

REPLENISHMENT

Vertical resupply a success | p. 5

DAY OF PLAY

Kids say the darnest things | p. 6 - 7

RAH RAH!

Cheerleaders jump into new season | p. 11

FEATURE

FEATURE

SPORTS

IWAKUNI APPROACH

Issue No. 37, Vol. 2 | Marine Corps Air Station Iwakuni, Japan

2009 COMMANDER'S CUP PARTICIPANTS COMPETE IN EARTH BALL P. 12



Distinguished guests impressed

CPL. KRISTIN E. MORENO
IWAKUNI APPROACH STAFF

The deputy commandant for aviation, Lt. Gen. George J. Trautman, and commanding general of the 1st Marine Aircraft Wing, Maj. Gen. Raymond C. Fox, along with 26 other distinguished guests toured facilities here Sept. 22 as part of the "Boots on the Ground" site visit. The visit was an effort to see firsthand how Marine Aircraft Group 12 incorporated Continuous Process Improvement toolsets into its maintenance and supply activities.

This was the first time that Navy and Marine commands in Japan hosted the event. "There was a Marine Corps Order that came out in March of this year, Marine

SEE **BOOTS** ON PAGE 3

New Patriot Express service changes effective Thursday

LANCE CPL. CLAUDIO A. MARTINEZ
IWAKUNI APPROACH STAFF

The Patriot Express is slated to continue service here into the next fiscal year with minor changes effective Thursday.

The Patriot Express is now scheduled to arrive here Mondays at 3:45 p.m. and depart Tuesdays at 6:30 a.m.

Space Available travelers or service members traveling without orders aboard the Patriot Express are required to be at the air terminal here Tuesdays no later than 2:30 a.m.

Space Required travelers or service members traveling on orders will need to be at the air terminal, no later than 3:30 a.m.

Gunnery Sgt. Joaquin Navarro, air transportation division staff noncommissioned officer-in-charge here, said the station was so successful in filling seats aboard the Patriot Express

last year that they were able to continue service here with some minor modifications.

"In some way or another, these changes will affect anyone who plans to utilize the Patriot Express in the future," said Navarro. "We're very fortunate and pleased with having the opportunity to once again offer air transportation to the United States for our Iwakuni residents."

Also, Kadena Air Base, Okinawa, Japan, will no longer be on the same leg as Iwakuni. Instead, Misawa, Japan, has been added to the route.

The Patriot Express will route from Seattle to Anchorage, Misawa, Yokota, to here.

After staying overnight here, it will continue its journey back to Seattle, following the same route in reverse.

SEE **PATRIOT** ON PAGE 3



LANCE CPL. CLAUDIO A. MARTINEZ

Lt. Col. Christopher A. Feyedelem (left), Marine Wing Support Squadron 171 commanding officer, passes off the noncommissioned officer sword to Sgt. Maj. Blake L. Smith, oncoming MWSS-171 sergeant major, in an appointment ceremony in front of the MWSS-171 headquarters building here Sept. 28.

MWSS-171 welcomes new sergeant major

LANCE CPL. CLAUDIO A. MARTINEZ
IWAKUNI APPROACH STAFF

Sgt. Maj. Blake L. Smith was appointed as sergeant major of Marine Wing Support Squadron 171 during an appointment ceremony in front

of the MWSS-171 headquarters building here Sept. 28.

"I think he has served in just about every impressive billet that we join the Marine Corps to do and aspire

SEE **171** ON PAGE 3



Commanding Officer/Publisher
Col. Michael A. O'Halloran

Public Affairs Officer
Capt. J. Lawton King

Public Affairs Chief
Master Gunnery Sgt.
John A. Cordero

Operations Chief
Staff Sgt. Andrew Miller

Press Chief
Sgt. Robert Durham

Editor
Cpl. Kristin E. Moreno

Combat Correspondents
Sgt. Josh Cox
Lance Cpl. Chris Kutlesa
Cpl. Joseph Marianelli
Lance Cpl. Claudio A. Martinez
Lance Cpl. Salvador Moreno

Webmaster
Lance Cpl. Miranda Blackburn

Community/Media Relations
Hiroko Soriki
Hiromi M. Kawamoto

Administration
Hiro Sumida

"This weekly newspaper is an authorized publication for members of the military services stationed overseas and their families. Its contents do not necessarily reflect the official views of the U.S. Government, the Department of Defense or the U.S. Marine Corps, and does not imply endorsement thereof."

Editorial content is edited, prepared and provided by the Public Affairs Office of Marine Corps Air Station Iwakuni, Japan. All queries concerning news and editorial content should be directed to the Public Affairs Office, Building One, Room 216, MCAS Iwakuni, Japan. Call 253-5551.

The Iwakuni Approach welcomes Letter to the Editor submissions. Letters must include a full name and unit, if applicable. Anonymous letters and comments will not be published. Letters are the opinion of the writer only. Submissions may be edited for clarity and space. Letters can be dropped off at the Public Affairs Office or sent via e-mail to iwakuni.pao@usmc.mil. Please submit all content at least two weeks in advance of projected publication date for review.

PSC 561 Box 1868
FPO AP 96310-0019
Phone 253-5551
Fax 253-5554

CHAPLAIN'S CORNER

'Character First'- Part 1

Lt. CMDR. JOHN Q. COMEDA
DEPUTY COMMAND
CHAPLAIN

Theodore Roosevelt once said, "Character, in the long run, is the decisive factor in the life of an individual and of nations alike."

What is a good character? Tom Hill, who developed the Character First Program, said, "Good character is the inward motivation to do what is right, according to the highest standards of behavior, in every situation."

The Bible says, "Joseph was well-built and handsome. His master's wife took notice of him and said, 'Come to bed with me!' But he refused... and said, 'How then could I do such a wicked thing and sin against God?' If we rate Joseph's ethical awareness,

his capacity to do what is right and what is wrong, from

1-10, we can easily give him a 10! Despite Potiphar's wife's advances, Joseph was able to say no to her and resisted temptation. What was his secret? He had the fear of the Lord and respect for a higher authority. Notice, he did not say, "How can I sin against your husband," but rather he said, "How can I sin against God?"

Joseph knew how to balance physical fitness and spiritual fitness. He was described as well-built but at the same time he was spiritually fit.

There are two kinds of people. There are those who obey the law because they don't want to go to jail if caught. Others obey the law because out of the overflow of their heart they do what is acceptable and what is good.

For some, it is "No brainer not to drink and drive," "No brainer to buckle up," "No brainer to tell the truth," "No brainer to respect authority," "No brainer to refrain from drugs." These are people who have internalized the core values of honor, courage and commitment. They have resolved to do what is only right before God and man.

We need to learn from Joseph. Though he was exposed to sexual temptation on a daily basis and was punished for doing the right thing, still he maintained his personal integrity. Later, the Lord exalted him in the end. He became second in command of Egypt and made a significant contribution to his family, his country and humanity. Dwight D. Eisenhower is right when he said, "The spirit of man is more important than mere physical strength and the spiritual fiber of a nation than its wealth."

History and Heritage

Meeting in Philadelphia, Pa., the Second Continental Congress used the word "Marines" on one of the earliest known occasions, when it directed Gen. George Washington to secure two vessels on "Continental risqué and pay," and for him to give orders for the "proper encouragement to the Marines and seamen" to serve on the two armed ships.

'Big Fish' wins Area 51 Toastmasters Contest



LANCE CPL. CLAUDIO MARTINEZ

From left to right, Mayumi Ono, 3rd place winner, Midori Monobe, 2nd place winner, and Raymond Vanwey, 1st place winner, stand next to Rika Uemoto, Area 51 Toastmasters Governor, after their awards were presented to them during the Area 51 Tall Tales Toastmasters contest at the Iwakuni-shi Fukushi Kaikan in Iwakuni City. The area contest was a part of a Toastmasters international contest where the 1st and 2nd place area winners will proceed to the district, division and to the international level if they continue winning. Seven contestants participated in the event where they demonstrated their public speaking capabilities. "The point of the contest was to tell tall tales, kind of like fake stories," said Vanwey. "But all of it is to give us a better ability to speak in public. It's difficult to get in front of a lot of people and give speeches, so making a tall tales competition gives you a chance to use your imagination to do stuff that's more outlandish than what you would usually do." Vanwey won the competition by telling a tale of the biggest fish he's ever caught, with the fish doubling in size with each reference he made to it. The next contest is scheduled Oct. 11. Toastmasters meetings aboard the station are open to ages 18 and up, with meetings taking place the second Wednesday and fourth Friday of the month. Meetings take place at the Facilities building in the second floor conference room from 11:45 a.m. to 12:45 p.m. and at the Marine Aviation Logistics Squadron 12 headquarters building in the first floor AIRSpeed room from 7 to 9:00 p.m. Visitors are encouraged to come free of charge to view the proceedings or join the Toastmasters for a fee of \$33 every six months. Anyone wanting more information on the Toastmasters can contact Michiko Yasuda at 253-4501.

BOOTS FROM PAGE 1

Corps Order 5220.12, and in part of that order the Commandant of the Marine Corps directed the deputy commandant for aviation to ensure that AIRSpeed is being implemented and successful," said Master Sgt. Rodney A. Dunn, Marine Aviation Logistics Squadron 12 AIRSpeed chief here.

According to the Naval Air Systems Command Web site, AIRSpeed is an "enabler for operationalizing cost-wise readiness across the Naval Aviation Enterprise. This project (was) chartered to transform the NAE into a CPI environment that is a demand-based pull system to effectively support the warfighter in an efficient manner."

The visit consisted of several briefs; service members showcased their process improvements in their work centers and were encouraged to ask questions and directly voice their concerns to senior NAE leadership.

"There was a lot of work that went into the BOG preparation by the Marines from MALS-12. Everyone did a fantastic job at presenting what has been accomplished," said Dunn. "You can make things look as pretty as you want, but the reality is, if it's not there, you can see that it's not there."

Traditionally, most changes to maintenance and supply policies and practices are directed from the top down, but AIRSpeed encourages junior service members to come up with ideas to maximize efficiency and readiness and present them to their chain of command for implementation.

"The mission of AIRSpeed is continuous process improvement. And currently, where the focus is at is time for reliable replenishment reduction," said Sgt. Tchakowsky Samuels, MALS-12 AIRSpeed analyst here.

The goal of AIRSpeed is to decrease cycle time, and identify and reduce non-value added work and inefficiencies. The capabilities and resources of the program are beneficial not only to the military but any business looking to reduce the cost of doing business, improve productivity, and increase customer satisfaction.

"I think Lt. Gen. Trautman's visit opened up a lot of people's eyes, and they are starting to see AIRSpeed is not just a phase the Marine Corps is going through. Rather, AIRSpeed is here to stay," said Dunn.

Power 1575 announces programming changes

CONTRIBUTED
AFN IWAKUNI STAFF

Power 1575 will be making some changes to their current programming starting Oct. 5. Some of our satellite services will be changing and we will be adding new programs.

"Gravity" will replace "The Touch." Gravity is a new Rhythmic/Contemporary Hits Radio service. Artists include 50 Cent, Tim-

PATRIOT FROM PAGE 1

Service to these destinations will be provided by a new Boeing 757 aircraft replacing the older McDonnell Douglas DC-10.

The B-757 is outfitted with approximately 145 economy seats and 45 business class seats with 45 seats reserved for the station. "That's probably one of the best things; it's going to have limited business-class seats," said Navarro. "It should be a little more com-

fortable than the DC-10."

Outbound service members processing out to their next duty station will be able to book their flights aboard the Patriot Express through the Installation Personnel Administration Center as they receive their orders.

Space Available travelers can contact the air terminal for more information.

"Another plus to the Patriot Express is the convenience of flying into MCAS Iwakuni," said Navarro.

171 FROM PAGE 1

to do," said Lt. Col. Christopher A. Feyedelem, MWSS-171 commanding officer. "If ever there was such a thing as a Marines' Marine, Sergeant Major Smith is that individual."

Smith, whose prior assignment was serving as the Advanced Infantry Training Battalion sergeant major in Camp Pendleton, Calif., completed recruit training December 1988 and was designated to the School of Infantry as a rifleman.

During his 21 years of service, Smith has served under several titles including company first sergeant for Reconnaissance Training with the School of Infantry, in Camp Pendleton, Calif., B Company first sergeant and Headquarters and Service company first sergeant with 1st Reconnaissance, also in Camp Pendleton, Calif.

Smith has also served as first sergeant of the Marine Corps Enlisted Commissioning Education Program Preparatory School and as the Assistant Marine Officer Instructor with the University of San Diego. He has trained at the Staff Noncom-

missioned Officer's Career Course, the Military Free Fall Jumpmaster School, the Army Ranger Course, where he was enlisted honor graduate, Summer Mountain Leader School, Military Free Fall School, and at the Static Line Jumpmaster School during his tour with 1st Force Reconnaissance Company where he served as the recon team leader. Smith has deployed twice in support of Operation Iraqi Freedom and has also deployed to Afghanistan in support of Operation Enduring Freedom, Somalia in support of Operation Restore Hope, and to Iraq in support of Operations Desert Shield and Desert Storm.

"It should be a very interesting next couple of years and I look forward to the challenge and I look forward to being (the MWSS-171) sergeant major," said Smith.

His personal decorations include the Navy and Marine Corps Commendation Medal with a combat distinguishing device and two gold stars in lieu of his third award, the Navy and Marine Corps Achievement Medal and the Combat Action Ribbon with two gold stars in lieu of his third award.

Young Cub Scouts embrace Old Glory



LANCE CPL. CLAUDIO A. MARTINEZ

Scouts of Iwakuni Cub Scouts Pack 77 gather around the station flag in Building 1 here to help fold it Sept. 28 as part of a learning experience planned by Mitchel Daniels, Pack 77 den leader. "I think it was important for them to learn this because at a young age there is still a sense of pride that you get being an American," said Daniels. "At the age that they are in, in the fourth grade, they understand what's going on around them and introducing these things to them and helping them know the meaning behind things: why there are 50 stars on the flag, why old glory has 13 strips, just gives them a deeper understanding of things that they see." Anyone interested in volunteering or joining Iwakuni Cub Scouts Pack 77 can contact Daniels at 253-3303.

baland, Kanye West and Rihanna. Listeners will also hear "The Kidd Kraddick Show." In addition, "The Kidd Kraddick Show" will air weekday mornings from 2 to 5.

"Drive FX" will replace "Bright AC." Drive FX is a collection of progressive trance/techno music that is similar to the "BPM," "The Move," and "The System" music services delivered on XM and DirecTV. This high-energy, music-intensive service will be well-suited for young people at home, in the barracks, at NCO clubs and in the gymnasiums. Artists include N-Trance, Ferry Corsten, Above and Beyond, and Paul Oakenfold.

"Jack FM" will replace "Adult

Rock & Roll." Jack FM offers a wide-ranging collection of hits from the Hot Adult Contemporary and Adult Rock libraries. Jack FM is a mix of 70s, 80s, and 90s hits with some Hot AC singles. The format uses the slogan "playing what we want" and promotes itself as having a larger and more varied playlist than other commercial radio stations. It's carefully crafted to appeal to a mass audience while not turning off anyone. Artists include Billy Idol, Men at Work, AC/DC, and Duran Duran.

"Classic Rock" will replace "Oldies." Classic Rock features songs ranging from the early 1960s to the early 1980s. It includes hits

from British hard rock and progressive bands such as Led Zeppelin, The Who, Yes and Queen, and American-bred 70s rock bands such as Aerosmith, The Eagles, Styx, Kansas and Journey.

We will continue to offer live programming every regular duty day from 6 to 10 a.m. and from 2 to 6 p.m. We have "Eat Your 80s" with hostess Lisa Kilmer on Tuesdays and Thursdays from noon to 1 p.m. Also, DJ Bob hosts "Golden Memories," Wednesdays from 11 a.m. to 1 p.m. and "Urban Assault," Thursdays from 1 a.m. to noon. Finally, catch Belinda Pugh Monday nights with "Blast from the Past" from 7 to 9 p.m.

MCBJ Chef of the Quarter Board



Lance Cpl. Jose Flores Jr. poses in front of a display table during the Chef of the Quarter board held at the South side mess hall here Aug. 19. Flores won first place at the competition held here and took home second from the Marine Corps Bases Japan Chef of the Quarter board at Camp Kinser, Okinawa, Japan.

Local Marine brings home 2nd place trophy

LANCE CPL. MIRANDA BLACKBURN
IWAKUNI APPROACH STAFF

Lance Cpl. Jose Flores Jr. proved that he is one of the best food service specialists Marine Corps Air Station Iwakuni has to offer during the Chef of the Quarter board back in August, but now he can claim that he is one of the best in Japan.

Flores brought home the 2nd place trophy after competing in the Marine Corps Bases Japan Chef of the Quarter board at Camp Kinser, Okinawa, Sept. 17. He began his morning at 9 a.m., dressed in his service "C" uniform with nine other Marines from Okinawa and Camp Fuji. They waited in a classroom where they were given a 30-ques-

tion written exam, consisting of basic Marine Corps and food-service knowledge. Flores made sure to do the best he possibly could. "I was the last to finish the test," he said. After the exam each Marine anxiously awaited the next portion of the board. The Marines were called one by

one into the board room, where two sergeants, two staff sergeants, two gunnery sergeants, two master sergeants and a master gunnery sergeant sat at a table waiting to grill the next competitor. Each board member was allowed to ask two questions about anything food service related, including the galley, bakeshop, field mess and the Marine Corps Management Information System. While one person was in the board, the others studied together. "It was a friendly competition," said Flores, "but it was still a competition." After the board finally finished, all 10 antsy Marines stood in formation, sweating bullets and waiting to hear who won. The food service officer of Marine Corps Bases Japan announced Flores as the second place winner. "That's the best that anyone from Iwakuni has done in a long time," said Master Sgt. John B. Bass, a food service technician. Lance Cpl. Earl Lee joked that he taught Flores everything he knows. "I'm just kidding," said Lee. "I'm proud of him. He did a really good job."

Flores said he is happy that he did so well but knows that he could have won. "I froze on a couple questions that I knew and lost by three points," Flores said. He also added that he hopes to compete in as many other boards as he can but plans on being a little more prepared the next time. "If I do it again, I won't accept anything but first."

Senior Sailor of the Quarter

Petty Officer 2nd class (Aviation Warfare/Surface Warfare) Gregory Joseph, a native of Bradenton, Fla., and 2003 graduate of Bayshore High School, was recently selected as Senior Sailor of the Quarter of Marine Corps Air Station Iwakuni. He is currently serving a three-year tour as an assistant administrative and legal chief with Headquarters and Headquarters Squadron. Joseph performs personnel and general administrative duties utilizing manual and automated information systems to prepare documents and maintain personnel records and information. Joseph has honorably served in the Navy since July 2003. He has served forward deployed aboard USS Essex (LHD-2) from November 2003 to July 2007 and deployed to the Persian Gulf from August 2004 to April 2005. His decorations include the Navy and Marine Corps Achievement Medal, Good Conduct Medal second award, Global War on Terrorism Expeditionary Medal, a GWOT Service Medal, Humanitarian Service Medal, Sea Service Deployment Ribbon third award and the Overseas Service Ribbon sixth award. He is the husband of Hisami Joseph of Arita, Japan, father of Brian K. Joseph, and is the son of Louines and Danielle Joseph of Parrish, Fla.



PHOTO COURTESY OF COMBAT CAMERA

Vertical Replenishment



LANCE CPL. MIRANDA BLACKBURN

USNS Alan Shepard (T-AKE-3) awaits incoming aircraft from Helicopter Support Combat Squadron 25 here Sunday during the vertical replenishment operation.



LANCE CPL. MIRANDA BLACKBURN

Two Helicopter Support Combat Squadron 25 Marines run to attach cargo to the incoming helicopter here Sunday. Approximately 100 lifts were taken out and packages were brought aboard the station.

Station receives new, upgraded supplies

LANCE CPL. MIRANDA BLACKBURN
IWAKUNI APPROACH STAFF

Marines and sailors from several units aboard the station, Helicopter Support Combat Squadron 25, and the USNS Alan Shepard (T-AKE-3) conducted a vertical replenishment of basic supplies to the station here Sunday. Many of the materials aboard the station have a shelf life and as they get older need rework, so many of them were taken back to the manufacturers to be replaced or updated. Personnel from Headquarters and Headquarters Squadron, including airfield operations and station ordnance, provided assistance in loading and receiving gear. HSC-25, a unit deployed out of Guam, provided helicopters and assisted personnel from USNS Alan Shepard in netting and rigging of the cargo. Marine Aviation Logistics Squadron 12 also joined to train for future operations. Capt. Kenneth L. Aikey, the aviation ordnance officer, said that this type of operation does not happen very often but is the easiest and safest way to bring cargo to and from the station. "You cannot ship (this cargo) on a commercial airline, and

if you want to bring it over the road you have to give a three-day notice to the government of Japan, and we can only drive at night," Aikey said. "So what happens is HSC-25 comes in and brings the (supplies) to us, and as they bring them in they take away the stuff we need to replace. This way there's nothing going over public roadways, and we can replace our old (supplies)." Lt. Cmdr. Keith Applegate, the logistics officer here, said there was a lot of planning that went into the operation but that safety was the most important thing to remember. "With the heat, you have to worry about heat stroke and dehydration," said Aikey. "With the helicopters, you have to worry about rotor wash, noise and the possibility of a dropped lift." All personal protective equipment was required and every Marine and sailor was briefed on proper safety procedures. Extensive plans of the operation were sent to the station safety office to be approved before the exercise could commence. At the end of the day, the operation was a success. The job was finished early and safely. But more importantly over 100 out-of-date materials were replaced with more efficient, safer equipment.



LANCE CPL. MIRANDA BLACKBURN

An ordnance Marine straps down cargo as a 7-ton prepares to head out to the flight line during the vertical replenishment operation here Sunday. Out-of-date supplies were replaced with more efficient, safer equipment.

Momma always said ... to maximize an enemy's pressure points?

LANCE CPL. CHRIS KUTLESA
IWAKUNI APPROACH STAFF

What Dad taught us at the age of eight stuck, and what Mom warned us at nine seems to linger in the back of our minds. A parent's advice can be invaluable and often times enduring. Keeping that in mind, what are today's Marine Corps parents teaching their children? This year, Nickelodeon in partnership with the Boys and Girls Club of America sponsored the Worldwide Day of Play in hopes to teach children the importance of playing outside. The staff at the Youth and Teen Center here invited children to come outside and play at the center Sept. 25. All the computers and televisions were turned off at the center, and the children were given outdoor game equipment. It was only a matter of time before the children began playing and talking. Conversation between the children started with them debating the soccer rules and

ended with them comparing their parents' advice. After talking to the children at the Youth and Teen Center, it was blatantly obvious what their parents did for a living. To see what children said their parents taught them, read the Kids Talk. "Talking to your children is extremely important, but so is playing with them," said Keith Joseph, the Youth and Teen Center manager. "Marine parents tell me they don't have enough time at the end of the day to play with their kids. You have to make time and make the effort to go outside and hang out." Joseph said that a lot of schools are cutting back on their physical education programs and increasing their computer programs. "It's great that schools are teaching kids to use the computers, but at the same time, it's sad that these kids are spending less and less time outdoors," said Joseph. "A lot of the children who come

here have lots of energy, and they love playing outside." David Rasmussen is in the fifth grade and he comes to the Youth and Teen Center a lot. When he grows up he wants to be a veterinarian or possibly a NASCAR driver or maybe a Marine. He is not certain yet, but what he does know is that he loves to play outside. "I like playing kickball and knockout," said Rasmussen. "Those are my two favorites because they help me kick better. I just like sports because I get to run around and do whatever. When I come here, I usually play outside till they close." The Youth and Teen Center closes at 5 p.m. and Joseph encourages anyone ages 10 to 18 to stop by and enjoy any of the amenities the center has to offer. The center hosts a variety of events and group discussions in addition to providing outdoor sports equipment and games. Those with questions or comments can contact the Youth and Teen Center at 253-6454.



LANCE CPL. CHRIS KUTLESA

Children show their jumping skills on the seawall during Nickelodeon's Day of Play held at the Youth and Teen Center here Sept. 25. The Youth and Teen Center closes at 5 p.m. and anyone ages 10 to 18 is encouraged to stop by and enjoy any of the amenities the center has to offer. The center hosts a variety of events and group discussions in addition to providing outdoor sports equipment and games.



LANCE CPL. CHRIS KUTLESA

Boys run on the side of the sea wall during Nickelodeon's Day of Play held at the Youth and Teen Center here Sept. 25. This year, Nickelodeon in partnership with the Boys and Girls Club of America, sponsored the Worldwide Day of Play in hopes to teach children the importance of playing outside.



LANCE CPL. CHRIS KUTLESA

Hunter Byers gets ready to shoot a basket during a game of knockout at the Nickelodeon's Day of Play event held at the Youth and Teen Center here Sept. 25. Byers and his friends played a variety of sports throughout the day, utilizing the outdoor equipment provided by the Youth and Teen Center.



LANCE CPL. CHRIS KUTLESA

David Rasmussen, a fifth grader at Matthew C. Perry Elementary School, kicks a soccer ball during Nickelodeon's Day of Play held at the Youth and Teen Center here Sept. 25. Rasmussen's favorite outdoor sports are knockout and kickball.

Kids Talk

What have you learned from your parents?

"My dad teaches me submissions."
Tylor White

"My dad teaches me pressure points. There is a really great one under the armpit."
Matthew McDonough

"My dad always tells me, 'if you don't think you can do it, try again.' He also tells me how to pick apart clocks and stop explosives. He works at EOD."
Jessie McClenney

"My dad has taught me to tread water."
Iglongda Hunter

"My dad said if someone tries to mess with me, then ask them to stop; if they don't stop then do something about it. I don't have to worry about it because people don't mess with me."
Hunter Byers

"My mom told me that when she was a fake Marine she would get yelled at, like in Full Metal Jacket. Now that she is a real Marine she doesn't have to worry about it."
Mark Lehner

CORPS NEWS

HIGHLIGHTING MARINES AND SAILORS AROUND THE GLOBE

2/8 mortars shower IED planters, patrol investigates



SGT. SCOTT WITTINGTON
COMBAT OUTPOST SHER, HELMAND PROVINCE, Afghanistan — Mortarmen Marines with Weapons Company, 2nd Battalion, 8th Regiment fire a series of mortars at a group of insurgents placing an IED Sept. 9.



SGT. SCOTT WITTINGTON
COMBAT OUTPOST SHER, HELMAND PROVINCE, Afghanistan — Sgt. Nathaniel Harris, squad leader, Company E, 2nd Battalion, 8th Marine Regiment, briefs his squad on a patrol to investigate the area after four insurgents were seen placing an IED Sept. 9. Mortarmen with Weapons Company fired a series of 81mm mortars at the insurgents.

SGT. SCOTT WITTINGTON
REGIMENTAL COMBAT TEAM 3.

COMBAT OUTPOST SHER, HELMAND PROVINCE, Afghanistan — With no regard for civilian life, the Taliban have been placing IEDs in roads, farmland and canals. The weapon has proved to be one of the most effective weapons in the Taliban arsenal.

Marines have been using their keen eyes and intelligence gathered from the civilian populace to locate bomb emplacements and the planters in the act.

Marines with Company E, 2nd Battalion, 8th Marine Regiment observed a group of Taliban IED planters placing the explosive mid-morning Sept. 9.

In reply, mortarmen with Weapons Company fired a series of 81mm mortars in concert with howitzers fired by Marines from 3rd Battalion, 11th Marine Regiment.

“The enemy could be clearly seen planting the explosives, lacing a tree line and rolling out wire,” said Capt. Eric A. Meador, commanding officer. “They were also carrying AK-47s.”

“It’s nice knowing I’m getting rid of the enemy,” said Cpl. Christopher R. O’Rourke, mortarmen, Weapons Company. “It’s one less enemy that’s around to hurt our guys.”

Following the shots, an AH-1W Super Cobra attack helicopter and a UH-1N Huey gunship flew over the area and rained down 20mm machine gun fire and rockets on the insurgents’ location.

Once the dust and smoke had cleared, it was estimated four insurgents had died in the attack. The ones that survived the initial attack were seen fleeing the area.

A squad of Marines and a few attached elements trekked outside the wire here to investigate shortly afterwards.

An hour later, those Marines detonated the first of six IEDs they found. They also discovered a house containing IED building materials.

“The enemy doesn’t seem to care who they hurt,” said Lance Cpl. Mathew C. Price, 21, a squad automatic weapon gunner from Springville, Ala., who was on the patrol. “I’m just glad we found them before one of us or a little kid tripped them.”

This attack came just four hours before the district governor and 2/8’s battalion commander, Lt. Col. Christian Cabaness, were to attend a shura here to address villagers’ concerns and discuss the future of the area.

“Security for the shura is more important than killing Taliban,” said Meador.

He added that building relationships with the people is the most important mission for the Marines.

This area of Helmand is notorious for Taliban activity and one of the major concerns of the villagers is road safety and the Taliban presence. Marines have engaged enemy targets nearly every day since the battalion’s helo insertion July 2 at the beginning of Operation Khanjar.

So far, the Marines have found more than 35 IEDs in the area, using scanning equipment and information provided by the local villagers.

“It was great that we caught them in the act,” said Gunnery Sgt. William C. Broadbent, company gunnery sergeant. “We saved Marines’ lives.”

Last week, a Marine Combined Anti-Armor Team captured five IED planters in the eastern desert area and with today’s attack, the Marines grow closer to ridding the area of Taliban insurgents and restoring peace to the region.

COMMUNITY BRIEFS

Motorcycle Riders
All sport bike riders who have not completed the Motorcycle Safety Foundation sport bike rider’s course must do so before Nov. 1. Failure to do so will result in revocation of motorcycle license. The safety office will host a sport bike rider’s course on Monday. For more information, call 253-6381.

Fall Festival
Matthew C. Perry Elementary School Parent Teacher Organization is hosting a Fall Festival on Oct. 16 from 5 - 8 p.m. The event will be held on the soccer field behind the school (next to the school age center). Many games, activities and food! Fun for the whole family and all station residents are welcome! For more information, call 253-3327 or 253-2160.

CTC Class Registration
Central Texas College registration will be held

information about the 5K run or CFC, contact 2nd Lt. Mark Enoch, station CFC project officer, at 253-5550.

until Oct. 26 at Bldg. 411 Rm. 109. Classes will begin Oct. 26. For more information, call 253-3288

Navy Birthday Meal Food Service will be serving a special Navy Birthday Meal on Oct. 8 in both the North side and South side mess halls from 11 a.m. to 1 p.m. Everyone is invited. Comrats, family members and civilian employees pay \$7. Family members of E-4 and below pay \$5.95. The menu will include New England clam chowder, shrimp cocktail, grilled steak, boiled crab legs, french fried shrimp, teriyaki chicken, baked potatoes, steamed rice, broccoli polonaise, corn on the cob, sautéed mushrooms and onions and birthday cake.

Free Child Development Screening Education and Developmental Intervention Services will be doing a free child development screening for children less than 5 years old Oct. 15 - 16 at Matthew C. Perry Elementary School. Child specialists will answer questions and evaluate major areas of children’s growth. For more information or to schedule an appointment, call EDIS at 253-4562.

Mammogram Screenings
The mammogram screening van will be at the Iwakuni Branch Health Clinic through Oct. 9. Please call the Branch Health Clinic to schedule your mammogram at 253-3445 or 253-5257.

Recruiting Gospel Choir Members for Annual Christmas Concert
We are preparing for the Annual Gospel Christmas Concert at Sinfonia Concert Hall on Dec. 5 and the Annual Community Gospel Christmas Concert in Hofu City Dec. 19. This year we’ll have guest soloist Dorothy Morrison, lead vocalist for Grammy Award winning song, “Oh Happy Day.” Come and join us as we give back to the community the joyful gift of celebrating Christmas. We will also provide a letter of appreciation for all choir members. Practices will be held Fridays from 6 - 7 p.m. starting Oct. 2. Please call 090-4104-1541 or e-mail billiej316@gmail.com if you would like to join us or if you have any questions.

Distance Education enrollment
Through a variety of distance learning delivery systems, the Marine Corps College of Continuing Education provides distance education and training opportunities for all Marines, government employees and family members. Our globally

accessible programs prepare graduates to perform effectively in service, joint, and multinational environments and in situations ranging from humanitarian assistance to combat. Our online learning management system MarineNet provides education to all Marines wherever they are stationed. For more information, visit www.tecom.usmc.mil/cce.

Parent’s Dinner
Club Beyond and the Station Chapel are hosting a dinner for parents of teens on Sunday from 5 - 7 p.m. Come enjoy a meal with other parents, meet the staff and volunteers of chapel youth programs, and learn about the great activities available to Iwakuni teens including day trips, community service, club meetings, ski trips, etc. This is also a chance to give your inputs on programs you’d like to see and find out how you can be involved. Your teenagers are also invited. To reserve a spot, please call the chaplain’s office at 253-3371 or call the youth director at 080-4177-2060.

To submit an event, automobile, item or job ad request, please send an e-mail to iwakuni.pao@usmc.mil. Please include a contact name, at least one phone number and the information you would like published. Alternatively, you may submit in person at the Public Affairs Office, Building. 1, Room 216.

SAKURA THEATER

Friday, October 2, 2009
7 p.m. The Hurt Locker (R) *Premier*
10 p.m. The Informant (R) *Premier*

Saturday, October 3, 2009
1 p.m. Cloudy with a Chance of Meatballs (PG) *Premier*
4 p.m. Bandslam (PG) *Premier*
7 p.m. The Informant (R)
10 p.m. The Hurt Locker (R)

Sunday, October 4, 2009
1 p.m. Cloudy with a Chance of Meatballs (PG)

General Admission: Ages 12+ are \$2.50/ Ages 6-11 are \$1/ Children ages 5 and under admitted free. For more information, visit www.mccsiwakuni.com or call 253-5291.

4 p.m. Whiteout (R)
7 p.m. The Hurt Locker (R)
Monday, October 5, 2009
7 p.m. Funny People (R)

Tuesday, October 6, 2009
7 p.m. The Informant (R)
Wednesday, October 7, 2009
7 p.m. The Ugly Truth (R)

Thursday, October 8, 2009
7 p.m. G-Force (PG)

253-5291

CLASSIFIEDS

Miscellaneous

Phillips Sonicare Toothbrush
Received as gift, never opened or used.
Retailers over \$100, asking \$75. For more
information, call 253-2829.

LCD TV
37" Polaroid HDTV LCD monitor with
external TV tuner, remote control and
required cables. \$500 OBO. For more
information, call 253-2631.

Ball Gowns Size 0-4
Light blue A-line with lace up back and silver
floral details, \$40 OBO. Black velvet column
with lace up back and white underlay, slight
train, \$40 OBO. Navy column, sparkly with
floral pattern, \$20 OBO. Black halter with
plunge neckline, low back, and silver

accents, tags still on, \$30 OBO. For more
information, call 253-2829.

Sims 2 and Expansion Packs
Sims 2 game for Windows, \$20
Sims 2 Pets expansion, \$15
Sims 2 Open For Business expansion, \$15
Sims 2 Nightlife expansion, \$15
Sims 2 Family Fun Stuff pack, \$10
Sims 2 Glamour Life Stuff pack, \$10
Sims 2 H&M Fashion Stuff pack, \$10
Or \$80 as a set. Willing to negotiate. For
more information, call 253-2829.

Jobs

Cat Sitter
For 3 months, Oct. through Dec. He has
a microchip, his front paws declawed
and all shots. Need someone who loves

animals. Family homes are okay. He has all
accessories. Please call 253-2163.

Chapel Positions Available
Now Hiring at MCAS Chapel
Protestant Pianist, Protestant Organist,
Christian Non-denominational Music
Director, Catholic Organist, Catholic Choir
Director. For more information, please call
the Logistical Contract office at 253-4233.

NMCRS Volunteer Opportunities
Every day sailors, Marines and their families
come to the Navy-Marine Corps Relief
Society in emergencies. Be that friendly
person who lets them know they've come to
the right place. Client Services Assistants
volunteers greet clients and guide them
through the initial intake process.
To apply for this opportunity, call 253-5311.

Housekeeper
Desperately seeking cleaning person to come
once a week and clean apartment in Building
955. Tasks to include: dusting, vacuuming,
cleaning windows, mopping, sweeping,
bathrooms, cleaning out trash cans, cleaning
air filters etc. If interested, call 253-2505 or
email nbear15@aol.com.

Mess Hall Menu

Monday

Manhattan clam chowder, chicken
and rice soup, Swedish meat balls,
roast turkey, buttered noodles, mashed
potatoes, Louisiana style smothered
squash, green beans and corn, chicken
gravy, dinner rolls, macaroni salad,
German style tomato salad, standard
salad bar, coconut raisin cookies, double
layer almond cake, chocolate cream pie,
whipped topping.
Specialty Bar: Pasta

Tuesday

Beef noodle soup, chicken and mushroom
soup, Jaeger schnitzel, grilled pork
chops w/ sauteed peppers, mashed
potatoes, rice pilaf, asparagus, scalloped
cream corn, tomato gravy, brown gravy,
dinner rolls, three bean salad, cucumber
and onion salad, standard salad bar,
butterscotch brownies, apple pie, spice
cake, buttercream frosting.
Specialty Bar: Taco

Wednesday

Tomato noodle soup, chicken and
mushroom soup, veal parmesan,
spaghetti w/ meat sauce, pizza, mashed
potatoes, club spinach, mixed vegetables,
brown gravy, garlic bread, spring salad,
deviled potato salad, standard salad
bar, peanut butter cookies, sweet potato
pie, whipped topping, coconut cake.
Specialty Bar: Barbeque

Thursday

New England clam chowder, shrimp
cocktail, grilled steak, boiled crab legs,
french fried shrimp, teriyaki chicken,
baked potatoes, steamed rice, broccoli
polonaise, corn on the cob, sauteed
mushrooms and onions, birthday cake.
Specialty Bar: Deli Sandwich

Friday

Beef barley soup, spanish soup, rock
cornish hen w/ syrup glaze, chilli con
carne, grilled cheese, steamed rice,
mashed potatoes, beets w/ orange and
lemon sauce, green bean combo, chicken
gravy, dinner rolls, mixed fruit, Italian
style pasta salad, standard salad bar,
apple/cherry turnovers, bread pudding,
crisp toffee bars, whipped topping,
chocolate pudding.
Specialty Bar: Hot Dog

R. LEE ERMEY SAYS ...

IF YOU LIVE OFF-BASE, DON'T DISPOSE HOUSEHOLD TRASH ON-BASE!

RECYCLE
MAGAZINES!
PAPER!
CARDBOARD!
CANS!



SEGREGATE
YOUR
RECYCLABLES
MAGGOT!

Anyone who is not residing
in on-station living quarters
shall use community/
neighborhood based
trash disposal
programs. Trash
from off-station
residences is
not allowed to
be disposed
of on-station.
The following
recyclable
material from
off-station,
when properly
segregated,
may be
delivered to
the Recycling
Center, Bldg. 1322:
aluminum cans,
steel cans, white
paper, newspaper,
magazines and cardboard
(flat, tape removed).

USE YOUR COMMUNITY
DISPOSAL PROGRAMS

"Blast from the Past"



A live 2-hour radio show featuring the
best of the 50s, 60s and 70s. Every
Monday 7 - 9 p.m. on power 1575.

Other athletes lift weights, cheerleaders lift athletes



CPL. KRISTIN E. MORENO

The Matthew C. Perry cheerleaders pose for a picture with coaches Rebekah Kistka, Leah Novak, Ariel Enoch and Essence Laboy after their initiation onto the 2009-2010 squad Sept. 25. There are five returning cheerleaders, 11 new cheerleaders and one male mascot. They will perform at all home basketball games and will compete in the Iwakuni Far East Cheerleading Clinic scheduled for Nov. 9-13.

Samurai cheerleaders kick off season with squad initiation

CPL. KRISTIN E. MORENO
IWAKUNI APPROACH STAFF

According to the National Center for
Catastrophic Sports Injury Research
at the University of North Carolina
at Chapel Hill Web site, cheerleading
continues to be one of the most dan-
gerous sports in the United States,
but that doesn't stop the cheerleaders
at Matthew C. Perry High School from
shaking their pom poms.

As part of their initiation into this
season's squad, the cheerleaders raced
across the station Sept. 25, chanting
and cheering as they completed vari-
ous tasks, such as teaching Marines
cheers in the Crossroads and dressing
people up in crazy outfits at the Thrift
Store.

There are five athletes returning
to the squad this season and 11 new
athletes joining them to show pride in
their school by supporting their team
and encouraging the crowd to get a
little rowdy.

"We want them to have fun, show
their school spirit and get the commu-
nity involved," said Rebekah Kistka,
head coach.

The squad is coached by four dedi-
cated volunteers, Kistka, Leah Novak,
Ariel Enoch and Essence Laboy, whose
main objective is to make sure the
squad members are properly trained.
They have more than 25 years of com-
bined experience and their goal this



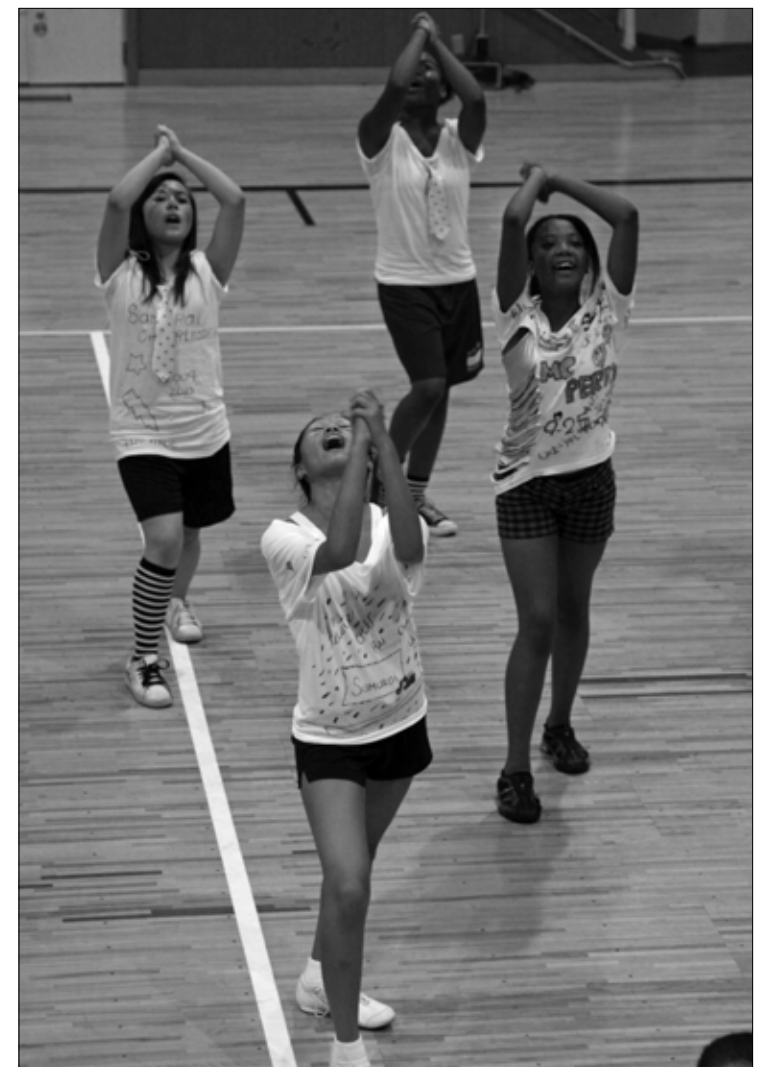
CPL. KRISTIN E. MORENO

Mandolyn Peterson, an eighth grader returning to the squad
this season, poses for a picture during the initiation onto
this year's squad Sept. 25. "I hope to improve on endurance
and personality through a strong commitment not only to
myself but my team and the school," said Peterson.

season is to achieve unity, responsibil-
ity and self-confidence.

"We have more girls, more coaches,
which means we have greater diver-
sity and experience on the squad.
Expect to see [the cheerleaders] doing
their very best, working together to
improve their team and school spirit,
and always possessing a positive at-
titude," said Kistka.

The squad will perform at all home
basketball games and will compete in
the Iwakuni Far East Cheerleading
Clinic scheduled for Nov. 9-13 at the
IronWorks gymnasium.



CPL. KRISTIN E. MORENO

Four Matthew C. Perry cheerleaders dance during a performance held for their parents at
the M.C. Perry gymnasium after completing their initiation onto this season's squad. The
cheers, dances and routines are choreographed by the coaches and returning cheerleaders.



LANCE CPL. SALVADOR MORENO

Marine Wing Support Squadron 171 offense players pass the ball over the competition during the 2009 Commander's Cup Challenge Earth Ball held at the Penny Lake soccer fields here Sept. 25. Earth Ball was the final challenge before the Gladiators Cup, which is the final event to conclude the 2009 Commander's Cup. MWSS-171 went undefeated in the single-elimination tournament to win with a 3-0 record and the first place trophy.

MWSS-171 manages big ball better, obliterates competition 3-0

LANCE CPL. SALVADOR MORENO
IWAKUNI APPROACH STAFF

Marines and sailors stepped onto the Penny Lake soccer fields here Sept. 25 to take part in the second to last challenge of the 2009 Commander's Cup Challenge called Earth Ball.

Earth Ball is similar to soccer with the main exception that the soccer ball is six feet tall.

Five teams consisting of at least four members competed in the single-elimination tournament, which kicked off at 11 a.m.

The order of competition was chosen by Alma Dickinson, Marine Corps Community Services Health Promotions director, by drawing the teams from a hat.

All five teams that had the intestinal fortitude to show up earned 20 points for participation toward their total earned points of the Commander's Cup.

The teams that came in first, second or third earned an additional ten, seven and five points respectively.

"It was a great turnout today," said Dickinson. "I think the Marines had a great time with it."

The first game was Operations against Marine Aircraft Group 12, in which MAG-12 took down Ops with what seemed to be little effort.

The second game found Combat Logistics Company 36 falling to Marine Aviation Logistics Squadron 12 in double overtime.

The third game was a hard-fought battle between MWSS-171 and MAG-12, in which MWSS-171 came out with an improbable finish to earn a chance at the championship.

"I thought it would be tough. The sport seemed kind of weak, but once you got out there and pushed that big ball around it got really tough," said Johan Rojas, a player for MWSS-171.

The games were only 10 minutes long, but

every two minutes, play was stopped and restarted at midfield after a 30-second break.

For defending players it was a relief but for the attacking offense it was nearly enough to break their spirit.

"You really have to be on your toes and be moving all the time," said Rojas.

Any waste of time could result wasted efforts if the ball is reset at midfield.

"Our strategy was to keep the ball up in the air as much as possible. If you can keep it up in the air, the taller people can control

it without interference from the shorter people," said Rojas.

It was a bold strategy that proved to be effective as MWSS-171 cruised past MALS-12 for the championship and the additional 10 points toward the Commander's Cup.

With only the Gladiators Cup remaining to take place Nov. 6, the Commanders Cup Challenge is still up for grabs with Ops in first place with 351 points followed by MALS-12 with 331, and barely trailing is MWSS-171 with 329.



LANCE CPL. SALVADOR MORENO

Players from Marine Wing Support Squadron 171 strategically position themselves to steal possession of the six-foot soccer ball used in the Earth Ball tournament held here at the Penny Lake soccer fields Sept. 25. Five teams showed up for the competition, but only one went home a winner.