyu will be positioned at the station harbor here, making it the first response vehicle in the area after it is outfitted with specialized tools tailoring it for harbor disaster and water rescue missions.

ENGINE FROM PAGE 1

vender was OK, but it didn't make the fire department NFPA compliant, Johnston-Lee said. The fire department had several meetings with Pierce Manufacturing, the company that constructed the new fire engine, to have the new rig custom designed for the station and its mission. Kairyu has already been equipped with \$1,000 valves, two \$500 hoses and \$800 nozzles along with other tools to help support the station's mission and safety better.

Johnston-Lee said the new fire truck brings the fire department up to date by replacing some of the older equipment past its service life. Many of the fire department members agreed the new fire engine would be a valuable asset to the station's safety. Iwakuni Satation Fire Department assistant fire chief Alvin Aritea said it benefited the station by providing it with state-of-the-art, top-of-the-line, firefighting safety equipment. Before, firefighting was just fighting fires and basic emergency services, but with the new con-

cepts post Sep. 11, special operations, hazardous material, heavy operations and weapons of mass destruction response has become part of the firefighting career field, Aritea said. Both Aritea and Johnston-Lee agreed, while the fire engine was an exciting new tool it would be nothing without the specialized skills of the Iwakuni Satation Fire Department firefighters. A date to declare the engine fully operational is yet to be determined since the fire department is still awaiting equipment to be delivered and installed on the new truck.

## Changes to AFN news happening now, get inside scoop

GUNNERY SGT. TROY M. RUBY  
AMERICAN FORCES  
NETWORK

We're going on-air in 10 seconds. Ready camera one, ready audio, ready anchor, ready to take camera one. In five, four, three, two, one ... take camera one, take microphone ... we are on-the-air. This is a daily occurrence inside American Forces Network Iwakuni weeknights at 6:25 p.m. as the AFN news team produces our five-minute newscast, Inside Iwakuni News. If you are a current viewer of Inside Iwakuni News, we thank you and hope the information you have gotten on our broadcasts has been both useful and informative. If you are just learning we have a local newscast, no need in setting an Outlook reminder because as of Aug. 17 everything changed ... hopefully for the better. Here's a rundown on the changes: The daily five-minute newscast

is being retired and replaced by two, two-minute newsbreaks. Inside Iwakuni News Strike: A two-minute newsbreak featuring a fully produced television news story highlighting an Iwakuni unit, event or milestone. Inside Iwakuni Update: A two-minute newsbreak containing information concerning upcoming events, community happenings and things to do in the local community. Both of these two-minute updates will air at various times throughout the day and evening on AFN Pacific, channel 10. If, for some reason, you miss either Inside Iwakuni News Strike or the Inside Iwakuni Update, these two-minute newsbreaks will also be posted to the air station's Web site on Marines.mil and iTunes for easy download and viewing from any computer with an Internet connection. This Week Inside Iwakuni: A 15-minute newscast wrapping up the week's events on and

around Marine Corps Air Station Iwakuni. We will re-air all the news stories from the past week along with one new story. A new addition to this newscast will be a dedicated sports section hosted by an AFN sportscaster. The sportscast will highlight intramural, school and other sporting events on the air station to include some coverage, statistics and standings. This Week Inside Iwakuni will air on Fridays at 6:30 and 10:15 p.m. on AFN Pacific, channel 10, during five day work weeks. This Week Inside Iwakuni will also be posted on the Internet. If you or your unit has an upcoming event or information you would like to get out to the local community, feel free to contact the AFN news team by calling 253-5661 or go to the MCAS Iwakuni Web site and submit a coverage request. We will do our best to provide coverage, advertising or anything else we can do to help you have a successful event.



# SUMMER SONIC

**133**  
music acts  
hit the stage  
at music festival in  
**OSAKA**

**BEYONCE**

**NE-YO**

**LADY GAGA**

PHOTOS BY LANCE CPL. CHRIS KUTLESA

## Annual Japanese music festival goes Gaga

LANCE CPL. CHRIS KUTLESA  
IWAKUNI APPROACH STAFF

For three days every year thousands of music fans converge on Osaka to see over 100 bands and artists perform at the Summer Sonic Music Festival.

This year's Summer Sonic was held Aug. 7-9 with a lineup boasting an assortment of musical acts from mainstream pop stars to indie-alternative acts, both attracting equal amounts of people.

The crowds this year were as mixed as the music. People dressed in studs and spikes were standing next to girls dressed like Lady Gaga. Ironically, Lady Gaga was dressed in studs and spikes herself, looking more KISS and less like her fans.

There were plenty of amazing acts, but Gaga's show stood out as the surprise stunner stage performer.

"I love her music, but I never would have thought she would translate well on the stage," said Maiko Morioka, an Osaka local

who has attended the festival since it started 10 years ago.

It can be easy to assume Gaga's electronic beats and eccentric outfits equal a lack of talent, but after seeing her perform it was clear she has plenty of talent to spare.

In concert her voice is deeper and more commanding, giving her floaty songs a solid platform to stand on.

"I was really impressed and shocked by both her voice and the performance," said Bill Lehr, a concert goer from Ireland, who traveled to Japan just to attend the festival. "A lot of people in Japan are obsessed with her and now I can see why. She is absolutely amazing."

After performing multiple fast pace hits, Gaga took to the piano, performing a slowed down rendition of her hit single "Pokerface."

Over the course of an hour, Gaga managed to cut her leg, throw her glasses into the audience, forget where she was, play the piano with her feet and

improvise an "I Love Osaka" song to "O'Christmas Tree."

Gaga's spontaneity and unpredictability kept the audience guessing and probably left some people asking themselves if they should categorize Lady Gaga as a pop princess or a neo-age rock star.

Japan was a brief stop for Beyonce who has been on a world tour for the past six months.

Her years of experience in the music industry were apparent in her show. Her vocals, her dance moves and her concert in general sounded and looked like a well-oiled machine.

There were no guessing games during Beyonce's concert, each song was a complete stunner ending the first day of Summer Sonic on a high note.

Beyonce's performance was sharp and perfect, while Lady Gaga's was thrilling and exciting.

Fortunately the concert was not a competition as it would have been a tie for first. Interestingly enough, Beyonce and Lady Gaga

will however be competing at this year's Music Television Video Music Awards.

According to Aaron Parsley, staff writer for CNN, Beyonce and Gaga both received nine award nominations just days before they performed at Summer Sonic.

Patrons who were not fans of either Beyonce or Gaga had 131 other acts they could attend.

For the last two days of Summer Sonic, fans flooded the numerous stages to see acts such as Ne-Yo, My Chemical Romance, Nine Inch Nails, Paramore, Linkin Park, The All-American Rejects, Elvis Costello, Joan Jett, Matisyahu, and The Specials.

Summer Sonic Music Festival is scheduled to happen again around summertime next year. Until then there are plenty of other musical acts coming to Japan every month.

Those interested in attending a concert while in Japan should stop by the Information Tours and Travel desk for more information.



LANCE CPL. CLAUDIO A. MARTINEZ

Registered nurse Rafiah Meekins, New Parent Support Group nurse, helps a mother teach her son how to walk during Playmorning in Building 656's community room here Aug. 11. Playmorning is one of the many services provided by the New Parent Support Group to help station families with children newborn to 5 years of age.

## Start children in real life social network

LANCE CPL. CLAUDIO A. MARTINEZ  
IWAKUNI APPROACH STAFF

The New Parent Support Group here regularly offers a variety of services to help station parents with children newborn to 5 years of age.

Playmorning, which meets in the community room of Building 656 here 10 to 11:30 a.m. on Tuesdays, is one of the many services offered to parents to aid in their child's development.

"Children benefit from socialization," said registered nurse Rafiah Meekins, a New Parent Support Group nurse.

The children learn how to interact and play together during the group, Meekins added.

Playmorning starts off with the children playing together with toys and continues with them singing various songs like "The Itsy-bitsy Spider" and "Wheels on the Bus."

After singing, all the parents and children work together on art-and-craft projects, which help develop the children's creativity.

All activities during the play group concentrate on socializing children and helping them develop various skills.

Meekins said mixing children with children their own age prepares them for the future when they go to school and participate in school-age programs.

While children benefit by socializing and playing, the parents also benefit by talking with other parents and

nurses present at the play groups.

Michelle Griffin, mother to a 1-year-old son and Playmorning participant, said it's helpful to meet other moms with children the same age as her son.

Counselors from the Military and Family Life Consultant Program are also on hand to answer any questions parents might have.

Different child development topics are covered each week to help parents with their children.

While one week the group may concentrate on the importance of hydration, the next they will concentrate on how to encourage and praise their children, Meekins said.

Many of the parents agreed they look forward to the weekly play group almost as much as their children did.

Since most participants are stay-at-home moms, the program offers them the chance to break the monotony of just staying at home everyday, Griffin said.

"I get to meet some people around base that I really don't know and probably wouldn't have gotten to meet anywhere else on base," said Deanna Hull, mother of two toddlers. "It's not always easy being stuck at home."

To attend Playmorning, the New Parent Support Group asks that all children be updated on their immunization records.

Parents with children newborn to 5 interested in attending Playmorning or any other service provided by the New Parent Support Group can call 253-6553 for more information.



LANCE CPL. CLAUDIO A. MARTINEZ

Deanna Hull, mother of two toddlers, tickles her youngest child while singing songs during Playmorning, a play group hosted by the New Parent Support Group in Building 656's community room here Aug. 11. After singing songs, event participants gathered around a table to decorate paper gold fish during the art and craft portion of Playmorning.

**UP  
NEXT**

**The Black Eyed Peas**  
September 18  
Osaka

**Rancid**  
October 4  
Hiroshima

**Loud Park 09 - Rock Festival**  
October 17&18  
Tokyo



# Yanai Goldfish Lantern Festival



A young girl performs a traditional dance dressed in a yukata at the annual Goldfish Latern Festival in Yanai Aug.13. The festival is an annual event that includes a variety of food and activities for the crowd to enjoy. As night fell and the goldfish lanterns illuminated the streets, the throng of people eagerly awaited the fireworks planned at the end of the festival.

## Annual celebration fills streets, illuminates night with laughter, fireworks

LANCE CPL. CLAUDIO A. MARTINEZ  
IWAKUNI APPROACH STAFF

The streets of Yanai overflowed, packed with a sea of people who came to the annual Goldfish Lantern Festival which offered food, music and dancing in the streets Aug. 13.

The festival is held annually in honor of the town's most celebrated product, the goldfish lantern.

Yanai's streets filled with the thunderous beats of Taiko drums as yukata-clad men and women danced around enormous goldfish floats and lanterns.

Festival attendees laid siege to the rows of stands offering a variety of food from burgers to noodles and fried fish.

Excited children wearing yukatas could be seen pulling thier parents through the crowd to one of the vaious stands selling eccentric masks and miniature goldfish lanterns.

"This is great," said Taka Nakamura, a Yanai local and festival participant. "I look forward to the festival each year with the dancing and food. I always have a great time."

People struggled through the crowd as they strove to get a good view of the floats passing through the streets.

As night fell and the goldfish lanterns illuminated the streets, the throng of people eagerly awaited the fireworks planned at the end of the festival.

After fireworks lit the night sky up with bursts of purples, blues,

reds and whites, the festive crowd broke away laughing and smiling.

Some of the crowd headed to a small local club.

Nakamura said people continue to celebrate in after-parties long into the night once the festival ends.

The origin of the goldfish lantern is a bit obscure with several stories concerning its development.

One source says the lantern began when a starving samurai, unemployed during the Meji Restoration was forced to take on piece-labor to feed his family.

The samurai, believing the goldfish to symbolize prosperity in abundance, decided to take a chance and sell goldfish lanterns.

When the samurai reached the market he sold out within the first hour and had enough money to feed his family and make more goldfish lanterns.

A more likely story, according to the Yanai City Official Web site, states that the unique Yanai lantern originated nearly 150 years ago when Yanai merchants began making goldfish toy lanterns for their children.

The birth of the festival began when the merchants' yukata-clad children ran through the streets with their goldfish lanterns lighting their way through the summer evenings.

Whatever the origin of the goldfish lantern is, it remains the most celebrated product of Yanai and the centerpiece of this Summer festival.



Goldfish lanterns light the streets of Yanai during the annual Goldfish Lantern Festival which offered food, music and dancing in the streets Aug. 13. One of the several stories concerning the origin of the goldfish lantern involves a starving unemployed samurai during the Meji Restoration.



Fireworks light up the sky during the annual Goldfish Lantern Festival in Yanai Aug. 13. With the fireworks signaling the end of the festival, people continue to celebrate in after-parties long into the night.



A festival participant clears the congested streets to make room for the oncoming parade at the annual Goldfish Lantern Festival in Yanai Aug.13. The festival is an annual event that includes a variety of food and activities for the crowd to enjoy. As night fell and the goldfish lanterns illuminated the streets, the throng of people eagerly awaited the fireworks planned at the end of the festival.



Parade participants chant and blow whistles as they pull a goldfish float down the street at the annual Goldfish Lantern Festival in Yanai Aug.13. Yanai locals made the float by hand. Most of the floats featured lights and musical performers. According to the Yanai City Official Web site, nearly 150 years ago Yanai merchants began making goldfish lanterns for their children. The children played with the lanterns in the streets, thus beginning the festival.



CORPS NEWS

HIGHLIGHTING MARINES AND SAILORS AROUND THE GLOBE

# Afghan soldiers, 2/8 Marines flush village, show force



HELMAND PROVINCE, Islamic Republic of Afghanistan — Petty Officer 3rd Class Gian Torrijos, a corpsman with 2nd Battalion, 8th Marine Regiment, Regimental Combat Team 3, trudges through a grass field while returning from a cordon and knock operation here July 28. RCT-3's mission is to conduct counter insurgency operations in partnership with the Afghan national security forces in southern Afghanistan.

LANCE CPL. DANIEL A. FLYNN  
REGIMENTAL COMBAT  
TEAM 3

**GARMSIR DISTRICT, Islamic Republic of Afghanistan** — About 40 soldiers with the Afghan National Army and two squads from Company F, 2nd Battalion, 8th Marine Regiment, Regimental Combat Team 3, executed a “cordon and knock” operation here July 28.

The main focus of this operation was to re-establish security in the area with the ANA out in the lead and show the local populace that Afghan and U.S. forces are here for their protection.

A “cordon and knock” mission typically involves setting up a security perimeter around a specific objective with a maneuver element that conducts voluntary searches inside the cordon.

“With this operation we were able to get the Marines and ANA working together and let the enemy know, it’s not just Marines, but ANA coming after them,” said Sgt. Thomas Williams, squad leader.

The 12-hour mission was conducted on foot and started from one of 2/8’s patrol bases at 4:45 a.m. The movement was approximately two miles over tough terrain to their objective where the Marines posted security while the ANA conducted the questioning and voluntary searches of the residents’ homes.

“One of the main obstacles we faced was the terrain,” said Lance Cpl. Steven Keller, team leader. “There was a lot of mud and canals, as well as the tree lines which disrupted our

line of sight.” Almost as soon as the Marines and ANA reached the objective, the first improvised explosive device detonated and small-arms fire was exchanged.

First squad tried linking with the other squad from another platoon who was under fire, but triggered another IED which kept them from reaching their fellow Marines. The fight only lasted a short time, but once it was over, the ANA were able to start voluntary questioning and searches of the village.

“With the searches, we wanted the ANA to go in first,” said Staff Sgt. Michael A. Garrett, platoon sergeant. “They have been working here for years, so they knew what questions to ask and also who was suspicious.”

According to Garrett, local residents told the ANA insurgents were active in the area, and the ANA told residents to stay in their homes.

The town was rigged with IEDs as well as



HELMAND PROVINCE, Islamic Republic of Afghanistan — Lance Cpl. Michael Warren, assistant team leader and squad automatic weapon gunner with Company F, 2nd Battalion, 8th Marine Regiment, Regimental Combat Team 3, Lance Cpl. Justin Caverly, team leader, and Petty Officer 3rd Class Gian Torrijos, a corpsman, hold rear security while the rest of their squad moves to the next objective here July 28.

command wire which was hidden in multiple places, according to Williams. “But we had some pretty good CEB (Combat Engineer Battalion) guys that helped us out, and used the mine sweepers to find pretty much everything,” he added. Overall the operation was a success. There were no casualties and the ANA did their job well. Their actions will only improve upcoming operations, according to Garrett.

## COMMUNITY BRIEFS

### MMEA Visit

Manpower Management Enlisted Assignments is scheduled to visit the station Sept. 16 – 17. Marines will be provided the opportunity to be interviewed by their perspective monitors for possible future assignments. For more information, contact your command’s career retention specialist.

### Sports physicals

If your child will need a sports physical for next school year please call 253-3445 to schedule an appointment. The clinic cannot guarantee your child’s sports physical will be completed by the time his/her sport begins if appointments are not made until after the school year begins.

### Survival Japanese Class

Learn the very basics of Japanese and interact with the locals. This class began Aug. 6, noon to 1 p.m., at the Japanese American Society Office Building 261 and has continued every Thursday in Aug. Learn the basics of Japanese, getting around off base, greetings and basic interactions. Class size is limited so register early. For more information contact the JAS at 253-4744.

### CTC Class Registration

Central Texas College registration for classes is going until today in Building 411 Room 109 and classes will begin Monday. For more information, call 253-3288 or email iwakuni.jpn.pfec@ctcd.edu.

### Iwakuni Teens

Join us for Club Beyond every Tuesday night starting Sept. 8. Enjoy games, music, food and fun plus a short Bible lesson. Club is held in Yujo Hall (between the chapel and thrift shop) each Tuesday 6:30–8:00 p.m. sharp. Club Beyond, where friends, fun and faith connect. For more information, call the chapel at 253-3371 or call 080-4177-2060.

### Pedodontist visit

Dr. Keith Coe, a board certified civilian pediatric dental specialist, is scheduled to visit the station and treat children Sept. 14 – 24. Oral sedation will be available if needed. To schedule an appointment for your child call Dental at 253-3331

### Job and Information Fair

Come to the Information and Job Fair this Saturday at the Club Iwakuni Ballroom and Eagles Nest from 11 a.m. – 2 p.m. This event is a chance for perspective employers and employees to meet as well as enjoy refreshments and entertainment. On-site interviews will be available along with resume assistance.

### Coupon Distribution Program

The Coupon Distribution Program is available for all personnel aboard the air station courtesy of Marine and Family Services. Coupons are donated by various donors and are good until six months past the expiration date. Stop by Building 411 and pick up your free coupons, look for the baskets marked “Free Coupons.” For more information, please contact Marine and Family Services at 253-6161.

### Power 1575, MCCS Birthday Break

At 9:15 a.m. every Friday, Power 1575 will announce submitted birthdays from the previous week. On the last Friday of the month, Power 1575 will give away one cake to a lucky person in the upcoming month. The promotion is open to anyone with a birthday. To submit your birthday, or someone else’s birthday, go to [www.mccsiwakuni.com/birthdaycake](http://www.mccsiwakuni.com/birthdaycake), fill out the form and let Power 1575 and Marine Corps Community Services handle the rest.

*To submit an event, automobile, item or job advertisement request, please send an e-mail to [iwakuni.pao@usmc.mil](mailto:iwakuni.pao@usmc.mil). Please include a contact name, at least one phone number and the information you would like published. Alternatively, you may submit in person at the Public Affairs Office, Building. 1, Room 216.*

## Chapel Services

### Roman Catholic

Saturday 4:30-5:15 p.m. Confession  
5:30 p.m. Mass  
Sunday 8:30 a.m. Mass  
9:45 a.m. Religious Education  
Tues. – Fri. 11:30 a.m. Weekday Mass  
Wednesday 6 p.m. Inquiry Class for adults

### Protestant

Saturday 9:30 a.m. Seventh-Day Adventist Sabbath School  
11 a.m. Seventh-Day Adventist Divine Worship  
Sunday 9:30 a.m. Sunday School, Adult Bible Fellowship  
10:30 a.m. Protestant Service  
11 a.m. Children’s Church  
6 p.m. Awana (Bldg. 1104)  
6 p.m. Adult Bible Study (Capodanno Hall Chapel)

### Church of Christ

Sunday 9:30 a.m. Bible Study (small chapel)  
10:30 a.m. Worship Service

### Latter Day Saints

Weekdays 6:30 a.m. Youth 12-17 Activities

### Teen Programs

- High School Meetings (Club – grades 9-12)
- Junior High Meetings (Club JV – grades 7-8)
- HS&JR Bible Studies
- Retreats
- Service Projects
- Missions Trip
- Special Events Volunteer Training & Mentoring
- Parent Support Group

Call at 253-5183 or [potwic@gmail.com](mailto:potwic@gmail.com).

*For information regarding divine services, religious education or any other command religious program or chapel activity, call the Marine Memorial Chapel at 253-3371.*

## GOOD SAMARITAN/NEIGHBOR PROGRAM

From May 1 – Aug. 31, 2009, submit names of people ages 10-17, who have been good samaritans or good neighbors to the Provost Marshal’s Office in order to place them in the running for the Summer 2009 Good Samaritan/Neighbor Program award.

The nominee must be someone who reported, prevented or stopped an unsafe or criminal act. The program is strictly anonymous. This is your chance to encourage our children to be good citizens. Let’s award our youth for doing their part to improve our community!

*Call the PMO Crime Prevention Section at 253-5105 for more information. Submit all nominations to the Crime Prevention Section during normal working hours. After normal working hours, submit nominations to the PMO Desk Sergeant, Bldg. 608.*

## SAKURA THEATER

### Friday, August 21, 2009

7 p.m. G.I. Joe: Rise of Cobra (PG-13)  
*Premiere*  
10 p.m. Public Enemies (R)

### Saturday, August 22, 2009

1 p.m. My Sister’s Keeper (PG-13)  
4 p.m. Year One (PG-13)  
7 p.m. G.I. Joe: Rise of Cobra (PG-13)  
10 p.m. The Taking of Pelham 123 (PG-13)  
*Last Showing*

### Sunday, August 23, 2009

1 p.m. Ice Age: Dawn of the Dinosaurs (PG)  
4 p.m. G.I. Joe: Rise of Cobra (PG-13)

7 p.m. Transformers: Revenge of the Fallen (PG-13)

### Monday, August 24, 2009

7 p.m. G.I. Joe: Rise of Cobra (PG-13)

### Tuesday, August 25, 2009

7 p.m. Public Enemies (R)  
*Last Showing*

### Wednesday, August 26, 2009

7 p.m. Iron Jawed Angels (NR)  
*Free Admission*

### Thursday, August 27, 2009

7 p.m. Transformers: Revenge of the Fallen (PG-13)

**General Admission: Ages 12+ are \$2.50/ Ages 6-11 are \$1/ Children ages 5 and under admitted free. For more information, visit [www.mccsiwakuni.com](http://www.mccsiwakuni.com) or call 253-5291.**



# CLASSIFIEDS

## Automobiles

**1997 Mazda Demio**  
4 Door Sedan, A/C, and great gas mileage. JCI until September 2010. Must sale by Aug. 15. Asking for \$1900 OBO. For more information, call 253-2266 or email fcd@nttml.net.

**1999 Toyota Spacio**  
Silver with a gray interior, JCI until March 2011, new CD player, in excellent condition. Asking \$3300. For more information, call (work) 253-3469, (cell) 080-3705-2974.

## Mess Hall Menu

**Monday**  
Cream of broccoli soup, French onion soup, baked chicken and rice, yakniku (steak and vegetables), steamed rice, lyonnaise green beans, mashed potatoes, peas and carrots, chicken gravy, dinner rolls, macaroni salad, spinach salad, standard salad bar, peanut butter cookies, chocolate cream pie with whipped topping, double layer banana cake with butter cream frosting  
Specialty Bar: Pasta

**Tuesday**  
Minestrone soup, tomato soup, roast fresh ham, shrimp scampi, potatoes au gratin, steamed rice, glazed carrots, broccoli combo, cheese biscuits, potato salad, Italian-style pasta salad, standard salad bar, brownies, spice cake with butter cream frosting, coconut cream pie  
Specialty Bar: Taco

**Wednesday**  
Chicken and rice soup, New England clam chowder, chili macaroni, grilled cheese, tempura fried fish, macaroni and cheese, oven-glo potatoes, broccoli polonaise, peas and mushrooms, dinner rolls, macaroni salad, spring salad, standard salad bar, chocolate drop cookies, double layer Florida lemon cake, with lemon butter cream frosting, blueberry pie  
Specialty Bar: Barbeque

**Thursday**  
Chicken noodle soup, cream of mushroom soup, apple glazed corn beef, teriyaki chicken, rissole potatoes, noodles Jefferson, succotash, fried cabbage, hot mustard sauce, chicken gravy, cornbread, potato salad, German-style tomato salad, standard salad bar, pecan brownies, pineapple upside-down cake, chocolate cream pie with whipped topping  
Specialty Bar: Deli Sandwich

**Friday**  
Vegetable soup, beef noodle soup, shrimp creole, beef cordon bleu, herbed broccoli, lemon baked fish, parsley butter potatoes, steamed rice, carrots, dinner rolls, macaroni salad, cucumber and onion salad, standard salad bar, ginger molasses cookies, double layer German chocolate cake, coconut pecan frosting, pumpkin pie with whipped topping  
Specialty Bar: Hot Dog

**1993 MKIV Supra**  
This four seat vehicle has 250 hp brand new headlights, and tires. Has a good stereo, well maintained with low mileage. Great engine, with good compression. Lots of trunk space. JCI is good until Aug 2011. If Interested call 080-3589-2849 to negotiate.

**1992 Nissan Fairlady 300Z**  
Great running condition, power everything, T tops, JCI good until Nov. 15, fair body condition. Asking \$2000. For more information, call (home) 253-2150 (cell) 080-3729-5223.

**1995 Toyota Supra**  
Red. JCI good until Sept 2010. Runs great and looks sharp. Asking \$3000 or OBO. For more information, call (home) 253-2904 or (cell) 080-3521-0786 or email clinton.massengale@usmc.mil.

**1996 Honda Logo**  
Four door hatchback, JCI until Oct. 2010, no mechanical problems, reliable transportation. Asking \$1700 or OBO. For more information, call (work) 253-2968, (work) 253-4327.

## Miscellaneous

**Pink/Purple Polka Dot Boppy**  
Asking \$10. For more information, call (cell) 090-8406-8890 or (home) 253-2031.

**Shopping Cart Cover**  
Asking \$15. For more information, call (cell) 090-8406-8890 or (home) 253-2031.

**White Wooden Baby Crib**  
Asking \$60. For more information, call (cell) 090-8406-8890 or (home) 253-2031.

**Elliptical Machine**  
Asking \$200. Dimensions: 68 inches long, 24 inches wide and 66 inches high. For more information call 253-2163.

**Kenmore Upright Freezer**  
Older upright freezer measuring 28 inches long, 28 inches wide, including back coils, and 58 inches high. Works well. Selling for \$30. For more information, call 253-2691.

**Light Color Wooden Toddler Bed**  
Asking \$40. For more information, call (cell) 090-8406-8890 or (home) 253-2031.

**Crib Mattress**  
Asking \$25. For more information, call (cell) 090-8406-8890 or (home) 253-2031.

**Baby Bjorn City Black with Cover**  
Asking \$50. For more information, call (cell) 090-8406-8890 or (home) 253-2031.

## Jobs

**Chapel Positions Available**  
Now Hiring at MCAS Chapel  
Protestant Pianist  
Protestant Organist  
Christian Non-denominational Music Director  
Protestant Director of Religious Education  
Catholic Director of Religious Education  
Catholic Organist  
Catholic Choir Director  
For more information please call the Logistical Contract office at 253-4233.

**NMCRS Volunteer Opportunities**  
Asking for help is hard. Everyday sailors, Marines and their families come to the Navy-Marine Corps Relief Society in emergencies. Be that friendly person who lets them know they've come to the right place. Client Services Assistant volunteers greet clients and guide them through the initial intake process. Use your winning smile and good people skills to help our clients. To apply for this opportunity, call 253-5311.



On behalf of 22 Marines who participated in the Futashika pool clean-up project, Lance Cpl. Anthony R. Brewer recieves a letter of appreciation from Iwakuni Mayor Yoshihiko Fukuda at the Iwakuni City Hall Aug. 13. The project, put together by the Single Marine Program, partnered Marines and civilians aboard the air station together to remove rocks and sand from the pools at the Futashika Outdoor Activities Center.



*“Blast from the Past”*

A live 2-hour radio show featuring the best of the 50s, 60s and 70s. Every Monday, 7 - 9 p.m. on power 1575.

# 6-Man Soccer Tournament ends with bang



Marine Aviation Logistics Squadron 12 Gunners pose for a team photo after winning the championship game during the 6-Man Soccer Tournament at Penny Lake here August 14. The Gunners took control of the game during the second half and ended the game with a score of 4-3 after a final shoot-out.

## MALS-12 Gunners roll past Tigers 4-3 in final game



The Tigers goalkeeper prepares to clear the ball across the field at Penny Lake here August 14. The Tigers held their ground throughout the first half of the game but lost during a final shoot-out.

LANCE CPL. MIRANDA BLACKBURN  
IWAKUNI APPROACH STAFF

After two very close games Aug. 13, the Marine Aviation Logistics Squadron 12 Gunners won another game against the Tigers to finish off the 6-Man Soccer Tournament with a score of 4-3 at Penny Lake here Aug. 14.

The game held Aug. 13 could have been the end for the Gunners, but they pulled through after beating both Headquarters and Headquarters Squadron 1-0 and the Tigers 3-2.

Both games ended up going into overtime and the Gunners succeeded in taking home both wins by winning both in final shoot outs.

After their last grueling game, both the Gunners and the Tigers had to bring their A-game for the championship game.

The game started off fast paced with the Tigers scoring two goals in the first half and going into the second half with a 2-0 lead.

The Gunners may have left the first half feeling frustrated, but showed more intensity and composure during the second half as they began to take more control of the ball, making the Tigers goalkeeper work a little harder.

The Gunners scored their first goal within the first few minutes of the second half raising their spirits.

After their first goal they continued to turn over the ball and managed to get yet another goal past the Tigers' goalie to tie the score at 2-2.

At this point the Tigers were feeling the

pressure and knew they needed to step up their game if they wanted to win the tournament.

As the game intensified, coaches and teammates started yelling commands to one another in English, Spanish and Japanese.

When the second half came to an end, the Tigers and Gunners were tied up 3-3. A re-run of their previous encounter – the game went into two two-minute periods of overtime with both teams having no luck scoring any goals.

The championship title came down to yet another shoot-out.

The Tigers got to shoot first but missed. The Gunners took advantage of the opportunity and Taylan Batuman made their first shot, winning the game 4-3.

Johei Cedillo, a Gunners defender and team captain, attributed their win to teamwork.

“That’s really what it boils down to,” he said. “Good communication and good passes.”

“We were losing at first,” said Christian Orozco, the goalkeeper for the Gunners, “but we came together and we won together.”

Both players encourage others to get involved in intramural sports.

“It’s good (physical training) and it builds comaraderie,” said Cedillo.

“It’s a great way to interact with new people if you don’t know anyone,” said Orozco. “I hope more people come out and play next year.”

The Gunners finished their season with a 4-1 record and a tournament championship.





LANCE CPL. ANTWAIN J. GRAHAM

CAMP FOSTER, Okinawa — Jeffrey Velazquez flexes his guns for the judges and crowd during the middleweight division portion of the 14th Annual Far East Bodybuilding competition at the theater here Aug. 2. Velazquez ultimately muscled-out his competition and won the middleweight division for a shot at the overall title.

## Iwakuni bodybuilder shreds middleweight div.

LANCE CPL. ANTWAIN J. GRAHAM  
OKINAWA MARINE STAFF

**CAMP FOSTER, Okinawa** — Thirty bodybuilders commanded crowd approval while competing to win the judges' favor during the 14th Annual Far East Bodybuilding Competition at the theater here Aug. 2.

The crowd rooted and cheered as athletes of several weight classes flexed their way through the competition.

In the end, an overall champion was chosen from the top finishers of each weight class.

"With all the intensity and participation from the crowd, you could tell they loved the show, especially the ladies," said Jamie Troxel, a guest bodybuilder and champion of the competition almost a decade ago.

Competitors were judged on stage presence, physique and performance to determine winners in each weight class, with the winner moving on to compete for the title of overall champion.

Enid Tatum, a military spouse, was the only woman to compete this year and took first place in the heavyweight division and overall women's title.

The male athletes came various sculpted sizes competing in six weight classes: bantamweight, lightweight, light-middleweight, middleweight, light-heavyweight

and heavyweight divisions.

American and Okinawan male competitors posed for the win, but it was Bobby Rowe, a retired Navy corpsman, who placed first in the bantamweight division.

Leo Yozaki dominated the light-weight division, and Tomoya Nakadomari shrugged the competition in the light-middle-weight division.

Jeffrey Velazquez, who came from Marine Corps Air Station Iwakuni, muscled out the competition in the middleweight division while Shinichi Itosu took the light-heavyweight championship.

"I almost didn't come to the competition, but now I'm glad I did," Velazquez said. "I'll never forget hearing the crowd screaming 'Iwakuni, Iwakuni!' when it was time to choose a winner."

Roosevelt Moody was the only competitor in the heavyweight divi-

sion and was named the heavyweight champion.

The winners of each male division gathered on the stage one last time to decide the overall male bodybuilder.

The judges cast their votes and the hostess raised the hand of Shinichi Itosu, the light-heavy-

weight champion.

Itosu simply smiled and curled his biceps like Superman as the crowd applauded his success.

"I was amazed with the outcome of the competition," Troxel said. "Knowing the pressures of training for this, I can see that each competitor's hard work paid off."



LANCE CPL. ANTWAIN J. GRAHAM

CAMP FOSTER, Okinawa — Muscle monsters take the stage and strut their stuff to pump up the crowd before competing in the Far East Bodybuilding competition here Aug. 2. The competition was broken into five separate divisions with 30 competitors all competing for supremacy in their class and a chance to be named best overall bodybuilder.