

# **EIWAKUN APPROACH**

Issue No. 47, Vol. 3 | Marine Corps Air Station Iwakuni, Japan 💳

## SAREX: Pilots have to catch new ride during Wolmi-Do Fury

#### LANCE CPL. CLAUDIO A. MARTINEZ IWAKUNI APPROACH STAFF

Marine Aircraft Group 12 and its F/A-18 squadrons participated in a combat-search-and-rescue exercise here to improve overall readiness Dec. 3.

The SAREX was part of the Wolmi-Do Fury exercise, which is designed to enhance the air interdiction and area air defense capabilities of MAG-12.

Maj. Greg Hoffman, MAG-12 assistant operations officer and exercise coordinator, said the SAREX scenario evaluated MAG-12's search and rescue capabilities and gave them a better understanding of the equipment involved. "There's an academic portion to

"There's an academic portion to any type of instruction, and then there's the practical application," said Hoffman. "(The SAREX) was the practical application piece." During the scenario, the enemy shot down a Marine All-Weather Fighter Attack Squadron 225 aircraft conducting close air support operations. The pilot and weapons systems officer ejected from the aircraft landing five miles behind enemy lines.

Both the pilot and WSO obtained injuries during their parachute landing. Their mission, during the

SEE RESCUE ON PAGE 3

## Thunder run rips across station, revs up Toys for Tots campaign

LANCE CPL. MIRANDA BLACKBURN IWAKUNI APPROACH STAFF

More than 100 motorcycles hit the air station's streets here Sunday for the 8th annual Toys for Tots Motorcycle Rally.

The rally was coordinated by the Iwakuni Motorcycle Club and Single Marine Program to kick off the Marine Corps' Toys for Tots campaign.

The program collects new, unwrapped toys each year and distributes the gifts to needy children in the community.

So far, the program has collected more than 2,000 toys to donate to less fortunate children. "We just want to get enough gifts

"We just want to get enough gifts to support the underprivileged, needy children aboard the station and also in the local community and orphanages," said Alex Perkins, assistant SMP manager.

The musical band XOP provided live entertainment for the event, while participating riders enjoyed food, including barbecue, hot dogs, hamburgers, and sodas and games.

To attend the event, participants donated at least one toy to the campaign, but Mike Gingles,

SEE RALLY ON PAGE 3

# <image>

Japanese bikers place toys into the donation box during the 8th annual Toys for Tots Motorcycle Rally outside the Hornet's Nest here Sunday. The rally was coordinated by the lwakuni Motorcycle Club and Single Marine Program to kick off the Marine Corps' Toys for Tots campaign.

## Station AT keeps terrorists out, wins award

LANCE CPL. JENNIFER PIRANTE IWAKUNI APPROACH STAFF

There are many unseen elements at work aboard the air station that are dedicated to the safety and wellbeing of service members, their families and civilians.

The Department of Defense Antiterrorism Awards Program was established in 1993 to recognize deserving individuals and units in the anti-terrorism field who work behind the scenes to protect DOD personnel, family member facilities, installations and ships.

Marine Corps Air Station Iwakuni, Japan, was recently recognized as the winner of the 2010 DOD Antiterrorism Award

SEE AWARD ON PAGE 3

## New swim qual guidelines hit streets

LANCE CPL. MARCEL BROWN IWAKUNI APPROACH STAFF

Marine administrative message 653/10, published Nov. 22, reduces the number of swim qualification levels from six to three primary levels.

"They're trying to put more emphasis on surviving in the water with a full combat load, being able to shed your gear and basically just being able to survive in the water," said Sgt. Todd Crowell, swim qualification instructor.

The new MARADMIN establishes three primary levels of swim qualification: basic, intermediate and advanced.

"There are not as many levels, but each level now has more to

SEE **SWIM** ON PAGE 3

LANCE CPL. MIRANDA BLACKBURN

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it's not a matter of if ... it's a mat-

Unfortunately this dangerous

people, who hear something is

dangerous, but they decide to

they feel the need to prove to

dangerous for them.

even the first time.

known to them.

themselves whether or not it is

Sadly, this method is often used

on substances and activities that

have a great potential to be fatal

person who hears that something

On a happier note, there is

another type of learner — the

is not safe and decides he will

learn from the sad experience

of others. These folks are people

sions considering all of the facts

They review what others have

experienced, what the experts

say and then they make a deci-

sion not to experiment with the

My hope is that all of us here in

who make careful, thorough deci-

try it out for themselves because

attitude also affects many young

ter of when."

#### AWARD FROM PAGE 1

for Best Antiterrorism Program in the fixed installation, small unit category.

Andrew Samuels. antiterrorism officer, also recently received DOD Honorable Mention for the Best Anti-terrorism Program Manager of year 2010. As an antiterrorism officer, Samuels is responsible for coordinating all security and antiterrorism measures individual units and departments.

"Samuels is very good at getting everybody together and working to get the mission accomplished," said Staff Sgt. Julian Perez, physical security chief with the Provost Marshal's Office here. Department antiterrorism

officers are recognized by DOD as the backbone of the antiterrorism programs implemented maintained among installations.

According to Bryan Findlay, antiterrorism chief with PMO, Samuels is directly integrated

## Pilots take it to ground, get refresher avoiding enemy during SAREX

#### **RESCUE** FROM PAGE 1

scenario, was to make contact with search and rescue assets and navigate to safety while evading enemy components. Search and rescue assets included two VMFA(AW)-225 F/A-18s flying overhead searching for their downed comrades. The two F/A-18s were participating in a separate scenario before they were unexpectedly called to conduct the search and rescue. The F/A-18s were tasked to make contact with the downed pilot and WSO and provide initial guidance to the ground

Wolmi-Do Fury is an annual exercise to test and use it?" said VonSeggern. The SAREX lasted most of the day and tested The SAREX lasted most of the day and tested recovery forces. "Just like in a real world scenario, they were

## Bikers strapped in leather hit air station streets on hogs of all kinds

#### **RALLY** FROM PAGE 1

president of the Iwakuni Motorcycle Club, suggested everyone give whatever he could to help the SMP pay for wrapping paper as well. Both Japanese and American

riders generously poured out their pockets into the cardboard box set out in front of the crowd. Event attendees placed their

## Poor swimmers beware, new swim qual changes may significantly affect promotion

#### **SWIM** FROM PAGE 1

it," said Crowell. "They took stuff from swim qualification four and three and put it into water survival basic, they took things from two and three and put it into intermediate, and they took stuff from one, two, WSQ and the combat water safety swimmer course and put that all into advanced."

Boots are required during all levels of quali-fication under the new MARADMIN. For Marines barely meeting the CWS4 qual-

ification, swimming may have to become a more prominent activity, but re-qualification is of once every two years for basic. Pfc. Sean E. Oakry, CWS4 qualified, said the

## **CHAPLAIN'S CORNER** "Learning styles" the best way to convey informa-tion to both visual and auditory learners, but it seems to backfire "There goes another organ donor;

tion to both visual and auditory

learners, but it seems to backfire

most of the time, and people just

here: those who learn from other

people's mistakes and those who

learn the hard way — by trying

that others' experiences are valid

sonally try something to decide it

Often this type of person feels invincible or bulletproof, and this

type of thinking almost always

field a few years ago, I saw this

For instance, we took to calling

people driving high-horsepower

thought process, or lack of it,

demonstrated quite often.

motorcycles at high speeds

When I volunteered in the

emergency medical services

Some people just don't trust

and they feel they need to per-

of learning I want to discuss

everything themselves.

is bad or harmful.

leads to tragedy.

There are two more broad areas

get bored.

## LT. ROBERT E. MILLS STATION CHAPLAIN

Over the years, a great deal of research has been done into exactly how people learn.

Some people learn best by hearing information, others by seeing it written out, others by a diagram or map, and still others have to be able to touch something in order to learn about it well

Often it is frustrating for visual learners, those who want to see and read the information, to have information read to them, as in a speech.

At the same time, auditory learners, those who learn best by hearing, don't usually need to have printed handouts or notes;

they just throw them away. What seems to frustrate both auditory and visual learners is when they have to sit through a presentation or briefing where somebody just reads all of the slides.

You would think this would be

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> $\mathrm{PSC}\;561\;\mathrm{Box}\;1868$ FPO AP 96310-0019 Phone 253-5551 Fax 253-5554

Catholic motherhood of Mary mass 5:30 p.m.: Catholic vigil mass /

Jan. 2: 8:30 a.m. Catholic mass / The epiphany of the Lord

#### **Protestant:**

Dec. 24: 6:30 p.m. Festival of carols and lessons Dec. 25: 10 a.m. SDA Christmas service Dec. 31: 9 p.m. Praise / prayer service

Leadership - Part 5: Integrity First

#### STAFF PSYCHOLOGIST BRANCH HEALTH CLINIC

Integrity is a character trait. It occurs when no one else is looking. It is one's moral compass, the inner voice that leads to the willingness to do what is right. It is the voice of self-control. It is also the basis for the trust imperative throughout the military establishment.

A person of integrity is capable of acting on conviction and can control their impulses and appetites.

Indeed, integrity is the ability to hold together and properly regulate all of the elements of a personality.

A person of integrity possesses moral courage and does what is right even when the personal cost is high.

A person of integrity is honest. Training reports are not pencil whipped, tech data violations are not covered up, documents are not falsified, and

A person of integrity is accountable and never for the work of others.

A person of integrity practices justice so those who do similar things get similar rewards or

A person of integrity encourages openness directions so as to ensure key responsibilities are being fulfilled. He are also not afraid of allowing

professionals and human beings. They do not

# Holy days worship and services

### **Catholic:**

Tuesday 5:30 p.m.: Catholic Advent penance service Dec. 24 12 a.m.: Catholic Christmas midnight mass Dec. 25 8:30 a.m.: Catholic Christmas day mass Dec. 26 8:30 a.m.: Catholic mass / Feast of the Holy Family Jan. 1 8:30 a.m.:

The epiphany of the Lord

People of integrity respect themselves as

RALPH B. MORA

similar punishments. and a free flow of information within the organization. Feedback is sought from all

anyone at anytime to examine how he does business

behave in a manner that would bring discredit upon themselves or the organization to which they belong.

#### without protective gear, "organ dangerous activity. donors. In our ambulance or rescue Iwakuni will learn from the mistruck, we'd see somebody like takes of others and not have to that speeding down the highway learn the hard way. It is a better

and turn to each other and say, way to live.

> reports and readiness messages are not written in a misleading fashion.

## A person of integrity is responsible,

acknowledges his duties and acts accordingly. tries to shift the blame onto others or take credit

## Station awarded for best small unit fixed installation antiterrorism program

station for

and

with PMO operations, which element of the antiterrorism makes it easier for him to effort. communicate and gain the resources he needs.

Samuels, According to individuals and unit personnel work hard to heighten awareness of military and family members to the nature and danger of terrorism while also helping to deter and prevent terrorism through aggressive defense measures.

"The key ingredient to our success is strong command leadership across the installation," said Samuels.

The air station has evolved and carried out numerous antiterrorism operational improvements accomplished by various members of the U.S.-Japan Antiterrorism Team, which includes PMO, the Facilities Department and the Japan Maritime Self-Defense Force. the Samuels recognized

Facilities Department as a strong, proactive program and essential

"Our Facilities Department has corrected security deficiencies in timely and rapid manners," said Samuels. "They were identified as having one of the best programs seen in how they process and correct security deficiencies."

Effective integration and effective communication between U.S. and Japanese forces allowed the installation to save the U.S. taxpayer more than 2.4 million dollars during a four-year period.

"It was a win-win for the entire installation. The provost Marshal and several of his staff received high-level recognition and praise for that," said Samuels. "Now that we have Japanese personnel searching the vehicles, they can speak the language and understand customs and courtesies, so it's easier to get a search done because they can communicate effectively."

Base Four The Cluster Bilateral Antiterrorism Group,

which consists of 16 U.S. and Japanese police, intelligence and antiterrorism agencies, greatly increases information flow.

We were recognized for having the best counter surveillance detection program," said Findlay. "We meet with Japanese police the Iwakuni Coast Guard and the JMSDF to maintain a steady flow of information.

Perez agreed communication is a key element to the security and antiterrorism effort.

According to Perez, MCAS Iwakuni has very few issues when it comes to integrating physical security and antiterrorism elements, which makes this installation unique from others.

"I am extremely proud of our accomplishments," said Samuels. Team Iwakuni has risen the bar, taking antiterrorism force protection to a new level."

Antiterrorism aboard the air station remains a group effort as various elements work together to integrate and find solutions

executing one mission and they got pulled off several facets involved. from that mission to provide support for the downed air crew," said Capt. Jon VonSeggern, VMFA(AW)-225 WSO. "That's how it would happen in the real world. It was just good training all around.

While the participating F/A-18s gained invaluable search and rescue training, the downed pilot and WSO gained experience on the survivor evader locator radios. They tested the radio in a variety of different ways to gain a better understanding of its capabilities.

"We carry those radios as our survivor radio. but how often do we get to break it out and

Lt. Austin Latour, MAG-12 air medical safety officer, helped plan the ground side training of the search and rescue scenario with the downed pilot and WSO.

Latour said he considered the mission a success with minimal setbacks.

"(The SAREX) helped build confidence in the radio they were using today," said Latour. "Going through the procedures of a search and rescue was a big confidence builder too. We were able to identify anything that could be changed or be done better.

wrapping paper, flanked by three Marines in dress blue uniforms. Japanese and American bikers decked out in leather jackets and vests, studs and spikes, chaps, distressed denim, bandanas and riding boots straddled their motorcycles and hit the road for a mass "thunder run" around the perimeter of the station.

wrapped in festive, red and green

"Other than a few rides around gifts in a large donation box the block, this was my daughter's the children, our future.

first ride in a big event like this," said Staff Sgt. Mario Cardenas, a military police officer and participant. "She loved it."

The motorcycle club and SMP coordinate charitable events throughout the year to support the local community.

"To be part of this kind of event an immense honor," said Perkins. "We're helping people for the holidays, and we're giving to

The rally brings Japanese and American bikers together while raising funds for those in need.

"Events like these are important because it builds a friendship between the communities," said Gingles.

Contributions are still highly encouraged. Donations can be dropped off in front of the Marine Corps Exchange 6 – 8 p.m. weekdays and 10 a.m. - 6 p.m. weekends until Dec. 20.

change could affect poor swimmers.

"It'll be best for everybody to just incorporate swimming into their (physical training)," he added

For WSQ and CWS1 qualified Marines, the change won't be much of an obstacle; however, the new MARADMIN reduces requalification intervals to a maximum of three years.

"The instructors will not be as affected by the new order as the students will be because it's completely brand new for them," said Crowell. "For us, it's just some new things to teach."

Although a huge Marine Corps wide change, the new MCWSTP is designed to provide a more streamlined, safe and expeditionaryforce-relevant water survival program while

simultaneously reducing annual training requirements on the operating forces.

(The new program) puts people more into a situation that they might actually be in," said Crowell. "Most people aren't going to fall out of a ship and only have to swim 25 meters to safety without any boots.

From Jan. 13 – 14, Iwakuni instructors will receive training on the new MCWSTP. "I think this will motivate everybody to get

out there and actually take swimming seriously," said Oakry. Marines with a current WSQ and CWS1 - 4

qualification will keep their qualification until it expires. Iwakuni Marines can qualify under the old MCWSTP until March 2011.

# Aftermath: Cleaning up after chemical, gas attack



A Marine Aircraft Group 12 Marine at the glove and boot removal station removes Lance Cpl. Kyle Blanke's, a small arms repair technician with MAG-12, gloves during nation exercise here Saturday. Marines from MAG-12 went through a ation line during the decon training. Removing contam one of the final steps in the decon process.

## Pfc. Charlie Clark IWAKUNI APPROACH STAFF

The sirens are sounding. The gas is coming. Time to put on the mission oriented protective posture, or MOPP, gear. Well, not yet, but that is what the Marines from Marine Aircraft Group 12 practiced Saturday.

After the all clear has been sounded, the troops need to go through a decontamination line before it's safe to get out of their MOPP gear. Cpl. Elijah M. Selbidge, the chemical, biological,

radiological, and nuclear noncommissioned officer-in-charge for MAG-12, knows exactly what to do.

The decon is where any contamination that has developed on the Marines' equipment will be cleaned while working through a chemical attack, said Selbidge. There are three different types of decontamination,

immediate, operational and thorough. Immediate is immediately cleaning yourself and any equipment you need. Operational is when equipment that is needed for operations in the environment is cleaned. Thorough is vehicle wash downs, and the detailed troop decon.

A full troop decon starts with a Marine in full MOPP gear.

He would walk through the decon line to clean his flak jacket, weapon, and any other equipment he needs to use. The Marine himself would then go to the first stage of decontamination where he would then remove his jacket and trousers.

Next he would remove his boots. As he removed his boots, he would be stepping over a line so he would stay away from his contaminated boots.

He would walk up to the next station to remove his mask and gloves, then walk 20 to 30 yards, with his eyes and mouth closed, past the line of decontamination.

In a real scenario, there would be a designated clean site near a body of water in order to use the water in the decontamination process. If a body of water is not available, then a water bladder is used.

Lance Cpl. Caressa L. Pulliam, an awards and correspondence clerk for MAG-12 personnel office, said it's important that the troops know how to take off the MOPP gear properly so they are always prepared. The situation dictates how long a real decontamination scenario will take.

There are several methods or agents that can be employed during the decontamination process. One, the M17, is basically a pressure washer, is used for vehicles and other equipment.

There is also a M100 kit, a decontaminate powder, that can be applied to any piece of small equipment that the M17 would not be necessary for.

Another method is STB, which is a super tropical bleach. It can be used, with a brush, to clean any piece of equipment. Trash cans filled with a mixture of water and STB would be used, with a brush, to clean equipment. The equipment would be dunked into the cans then brought out to be scrubbed and washed off. With the successful decontamination training exercise under their belts, the MAG-12 Marines seem confident they know what to do to properly get out of their MOPP gear.



Lance Cpl. Harris Figures, a supply clerk for MAG-12, places a his hand on his gas mask while Lance Cpl Caressa L. Pulliam, an e clerk for MAG-12 personnel office, checks the seal to Figures' gas mask during the decon exercis



awards and cor

here Saturday

Lance Cpl. Caressa L. Pulliam, an awards and idence clerk for MAG-12 personne office, helps Lance Cpl. larris Figures, a supply clerk for MAG-12, out of his mission oriented postur ousers to complete his decontaminatio during the decor exercise here Saturday



Local Jananese nationals teach classmates how to prepare lotus root, a popular food throughout lwakuni and Janan, in a cooking class provided by the Cultural Adaptation Program here Dec. 1, Approximately 10 women participated in making lotus root pizza dough, sauteed lotus root and lotus root salad. Participants prepared each meal in groups of two or three and were helped by at least one other Japanese national

# Lotus root ties cultures together for future

LANCE CPL. MIRANDA BLACKBURN IWAKUNI APPROACH STAFF

Grown and cultivated right outside the Monzen gate is the major crop of lotus root produced in the Iwakuni area.

The root is a popular food throughout Iwakuni and Japan, but many station members do not know how the root is prepared.

In order to increase their knowledge of the plant, station members met with local Japanese nationals for a lotus root cooking class through the Cultural Adaptation Program here Dec. 1.

The Iwakuni lotus root, originating from India, has been grown here for more than 200 years and is now famous throughout Japan.

The exterior of the root vegetable is covered with a peel that is a reddish brown color in appearance, with a white interior that has the appearance of lace.

Nine holes run through the root, which serve as airways for the plant. "In Japan, it is considered to be a lucky food, because, through its holes, you can see the future and have good prospect," said

Hiroyuki Sasaki, member of the Iwakuni Lotus Root Promoting Council. The meat of the lotus root has a texture that is slightly crunchy and mildly sweet.

The root can be eaten as fruit, sliced and stir fried, or stuffed with rice and steamed as dessert

Tender young lotus roots are good for salads, while starchy mature lotus roots are good for making soups.

During the class, approximately 10 women were taught about the lotus root, where and

NEWS

how it is grown, nutrition and health facts about the plant, and were shown several different ways the root can be prepared. The first dish demonstrated was chocolate-

coated, deep-fried lotus roots. "They almost tasted like french fries or potato chips," said Sheila Zeda, a participant in the class. "They would have also been really good with salt instead of chocolate.' The women participated in making lotus root pizza dough, sauteed lotus root and lotus root salad.

Participants prepared each meal in groups of two or three and were helped by at least one other Japanese national.

Dressed in their own personally unique aprons, all of them peeled, sliced, chopped and grinded away at the potato-like plant. For some of the classmates, it was a race to see which group could finish their products first, and for others they just enjoyed the company of the other participants and

learning more about the Japanese heritage. "I have only been here three months now. and this is my first class that I have done with the program," said Jen McDonald, a participant in the class. "I was in culture shock up until about a week ago and events like these really help.'

The Cultural Adaptation Program assists with the transition into Japanese culture, offering local trips, newcomer classes and classes on the Japanese culture and languag at a minimal cost.

The program also provides information on cultural events, such as local concerts and festivals.

The tours are designed to familiarize new arrivals with the air station and other local venues, but are also open to those who are

interested in traveling and exploring Japan. Understanding the customs and manners of a host nation can often be difficult tasks. and in Japan, important ones to master, but classes offered by the program explain the differences between American and Japanese customs and cultures.

Through these classes, participants gain confidence in their ability to speak their host country's language as well as becoming accustomed to their new home.

"It's really just a way to acclimatize yourself, adapt to being in Japan and a great opportunity to get to know other station members," said Zeda.

After finishing their products, class participants sat around tables with their Japanese helpers and enjoyed the meal they created together.

'I was expecting a weird texture at first, but I actually really like the pizza we made,' said Zeda. "I think my daughter would really

enjoy it." While struggling with the language barrier slightly, the 10 participants got to know the women who kindly helped them prepare their delicious meals over an arts and crafts project.

Not only did the women learn new skills during the class, but they also became much more comfortable in the environment they live in and left with new Japanese and American friends.

Some of the upcoming events offered by the program include the Japanese Emperor's Birthday celebration, Dec. 23 and the New Year's celebration, Jan. 1.

For additional information about upcoming classes or events hosted by the Cultural Adaptation Program, call 253-6165.

## *th*



(ABOVE) Participants take off after the 10-second ntdown for the start of the first Heat the Streets duathlon here Sunday. The race was the first run bike, run duathlon, and service members, civilians and local competitors gathered in numbers twice the amount of last year's Heat the Streets event.

(RIGHT) Tim Cooper, The Vikings team runner. bursts through the finish line during the first 2010 Heat the Streets duathlon here Sunday. The Vikings won first place for the team division with a team time of 1 hour, 5 minutes, and 57 seconds. Todd Peterson, The Vikings runner, and Cooper ran the two 2.5 mile portions of the race





LANCE CPL. MARCEL BROWN IWAKUNI APPROACH STAFF

Local competitors and service members gathered Sunday at the IronWorks Gym here to compete in the first ever Heat the Streets duathlon.

"This was the first time we did this event. Last year, we did just a run. This year, it was more of a duathlon with the run, bike run, and I think we got more participants this year than last year," said Brian Wilson, assistant athletics director.

With a team time of 1 hour. 5 minutes and 57 seconds, team Vikings took home the firstplace team trophy.

"A lot of the local racers are very, very strong," said Todd Peterson, The Vikings team runner. "Having two strong runners and a really strong biker is what gave us an

advantage." Sugino Shin took first place for the individual racers with a completion time of 1 hour, 8 minutes and 49 seconds. The competition was a 19-mile race

## **TOP PERFORMERS**

**Team Division** The Vikings 1:0 (Todd Peterson, Tim Chad Sond)

Devil Doc's 1:1 (Alex Ortiz, Dany G Adrian Figueroa)

Warheads 1:3 (Justin Carter, Jason Jason Rousell)

Yonezawa Streets Heat runner first the finishes 2.5-mile run before making a transition to the 14-mile biking portion of the first ever 2010 Heat the Streets duathion here Sunday Competitors were give the option to run the race individu a team.



Yoshie Yonezaw **Heat the Streets** begins the biking portion of the 2010 Heat the Streets duath here Sun Bikers had to bike a three-lap, 14mile course aroun the base before transitioning to the final 2.5-mile run to the finish line.

# Duathlon melds running, biking into 19-mile gauntlet

consisting of two 2.5-mile runs and a 14-mile bike ride around the station.

Competitors were given the opportunity to run the race as a team or individually. "Actually, I run about seven miles every

morning, and this race was 2.5 miles in the beginning and 2.5 miles in the end. So that's what helped prepare me for that aspect of the race," said Dominic Kimzey, Heat the Streets individual runner.

After stretching and being briefed on the race, competitors lined at the start to begin the first 2.5-mile run.

'We were in about fourth after the first run. but we kept confidence in our team," said Peterson.

After completing the first run, competitors transitioned to the three-lap, 14-mile biking portion of the race.

Lap one on the bike, I was all by myself. There was nobody in front or behind of me," said Kimzey. "Finally, on lap two there was somebody in front of me, and I just picked up on them and rode them the last two laps. After the biking portion was done, one

more 2.5-mile run was all that stood between competitors and the finish line.

There was no obvious distinction between team and individual runners, but Kimzev had his own method in determining who was who.

"You can see how their stride was and how fast they were going," said Kimzey. "They had fresh legs, so it was very easy to identify them.

There were also prizes given to first place individual and team runners for several age groups

"Even though they do have these same similar competitions off base out in town, most Americans really don't get the opportunity to go out there and compete, said Wilson. "When the Japanese come here, I think it's like a challenge to compete against the U.S and I think they enjoy it.

The upcoming Hagi Half Marathon in Yamaguchi Prefecture, Japan, is the next event in the duathlon series to take place Sunday.

#### **Men's Division**

S	29 and under:	
	Sugino Shin	1:08.49
	Nakahata Ryosuke	1:10.54
	Kanamura Kengo	1:14.35
	30 - 49:	
).58	Naito Takayuki	1:08.15
6.42	Tomioka Toshinori	1:09.12
7.47	Nishioka Keisuke	1:10.58
	50 and older:	
3.07	Muranaka Shinichi	1:14.48
0.30	Sakane Keiichi	1:20.41
.33	Kochi Hajime	1:20.52

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05.57			Kanamura Ke
n Cooper,	Women's Divisi	on	
<b>-</b> '	34 and under:		30 - 49:
	Kim Yore	1:20.58	Naito Takayu
17.12	Jennifer King	1:26.42	Tomioka Tosł
Fraham,	Jenna Minner	1:27.47	Nishioka Keis
	35 and older:		50 and older:
31.16	Sakane Miho	1:18.07	Muranaka Sh
n Hulette,	Tonoyama Yasuyo	1:20.30	Sakane Keiic
,	Shannon Helvey	1:31.33	Kochi Hajime
	<b>,</b>		-

#### **CORPS NEWS** HIGHLIGHTING MARINES AND SAILORS AROUND THE GLOBE



**NEWS** 

# **COMMUNITY BRIEFS**

**DoDEA Survey** Parents and students may take an online Department of Defense Education Activity customer satisfaction survey for their school until Wednesday. The student survey is for grades 4-12. Parents or sponsors who have children in more than one DoDEA school should complete the survey for each school. The survey is available at https:// webapps.dodea/CSS1011.

#### Weight loss support group

Meetings are held on Mondays at 5 p.m. outside of Building 657. Service members, family and civilians are welcome. For more information, call 090-9147-0409 or e-mail verasavage@gmail.com.

## **Chapel Services**

Roman Catholic			
Saturday	4:30-5:15 p		
	5:30 p.m. Ì		
Sunday	8:30 a.m. I		
	9:45 a.m. I		
Tues. – Fri.	11:30 a.m.		
Wednesday	6 p.m. Inq		

## Protestant Saturday Sabbath School Sunday Bible Fellowship (Small Chapel) Wednesday

#### **Church of Christ** Sunday chapel) 10:30 a.m. Worship Service

Latter Day Saints 6:30 a.m. Youth 12-17 Activities Weekdays

- •HS&JR Bible Studies
- •Retreats
- Service Projects
- Missions Trip
- · Special Events Volunteer Training & Mentoring
- •Parent Support Group Call 080-4177-2060 or e-mail jletaw@ClubBeyond.org

For information regarding divine services, religious education or any other command religious program or chapel activity, call the Marine Memorial Chapel at 253-3371

CAMP LEATHERNECK, Afghanistan – Base Defense Augmentation Marines carry am ed vehicles from which they fired the M240B medium machine gun, the M2 .50-caliber machine gun and the MK on to up-arm 19 Mod 3 40mm grenade machine gun during weapons familiarization training aboard Camp Leatherneck, Afghanistan. Each unit aboard Camp Leatherneck augments Marines to support BDAF. Marines from 3rd Marine Aircraft Wing (Forward) serve in aviation support and administration roles and volunteered to deploy to fill BDAF's vital role.

# Marines prepare to stand watch over Camp Leatherneck

## SGT. DEANNE HURLA 3RD MARINE AIRCRAFT WING

CAMP LEATHERNECK, Afghanistan - No matter what time of the day or night, a Marine is always standing watch - he is the first line of defense against attacks and protects those under his charge.

Every Marine learns the importance of standing guard and keeping a watchful eye over his fellow Marines. However, approximately 30 Marines from 3rd Marine Aircraft Wing (Forward) have taken these basic skills to the next level and assumed their role as the Base Defense Augmentation capacity. Force

Each unit aboard Camp Leatherneck augments Marines to support BDAF as part of the Camp Leatherneck Security Force.

In 3rd MAW (Fwd)'s case, Marines volunteered to deploy for four months to provide the needed support for this vital role. Their primary mission as the BDAF is to man the perimeter guard towers, gates and main entry points to the base, explained Gunnery Sgt. Matthew Thresher, base defense operations chief for 3rd Battalion, 25th Marine Regiment, which is a reserve infantry unit currently serving as the Camp Leatherneck Security Force.

Before the Marines can take their posts, they must first complete familiarization and live fire training with the weapons used by BDAF.

'The Marines receive classes before livefire training, which include a breakdown on the characteristics of the different weapons systems," said Staff Sgt. Patrick Burgess, the range control staff noncommissioned officer with 3/25.

"These include the 240B medium weight machine gun, the M2 .50-caliber machine gun and the MK19 Mod 3 40mm grenade machine gun. The classes break down the specific mechanics, characteristics, operations and handling procedures of the weapons.

For some Marines, this is the first time since

Marine Combat Training that they have fired these types of weapons. "I shot [the .50-caliber machine gun] within

the last six months, but that is because my shop does a lot of [combat-related] training," said Sgt. Aaron Getter, an aviation radio repairman currently serving with the BDAF. It was good to get the refresher training because these Marines are going to need to know how to utilize these weapons.

Augments, like Getter, come from military occupational specialties such as administration and other aviation support roles that would not otherwise deploy in this

"It's not about me, it's not about the deployment, it's about protecting my fellow Marines," said Sgt. Steven Satham, a BDAF Marine.

To help the Marines defend the Camp Leatherneck perimeter, they also receive classes on anti-terrorism/force protection, laws of war, rules of engagement and how to manage access control points.

Though BDAF Marines spend a short time deployed to Afghanistan providing support for base defenses, their responsibility to protect the Afghan and coalition forces residing aboard Camp Leatherneck will remain constant, and the perimeter will always be manned.



CAMP LEATHERNECK. Afghanistan — Lance Col. Kolten Langenwalter, a Base Defense Augmentation Force Marine, fires a MK 19 Mod 3 40mm grenade machine gun during weapons familiarization training aboard Camp Leatherneck, Afghanistan. Each unit aboard Camp Leatherneck ents Marines to support BDAF. Marines from 3rd Marine Aircraft Wing (Forward), such as Langenwalter, serve in aviation support and nistration roles and volunteered to deploy to fill BDAF's vital role.

#### PMO Lost and Found

Please contact the Provost Marshal's Office Lost and Found if you have lost various items around the air station. Examples of items may include wallets, ID cards, cell phones, keys, digital cameras, bicycle helmets, etc. To recover lost items or for more information, call 253-4929 or e-mail jeffrey.anderson@usmc. mil

### 6th Annual Angel-Tree **Gift Exchange** The Marine Corps

Exchange has teamed up with MWSS-171's command chaplain to benefit the children in the Yahata Children's Home at the MCX Atrium 8:30 – 10 a.m. Dec. 18. The community selects angels



o.m. Confession Mass Mass **Religious Education** Weekday Mass uiry Class for adults

9:30 a.m. Seventh-Day Adventist 11 a.m. Seventh-Day Adventist Divine Worship 9:30 a.m. Sunday School, Adult 10:30 a.m. Protestant Service 11 a.m. Children's Church 4:30 p.m. Lutheran Holy Communion Service 6 p.m. Awana (Bldg. 1104) 6:15 p.m. Adult Bible Study (Capodanno Hall Chapel)

9:30 a.m. Bible Study (small

**Teen Programs** • High School Meetings (Club – grades 9-12) • Junior High Meetings (Club JV – grades 7-8)

from the tree, purchases and returns the gifts. The children will receive their gifts from Santa and have their photographs taken. For more information, call 253 - 5641.

#### Fine Arts Exhibit

Artwork in four age divisions and 10 categories, including watercolor, pastel, oil. acrylic and collage will be on display at the Crossroads Mall 11 a.m. - 4 p.m. Wednesday. Artwork will be judged at the local level and a limited number will be sent for judging at the regional level. Open to all youth ages 6 - 18. Call 253-6454 for details.

#### MAG-12 Christmas

Parties The MAG-12 adult Christmas party is scheduled 5 – 8 p.m. Monday at Club Iwakuni. A family Christmas party is scheduled 3-6 p.m. Dec. 18 at the IronWorks Gym.

#### SMP Chess Tournament

The chess tournament will be held at the Marine Lounge 12 - 3:30 p.m. Dec. 18. Trophies and T-shirts will be awarded to 1st and 2nd places. Participants have a chance to win gift cards. Snacks and drinks will be provided. Open to all base personnel ages 18 and older. For more information, call 253-5368

#### **Christmas Concert Choir**

Recruitment has begun for the choir in the 10th annual Christmas concert. For more information and practice times, call 090-4104-1541

American Red Cross Baby Sitting Course: 9 a.m. – 3 p.m. Saturday. To sign up or for more information, call 253-5715.

2011 All-Marine Cross Country Championship Iwakuni needs three males to compete in a 12K race and three females to compete in an 8K race January 5 – 9 at MCAS Miramar, San Diego, Calif. The competition will be held Jan 8. Team

captains are requested to provide team listing to the Miramar Athletic Office by Thursday. MCCS will provide travel and lodging. Runners wil be provided with an Iwakuni running shirt to be worn as uniform. For more information, call 253 - 5436

#### Thrift Store Hours

The station Thrift Store will be open 10 a.m. -1 p.m. Dec. 17, closed on Dec. 24 and open 10 a.m. – 1 p.m Dec. 31.

#### **Brief Submissions**

To submit a community brief, send an e-mail to iwakuni.pao@usmc. *mil. Include a contact* name, a phone number and the information you would like published. You may submit your brief or classified ad in person at the Public Affairs Office, Building 1, Room 216. The deadline for submissions is 3 p.m. every Friday. Submissions will run the following Friday on a space-available basis. The İwakuni Approach staff reserves the right to edit submissions for space and stvle.

Interested in becoming a DJ?

You could rock the club and enjoy all the night time parties Club Iwakuni has to offer! If you are interested in becoming a DJ, call MCCS Productions at 253-3727 for details.

Sakura Theater Friday, December 10, 2010

7 p.m. Red (PG-13) 10 p.m. My Soul to Take (R) Premier

Saturday, December 11, 2010 1 p.m. Tangled (PG) Premier 4 p.m. You Again (PG)

7 p.m. Unstoppable (PG-13) 10 p.m. My Soul to Take (R)

Sunday, December 12, 2010 1 p.m. Megamind (PG) 4 p.m. Tangled (PG) 7 p.m. Harry Potter and the Deathly Hallows Part 1 (PG-13)

Monday, December 13, 2010 7 p.m. The Town (R) Premier

Tuesday, December 14, 2010 7 p.m. Chuck Milligan Live Doors open at 6 p.m.

Wednesday, December 15, 2010 7 p.m. Chuck Milligan Live Adults only Doors open at 6 p.m.

Thursday, December 16, 2010 7 p.m. My Soul to Take (R)



The movie schedule is subject to change. Please check www.mccsiwakuni.com/sakura often for updates, or call the Sakura Theater at 253-5291 for the latest schedule.

General Admission: Ages 12+ are \$2.50/ Ages 6-11 are \$1/ Children ages 5 and under admitted free. For more information, visit www.mccsiwakuni.com or call 253-5291.

Pfc. Charlie Clark IWAKUNI APPROACH STAFF

The Cowboys rounded up the Bears 14-6 in a 10- to 12-year-old youth flag football game at the Penny Lake fields here Dec. 1

The youth flag football season opening ceremo-nies, Nov. 20, kicked off the regular season, which is slated to conclude Dec. 18 at Ironworks Gym sports courts.

The Cowboys' winning the coin toss was just a precursor to the evening's

Within the first 10 minutes of the game, the Bears had to punt twice. The Cowboys easily scored a touchdown after the second punt but failed to get the extra point making it 6-0.

Everyone on the Cowboys has put out a great amount of time and effort during practice, and it's paying off with an undefeated start to their season, said William R. Pearcy, Cowboys head coach in an e-mail. Gaining momentum, the Bears defensive power

stopped the Cowboys offense as they tried to push forward.

The Bears offense capitalized and was able to advance all the way to the 20-yard line to set up a first and goal where the quarterback ran in for a touchdown.

"With our offense, we like to mix it up a bit," said Rodney Buentello, Bears head coach. "It gets the kids more involved." With the score tied up

6-6, the Bears tried for the extra point. The extra point was good, but called back due to a penalty. On their next posses-

sion, the Cowboys offense was stopped by the Bears defense again, losing possession on downs.

The first play by the Bears offense was inter-cepted by the Cowboys defense

With 12 seconds left in the first half, the Cowboys had control of the ball. As time ran out, the Bears defense was able to thwart the Cowboys attempt to score, and the half ended 6-6.

The Cowboys received the ball at the start of the second half. The half didn't start well for the Cowboys players, reciev-ing a false start penalty on the first play, forcing them back.

Gaining possession through an interception,

# CLASSIFIEDS

#### Vehicles

#### 1997 Toyota Estima

and leather seat covers. Recently changed oil, fan and air conditioner belt. JCI good until October 2011. Asking for \$3,000 OBO. For more information, call 080-5691-4258.

**1997 Honda SMX Wagon** This vehicle is available Dec. 15. The vehicle is in excellent condition. JCI is good until April 2012. Asking for \$3,500 OBO. For more information, call 253-6342 or 090-6490-4098.

## **Mess Hall Menu**

Monday Manhattan clam chowder, chicken and rice soup, sauerbraten, jerked-style chicken, fried rice, oven-browned potatoes, french-fried okra, calico cabbage, chicken gravy, dinner rolls, macaroni salad, confetti rice salad, standard salad bar, coconut raisin cookies, double-layer almond cake and chocolate cream pie with whipped topping. Specialty Bar: Pasta

#### Tuesday

Beef noodle soup, navy bean soup, swiss steak with gravy, szechwan chicken, O'Brien potatoes, noodles Jefferson, French-fried cauliflower, broccoli parmesan, brown gravy, cheese biscuit, three bean salad, cucumber and onion salad, standard salad bar, butterscotch brownies, apple pie and spice cake with buttercream frosting. Specialty Bar: Taco

Wednesday Cream of broccoli soup, knickerbocker soup, turkey curry, Chinese fivespice chicken, pork-fried rice, mashed potatoes, vegetable stir fry, whole kernal corn, egg rolls, chicken gravy, dinner rolls, Spring salad, deviled potato salad, standard salad bar, peanut-butter cookies, sweet potato pie with whipped topping and coconut cake.

Specialty Bar: Barbecue

#### Thursday

Minestrone soup, pepper pot soup, fried chicken, beef stoganoff, buttered pasta, candied sweet potatoes, savory Summer squash, Southern-style green beans, chicken gravy, cheese biscuits, potato salad, spinach salad, standard salad bar, double-layer devil's food cake with coconut pecan frosting, pumpkin pie with whipped topping and oatmeal raisin cookies. Specialty Bar: Deli Bar

#### Friday

Beef barley soup, tomato soup, lemon-baked fish, El Rancho stew, steamed rice, potatoes Au Gratin, cauliflower combo, black-eyed peas, dinner rolls, brown gravy, mixed fruit salad, Italian style pasta salad, standard salad bar, apple and cheery turnovers, bread pudding, crisp toffee bars and chocolate pudding with whipped topping. Specialty Bar: Hot Dog

1999 Harley Davidson Road King The motorcycle is well maintained and has

a lot of upgrades and extras. Asking for \$13,000. JCI is good until July 2012. For Seats 8. Has JVC CD, MP3, iPod ready stereo more information, call 253-6342 or 090-6490-4098

#### lobs

#### Travel Counselor

CWTSatoTravel has a travel counselor position available at the government travel office here. This position is responsible for booking air, car and hotel reservations for military travelers in official duty status using the SABRE CRS. Desirable for the candidates to have travel agency or airline experience, and SABRE CRS experience. Send all inquiries and resumes to mkenat@ cwtsatotravel.com. No phone inquiries.

## MCCS and Commissary holiday hours / Postal deadlines

MCCS Employment

Items for sale

Ad Submissions

Crossroads Cafe

Dec. 25: Closed

Jan. 1: Closed

■KFC Express

Dec. 24: 8 a.m. – 5 p.m.

Dec. 31: 7 a.m. – 3:30 p.m.

Dec. 24: 10:30 a.m. – 4:30 p.m.

Dec. 25: Holiday meal pick-up only

Marine Corps Community Services is

continuously accepting applications for entry-level positions such as sales associates, cashiers, recreation attendants, food service

Miscellaneous

1998 Hitachi Japanese refrigerator. White

To submit a community brief, send an e-mail

to iwakuni.pao@usmc.mil. Include a contact name, a phone number and the information you would like published. You may submit

your brief or classified ad in person at the

Public Affairs Office, Building 1, Room 216.

The deadline for submissions is 3 p.m. every

Friday. Submissions will run the following

Iwakuni Approach staff reserves the right to

Friday on a space-available basis. The

edit submissions for space and style.

with three compartments. Buyer must be

able to pick up and transport. For more information, call 090-7377-0847.

workers, waiters, waitresses and program assistants. For more information, call the employee development office at 253-4841.

**Typhoon Motors Gas Station** 

Dec. 24: 8 a.m. – 6 p.m. Dec. 25: Closed Dec. 31:8 a.m. – 6 p.m. Jan. 1: Closed

#### Marine Corps Exchange

Dec. 24: 10 a.m. – 6 p.m. Dec. 25: Closed Dec. 31: 10 a.m. – 6 p.m. Jan. 1: 10 a.m. – 6 p.m.

#### North and Southside Marine Mart

Dec. 24: 6:30 a.m. – 11 p.m. Dec. 25: 6:30 a.m. – 8 p.m. Dec. 31: 6:30 a.m. – 11 p.m. Jan. 1: 6:30 a.m. – 11 p.m.

#### Commissary

Sunday: 9 a.m. – 4 p.m. Monday: Closed Dec. 20: 10 a.m. – 7 p.m. Dec. 24: 10 a.m. – 7 p.m. Dec. 25-26: Closed Dec. 27: 10 a.m. – 7 p.m. Dec. 31: 10 a.m. – 7 p.m. Jan. 1: Closed

#### **Crossroads Food Court** Burger King Dec. 24: Closed Dec. 25: 7 a.m. – 1 p.m. Jan. 1:7 a.m. – 8 p.m.

Dec. 31: 10:30 a.m. – 3:30 p.m. Jan. 1: Closed ■Pizza Hut Dec. 24: 11 a.m. – 9 p.m. Dec. 25: Closed Dec. 31 - Jan. 1: 10:30 a.m. – 9:30 p.m. Subway Dec. 24, 31: 10 a.m. – 9 p.m. Dec. 25: 11 a.m. – 8 p.m. Jan. 1: 10:30 a.m. – 9 p.m. Taco Bell Dec. 24: 7 a.m. – 1 p.m. Dec. 25: 1:30 – 9 p.m. Dec. 31: 7 a.m. – 9 p.m. Jan. 1:9 a.m. – 9 p.m. Soba Express Dec. 24-26: Closed Dec. 31 - Jan. 1: Closed

#### POSTAL

To ensure your packages arrive in time for the holidays, Monday is the last chance via Express Mail according to station postal.

Do you have an idea for a story or need coverage for an event? We are here for you. Contact the Public Affairs Office two weeks in advance of projected publication date for review by e-mailing iwakuni. pao@usmc.mil, call 253-5551 or stop by Building 1, Room 216.

got news?

# **Cowboys herd Bears 14-6 in youth football**



Michael Coletta, receiver for the Cowboys, gains the first down on the Bears defense during a vouth flag football game at Penny Lake fields here Saturday. Coletta was a significant playmaker during the battle raking in a lot of yardage for the Cowboys. Ultimately, the Cowboys offense showed up the Bears defense throughout the game to take home the win 14-6.

the Bears thought they were on a stampede. Before the Bears could think about gaining yards; however, the Cowboys defense showed it who's boss and the Bears were forced to turn the ball over on downs.

The Cowboys pushed forward and got the touchdown and two-point conversion. with passes to open receivers. making the score 14-6.

The Bears again gave up possession of the ball with another interception by the Cowboys defense. Buentello said the Cowboys were able to get to the ball faster because of the height differences between the Cowboys players and his teams' players.

The Cowboys advancement was stopped short of the goal line and it lost the ball on downs again. The Bears finally made good headway late in the fourth quarter.

The Cowboys defense rose to the occasion once again sacking the quarterback on a third and



Jacob Keasler, running back for the Cowboys, attempts to outmanuever Breana Lewis, defensive end for the Bears, in a youth flag football game held at Penny Lake fields here Saturday. The Bears defense tried their best, but the Cowboys offense proved to be too much in the

goal play and ending the game with an interception on a fourth and goal.

The Cowboys won the game 14-6, taking their record to 4-0.

"We are looking forward to continuing our outstanding performance into the playoffs," said Pearcy.

All the teams play hard

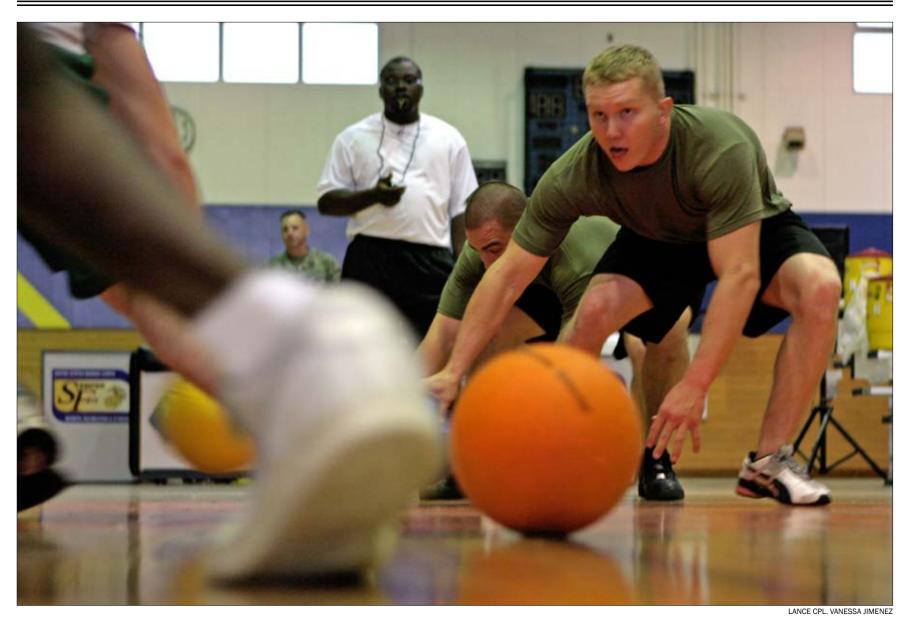
and practice diligently, but in the end it's all about teamwork.

"Our motto for the last few years is one team, one mind, one machine," Buentello said. "One team is we're all together, one mind, we're all on the same sheet of music and one machine means no one is better than the

other."

For the past two years, Buentello has won the 10- to 12-vear-old championships with two different teams. The Saints two years ago, the Cowbovs last year and this year he is trying with the Bears.

The championship game will be held Saturday at the Penny Lake fields.



In an attempt to snag one of the six balls Robert Griffin. Munis team member, races to the balf court line during the intramural dodgeball tournament at the IronWorks Gym sports court here Saturday. Munis won second place to the Rack Inspectors in the tournament. Jason D. Hulette, Munis team member, brought out his immediate work center because he wanted to help get the Marines in his section to be more active.

## **Rack Inspectors dodge, duck, dip, dive to victory**

PFC. VANESSA JIMENEZ IWAKUNI APPROACH STAFF

Six plush balls, each a different color, are lined up at the half court line.

The whistle is blown and the sound of feet shuffling is heard.

The rubber from the soles of the players' shoes squeak against the shiny, waxed basketball court floor.

Hands from either side of the line quickly dart out and grab one of the six balls.

Once a ball is grabbed, the team member backs up with their weapon in hand.

The player stands like a warrior waiting for the opportune moment to strike and throw the ball.

Six teams battled in a dodgeball tournament here at the IronWorks Gym sports courts Saturday with Rack Inspectors snagging the first place title against Munis in an epic finish.

The teams were given the opportunity to draw cards giving the team with the highest number a bye from the first round.

The teams that won the draw were Chorizo and Frijoles.

The first teams to take the challenge were Rack Inspectors and Munis. The Rack Inspectors took the first game dropping Munis into the loser's bracket.

The second game was against The Gun Show and PAO.

PAO didn't meet the standards and lost against The Gun Show dropping them into the loser's bracket.

Chorizo and Frijoles came up from their bye rounds to challenge Rack Inspectors and The Gun Show.

Frijoles proved to be no match for The Gun Show. The Gun Show shot down Frijoles drawing dodgeballs like old western pistols in a duel.

"We tried our best and we feel pretty successful so far since we've only lost one game," said Daniel F. Leal, The Gun Show team member. "We came out to boost morale and to have a good time.

Chorizo was gobbled up by the Rack Inspectors, which continued to prove their dominating presence in the tournament. The Rack Inspectors had the quick draw

advantage against The Gun Show.

The Rack Inspectors beat The Gun Show to the punch and sent them packing into the loser's bracket.

After the win against The Gun Show, it was the Rack Inspector's turn to take a break while those in the loser's bracket try and resurrect their teams for their last chance to win the tournament.

PAO played first against Munis but did not continue on to the next round and became the first team eliminated from the tournament.

Chorizo was the next team to come out victorious beating Frijoles down and sending them home refried.

Chorizo was eliminated in the next round against Munis and was sent back sent home to reminisce about winning their childhood game.

The Gun Show had their last show against Munis in the loser's bracket final but lost their second shot against Rack Inspectors and the championship.

"We didn't come out here to compete as much as we came out here to have fun," said John A. Alteiri, member of The Gun Show. "Losing is not important.'

It came down to the best of three matches once again in which Rack Inspectors won the

first round.

Munis was not prepared to admit defeat just yet coming back and beating the Rack Inspectors in the second round tying it up for a third match.

Tying the game only added fuel to the fire for the Rack Inspectors.

The last match came down to one player on either side.

Both teams had their guard up, but the Rack Inspectors came out victorious when the last standing team member caught the ball thrown by Munis.

"Munis was talking a lot of trash at work. So it feels good to win against them," said Justin Feingold, Rack Inspectors team member.

Even though Munis lost the championship they gained something else. "This tournament brought a

lot of camaraderie and unit cohesion," said Feingold. It was great because our whole work center decided to do it as a team.'

Jason D. Hulette, Munis team member, brought out his immediate work center because of an ad he saw to help get the Marines to be active.

The rivalry between the teams started at work when the trash talking began.

It was Hulette's strategy to get everyone

together. "The first, second and third place teams all work together," said Hulette. "It was fun and a great game.

The first and second place teams all received individual trophies for participation and a team trophy.

The team members all cheered for one another as the trophies were passed out, a true sign of camaraderie and good sportsmanship.