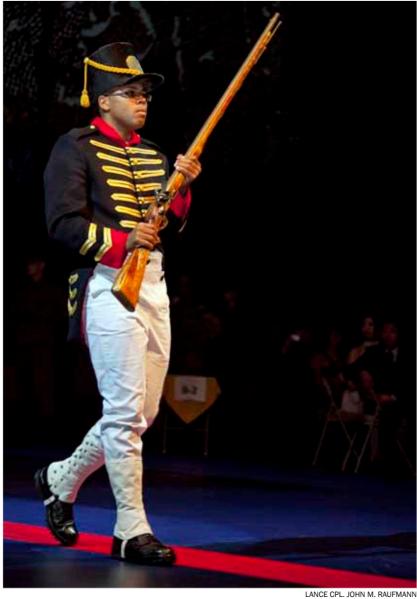
PPR()ACH **EIWAKII**

Issue No. 43, Vol. 2 | Marine Corps Air Station Iwakuni, Japan

Marine Corps celebrates 234 years of history, heritage

FEATURE



A Marine dressed in a Marine Corps uniform from a past era marches during the pageant at the Marine Aircraft Group 12 2009 Marine Corps Birthday Ball at the IronWorks Gym here Nov. 12. Marines joined together to celebrate 234 years of tradition. Read the full story on pages 6-7.

Station library issues challenge to readers, prizes offered to entice participation

CPL. KRISTIN E. MORENO IWAKUNI APPROACH STAFF

The annual Read a Book a Week challenge began Nov. 11 at the station library and will conclude

The challenge is open to all in-

dependent readers aboard the

Fifty readers participated last year and the library's goal is to get even more people to participate this year, said Belinda Pugh, librarian.

To participate, readers can pick

Friendship exchange postponed

The Friendship exchange scheduled for Saturday has been postponed until March 2010 due to H1N1. More details on the new date will be forthcoming.

Thrift Store grand opening

GWEN PETERSON CONTRIBUTING WRITER

The Thrift Store grand opening is scheduled for Saturday and will be held from noon to 4 p.m. at Building 1117.
The Thrift Store has

temporarily operating from Building 701 across from the Sakura Theater.

With the renovations expansion project complete, the store will now resume operation.

Customers are in for enjoyable experience as they shop in the clean, organized, well-lit

state of the art sales floor.

The new location has a drive up and drop off location on the side of the store, which makes it easier to unload your items into a welllit, fenced area.

This large area makes it easier for customers to drop of larger items and not have them exposed directly to the elements.

The current donation shed will be relocated to Building 1117 at a later date so that it can receive during overflow items busv seasons.

If you have large items that

SEE **OPENING** ON PAGE 3

Community invited to join in holiday festivities

COMPILED IWAKUNI APPROACH STAFF

It's cold outside, but that doesn't mean you have to stay inside.

The Iwakuni Approach has sought out the best upcoming holiday events around the station.

Thanksgiving Party: The Marine Lounge will be holding a Thanksgiving Party Nov. 26 from noon to 3 p.m. Enjoy a catered buffet and games. Turkey, ham, stuffing, corn, mashed potatoes, yams and pie.

Tree Holiday Lighting Ceremony: The tree lighting ceremony will be held at the Cherry Blossom Triangle here Dec. 4 from 5 to 7 p.m. There will be free cookies, cider and hot cocoa. Prizes will also be raffled

off during the event.

Toys for Tots Motorcycle Rally: The 12th Annual Motorcycle Rally will kick off with a Thunder Run across from the north side post office here Dec. 6 from noon to 4 p.m. Trophies will be awarded to the best cruiser, sport bike, paint job, Christmas decorations, etc.

Hero Tree: Pick up an ornament from the circulation desk at the library from Dec. 21 to 31, and

SEE **HOLIDAY** ON PAGE 3

up a bingo card from the library. Each square of the card lists a different genre.

Once a reader finishes reading a book, the library will mark off the square, and the reader can pick a gift off the Christmas tree.

These gifts include books, bookmarks, book lights, pencils and several other small things.

The purpose of the challenge

is to help people get out of their reading rut and encourage them to read other genres, said Pugh.

All readers who get a bingo and return their card to the library will be entered in a raffle for the grand prize valued at approximately \$250: a basket of books, DVDs and even a DVD player.

SEE **READ** ON PAGE 3

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The Iwakuni Approach welcomes Letter to the EditorLetters must include a full name and unit, if applicable. Anonymous letters and comments will not be published. Letters are the opinion of the writer only. Submissions may be edited for clarity and space. Letters can be dropped off at the Public Affairs Office or sent via e-mail to iwakuni.pao@ usmc.mil. Please submit all content at least two weeks in advance of projected publication date for review.

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CHAPLAIN'S CORNER

and they pray for us.

hear the good book.

reread.

crushed.

Perhaps especially when we are

away from our families and loved ones, when we go on deployments

or exercises, we pray for them,

great and precious promises.

"The decree of the Lord is

Lord are right, rejoicing the

trustworthy, giving wisdom to the simple. The precepts of the

heart." Psalm 19:8-9 we read and

You might compare it like a cow

We concentrate on it, physically,

mentally and emotionally, so that

We hear and learn God's holy

with its cud; or like an herb we

rub that releases its fragrance

and healing powers by being

To these prayers God attaches

When I think of meditation, I

am reminded that God's word is

a light to our path and a lamp to

our feet. Quite simply, we need to

Prayer, Meditation, Temptation' it reaches our heart, our core, the very center of our being. When all seems dark it is the

Lt. CMDR. RON COX RESERVE CHAPLAIN

The Lord is the potter; we are the clay. God molds us into his people.

So how does God mold, hammer and shape us?

Often we might find that God is working in our lives through prayer, meditation and temptation.

In thinking about prayer I am reminded that our heavenly

Father gives good gifts.
Luke 11:2 says, "What father among you would hand his son a snake when he asks for a fish?"

There are many promises in the scripture concerning prayer. "Ask and you will receive, knock

and the door will be opened.' These remind us how gracious and loving our heavenly father

It is our duty to pray, and we ought to pray for all things.

light we need.

It may not seem or feel like it

We face spiritual warfare. We will often find the sinful

The large number of laments in the Psalter indicate that this is

But it is often through trials, troubles and temptation that God tempers our faith.

godly.

Our troubles in life are not strange, but we remember God

how God is working in your life, through prayer, meditation and temptation.

at the time, but God also works in our life through temptation or trials.

"Through much tribulation we enter the kingdom of God.'

world opposes us.

quite normal.

Troubles can make us more

In this way God trains us to rely on him and his promises.

tested Job and all his people. How is God molding you as his son or daughter? Consider

Leaders: Learn from your kids

Gunnery Sgt. Jose Paloschaves CONTRIBUTING WRITER

For those readers out there who also shoulder parent responsibilities, we might learn a lesson or two about leadership from our children.

Yes, this may also be applicable to those readers who are considered big brothers/sisters too or have some form of grown-up responsibilities. What lesson can we learn from our children or

subordinates? Let's begin with yelling. When was the last time yelling accomplished anything? The process might have achieved only a short result, i.e. garbage was taken out, room cleaned, etc.

However, did the children or subordinates learn anything or change their behavior? So, I ask again, what did yelling achieve?

The last time I yelled at my child, my outburst actually diminished me, and there was no positive effect on my child's behavior.

So, next time you think about raising your voice, ask yourself if that action will win the battle? From my personal experience, any form of confrontation only makes a situation worse.

The next lesson we can learn from our children or subordinates is to give them permission to make mistakes.

It is common knowledge that making mistakes is the way children learn. I also believe this is also applicable to our

subordinates, too. However, as parents and leaders, we must also remind our children and subordinates of the

There may be some heavy penalties to pay from mistakes for not following the rules.

However, as parents and leaders, we must allow our children and subordinates some flexibility to excel on their own. They might actually become more effective leaders themselves without being

micromanaged and learn a thing or two.

You've probably heard it before...communication s key. Parents and leaders should always have the lines of communication open.

I have learned that it's less important to win an argument than it is to ensure you're still

speaking when the discussion is over.

In addition, it is always preferred to hear the bad news and fix the problem than not to hear it at all

Again, effective communication is "key" when it comes to our children and/or subordinates.

As parents and leaders, we should also be reminded to criticize ideas, but not people. If my child makes a decision I do not agree with, I can debate her ideas but not her abilities. This same principle is also applicable to subordinates.

Treat all with respect, even if there is a disagreement with their ideas.

The last lesson we might be able to learn from our children and/or subordinates is to accept independence.

If I continuously make decisions for my daughter, she'll be less prepared for what lies ahead.

However, if I give her the best guidance that I can, I hope that she develops a strong internal compass. I then must let her change as she experiences the world.

Developing our subordinates into the next generation of leaders requires a similar approach. We are reminded that our children and subordinates will be the greatest legacy if we do our part to learn and understand each other

To that end, our children and/or subordinates might teach us more about leadership than we

They might even provide us more valuable information than any school or college education

got news? Have an idea for a story or need coverage for an event? We are here for you. Contact the Public Affairs office two weeks in advance by e-mail at iwakuni.pao@usmc.mil, call 253-5551 or stop by Building 1, Room 216.

Thrift Store reopens Saturday

OPENING FROM PAGE 1

NEWS

you're unable to get to the store, please contact the manager Gwen Peterson at 080-3418-8093 for a pick up. The Thrift Store provides this service at no cost to you.

Please know that the store still does not accept the following items: Used mattresses, used pillows, stained, torn or dirty clothes, under garments or socks, appliances with missing pieces or not in working condition, broken toys or bikes, paint, food, breast pumps, baby bottles, or electric heaters of any kind.

The enlarged store will allow more of the great things you have been able to find in the past, such as: souvenirs and gifts, jewelry, belts, scarves, purses, shoes, new or gently used clothing for babies, children and adults, maternity clothes, formal wear, books, videos, CDs, electronics, furniture, kitchen utensils, small appliances, housewares, decorative items, linens, bikes, toys, gardening sports items and equipment, strollers, suitcases and a free military section.

For more information, contact the store at

Read a book a day challenge

READ FROM PAGE 1

This challenge only benefits the reader, said

"The more you read, the more you know. The more you know, the more you grow," she added.
Homemade cookies, coffee, tea and hot chocolate will be provided the week of Christmas to all library patrons.

The library is a great comfort to lots of people, said Pugh. No matter where you go, a library is still a library.

It provides you with a familiar place, a touch of home, she said.

Five tips for becoming a regular reader: **Think ahead.** Choose your next book before you even start your current one.

Read for pleasure. Learn to identify books Don't rush. Speed reading will ruin your love

of reading. Take your time, and read back over parts if necessary. You'll retain more. Set a minimum. Set a minimum amount of pages to read each time you pick up your book.

If you read 50 pages a day, you can read a 350 page book comfortably within a week. Don't be afraid to quit. You don't need to finish a book just because you started it. If you get 50 or so pages in and don't enjoy it, swap books.

The library is open 9 a.m.-10 p.m. Mondays through Thursdays, 9 a.m.-8 p.m. Fridays, 9 a.m.-5 p.m. Saturdays, and noon-8 p.m. Sundays and holidays.

The library will be closed Christmas day. For more information on the challenge or what the library has to offer, call 253-3078.

Holiday season just around corner

HOLIDAY FROM PAGE 1

add your Marine's name and place it on the Hero Tree for the holidays.

Shunan Tree Festival: Enjoy Christmas light decorations, food and more during the Shunan Tree Festival Dec. 23 from 4 to 9 p.m. For more information, contact Information, Tours and Travel at 253-4377

Christmas Day Buffet: The Marine Lounge will be holding a Christmas Day Buffet Dec. 25 from noon until the food is gone. Enjoy a catered buffet and games turkey, ham, stuffing, corn, mashed potatoes, vams and pie.

There are plenty of things going on around station for the holidays, so get out of the house and join in on the festivities.

CID looking for few good Marines

SUBMITTED BY PROVOST MARSHAL'S OFFICE

The Criminal Investigation Division, Marine Corps Air Station Iwakuni, Japan, is looking for candidates to lateral move to military occupational specialty 5821, Marine Special Agent, and is scheduled to conduct a screening board on Jan. 20, 2010. CID agents conduct misdemeanor and

felony criminal investigations within the jurisdictional purview of CID, conduct covert operations, personal protective services, hostage negotiations, polygraph examinations, laboratory examinations, and liaise with other senior military, civil and Federal law enforcement agencies. CID agents support both the installation and Marine Air Ground Task Force commanders. Requirements for a Marine Special Agent

are as follows: ■Must be a U.S. Citizen.

■Must be a sergeant of any MOS. Sergeants applying for lateral move must have less than two years time in grade.

■Must be interviewed and recommended for a lateral move by a screening board.

- ■Must have a GT score of 110 or higher (not waiverable).
- ■Must be 21 years of age.
- ■Must have normal color vision (not waiverable).
- ■Must have a minimum height of 65 inches ■Must be within Marine Corps height, weight, PFT and CFT standards.
- ■Must have a valid state driver's license (not waiverable).

- ■Must have vision correctable to 20/20
- ■Must possess clarity of speech.
- ■Must have no history of mental, nervous or emotional disorders (not waiverable).
- ■No convictions by special or general courts-martial or civil courts (except minor traffic violations).
- ■No non-judicial punishment convictions involving illegal drugs, spouse abuse/ domestic violence, or immoral character (not waiverable).

Accepted applicants must initiate and satisfactorily complete a single scope background investigation (SSBI) and be granted a top-secret clearance.

The apprentice investigator is required to perform a minimum of six months on the job training in criminal investigative duties and be recommended by the Investigations Officer and the Provost Marshal for assignment to the Apprentice Special Agent Course (ASAC) at Fort Leonard Wood, Missouri.

Prior to attending ASAC, applicants must have 36 months of obligated service remaining upon graduation, in addition to 12 months remaining on station.

Personnel are requested to submit their application to the CID office no later than Jan. 10. for review

For questions concerning the screening board, or CID and its mission, please contact the CID office at 253-3139 or 3238. To start the application process, or questions concerning lateral moves into the 5821 MOS, please contact your unit Career Retention Specialist.



Children sort through holiday cards to make sure the anonymous cards sent to service members are appro Red Cross' Holiday Mail for Heroes event held at the Marine Memorial Chapel here Nov. 11. This year's event had 78 volunteers throughout the day to sort the more than 18,000 cards received by the American Red Cross here. **FEATURES**

Interesting Thanksgiving Facts

Turkey TV Dinners

In 1953, Swanson overestimated the amount of turkeys America would consume. With 260 tons of turkey to spare, a salesman at the company cooked up an idea that would free them of the pheasant. He hired an army of women and bought 5,000 aluminum trays along with cornbread, peas and sweet potatoes, thus creating the first TV dinner.

Ridiculous

The first Thanksgiving was held in 1621, but it took 156 years before the 13 colonies would celebrate the holiday altogether in October 1777. George Washington loved the idea of the holiday, but Thanks I. Market the scale it is seen than the context. but Thomas Jefferson thought it was "the most ridiculous idea" ever conceived. Benjamin Franklin's opinion on the matter was reserved to his love for turkeys; he wanted to make them the national bird.

Fast to Feast

The first Thanksgiving was between the Wampanoag Indians and the devout settlers of Plymouth Rock. The three-day feast was almost a fast. The pilgrims originally planned to pray and abstain from food to give thanks, but once the Native Americans showed up things quickly changed. The Native Americans had their own harvest celebration called Nickommoh, meaning "to give away" or "exchange," thus prompting them to share their traditions of dancing and feasting.

Isn't it Ironic?

In 1942, more than 3,500 U.S. soldiers entered London's Westminster Abbey for Thanksgiving services. It was the first time in the church's 900 year history that a foreign military was invited onto the grounds. The kind gesture remains ironic, considering the pilgrims in attendance at the first Thanksgiving had fled the religious tyranny in Britain.

Franksgiving

Some traditions just should not be messed with – that is the lesson Franklin D. Roosevelt had to learn the hard way. In 1939, during the Great Depression, FDR declared that Thanksgiving be celebrated a week earlier. His hopes were to lengthen the holiday shopping season, but the new idea did not fly with the public. In fact, it fell faster than a turkey. Some citizens took their complaints to the streets as others opted to celebrate both Thanksgiving and Franksgiving." It was not until 1941 that Congress declared the fourth Thursday of November as the official date of the holiday.

Facts and information from Encyclopedia.com.

Learn to hook and weave ... knitting style



Melanie Bengtson (right), the class instructor, and Nikki Bennet (left), a regular class attendee, work on their crochet and knitting projects in the multipurpose room of the library here Nov. 10 during a weekly Learn to Knit and Crochet class. Classes are held every Tuesday from 6-8 p.m. at the station library in Building 411. For more information, call the station library at 253-3078.

LANCE CPL. MIRANDA BLACKBURN IWAKUNI APPROACH STAFF

Two women sit quietly together in the multipurpose room of the library here. Their hands move steadily during the weekly Learn to Knit and Crochet class.

Melanie Bengtson, the class instructor, learned to sew from her mother as a child and learned to knit while in 4H and hasn't been able to put her needles

While she's been here, Bengtson has traveled throughout Japan searching for different craft stores and buying yarn from all around the world.

Her class has gradually grown smaller from as large as seven to eight people in a class to only a couple people.

Bengtson said that the class is not only offered to anyone who would like to learn the craft of crochet or knitting, but also to any level of needle worker who wants to join their social hour.

"We usually bring food, watch movies and yack our hearts out," said Bengtson while she worked on finishing up a wool sweater by attaching the sleeves. Bengtson joked with her friend, co-worker and

regular class attendee Nikki Bennett that "Learn to Knit and Crochet" probably isn't the best name for the class since they would like to invite anyone who would like to participate in any needle craft.

"We'd be happy to have any needle workers come out," said Bengtson.

Whether you crochet, knit, sew, quilt, cross stitch or do needlepoint, bring your needles and yarn and sit around the table for a couple hours to enjoy the company of other needle crafters, food, movies and gossip about work, school, friends or your husband. Classes are held every Tuesday from 6-8 p.m. at

the station library in Building. 411.

For more information, call 253-3078



nie Bengtson, the class instructor, attaches the sleeves to a wool sweater during a weekly Learn to Knit and Crochet class at the station library here Nov. 10. Bengtson learned to sew from her mother as a child and learned to knit while in 4H

234th MARINE CORPS BIRTHDAY BALL



Commadant's message motivates

LANCE CPL. CHRIS KUTLESA IWAKUNI APPROACH STAFF

Last week, Marines around the world celebrated the United States Marine Corps' 234th birthday. In Iwakuni, Japan, the celebrations spanned a total of three days with three separate birthday balls.

Service members and civilians from across the station celebrated the birthday at an elaborately decorated IronWorks Gym from Nov. 12 to 14.

Simply put, the three celebrations unfolded as such; attendees dressed to the nines found their seats, the lights went off, video from the Commandant of the Marine Corps played, people watched, the video ended, colors were presented, the cake was cut, a speech was made, food was served, food was eaten, and after that people began to boogie their way on the dance floor under a large Eagle, Globe and Anchor disco ball.

Amidst the parties and celebration was an

important message directly from the Commandant of the Marine Corps himself, Gen.

James T. Conway.
In an official birthday message released on Marines.mil, Conway reveals what is expected of today's Marines.

Conway says, "Our Nation expects her Marines to be ready when the Nation calls; to leave family and the comforts of home behind; to march into battle and thrive under austerity; and to come home under a

victory pennant." Conway continues in his message, alluding to the road ahead, "Today, as we write the final chapter on our victory in Iraq we will increasingly take the fight to the enemy in Afghanistan and add new pages to our legacy in places called Delaram, Now Zad, and Garmsir.

His message is directed at today's Marines

and their place in history.

"Today is our day in the Marine Corps," said Col. Michael A. O'Halloran, the com-

manding officer of Marine Corps Air Station, Iwakuni, Japan. "We all get the chance to leave our stamp on this Marine Corps, leaving our legacy on it; everyone does one way or another. They leave a mark; it's our Marine Corps.

The message focused on today's Marines and the roles they play in forming the Marine Corps' history. The Marine Corps Birthday is a chance for Marines to gather both themselves and their thoughts.

"This is the single most important event for the Marine Corps because it gets us all together wherever we are and gives us a chance to orient on the Commandant's message," said O'Halloran. "We then use this message as a central point to orient on our current situation of where we are. We get together, we recalibrate, we reboot and we move on into the next year and we use all of that as a form of momentum to propel us into the next year, and, come November, we will find out where we are again.



The pageant at the station 2009 Marine Corps Birthday Ball at the IronWorks Gym here Nov. 13. The station Marine Corps Birthday Ball was an event held to signal the 234th birthday of the Corps. In addition to the pageant, attendees also watched a video birthday message from the Commandant of the Marine Corps, Gen. James T. Conway



Marines stand at attention during the pageant at the station 2009 Marine Corps Birthday Ball at



The oldest Marine Master Gunnery Sgt. Michael Smith, Marine Wing Support Squadron 171's commi passes a slice of cake to the youngest Marine, Lance Cpl. Jeremy Wong, a MWSS-171 bulk fuel specialist, during the MWSS-171 and Combat Logistics Company 36 2009 Marine Corps Birthday Ball held in IronWorks Gym here Nov. 14. The cake passing symbolizes the passing of the torch from the oldest generations of Marines to the newest generation of Marines for they will be the stewards of the Marine Corps in years to come.

Semper Fidelis

CORPS NEWS

HIGHLIGHTING MARINES AND SAILORS AROUND THE GLOBE

Marines 'go green' in Iraq

CPL. M. M. BRAVO COMBAT LOGISTICS REGIMENT 27 (FWD)

CAMP AL TAQADDUM, **Iraq** — Marines and sailors aboard Camp Al Taqaddum, Iraq, are doing their part to protect the local environment by focusing on the proper disposal of all hazardous material aboard the base.

As the U.S. military at Camp Al Tagaddum continues to draw down its forces and remove equipment from the forward operating base, they must ensure the base is free of all hazardous material before returning control of the base back to the Iraqi government. With only one Marine in above of Comp. Al. Taraddum's charge of Camp Al Taqaddum's environmental program, coordination and communication with subordinate and tenant units is critical to having the base ready for the transfer.

Since he was deployed in January 2009, Staff Sgt. Samson Erdly, Combat Logistics Regiment 27 (Forward) base environmental chief, has been responsible for the oversight of all hazardous material on the base.

"Nearly everyone on TQ handles HazMat," Erdly said. "Each unit normally has a site manager who is in charge of the unit's storage area and they also will have handlers that handle HazMat. Each unit also has an Environmental Officer appointed to oversee the entire unit's HazMat operation."

Some hazardous materials service members use include different types of batteries like lithium, nickel metal hydride and lead acid vehicle batteries. They also encounter sulfuric acid, hydrochloric acid, water treatment chemicals, compressed gases, petroleum, oils and lubricants, and contaminated soil

Erdly added that individual units are responsible for the

proper storage and disposal of their materials. If they have a spill, they are responsible for cleaning it up, but if they require assistance, he will assist them to ensure the spill is cleaned up properly.

"It's important to clean spills because the material spilled could seep into the ground and into the water table," Erdly said. "[A spill] could also cause the ground to catch fire or explode if something else were spilled in the same area that is not compatible with the originally spilled material," Erdly continued

As each unit cleans out their area before heading back to the states, all the materials they have stored are transported to one of the two HazMat lots aboard the base for proper disposal.

There are several ways to properly dispose of HazMat. Most materials are taken to incinerators, local refineries or landfills.

"All petroleum, oils and lubricants are sent to refineries to be re-refined (recycled)," Erdly explained. "All other items are sent to be properly disposed of either by land farming, incineration, or burial in a sanitized landfill."

Erdly said the Army unit that is replacing them will have a minimal amount of work to do because of the hard work everyone has done thus far to clean up their work spaces and dispose of their hazardous material.

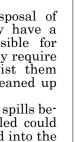
leave," Erdly said.

"What's still left after [the Marines] leave, the Army will take over and ship out prior to the base closing," he said.

As units depart one by one, Erdly inspects their unit areas one last time, to ensure everything is cleaned up and that they leave the base as HazMat-free as possible for the Iragis who will inhabit the base in the near future.



CAMP AL TAQADDUM, Iraq — Fifty-five-gallon drums are organized and stacked at a Hazardous Material Lot n, Iraq, Nov. 6, 2009. The drums will be used to transport hazardous material to a



"Everything we brought has to



NEWS

CAMP AL TAQADDUM, Iraq — Medical waste is burned in an incinerator aboard Camp Al Tagaddum, Iraq, Nov. 6, 2009. All hazardous material on the base is being properly disposed of before the U.S. military returns control of the base back to the Government of Iraq.



CAMP ALTAOADDUM, Iraq — Lance Col. Rvan W. Pollock, a base safety clerk with Combat Logistics Regiment 27 (Forward), stacks an empty drum at the Hazardous Material Lot, aboard Camp Al Taqaddum, Iraq, Nov. 6, 2009. The drum will be used to transport hazardous material to a proper disposal site

COMMUNITY BRIEFS

Thanksgiving Day Meal at the Mess Hall

The station's Southside Mess Hall is scheduled to have a Thanksgiving Day meal 3-5:30 p.m. Thursday. Everyone aboard Marine Corps Air Station Iwakuni is invited. The price for commuted rations personnel is \$7. For dependents of E-1 through E-4, the price is \$5.95. Exact change is encouraged. The menu will include most traditional fair including roast turkey, baked ham, cornbread dressing, candied sweet potatoes, mashed potatoes, gravy, cranberry sauce, simmered corn and peas, and pumpkin, pecan and apple pies

Dental Assisting Training Program

The American Red Cross

is offering a Dental Assisting Training Program. To receive your certificate you will receive 40 hours of didactic course and 500 hours of supervised clinical experience and chair side instruction. The program must also be completed within six months of the start day. For more information or requirements, call 253-4525 or email iwakuni@ usa.redcross.org.

NMCRS Quick Assist Loans

The Iwakuni Navy Marine Corps Relief Society is now providing Quick Assist Loans to prevent active duty service mem bers from falling prey to predatory lenders. These loans are designed to assist with short-term living expenses up to \$300,

interest free and must be repaid within 10 months. For more information or to apply, call the Iwakuni NMCRS at 253-5311 or stop by their office located in the station chapel, room 148.

Iwakuni Teens Join us for Club Beyond

every Tuesday night.

Enjoy games, music, food and fun plus a short Bible lesson. Club is held in Yujo Hall, between the chapel and thrift shop, 6:30 to 8:00 p.m. every Tuesday. Club Beyond, where friends, fun and faith connect. For more information, call the chapel at 253-3371 or call John at 080-4177-2060.

Library Renovations

A re-carpeting project is scheduled 9 a.m.-5 p.m.

Dec. 7-13 at the station library. During this time, the fiction, DVD and children's section, and computer lab will be closed off. The station library will be closed to all patrons Dec. 14-18 to finish the project. Normal library hours will resume

Hornet's Nest Renovations The Hornet's Nest is

currently undergoing renovations scheduled to be completed June 2010. The recreational areas will be under renovation until March 1. The gym area will be closed March 1 – June 1. The Cyber Cafe, located in Building 1345 next to the Wood Hobby Shop, will remain open 24 hours a day seven days a week during the renovations. Single Marine Program trips will continue and can be paid for in the Cyber Cafe or the Marine Lounge. For more information, contact

Jav Stovall at 253-3585

Emergency Phone Numbers Reminder

■Anti-terrorism force protection hotline: 253-ATFP(2837).

■Life limb or loss of vision threatening emergencies while on the air station: 119 or 911. From a cell phone or for bilingual capability: 082-721-7700. ■For security issues,

contact the Provost Marshal's Office: 253-

■To report without talking to a person, Crime Stoppers: 253-3333.

To submit an event, automobile, item or job ad request, please send an e-mail to iwakuni. pao@usmc.mil. Please include a contact name, at least one phone number and the information you would like published. Alternatively, you may submit in person at the Public Affairs Office, Building. 1, Room 216.

Chapel Services

4:30-5:15 p.m. Confession 5:30 p.m. Mass 8:30 a.m. Mass

Sunday

9:45 a.m. Religious Education 11:30 a.m. Weekday Mass 6 p.m. Inquiry Class for adults Tues. - Fri. Wednesday

Protestant Saturday

9:30 a.m. Seventh-Day Adventist

Sabbath School 11 a.m. Seventh-Day Adventist

Sunday

Divine Worship 9:30 a.m. Sunday School, Adult Bible Fellowship 10:30 a.m. Protestant Service 11 a.m. Children's Church

6 p.m. Awana (Bldg. 1104) Wednesday 6 p.m. Adult Bible Study (Capodanno Hall Chapel)

Church of Christ

9:30 a.m. Bible Study (small chapel) 10:30 a.m. Worship Service

Latter Day Saints Weekdays

6:30 a.m. Youth 12-17 Activi-

- Teen Programs
 High School Meetings (Club grades 9-12)
 Junior High Meetings (Club JV grades 7-8)
 HS&JR Bible Studies
- Retreats
- Service Projects
- Missions Trip
- Special Events Volunteer Training & Mentoring

•Parent Support Group Contact the youth director at 080-4177-2060 or jletaw@clubbeyond.org for more information.

For information regarding divine services, religious education or any other command religious program or chapel activity, call the Marine Memorial Chapel at 253-3371.

Slated chapel holiday services schedule

Dec. 14

3 p.m.- Catholic Advent pageant and dinner Dec. 24

5 p.m.- Catholic Christmas vigil mass

7 p.m.- Protestant Christmas Eve service 11:30 p.m.- Catholic carols and midnight mass Dec. 25

9 a.m.- Catholic Christmas day mass

Dec. 31 7 p.m.- Protestant New Jan. l 9 a.m.- Catholic Mary, mother of God mass For more information. contact the Marine

Year's Eve service

Memorial Chapel at 253-

SAKURA THEATER

Friday, November 20, 2009 7 p.m. Michael Jackson's This is

It (PG) Premier 10 p.m. Zombieland (R) Premier

Saturday, November 21, 2009

1 p.m. Where the Wild Things Are (PG) 4 p.m. Michael Jackson's This is

It (PG) 7 p.m. The Invention of Lying (PG-13)

Premier 10 p.m. Jennifer's Body (R)

Sunday, November 22, 2009

1 p.m. Fame (PG) 4 p.m. Love Happens (PG-13) 7 p.m. Zombieland (R)

Monday, November 23, 2009 7 p.m. Sorority Row (R) Premier

Tuesday, November 24, 2009 7 p.m. I Can Do Bad All by Myself (PG13)

Wednesday, November 25, 2009 7 p.m. Whiteout (R)

Thursday, November 26, 2009

1 p.m. Michael Jackson's This Is It (PG) 4 p.m. Love Happens (PG-13) 7 p.m. 2012 (PG13)

Premier

often for updates, or call the Sakura Theater at 253-5291 for the latest schedule.

The movie schedule is subject to change. Please check www.mccsiwakuni.com/sakura

General Admission: Ages 12+ are \$2.50/ Ages 6-11 are \$1/ Children ages 5 and under admitted free. For more information, visit www.mccsiwakuni.com or call 253-5291.

CLASSIFIEDS

Items for sale

Items for sale

Microwave \$50

5 time zone clock--\$15

Small 14" TV--\$20

DVD player--\$10

Miscellaneous

RCA radio/satelite receiver with speakers

and MP3 Player never used \$35.

Two mountain bikes \$50 each

For more information, call 253-7716.

Two electrical transformers for off base

Toyota (Vista) Sedan

JCI good until April 2011, runs and looks great. Has four new tires. \$1,000 OBO. For more information, call 253-3496(work) or 253-2091(home).

1994 Mazda Carol K JCI good until Jan. 2011, excellent A/C and heat, terrific on gas. Need to sell quickly. \$1,800 OBO. For more information, call home 253-2140, work 253-3525 or cell 080-6322-

2001 Honda CBR929

JCI good until June 2011. Red with white accents. new fairings and gauges. Must sell. Asking \$4,000 OBO, call James at 253-5511

Mess Hall Menu

Monday

Cream of mushroom soup, Creole soup, sauerbraten, hot and spicy chicken, fried rice, oven glo potatoes, fried zucchini, calico corn, dinner rolls, potato salad, mixed fruit salad, congo bars, doublelayer marble cake with butter cream frosting, blueberry crunch. Specialty Bar: Pasta

Tuesday

Cream of potatoes soup, chicken noodle soup, southern fried chicken, barbeque beef cube, steamed rice, buttered pasta, black eye peas, Creole squash, macaroni salad, deviled potato salad, chocolate chip cookies, spice cake with butter cream frosting, lemon meringue pie. Specialty Bar: Taco

Wednesday

Cream of broccoli soup, vegetable soup, tempura fish, pepper steak, steamed rice, oven glo potatoes, glazed carrots, brown gravy, dinner rolls, club spinach, potato salad, country-style tomato salad, peanut butter cookies, doublelayer devil's food cake with butter cream frosting, cheese cake. Specialty Bar: Barbeque

Thursday

Minestrone soup, cream of chicken soup, Creole macaroni, fried shrimp, fettuccini noodles, alfredo sauce, grilled cheese sandwich, tempura vegetables, peas and carrots, dinner rolls, cocktail sauce, macaroni salad, German tomato salad, sugar cookies, strawberry shortcake with whipped topping, vanilla creamed pie. Specialty Bar: Deli Sandwich

chowder, minestrone soup, braised beef and noodles, baked fish, mashed potatoes, fried cabbage, mix vegetables, chicken gravy, dinner rolls, potato salad, spinach salad, banana bread, shortbread cookies, Dutch apple

Specialty Bar: Hot Dog

Weight lifting bar, dumb bells and weights For more information, call 253-3496(work) or 253-2091(home).

Rainbow Home Day Care Have openings for full-time, part-time, and hourly children from 7 a.m. to 5 p.m. Mondays – Fridays. Have 13 years of experience working with children, First-Aid and CPR certified, and have a degree in early childhood education. For more information, call 253-2246.

NMCRS Volunteer Opportunities

The Navy-Marine Corps Relief Society is looking for Client Services Assistants who are volunteers to greet those in need and guide them through the initial intake process. To apply for this opportunity, call 253-5311.

MALS-12 runs 234 miles to honor Corps



Lt. Col. Jonathan Gackle, commanding officer of Marine Aviation Logistics Squadron 12, cuts the MALS-12 Marine Corps Birthday cake following a special running event here Nov. 10. MALS-12 Marines ran a total of 234 miles at the Northside track to com lually and in small groups at 12 a.m. Nov. 9, and finished with the ceremony at 3 p.m. N



Slated upcoming holiday Commissary hours

Nov. 22: 11 a.m. – 6 p.m. Nov. 23-26: 10 a.m. - 7 p.m. Nov. 26-27: Closed Nov. 28: 9 a.m. - 6 p.m. Dec. 6: 11 a.m. - 5 p.m.* Dec. 20: 11 a.m. - 6 p.m. Dec. 21-23: 10 a.m. - 7 p.m.

Dec. 24: 10 a.m. - 5 p.m.

Dec. 25-26: Closed Dec. 27: 11 a.m. - 6 p.m. Dec. 28 - 31: 10 a.m. - 7 p.m. Jan. 1: Closed Jan. 2: 9 a.m. – 6 p.m.

Normal operating hours will resume Jan. 3.

Hours will be run in the Iwakuni Approach for the remainder of the holiday

*The Dec. 6 early closure is pending approval

Far East Cheerleading Clinic

NCA teaches Far East cheerleaders how to bring it on

CPL. KRISTIN E. MORENO IWAKUNI APPROACH STAFF

SPORTS

"NCA was founded in 1948 by Lawrence ("Herkie") Herkimer. He's the one (who) invented this uniform we wear today. He's the one who invented the pom poms, the spirit stick. The style of cheerleading we all enjoy, he pretty much created it all," said Ritch Ludke, National Cheerleaders Association director of curriculum, during the final awards ceremony at the Far East Cheerleading Clinic.

Cheerleaders of the Department of Defense Dependents Schools-Pacific and Domestic Dependent Elementary and Secondary Schools Guam gathered for a week-long cheerleading clinic held at the Matthew C. Perry High School gymnasium here Nov. 9-13 to advance their skills

both as individuals and as a teams.

The Daegu Warriors, Ernest J. King Cobras,
Edgren Eagles, Guam Panthers, Kadena Panthers,
Kinnick Red Devils, Kubasaki Dragons, M.C. Perry Samurai, Osan Cougars, Seoul-American Falcons, Yokota Panthers and Zama Trojans participated.

Throughout the week, the girls are taught cheers, dances, stunts, basket tosses and jumps, starting from the fundamentals and gradually moving to more advanced skills based on ability.

"It's a really incredible experience. We get to work

with kids from different bases, see their growth and improvement throughout the week, and it's very fulfilling for us," said Ludke.

To recognize the stand-out athletes, the NCA cheerleaders nominated individuals for the All-

American team in one of six categories: jumps, stunts, dance, tumbling, motion technique and leadership. The nominees competed, and one All-American cheerleader was selected from each squad. The selected girls are then eligible to tryout for the NCA All-American team.

"(The All-American cheerleaders are) considered the best of the best," said Ludke.

In addition to teaching the athletes new skills and building new friendships, the clinic gave the cheerleaders a small piece of home.

"For (NCA) to come here is like, America still loves you," exclaimed Jessica Graham, captain of the Kadena Panthers and All-American nominee for dance.

Graham said that after being overseas for so long, most of the girls feel secluded and think that people start to forget about them, and that's why bringing this camp to the Pacific region is so important for them all. On the final day of the clinic, a final

competition was held so the teams could showcase what they've accomplished. A Top Gun competition was also held for those who wanted to compete individually in four categories: tumbling, stunting, dance and

Teams and individuals were awarded with plaques, trophies, ribbons, medals and banners for various awards.

Taking 1st place in the DoDDS-Pacific and DDESS-Guam large-school division was the Kadena Panthers, followed by the Kinnick Red Devils in 2nd and Kubasaki Dragons in 3rd. For the DoDDS-Pacific and DDESS-Guam smallschool division, the Daegu Warriors took 1st followed by the Osan Cougars and Edgren Eagles.

The Kubasaki Dragons won the Herkie TEAM Award, named after the founder of NCA, for exemplifying great leadership, teamwork and

sportsmanship.
The Edgren Eagles and Matthew C. Perry
Samurai received the Most Improved award.
"(Brandi Raines, Mandolyn Peterson, Patricia Mojica, Karly Chambers and Sasha Shibazaki) did a marvelous job all week," said Essence Laboy, a M.C. Perry Samurai coach. "They received spirit sticks Tuesday (through) Friday for their overall attitude, but most importantly, (the coaches) saw their confidence soar throughout the week.'

At the end of the week, the cheerleaders left with new skills, friendships and a great sense of accomplishment.

Graham offered them all a piece of advice. "Don't take your teammates for granted, because they work hard for you," she said.



A Kadena Panthers flyer executes a skater, also known as a scale during the stunting portion of the Top Gun competition at the Far East Cheerleading Clinic held at the Matthew C. Perry High School gymnasium here Nov. 9-13. Top Gun is a competition in which cheerleaders compete individually in four categories: tumbling, stunting, dance and jumps.

