

FALL OF ROCK

Station artists get funkadelic | P. 6 and 7

*PPROACH

Issue No. 39, Vol. 3 | Marine Corps Air Station Iwakuni, Japan

Marines teach martial arts to aid self-defense

Lance Cpl. Jennifer Pirante IWAKUNI APPROACH STAFF

While some are spreading the word about domestic violence during Domestic Violence Awareness Month, others are learning the valuable skills to help them fight back.

Marines and coordinated a self-defense class in light of Domestic Violence Awareness Month at IronWorks

Gym here Saturday.

The class was the first in a series of classes slated to be held during the month of October to help adults build confidence to defend themselves against an

aggressor during an attack.
According to Chief Warrant
Officer 2 Sergio Esquivel,
second-degree black belt and
instructor in the Marine Corps
Martial Arts Program, the class was coordinated to help adults learn how to defend themselves in some of the most common types of scenarios.
"Usually, there are particular

things that people are going to try to do if they try to mug someone or try some sort of sexual assault," said Esquivel. "They are going to try to grab a certain way and this class will help prepare someone for those different scenarios."

Sgt. Rajiv Douglas, first-degree black belt in MCMAP,

Sawejko, brown belt in MCMAP, assisted Esquivel in teaching, explaining and demonstrating various self-defense techniques used to defend against grabs and attacks from all directions.

The Marines incorporated different movements several styles of martial arts including MCMAP, jujitsu, Krav Maga, and judo throws.

According to Esquival, in the heat of the moment it doesn't matter what techniques a person uses, as long as the techniques are used properly and effectively.

"We go over an array of different techniques," said Esquivel.
"They show someone how to react in case of an attack.

The Marines demonstrated elbow strikes, kicks, grabs and knee jabs, then the Marines held bags as class participants practiced against them.

Each participant also received feedback and guidance on proper techniques to improve

performance.
"It's a great way to empower individuals who may themselves in a place where they need to defend themselves one day," said Gina Kropiewnicki, class participant. "These skills are just good for any person to know.'

SEE **DEFENSE** ON PAGE 3



Debby Jean, self-defense class participant, practices performing a knee strike at a self-defense class at IronWorks Gym here Saturday. Marines and civilians coordinated a self-defense class in light of Domestic Violence Awareness month.



Renovations to begin on Buildings 1191, 1200

LANCE CPL. MIRANDA BLACKBURN IWAKUNI APPROACH

Nishimatsu Construction Company hosted a groundbreaking ceremony for Company the renovations to Buildings 1191 and 1200 here Oct. 5.

A Shinto priest gave a traditional ceremonial blessing for a safe construction project that will take place for roughly one year.

The contract was awarded for the project in early May

SEE **RENOVATION** ON PAGE 3



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The Iwakuni Approach welcomes Letter to the Editor submissions. Letters must include a full name and unit, if applicable. Anonymous letters and comments will not be published. Letters are the opinion of the writer only. Ŝubmissions may be edited for clarity and space. Letters can be dropped off at the Public Affairs Office or sent via e-mail to iwakuni.pao@ usmc.mil. Please submit all content at least two weeks in advance of projected publication date for review.

> $\mathrm{PSC}\ 561\ \mathrm{Box}\ 1868$ FPO AP 96310-0019

CHAPLAIN'S CORNER

'Fireproofing your marriage' — Part 2

Lt. Cmdr. John Q. Cometa DEPUTY COMMAND CHAPLAIN

When I reported to USS Chosin (CG 65) homeported in Pearl Harbor, Hawaii, to serve as command chaplain, my commanding officer gave me our official ball cap we wore aboard ship. I still keep that ball cap today.

But there are two other ball caps I had to earn before I could wear them.

The Damage Control Training Team and the Medical Training Team ball caps.

As part of DCCT, almost every week we had intensive training to produce sailors and officers to help keep our ship afloat in an emergency. We are all committed to exhaust everything to

keep our ship from sinking.

But when it comes to marriage, it is becoming a trend in America that if a husband and wife don't feel they love each other anymore, they immediately call it quits.

They don't exhaust everything to save their marriage from sinking.

Yes, we can damage-control our marriage. If we see a leak in our marriage, we should exhaust everything to fix it right away.

The question: are we damage-control qualified so we can handle every damage-control casualty from a small fire to a major fire?

To become damage-control qualified, we need to have good training and foundation on basic damage-control procedures and techniques.

I have been happily married 21 years to my wife. We still enjoy each other's company.

Every year, we renew our vow and say to each other, "I still do."

Our marriage is like a ship.
We have been to rough seas, but what keeps our marriage afloat all these years is a good founda-

In biblical perspectives, Jesus once said, "Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock. The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation on the rock." (Matthew 7:24-25).

Whether we are Christians or not, we still need a

The rain, the streams and the wind are the storms of life. In a storm, a house without a solid foundation is going to get knocked down.

building our life on some kind of foundation. others are building on a shallow and weak founda-

We need to build a good spiritual foundation. Stephen Covey, author of the bestselling book, "Seven Habits of Highly Effective People," said, "Spiritual dimension is your core, your center, your commitment to your value system. It's a very private area of life and a supremely important one. It draws upon the sources that inspire and uplift you and tie you to the timeless truth of all humanity."

He added, "I find renewal in daily prayerful meditation on the scriptures because they represent my value system. As I read and meditate, I feel renewed, strengthened, centered and recommitted

This helped him to press on and face the challenges and trials of life

after a 10-mile hike.

N-O!" I agree with him.

The word quit should not be in our vocabulary, especially in our marriage life.

good foundation if we want our marriage to last.

Whether we like or not, every single one of us is Some are building on a solid, deep foundation and

Our drill sergeant asked us to spell the word quit

We all answered back, Q-U-I-T sergeant! He said, "You are all wrong! The right answer is

Semper Fidelis.

Registering guests for Halloween

The following information was submitted by the Provost Marshal's Office. ■Trick-or-treating is authorized from 5 – 7 p.m.

■Status of Forces Agreement personnel may sponsor guests, up to 10 per family. All guests must be escorted by the sponsor at all times while aboard the air station.

■Sponsors must pre-register their guests at the Provost Marshal's Office administration section, Building 608, prior to 12 p.m. Oct. 27.

■Master Labor Contractors and IHA employees may sponsor their immediate family members; i.e., spouses, children, children's spouses, brothers, sisters, parents and spouse's parents up to 10 per family.

■Sponsors must meet their guests at the contractors' gate between 4 and 5:30 p.m. All guests may exit the station via the main gate after the event. ■Guests' vehicles are prohibited from parking at the Bachelor Officers'

Quarters, Bachelor Enlisted Quarters or housing areas.

■Trick or Treating will be limited to the housing areas only. BOQs, BEQs, and office spaces will be off limits. ■5 - 7 p.m. Oct. 31, no one will be allowed to sign guests aboard

the installation unless they have been pre-registered with the PMO administration section. All other visitors must be signed on before or after

■The Monzen bridge and the inbound lane of the Monzen gate will be closed to vehicle traffic 5 – 7 p.m.

For more information, contact the PMO administration section at 253-4843 or Staff Sgt. Perez, PMO physical security section at 253-3306.

See page 10 for Halloween safety tips.

Traditional Shinto ceremony blesses coming construction



From left to right, Eiji Hirata, vice president of Nishimatsu Construction Company, Cmdr. Jason Zeda, resident officer-in-charge of construction, Lt. Pil Park, assistant resident officer-in-charge of construction, and Kirby Franklin, base housing directer, pose for a photo during the groundbreaking ceremony for the renovations to Buildings 1191 and 1200 here Oct. 5.

RENOVATION FROM PAGE 1

NEWS

of this year and construction will commence

immediately.
Nishimatsu Construction Company has worked with many U.S. military installations in Japan, to include Misawa Air Base, Yokota Air Base and Kadena Air Base.

"It is our intention to provide the best possible means to deliver a quality product and meet the satisfaction of the U.S. government," said Eiji Hirata, vice president of Nishimatsu Construction Company.

"The renovations being made to these buildings are long overdue," said Lt. Pil Park, assistant resident officer-in-charge of construction. "They have been looked over for about 20 years now, and it's time to do something about it.

The facilities are slated for completion in November 2011 and both will be receiving makeovers to the interior and exterior, including changes to the kitchens, bathrooms, appliances and furniture. Cmdr. Jason Zeda, resident officer-in-

charge of construction says that he plans on building the foundation of this project on respect, communication and trust between the military and Japanese workers.

"With these behaviors and attitudes in place, we can further build upon our foundation,' said Zeda. He added that this will result in a quality

project, completed on time and within budget,

which will delight the future families and residents that will call Building 1200 and Building 1191 home.

Park and Zeda also both added that the changes will greatly improve the day-to-day lives of each and every resident that will someday stay in one of the buildings.

"We are not simply renovating these two facilities," said Zeda. "We are setting out on an endeavor which will affect the quality of life for those who will come to Iwakuni over the next 20 years or so."

There will be many days of hard work ahead to accomplish the task, but soon new facilities will be available for both single Marines and families to enjoy and call their new home.



defense class at IronWorks Gym here Saturday

Debby Jean, self-defense class participant, practices performing a wrist lock at a self-

Civilians get some warrior training

DEFENSE FROM PAGE 1

As the class continued, participants seemed to gain more confidence in their

Some even found abilities they did not know they possessed when Esquivel demonstrated to the class how to perform a jujitsu throw on a possible attacker approaching a victim from behind.

Once the participants learned the proper technique, they were able to find strength and confidence in their ability to defend themselves.

"I liked being able to flip someone over my body," said Kropiewnicki. "That was really the most empowering piece of the

With practice, each participant had the skills down and became amazed at the power of force they were able to apply.

'It was amazing to find that I could flip a 24-year-old male Marine just by positioning my body a certain way and using proper technique," said Kropiewnicki.

The next class is slated to be held at IronWorks Gym here Saturday.

Air station gem retires after 30 faithful years

PFC. VANESSA JIMENEZ IWAKUNI APPROACH STAFF

The office looks clean and spacious. There aren't any mementos on the desk or pictures on the wall. It just looks like a new office ... empty. The desk is in the middle of the room, and sitting in the chair is a woman. her face is calm and wise. She looks like she's busy, but she is not working. She is not working because after 30 years and eight months of service Taeko Yoshioka

is retiring.
Yoshioka, technical information specialist, retired Sept. 24.

Yoshioka is 59 but she looks like she's much younger. Her complexion is smooth and clear with a radiance that makes a person want her around. She's soft spoken but she sounds wise beyond her years. Yoshioka is small in stature with short black hair. She's modest, and just by talking to her a person would never know all her accomplishments and everything she has done for the station.

Yoshioka heard about the job from a friend when she was 28 vears old.

Yoshioka worked in logistics for four years as an administrative specialist, but recently worked in Station Operations as a technical information specialist.

"My job was to coordinate with Japanese authorities, the Japan Maritime Self-Defense Force, Japan Air Self-Defense Force, as well as the Japanese civil airfield laws concerning air operations,' Yoshioka said.

During her time here, Yoshioka worked for Lt. Col. Davin M. Keith, former Station Operations officer, as a Housing operations officer and the primary translator. Yoshioka was the office manager for Japanese operations.

She's leaving some big shoes to fill, said Keith, now the station executive officer. She arguably has the most important job on the installation.

'She completely understood both sides of the equation and bridges both Japanese and American cultures," said Keith.

Yoshioka was a major contributor to the success of Friendship

"She calls the Blue Impulse, Japanese flight team, and asks them to come out for Friendship Day," said Keith. "They always say yes because it's Taeko ask

Revered by the locals, Yoshioka has a unique capacity to make things happen, and she holds great sway with the JMSDF because of how long she worked on the station.

"Her interactions with the JMSDF made our jobs easier. She knew how to take a difficult situation and say the right words so that both parties understood each other's perspective and be able to compromise," said Keith. "At the end, we would all walk out knowing we made a decision that was good and equitable to

Yoshioka understood operations and how to make the air station mission happen.

She knew what was involved both from a Japanese perspective and U.S. perspective and how to mold those things to make a joint perspective, said Keith.

It was important to Yoshioka that the Marines constantly work together to create better relations with the Japanese

She was not afraid to put the Marines in situations that would create interaction between Japanese counterparts to better the relationship, said Keith. She went as a translator to a couple of conferences, but said she wouldn't translate in order to create more interaction.

Yoshioka is described as wise, patient, dedicated and understanding by co-workers.

"Everyone knows Taeko-san; she has done a lot of good things for this base," said Gunnery Sgt. Shane S. Smoger, Station Operations chief.

After retiring, Yoshioka will no longer find herself in an office making calls.

No more white wash walls or

She plans to relax and possibly spend some time on the beach.



Taeko Yoshioka, air operations technical information specialist, is honored in an awards ceremony Sept. 19 for the 30 years and 8 months of service she has done for the station. Yoshioka was revered for the way she was able to communicate with both the Japanese and Americans.

Bengals prep gear for next mission

Lance Cpl. Jennifer Pirante IWAKUNI APPROACH STAFF

FEATURES

Marine All-Weather Fighter Attack Squadron 224, also known as the Fighting Bengals, and originally stationed at Marine Corps Air Station Beaufort, S.C., has spent a few months on deployment throughout the Western Pacific.

As part of the Unit Deployment Program, a program implemented to allow units to deploy to various locations throughout the Western Pacific, the squadron has been able to participate in exercises with international allied forces.

With many missions accomplished, there is still more to do, and during their last few months on deployment, it has become more important to assure that all assets and equipment are in good condition. Since Marine All-Weather Fighter Attack

Squadron 224 has returned to Iwakuni from its most recent close-air support exercise, Southern Frontier at Royal Australian Air Force Base Tindal, Australia, the squadron has been working hard in preparation for its

VMFA(AW)-224's next mission will be participating with Combat Logistics Company 36, Marine Aircraft Group 12 and 1st Marine Aircraft Wing during PHIBLEX, an exercise conducted in conjunction with the Filipino Air Force and the Republic of the Philippines to conduct integrated operations and build unit

After five weeks of flying and riddling the Royal Australian Delamere Air Weapons Range with live ordnance, the flight hours accumulated during deployment added to the wear and tear on the F/A-18 Hornet jets, which can put the pilot at risk if the jets are not properly and regularly maintained

To keep up on the wear and tear, VMFA(AW)-224 is required to perform a series of inspections approximately every 200 flight hours accumulated by each jet.

"One of our aircraft went into phase maintenance right when we got back from Australia," said Lance Cpl. Sam Muchmore, fixed-wing airframes aircraft mechanic with VMFA(AW)-224. "We have spent a whole week on that one aircraft."

The inspections are divided into four categories; Alpha, Bravo, Charlie, and Delta.

In order to meet the requirements of each inspection, VMFA(AW)-224 puts forth hundreds of man hours to perform vital phase maintenance.

According to Cpl. William Higgins, fixedwing airframes aircraft mechanic with VMFA(AW)-224, the maintenance and inspections conducted can take days, even weeks to complete.

"If we tried to do all the phases together, it would take forever," said Higgins. "We divide up the workload and try to manage our time. Even with the workload divided between categories of phases and among six different

shops within the squadron, the workload still remains to be tedious. "It takes forever," said Muchmore. "The whole aircraft component gets taken apart

and broken down.' between VMFA(AW)-224 spent more than 400 man hours in one week conducting a phase Bravo inspection on one of the squadron's F/A-18 Hornet jets here last week.

"Bravo and Delta phases are more difficult," said Higgins. "They are more tedious and require a lot more work.

In order to conduct the Bravo inspection, electrical mechanical components had to be taken apart, undone and then reinstalled.

"It involves taking off all the panels, servos and moving parts," said Muchmore. "We have



Cpl. William Higgins, fixed-wing airframes aircraft mechanic with Marine All-Weather Fighter Attack Squadron 224, overlooks flight surfaces on an F/A-18 Hornet jet during a phase Bravo inspection here Oct. 5. A Bravo inspection requires multiple electrical and mechanical compor

to make sure everything inside is still working

According to Muchmore, taking apart and reinstalling the wing panels on an F/A-18 requires a lot of focus and organization to ensure a successful rebuild.

"It's like taking apart and putting together a big puzzle," said Muchmore. "Some of the fasteners are different sizes, and it's important not to get them mixed up. Some panels even have three different sizes.'

Once the maintenance and inspections are done, VMFA(AW)-224 pilots conduct proflights to ensure components are working

"Pilots will do something called a roll check," said Higgins. "They will fly the Hornet, and

when they let go of the steering, the jet should fly straight by itself. If something is off, then we know to make the proper adjustments and fix the problem.'

According to Higgins, there is a lot more to a hase Bravo inspection than just making sure the jets steer properly and every component is just as tedious.

The inspections consist of a lot of different checks," said Higgins. "We have to service the landing gear, take the motor out and keep track of technical directives. It takes a combined effort of six different shops.

With everything good-to-go, VMFA(AW)-224 has a few months of Western Pacific exercises to look forward to as the squadron continues to work to complete the mission.

PAGE 6&7 THE IWAKUNI APPROACH, OCTOBER 15, 2010 FEATURES

ROCKTOBERFEST



LANCE CPL. CHRIS KUTLES

The Acoustics perform for the first time onstage at this year's Rocktober Festival in the Club lwakuni Ballroom Oct. 8. Armed with two guitars and a trash can, the band beat its way through several covers and a series of original pieces. The Acoustics name did not appear on the event's flyer due to the fact they did not choose a name until halfway through their set.

Headbangers rock 'n' roll ball blasts through Club Iwakuni

LANCE CPL. CHRIS KUTLESA IWAKUNI APPROACH STAFF

It was only 8 p.m. but a small crowd of people had already bought drinks and taken their seats in anticipation for a night of rock music.

Marine Corps Community Services presented this year's Rocktober Festival in the Club Iwakuni Ballroom Oct. 8.

The line-up boasted special guests Jalopy, Watt, Dyatonic and Rock n' Roll Junkeez, and for just five bucks spectators could enjoy five hours of rock music

The headliners were clearly crowd favorites as the audience instantly rushed to the stage when the bands began to perform, but most interesting was the little band barely anyone saw, the

Acoustics.
Their mid-tempo music provided a nice ramp-up

to a night of headbanger music.

The Acoustics were not even on the event's flyer, but in all fairness to MCCS, the band didn't even have a name until an impromptu decision halfway through their set.

Armed with two guitars and a trash can, the band beat their way through several covers and a series of original pieces.

"I thought they did an amazing job," said Alexander Degenhardt, an Acoustics fan. "This was their first time performing together so I was a little curious to see how they would do, and just like I expected, they killed it." Although the three-man band performed well for

Although the three-man band performed well for their first time, they did not garner a large crowd like the headliners.

"I think because it was the opening act a lot of people were just coming in and getting settled," said Daniel K. Hall, a member of the Acoustics. "I think once they sat down they began to pay attention and listen to the music."

The audience continued listening to the music throughout the night, jumping on the dance floor with heads banging and pumping fists in the air. As it got later, the crowd got bigger with people spilling over into the adjoining bar and patio.

If success is graded on attendance, then MCCS should consider the night a grade-A event.

MCCS has sponsored similar special events in

MCCS has sponsored similar special events in the past and has scheduled more for the upcoming months.

The next MCCS sponsored event is scheduled to be the Black Entertainment Television All-Star Comedy Tour Oct. 29 at 8 p.m.

For more information on upcoming MCCS events, visit www.mccsiwakuni.com and click on the recreation tab.



ANCE CPL. CHRIS KUTLESA

Shane J. Hall performs with his band Jalopy at this year's Rocktober Festival in the Club Iwakuni Ballroom Oct. 8. Jalopy performed several original songs throughout the night and performed various covers. The band's performance garnered a large crowd, filling up the ballroom late into the night. Jalopy has performed at other Marine Corps Community Services events in the past.



LANCE CPL. CHRIS KUTLESA

Richard Dysinger of Rock 'n' Roll Junkeez plays his guitar during this year's Rocktober Festival in the Club Iwakuni Ballroom Oct. 8. The show's line-up included special guests Jalopy, Watt, Dyatonic and the Acoustics, and for just five bucks spectators could enjoy five hours of rock music.



LANCE CPL. CHRIS KUTLESA

The Rock 'n' Roll Junkeez perform a cover at this year's Rocktober Festival in the Club Iwakuni Ballroom Oct. 8. The band frequently performs at various Marine Corps Community Services events and in turn has created a following amongst some service members.

CORPS NEWS

HIGHLIGHTING MARINES AND SAILORS AROUND THE GLOBE

Marines stay frosty during operation Mako

SGT. MARK FAYLOGA, REGIMENTAL COMBAT

TREK NAWA, Afghanistan -The men of India Company, 3rd Battalion, 3rd Marine Regiment, were looking for a fight, but it wasn't a single battle they were interested in; they were hoping to affect future conflicts by upsetting the enemy's operations

and removing weapon caches. Partnering with Afghan Army soldiers from the 215th Corps, India Company drove the enemy back on its heels, clearing a portion of Trek Nawa during Operation Mako, Sept. 21.

We disrupted the enemy," said Capt. Francisco X. Zavala, India Company commander. "We took away some of his weapons and forced him to leave the area, at least temporarily — but that has a ripple effect. Whatever he had planned to do, he has to adjust that now. It shows that on any given day, the Marines can come to his backyard and he has to

As much as the operation was about clearing out weapon caches and uprooting enemy forces, many Marines were more enthusiastic about the prospect of making enemy contact.

The previous three times Marines had ventured into the same area in Trek Nawa, they'd drawn fire from enemy forces.

"We're not combat junkies, running around with romantic feelings about combat or anything like that," said Gunnery Sgt. Chris Denham, the India Company gunnery sergeant. "But most Marines, especially younger Marines, they want to prove themselves in

Zavala was sure to hold their eagerness in check, reminding them that as much as they'd all like a battle, the clearing mission came first

India Company came to the fight with multiple squads on line, spread 3,000 meters across

The company was supported by two mobile units stationed as blocking positions to prevent enemy withdrawal.

As they pushed through Trek Nawa, all of the enemy signals the men have come to know as indicators of a coming firefight began occurring, but the fight

With half the day gone, the men moved across the difficult terrain unchallenged, hold for the anklehating plowed fields and deep canals. But as second platoon moved forward, the air suddenly filled with the crack of rifles and buzz of bullets.

"I'm surprised it took as long as it did to get into a firefight, Zavala said. "I expected contact

The Marines and Afghans immediately returned fire, engaging the enemy with rockets, mortars and machine guns. With the enemy pinned down, other elements of India Company maneuvered to target the enemy positions.

"One thing that really impressed me was the awareness all the Marines demonstrated in regards to knowing where all the other elements were and (remaining) conscious to the possibility of

fratricide. Zavala said. They made sure before taking the shot. that they understood exactly where evervbody was.

Second platoon's fire superiority held the enemy forces in cornfields and nearby buildings. such as a compound covered partially from the front by a

All day, Denham had been carrying around his light anti-tank weapon, nicknamed Geronimo. and cracking jokes to keep the men at ease.

"Geronimo is getting heavy. He's ready to go. He's getting fired today.'

Geronimo got his chance to shine during the last 15 minutes of the firefight.

Denham positioned himself on a dirt hill and aligned his shot as accurately as possible. The rocket shot across the battlefield, screaming as it slipped by the

side of the mosque and collided with the enemy compound.
"The only thing louder than the

NEWS

back blast of the rocket was the Marines cheering," Zavala said

The Marines pushed on, continuing to engage enemy forces while clearing compounds along the way, taking two detainees and sweeping up weapon caches.

For India Company's leadership, the discipline of their Marines was among the largest



COMBAT OUTPOST SHABU, HELMAND PROVINCE, Afghanistan - Marines from India Company, 3rd Battalion, 3rd Marine Regiment, patrol through Trek Nawa, Afghanistan, during Operation Mako, Sept. 21, 2010. Mako was a one-day clearing mission to disrupt enemy activity.



COMBAT OUTPOST SHABU, HELMAND PROVINCE, Afghanistan — Gunnery Sgt. Chris Denham, the company gunnery sergeant for India Company, 3rd Battalion 3rd Marine Regiment, watches as the rocket from his light anti-tank weapon closes in on a compound used by enemy fighters during a firefight in Trek Nawa Afghanistan, while participating in Operation Mako, Sept. 21.

COMMUNITY BRIEFS

Special Commander's Corner

Power 1575 is scheduled to have Lt. Col. Thomas Wagoner, air station staff judge advocate, on air $9 - 1\overline{0}$ a.m. Monday. Have your legal questions answered live by calling 253-1575 or send a generic question to power1575.radio@usmc. mil before Saturday.

Free Child Developmental Screening

Educational and Developmental Intervention Services is scheduled to hold free child development screening for children 4–6 months Wednesday and Thursday at Matthew C. Perry Elementary School. Child specialists can screen the five major areas of child development. For more information, call 253-

American Red Cross The Red Cross has

several events scheduled for October: Prenatal brief: 9:45 a.m. Wednesday. Baby Sitting Instructor Course: 5 - 9 p.m. Today. Baby Sitting Course: 9 a.m. – 3 p.m. Saturday. Adult, infant and child first aid and CPR: 8:30 a.m. -4:30 p.m. Oct. 23.

UMUC Registration Fall Session II`

Students can register for Fall Session II classes with University of Maryland University College, located in Building 411, Room 110. Registration dates are now until Oct. 25 and class sessions will run Oct. 25 – Dec. 19. For more registration information, contact your local field representative

Educator's Day

Educator's Day is an annual event conducted in educational complexes throughout the Japan District. The opening ceremony is scheduled to begin at Matthew C. Perry High School 8 a.m. Oct. 22. The day is open to teachers, counselors. administrators, parents and all professional educators. Educators can learn new techniques, share ideas and work with new technologies. For more information, call 253-3447

Hiroshima Food Festival

Hiroshima Castle and neighboring areas in Hiroshima are scheduled to host a free festival 10 a.m. - 5 p.m. Oct.30 - 31. The festival will

feature free food samples, cooking demonstrations, cultural displays and more Admission is free but there is no parking in the area. For more information, call 082-222-

3rd Annual Arts and

Crafts Fair The fair is scheduled 10 a.m. - 4 p.m. Nov. 6. Vendor application packets are ready. Sign-up by Monday. For more information, call 253-

Japanese American

The Japanese American Society is scheduled to hold its 49th annual Speech Contest at Sinfonia Hall in Iwakuni 11 a.m. - 4 p.m Nov. 6.Students grades 1–12 may compose a speech to showcase their Japanese and English skills for a live audience and compete for prizes. For more

information, call 253-4744.

Brief Submissions

To submit a community brief, send an e-mail to iwakuni. pao@usmc.mil. Include a contact name, a phone number and the informa tion you would like published. You may submit your brief or classified ad in person at the Public Affairs Office, Building 1, Room 216. The deadline for submissions is 3 p.m. every Friday. Submissions will run the following Friday on a space-available basis. The Iwakuni Approach staff reserves the right to edit submissions for space and style.

Chapel Services

Roman Catholic

4:30-5:15 p.m. Confession 5:30 p.m. Mass

Sunday 8:30 a.m. Mass 9:45 a.m. Religious Education

11:30 a.m. Weekday Mass Tues. - Fri.6 p.m. Inquiry Class for adults Wednesday

Protestant Saturday

Sunday

9:30 a.m. Seventh-Day Adventist

Sabbath School 11 a.m. Seventh-Day Adventist

Divine Worship 9:30 a.m. Sunday School, Adult Bible Fellowship

10:30 a.m. Protestant Service 11 a.m. Children's Church 6 p.m. Awana (Bldg. 1104)

6:15 p.m. Adult Bible Study (Capodanno Hall Chapel)

Church of Christ

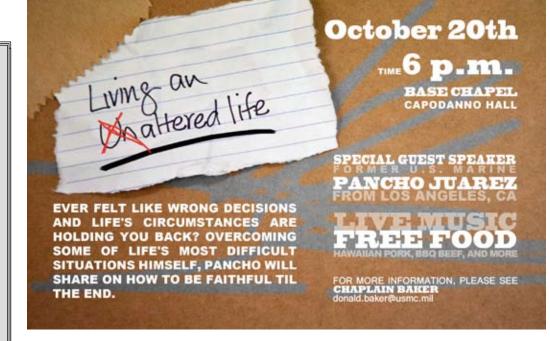
9:30 a.m. Bible Study (small chapel) 10:30 a.m. Worship Service

Latter Day Saints

6:30 a.m. Youth 12-17 Activities

- Teen Programs
 High School Meetings (Club grades 9-12)
 Junior High Meetings (Club JV grades 7-8)
 HS&JR Bible Studies
- Retreats
- Service Projects
- Special Events Volunteer Training & Mentoring
- •Parent Support Group Call 080-4177-2060 or e-mail jletaw@ClubBeyond.org

For information regarding divine services, religious education or any other command religious program or chapel activity, call the Marine Memorial Chapel at 253-3371.



SAKURA THEATER

Friday, October 15. 2010

7 p.m. The Lottery Ticket (PG-13) 10 p.m. Piranha (R)

Saturday, October 16, 2010

1 p.m. Nanny McPhee Returns (PG) 4 p.m. The Lottery Ticket (PG-13) 7 p.m. Piranha (R)

Sunday, October 17, 2010

1 p.m. Secretariat (PG)

4 p.m. The Lottery Ticket (PG-13) 7 p.m. Piranha (R)

Thursday, October 21, 2010 7 p.m. Scott Pilgrim vs. the World

Wednesday, October 20, 2010

7 p.m. Vampires Suck (PG-13)

Monday, October 18, 2010

7 p.m. Step Up 3 (PG-13)

Tuesday, October 19, 2010

7 p.m. The Other Guys (PG-13) Last Showing

Last Showing

The movie schedule is subject to change. Please check www.mccsiwakuni.com/sakura often for updates, or call the Sakura Theater at 253-5291 for the latest schedule.

General Admission: Ages 12+ are \$2.50/ Ages 6-11 are \$1/ Children ages 5 and under admitted free. For more information, visit www.mccsiwakuni.com or call 253-5291.

CLASSIFIEDS

Career Transition Trainer

Inverness Technologies is seeking a part-time career transition trainer. Will perform 1-2 seminars a month training military personnel to enter the civilian work force. Some overnight travel is required. Opportunity for military spouses or DOD personnel. Must know U.S. job market and have experience teaching job search technology. Experience in training is strongly desired. Training topics include skill assessment, career decision making, resume preparation, interviewing, job search, etc. If interested, e-mail your resume to careers@invernesstechnologies.com.

Mess Hall Menu

Monday

Manhattan clam chowder, chicken and rice soup, sauerbraten, jerked-style chicken, fried rice, oven-browned potatoes, french-fried okra, calico cabbage, chicken gravy, dinner rolls, macaroni salad, confetti rice salad, standard salad bar, coconut raisin cookies, double-layer almond cake, chocolate cream pie with whipped topping.
Specialty Bar: Pasta

Tuesday

Szechwan chicken, O'Brien potatoes, noodles Jefferson, french-fried cauliflower, broccoli parmesan, brown gravy, cheese biscuit, three-bean salad, cucumber and Orion salad, standard salad bar, butterscotch brownies, apple pie, spice cake with buttercream Specialty Bar: Taco

Wednesday

Cream of broccoli soup, knickerbocker soup, turkey curry, chinese five-spice chicken, pork-fried rice, mashed potatoes, vegetable stir fry, whole-kemel corn, egg rolls, chicken gravy, dinner rolls, spring salad, deviled potato salad, standard salad bar, recent the process of the salad bar, recent the process of the salad bar, recent the process of the salad bar, recent the salad bar, recent the process of the salad bar, recent the salad peanut-butter cookies, sweet-potato pie with whipped topping, coconut cake. Specialty Bar: Barbeque

Thursday

Minestrone soup, pepper-pot soup, fried chicken, beef stoganoff, buttered pasta, candid sweet potatoes, savory summer squash, Southern style green beans, chicken gravy, cheese biscuits, potato salad, spinach salad, standard salad bar, double-layer devil's food cake, coconut pecan frosting, pumpkin pie with shipped topping, oatmeal raisin

Specialty Bar: Deli Bar

Friday
Beef barley soup, tomato soup, lemonbaked fish, El Rancho stew, steamed rice, potatoes Au Gratin, cauliflower combo, black-eyed peas, dinner rolls, brown gravy, mixed-fruit salad, Italianstyle pasta salad, standard salad bar, apple/cherry turnovers, bread pudding, crisp toffee bars, whipped topping,

Specialty Bar: Hot Dog

Miscellaneous

Stay at home mom looking to help others in spare time. For more information, e-mail nakahashimikiko@msn.com.

Rainbow Home Daycare

Rainbow Home Daycare has openings for children ages 2-5. Hours are 8 a.m. to noon. First aid and CPR certified. Fourteen years of experience working in child care centers. Degree in early childhood education. Specializes in teaching pre-school age children in a structured environment that prepares them for kindergarten. For more information, call

Ad Submissions

To submit an ad request, e-mail iwakuni. pao@usmc.mil. Include contact name, one phone number and the information to be published. Or, submit your ad in person at the Public Affairs Office, Building 1, room 216. Deadline for submissions is 3 p.m. every Friday. They will be run the following Friday on a space-available basis. We reserve the right to edit submissions for space and style.

Mr. Dad coming to Iwakuni

Armin Brott, a former Marine who has devoted the last 15 years to providing men with the knowledge, support and tools they need to become better fathers, is scheduled to hold several presentations Oct. 18-20.

CWTSatoTravel has a travel counselor posi-

tion available at the government travel office

here. This position is responsible for booking air, car and hotel reservations for military

SABRE CRS. Desirable for the candidates to

have travel agency or airline experience, and

SABRE CRS experience. Knowledge of gov-

ernment travel regulation is also preferred.

Send all inquiries and resumes to mkenat@

Be that friendly person who lets them know they've come to the right place. Client ser-

vices assistants volunteers greet clients and

guide them through the initial intake pro-

cwtsatotravel.com. No phone inquiries.

NMCRS Volunteer Opportunities

cess. To apply, call 253-5311.

travelers in official duty status using the

Oct. 18 Building 1 Auditorium

The importance of fathers in their children's lives and the obstacles that keep men from being involved with their children as they want to be. 8 a.m. - Open to men and women (60–75 minutes)
1 p.m. - Expectant fathers only (2.5–3 hours)

Oct. 19 Building 411 Room 123

5:30 p.m. - Just for moms: Getting your husband more

7 p.m. - Father-daughter relationships (30-40 minutes)

Oct. 19 Building 1 Auditorium

The military father. Issues faced by fathers deployed away from their family and how to maintain relationships

8 a.m. - Open to men and women. Mostly aimed at Ma-rines whose family and children are back home (45–60

10 a.m. - Father-son relationships. Mostly aimed at dads but moms are welcome (30–40 minutes)

Oct. 20 Building 411 Room 123

8 a.m. - Fathering your child: The first three years (45–60 minutes) I p.m. - Fathering your school-age child (45–60 minutes)

For more information and to sign up, contact Counseling Services at 253-4526.

Halloween safety tips

Halloween on Marine Corps Air Station Iwakuni can be a great time for residents of all ages. The Provost Marshal's Office asks that every member of the community consider the following tips and help to make this Halloween safe and enjoyable for all of our young trick-or-treaters.

Pedestrian Safety:

- ■Parents are highly encouraged to accompany their children in accordance with Marine Corps Bases Japan Youth Supervision Guidelines.
- ■Plan your children's routes and ensure you have a designated place to meet them in case you and your child become sepa-
- ■Children should use flashlights and stay on sidewalks.

 Children should cross the street at cross-
- walks and not between parked cars.

 Vehicle operators should drive slowly and watch carefully for children.

Costume Safety:

- ■Children should never go into homes stay outside of the residence when asking
- ■Children should never talk to strangers or
- get into a stranger's car.

 Wear clothing that is bright, reflective and flame-retardant; wear short clothing to

- prevent tripping.

 Wear sneakers or comfortable shoes. ■Use face paint (non-toxic, hypoallergenic) and avoid masks - especially if the eye holes obstruct the child's vision.
- ■Children should not wear floppy hats or wigs that slide over the childs' eyes. Also, children should not wear long, baggy, or loose costumes or oversized shoes.
- \blacksquare Children should avoid toy weapons if desired, use costume knives and swords that are flexible, not rigid.
- ■Stay away from pets. The pet may not recognize the child and become frightened.
- ■Children should travel in small groups and be accompanied by parents or an authorized adult chaperone.
- ■Children should know their home phone number and their parents' cell phone numbers, in case they are separated from one
- ■Children should bring treats home before eating them so parents can inspect them.

Military Police bicycle and foot patrols will be assigned to each housing area.

If at any time you or your child needs assistance, please call the military police desk sergeant at 253-3303 or for emergencies dial 911.

Annual Japanese, American golf tournament is success despite gloomy day

LANCE CPL. MIRANDA BLACKBURN IWAKUNI APPROACH STAFF

SPORTS

On an overcast day with a flooded golf course, dedicated golfers came out to participate in the annual Japanese American Tournament at the Torii Pines Golf Course

First place for the lowest net score in the Japanese American Golf Tournament went to Scott Vousboukis, Carlos Campos, Susumu Kawamoto, and Atsumu Sagara with a

combined score of 44.
Sixty Japanese and American service members, civilians, males and females participated in the event, making up 15 teams total.

Almost every team consisted of both Japanese and American participants.

Teams of four golfed all 18 holes together, taking the best score of the four players for each hole and contributing it to their final

Paul Hahn, the golf course manager, said this way if one person on the team has a couple of bad holes, his or her team still has a chance of doing well in the tournament. Each team also had its handicap factored

in to its score to make the playing field more

Although scores were recorded and winners were recognized, the purpose of the tournament was to build long-lasting relationships and friendships between the Americans and Japanese.
As participants finished up the 18th hole,

they rounded up to tally up their scores.
For some participants, the day of golf wasn't their best, but all agreed the jokes, laughter and conversations shared between the Japanese and American participants were well worth spending a day of golf in the rain.

"We had a really great time golfing with the Americans," said Keijiro Tamura, a

participant in the tournament.
Once the scores were tallied, the winners were announced over a steak lunch at the

Also with 44 points, Wayne Gilmore, Mami Gilmore, Keijiro Tamura and Akira Takagi were awarded second place, missing out on first due to a higher score on the first hole.

Only one point behind second place, Tagasi Nakai, Kenji Kawamura, David Stoddard and David Nuttall took third place with a score of 45.

Jerry Woods, Bryan Rupple, Harumi Okada and Takesi Okamura managed the lowest gross score, the score without their handicap factored in, with a score of 60.

Sanyo Printing Company, the event's sponsor, provided more than 40 prizes for tournament competitors.

The Ham Hunt Tournament is the next upcoming competition and is scheduled for

Dark horse Merry's take down Team IDK in volleyball

PFC. VANESSA JIMENEZ IWAKUNI APPROACH STAFF

Merry's barely managed to squeak past Team IDK winning the five-on-five volleyball tournament hosted at the IronWorks Gym Sunday.

Merry's won two games to one against Team IDK.

The tournament was a best of three, double elimination with five teams ready to rumble.

The tournament started with a round-robin. The games went to seven points and were used to decide how the teams would be matched for the tournament.

The first match was For Africa versus The

The Guys showed dominance early in the tournament beating For Africa in just two games.
The second round

was played by QUA 242 against Team IDK. Team IDK smashed QUA 242, only letting them score three times in the two games.

The Merry's went up next against The Guys, not even giving them a chance by winning both games.

Struggling to get back into the championship, QUA 242 and For Africa battled out in first losers bracket match.

For Africa came out of the battle victorious, eliminating QUA 242 and sending them The Merry's cut it

close in the fifth round against Team IDK going to a third game. In the sixth round

The Guys buried For Africa and eliminated them from the tourna

"We don't get opportunities like this too often," said Courtney Beall, player from For Africa. "It's nice Japanese team, the Merry's to be able to play for recreation fought fiercely to be champs. The first of the three games was

girls from our high school volley-ball team." The Guys played back-to-back, taking on Team IDK in the fight

The Guys didn't stand a chance losing both rounds against Team

and bring together some of the

The last two teams to battle it out were Team IDK and the all-

for third place.

The teams, nearly equal in skill,

a battle of epic proportions with points being scored back and forth the entire game, but the Merry's came out on top, winning by only one point 27-26.

Team IDK became fierce during the second game and stomped the Merry's 25-18.

The second game loss wasn't enough to keep the Merry's on

the ground.
The Merry's got back up and dusted off the loss in the final game winning the tournament $\bar{1}5-13$.

"It was a close game and we were evenly matched," said Jordan Kroell, Team IDK player.

Teams for the tournament were mainly compiled of volleyball players who practice at the gym. IronWorks Gym has open-play volleyball at 5:30 p.m. every Thursday and Sunday.



Jordan Kroell, player for Team IDK, smashes the volleyball down as Kazutoshi Savamoto and Kouichi Nakatawa, players for the Merry's, jump in an attempt to defend their side of the net at the five-on-five volleyball tournament hosted at the IronWorks Gym Sunday. The Merry's were champions of the tournament after fiercely battling against Team IDK in



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Now -December 23

For more information: www.mccsiwakuni.com/hr **253-3030**

