

MARINE CORPS AIR STATION IWAKUNI, JAPAN

Angels descend upon Balikatan

LANCE CH. RUBEN D. CALDERON Combat Correspondent

CLARK AIR BASE, Republic of Philip-

pines - Marine Heavy Helicopter Squadron 362 arrived Feb. 19 at Clark Air Base in the Republic of the Philippines with an armada of over 125 Marines and Sailors, including six CH-53D helicopters, to take part in Exercise Balikatan'04.

the armed forces of the Philippines training alongside units from the Marine Corps and the U.S. Air Force.

gels to showcase their many talents in a variety of stages as they will be participating in a mass casualty drill, troop movements, loading and off-loading equipment, as well as other cultural interaction projects.

"The overall objective of the exercise is to improve relations between the to the Philippines with the readiness to U.S. and the Republic of the Philippines through military engagement and bilateral training," said Lt. Col. Raymond F. L'Heureux, HMH-362 commanding officer. "HMH-362 will deploy to Exercise Balikatan '04 ready to accomplish the tasks and missions at hand."

The Ugly Angels, originally from

INSIDE

T-Bolts strike in Thailand Marine Fighter Attack Squadron 251 battles the Air Force in Thailand skies. Page 3

Power lifting championships

Gym rats from all over come out to prove who is the best under the bar. Page 12



Rain High: 57

www.iwakuni.usmc.mil

Marines may be entitled to refunds

VOLUME 49 NUMBER 8

COMPILED BY TORII TELLER STAFF

A recent news release from the General Services Administration in Washington D.C. stated that as many as 500 active duty and reserve Marines may be eligible for a refund from life insurance policies purchased at Marine Corps Base Camp Pendleton, Calif.

An investigation conducted by the Camp Pendleton Staff Judge Advocate concluded that last year, certain agents of the Pioneer American Insurance Company violated various Department of Defense regulations by identifying themselves as disinterested financial advisors. They solicited business on behalf of Pioneer. and misrepresented life insurance policies as other types of financial products

As a result of the investigation, Pioneer agreed to refund upon request, all money it received from the policies that were sold to Marines at Camp Pendleton from March 2003 through December 2003. Marines who purchased a policy during that time frame may receive a refund provided that the policy has not lapsed for nonpayment.

see MARINES Page 4

STORY AND PHOTOS BY LANCE CPL. GIOVANNI LOBELLO Combat Correspondent

Accidents are plaguing Station residents as 27 car crashes have already occurred since the beginning of the year

and do not appear to be slowing down. The weekend of Feb. 20 resulted in dents on and off base alone.

"Traffic accidents are a fact of life," said Sgt. Mai, Dave Allison, Station ser- usually occur because of carelessness. because we are on such a small base. People just need to be aware and drive sensibly."

week, the traffic homicide investigator Frigon. is called to the scene of an accident Allison added, there are many times

while driving on base that stop signs on base before driving out in Japan. Getare often not obeyed. Not only that, but ting use to driving on base is easier and

geant major. "It just seems worse for us Major accidents occur approximately twice a month." Maintaining knowledge of all road signs and ensuring that you are capable Approximately three to four times a of driving out in town is important, added

The exercise is bilateral in nature with

The exercise will allow the Ugly An-

"HMH-362 is the hardest working helicopter squadron in the Corps," boasted De Dios. "We always complete ourmissions."

Marine Corps Base Hawaii, arrived here month to show what they can do, but at it," said Staff Sgt. Herman R. Scudder, from Marine Corps Air Station Iwakuni, their commanding officer is not worried HMH-362 intelligence chief.



A CH-53D is secured after finishing her voyage from lwakuni, Japan.

where they are presently a part of the Unit Deployment Program. They come succeed at any challenge presented to them, according to Cpl. Eduardo De Dios, HMH-362 aviation technician.

about the lack of opportunities.

"We will take full advantage of the outstanding training scenarios Balikatan offers us. We can't wait to get started," said L'Heureux.

The Ugly Angels will be returning back to Iwakuni March 11, but not without first leaving their mark in the Philippines.

"We are going to do our best and The Ugly Angels will only have a hopefully have a little fun while we are

Accidents becoming trend on Station

speeding is usually a problem through- safer than trying to learn off Station. out the base. The speed limit for most of which is approximately 15 mph. And still people are flying around the base.

"Usually the reason for most of the traffic accidents is that drivers are not road," said Lance Cpl. Jeff Frigon, trafmany accidents that occur most of them are minor and on base. Those accidents

take time and improve their driving skills

"Just because you have passed the the base is approximately 25 kmph, driving test doesn't mean you are now qualified as the best overseas driver," said Frigon. "We are in a completely different driving environment. Here not only do we drive on the opposite side used to driving on the left side of the of the road but there are also a lot of new signs we do not understand right six traffic accidents involving base resi- fic homicide investigator. "Despite the away. I would recommend picking up a strategy guide if you know you will be driving around town for an extended period of time."

A tendency for bad driving decisions are usually made out in town, said Frigon. Accidents usually occur because laws are broken. For example motorcycles usually pull up beside you while stopped at a traffic light. "It would be wise if people would Moves like this usually cause unnecessary accidents.

Club card cartel strikes again

NINA VANETTEN Letter to the Editor

I would like to start out by saying that I totally agree with everything stated by Cpl Michael White in his letter to the editor titled Iwakuni club *cartel.* I think it is very sad that an organization (Marine Corps Community Services) that was originally created for the Marines has become one of our worst nightmares.

It was bad enough when I was informed at the Exchange that I could not order bulky items from AAFES because MCCS was afraid of losing money. It was even worse when I was told that most of the profit goes to the Single Marine Program, considering they have a problem conducting themselves when out in town

Now.....well now it is time that everyone should voice their opinion about the horrific price increase for those of us that do not choose to get a club card offered by MCCS.

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Editorial content is edited, prepared and provided by the Public Affairs Office of Marine Corps Air Station Iwakuni, Japan.

All queries concerning news and editorial content should be directed to the Public Affairs Office. Building 1, Room 216, MCAS Iwakuni, Japan. Call 253-5551.

The Torii Teller welcomes Letter to the Editor submissions. Letters are the opinion of the writer only Submissions can be edited for clarity and space. Letters can be dropped off at the Public Affairs Office or sent via e-mail to bonidw @iwakuni.usmc.mil or dillardcs@iwakuni.usmc.mil.

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I have to question the people who made this decision and I have to question their knowledge concerning the legalities of such a decision.

I worked for AT&T Universal Card (VISA/MasterCard) Services that was acquired by Citi bank for a total of 6 years. We endured extensive training on what is legal and illegal in the credit card industry.

I can tell you one thing Mr./Mrs. Decision Maker. You might want to get on the Internet and look up the terms price discrimination federal antitrust laws, and the word prohibited. One more term. The Federal Robinson-Patman Act, which you are in clear violation of. The Federal Robinson-Patman Act prohibits manufacturers and suppliers from providing price discounts and other forms of preferential treatment to some buyers and not to others

Mr./Mrs. Decision Maker, I have one more question for you, does MasterCard know of your little scam?

MasterCard has fought an intense battle with Wal-Mart to have all of it's cards debit/credit accepted and treated with the same level of customer service. You can look this up on the internet also under HONOR ALL CARDS

I do not think they would be happy to hear that a MasterCard branded with your organization is receiving a much better price than the MasterCard I have with my credit union

WHOMAKESTHESE DECI-SIONS??? I would think that before an educated person decided to require a massive group of people to use a particular credit card or get financially raped that they would do their homework.

Hitting someone in the pocketbook is the strongest punch of all, and I would imagine that a reasonable person would have their t's crossed and their i's dotted, but what do I know?

Card justifies costs once again

DALE D. SMITH Marine Corps Community Services Director

I would first like to say that I am terribly sorry that the writer feels that Marine Corps Community Services has become "one of their worst nightmares". MCCS attempts to provide the best possible goods and services to our patrons.

I use the word attempts because I am the first to admit that we don't always satisfy all of our customers. When something is determined to be lacking, we review it and correct it. Such is the case with the Club Card issue. With the addition of the Club Privilege Card. I believe that issue has been adequately addressed and answered in the Feb. 13th edition of the Torii Teller

The second problem addressed by the writer is in regard to the new shipping policy for oversized and bulky items purchased through either the Exchange Catalog or online. Effective Jan. 20, all customers are now charged shipping for items under \$50 and for oversized or bulky items.

This policy applies uniformly across all Exchange systems and is not an MCX/MCCS specific program. The new policy offers several opportunities for the customer to receive free shipping. Free Shipping on all orders totaling \$49 or more (excludes oversized shipping/handling fee). Free Shipping on all orders containing at least one MCCS item (excludes oversized shipping/handling fee).

Free Shipping on all orders applied to the Military Star Card (excludes oversized shipping/handling fee). Free Shipping on all orders shipping to a deployment area (for example OEF/OIF, Bosnia, or Kosovo APO addresses).

If the item arrives damaged due to an error on our part: for example incorrect item, damaged or defective merchandise, we will reimburse the customer for shipping charges.

Oversized items will be annotated with (S/H in blue), with the amount of the additional shipping fee next to it. There will be numerous promotional opportunities throughout the year where our customers will be offered free shipping.

As the commanding officer's MCCS director, I have the

responsibility for all financial matters pertaining to MCCS. The Single Marine Program (SMP) receives approximately \$222,000 (70 percent) from the appropriated fund and \$99,000 (30 percent) from the non-appropriated fund (funds from revenue generating activities). In other words, 0.3 percent of the total non-appropriated fund supports the SMP. It should be noted that the SMP offers a 24 hours. seven days a week, non-alcohol social environment for the unaccompanied Marines, providing them an alternative to off base activities.

Mark Mooneyhan, the Bank One representative for the Club Card Program, provided the following input on the legal side of issuing Club Cards.

"This customer seems to be confusing two issues. It sounds like the customer believes that you are offering a discount only to your MCCS MasterCard cardholders. This is not true. Club membership, not the card, qualifies an individual for special pricing benefits. MCCS doesn't require the member to pay with a particular card in order to get the discount so we are in compliance with Card Associations (Visa/MasterCard) laws governing preferential pricing."

Mooneyhan confirms that we are not doing anything against credit card laws. A member doesn't have to use his/ her membership card to receive any membership discounts/ benefits. The member may have to use it as identification of membership; however, they can pay cash, check, or with any other credit card they would care to use to actually pay for the Club services. The member is getting a discount because they are a dues paying member.

As a membership activity, we are required to determine members' benefits. Those benefits have been established in agreement with the respective Club advisory boards. For a true membership activity, there should not be anyone else using the activity except members and therefore no discounts would be needed. However, since we are a food service facility on base, with limited opportunities, MCCS has opened the club to non members.

Mary Hostetter, MCCS attorney at Headquarters Marine

see CARD Page 4

Relocation operation puts Marines to test

LANCE CE. DAVID REVERE Combat Correspondent

Hard-hats from Marine Aviation Logistics Squadron 12 performed a largescale heavy lifting operation Feb. 19 at a mobile facility pad opposite the North Side Chow Hall

Marines from supply, maintenance, airframes, avionics, and other units participated in the operation that not only provided needed space, but also oppor tunity for training.

"We are doing this as a relocation effort for one of our work centers," said Capt. Kevin Doherty, MALS-12 operations officer. "It also serves as an excellent deployment training opportunity for

According to Gunnery Sgt. John Dahl, MALS-12 mobile facilities maintenance noncommissioned officer in center, because they get to know how the mobile facilities in their new loca-Hager. "I like getting outside in the open charge, the mobile facilities were moved to move these vans. Some of them have tion involves a mix of strategy and team- air and doing hands on work." using 25-ton cranes to an empty pad never moved them before. It's also good work.

opposite the chow hall in order to free up space for an expanded indoor pistol range parking lot.

"We've got to move an entire complex of mobile facilities," said Dahl. "These are all airframes vans. We are setting up their entire work space here

Dahl said that the size of the operation made it a special opportunity for all the Marines involved.

"We don't move heavy equipment on this scale very often," said Dahl. "We usu- for (Marine Wing Support Squadron tunity to work with the cranes to situate ally move four vans at the most. Here, 171) because they get training driving the work center. we are moving 33 mobile facilities over a the equipment." two-day period. It's good for my work

T-Bolt Hornets soar with Eagles in Thailand

LANCE CH., C. ALEX HERRON Combat Correspondent

"We were given the opportunity to fly against the Air Force because we are the younger pilots," said Capt. Brett Batick, VMFA-251 flight officer.. "We were the last four to check in and had almost no experience

The Invertolis of Marine Fighter Attack System nst the Eagle." 23 adforce their lost of the land of the Air Force pilots were also a little "green" when cisessapeussric Question Que Tiger, For iBame to fighting against the Hornets. Most of the here pilots had seen Hornets in the past, but it had been a TheT-BoltsandAircouple of years.

nenfronElnardorfAir ForceBase, Alaskatook the opportunity to partici pateinas mail dog figita aturepfortheoecise adtheonlytimetheT koltpildsvoidhaea danietogoupagainst ther-1997ade Therest ottertieinikailan willkespettainingwith the Roal Thai Air Force and the Republic of SingpoeAinTore. The Marines went

indetainingeolutic with the feeling they had asligtuperhadoe the AinTorceaviators. Webaessallerair-

craft, which makes us moreagile,"saidCapt. Jan Tebbetts, WFA-Zhild. Wenidthad lesconeredpilds htwesholdn't have

toonchofapcolen." Capt. Dan Berzack gets into his F/A-18 Hornet The for ploswoprior to dogfighting Airmen from Elmanberg raticipated intreser Air Force Base, Alaska in Korat, Thailand, Cise were captains, Berzack was glad he was able to accomplish Michael Berran, Jonn his number one goal for the mission, "Not let Teletts, Bett Baickare he F-15B's get a shot on me". DanBerzack, The I-Bolt

aiacosveredosenonthe fact they dichot have IFA-251 flight officer. "We did fairly well and it was mchegeriereegeins F-158 sintheircareer. good training.





The Hornet pilots were grateful for the opportunity to fly against Lance Cpl. C. Alex Herron the Eagle, as opposed to their own breed of aircraft

"It's fun to get out against a different type of aircraft," said Capt. Brett "Carl" Batick,

Lance Col. David Revere

Lance Cpl. Justin Hager, MALS-12 mobile facilities technician, hooks a sling to the corner of the mobile facility in preparation for lifting.

The process of moving and placing

"This is only my second time flying with F-18's " said Mai Ron "Sweep" Calvert, 90th Fighter Squadron pilot. Elmandorf Air Force Base, Alaska. "The Hornet is a nice aircraft. It's smaller and a lot more maneuverable."

Both groups of pilots agreed there were a few differences in the way their services operate in regards to flying.

"A big difference is the language," Calvert said. "It was difficult to understand what the Marines were talking about because we have different terminology for the same maneuvers."

"One of my Marines will hook up the slings to the corners of the van," Dahl explained. "One will direct the crane where to go. Others will guide the van into place from the ground. It's kind of like a puzzle. You've got to figure out what goes into it."

In this operation, one of the crane directors was Lance Cpl. Justin Hager, MALS-12 mobile facilitiestechnician.

"My job is to make this as perfect as we can get it," said Hager. "Sometimes it's a challenge

Hager appreciated the oppor-

"Sometimes you get a little confusion, but it's a good change," said

News Briefs MSGBN

Marine Security Guard Battalion is currently looking for a qualified staff noncommissioned officer (staff sergeant or gunnery sergeant) who has recently completed a successful tour as an MSG detachment commander or T/O assistant DetCmdr to serve as the MSGBn operations chief. Ouantico, Va. This assignment/billet is an 8151 billet and is a two-three year tour. Have all Marines interested contact Gunnery Sgt. Guzman, MSG monitor, at DSN 278-9967

TAXPAYERS REFUND ONLINE

Taxpayers who have filed their 2003 tax returns, and are due for a refund from the Internal Revenue Service (IRS), can check the status of their refunds online at www.irs.gov. Once on the IRS site, click on "Where's My Refund?" Upon entering all of the required information you will be able to see the status of your tax refund. Please contact the Station Tax Center at 253-4319 for more information.

Roadwork Ahead

There will be roadwork from 8:30 a.m. to 6 p.m. in three different areas on the Station. The one-lane traffic will be directed by a flag man during the daytime and a traffic signal at night. The work is expected to be completed April 30.

New style of security greets Marines

Barber sheared pigs, now Marines

LANCE CPL. GIOVANNI LOBELLO Combat Correspondent

ROYAL AUSTRALIAN AIR FORCE BASE TOWNSVILLE. Australia — Marines deployed here in support of Operation Southern Frontier 2004 enter the Royal Australian Air Force Base each day to a sight completely foreign Instead of the full military presence the Iwakuni-based Marines are accustomed to, an unarmed civilian, tasked with the security of the base, greets them.

The civilians at the gate are armed equal to the base's military policeman. The Royal Australian Air Force security police are not allowed to carry weapons unless at a high threat level.

"Here at Townsville we carry a different appearance than, for example, the Army does," said Royal Australian Air Force Cpl. Dave Powell, senior noncommissioned officer in charge, "We have a different approach when we go into any given situation. We are airmen first, then we are friends and last we are security police."

Iwakuni military policeman, Cpl. Joseph R. Irizarry has been working with the RAAF security police while here on deployment

"I have learned that not having weapons and a forceful appearance does work," said Irizarry, a Long Island, N.Y., native, "Having a friendly approach to any situation before going aggressively does also produce results '

In conjunction with the friendly appearance, security police, for various reasons, do not man front gates.

"If they (Marines) don't pay, the

policy lapses. If the policy lapses,

stressed Capt. Jeff Munoz, Station legal assistance officer. Munoz

pointed out that Marines should

receive conformation of their re-

In order to get a refund, Marines

must submit a notice of cancellation

before June 8 although this 120-day

period will be suspended for Marines

who are deployed outside of the

United States. However, an over-

seas permanent change of station as-

signment does not qualify as a de-

"The easiest thing for Marines

plovment.

quest to terminate the policy.

they (Pioneer American) won't pay,

MARINES from Page 1



Lance Col. Giovanni Lobell

Marine military policeman Cpl. Joseph Irizarry is introduced to the local District intelligence officer, Senior Constable Cpl. Stuart Smith. The introductions were made to establish a point of contact in case any problems involving Marines occurred.

"The civilian security guards stand at the front gate mostly as a presence," said lead aircraftsman Gary Vaughn, RAAF security police.

According to Powell, "There are certain jobs that civilians can do better. Most of the time the civilian security guard are a lot harder on personnel then we would be. A civilian security guard treats personnel like civilian police does

"This is also a way for the government to save money, allowing civilians to do certain jobs," said Powell.

Being a military policeman, Irizarry has been accustomed to keeping American military members and civilians protected differently. "While in Townsville, I have

learned a different way of providing base security," said Irizarry. "The

and fax it in. But they should save a

copy of the form and the fax trans-

mittal sheet. Then for safety's sake,

American Insurance Company, P.O.

Box 240, Waco, Texas 76703-0240

sent by certified mail, return receipt

neer and obtaining confirmation of

receipt Marines may discontinue

paying the premiums on their Pioneer

policies. After receiving the cancel-

lation Pioneer will try to refund all

fees within 30 days. Checks will be

mailed to the address provided in the

For those who are having prob-

After sending the notice to Pio-

The mailing address is "Pioneer

they should also mail it."

continue making payments until they mended that cancellation notices are

requested

notice

who are affected by this is to go to lems, they are encouraged to con-

www.usmc.mil and then go to cur- tact their local legal assistance of-

rent legal advisories for Marines," ficer. "If they come in, I'll walk them

explained Munoz. "They just fill out through the process." stated Munoz.

the form on the web site, print it out "We're here to help."

tactics used here are different than those used in an American military installation, but that does not make it wrong. The difference in base security

among the Marines and Australian Air Force doesn't begin and end at the front gate

Unlike the military police in Iwakuni, where patrol cars are constantly roving the streets. The Air Force employs an uncomplicated procedure of base security.

"During the day we allow the work sections to police their own," said Aircraftsman Jason McLeod, RAAF security policeman. "We just serve as an emergency response system in case anything does happen. However, after 4 p.m. security is increased."

"Driving around the base is a good idea to familiarize you with the base,"

Court Martial

A staff sergeant with Marine Wing Support Squadron 171 was found guilty of Article 134. The Marine was reduced to private, given 14 months of confinement and received a Bad Conduct Discharge.

using a commercial card instead of in-

"The Counsel for Air Force Services Agency (MWR), stated that the Air Force obtained Department of Defense Comptroller approval and openly competed the contract, which contained a provision that other Services could join. The contract went to First USA in December 1994.

With MCCS Board of Directors approval, we elected to join the Air Force contract with First USA for card services. The ability of other service NAFI to use the contract has always been in the contract. As a result, I see no legal problem with Marine Corps participation. Obviously,

any such participation will have to be in accordance with the contract's requirements "

Applicable Legislative authorization for what the Air Force did is P.L.103-335, Sec 8139): H.R.4650 Department of Defense Appropriations Act, 1995.

I sincerely hope that I have answered the concerns posed in the above editorial, but Lunderstand I may not have answered all of the writers concerns in this short response. I am ready and willing to meet with any member of the community who would like to have a professional conversation, dig into the financial workings of MCCS, or simply to learn more about how MCCS operates. Please feel free to contact me at any time.

STORY AND PHOTOS BY LANCE CPL. GIOVANNI LOBELLO Combat Correspondent

FEATURE

ROYAL AUSTRALIAN AIR FORCE BASE TOWNSVILLE, Australia - Iwakuni Marines have become accustomed to grabbing a number and waiting an hour before getting their weekly Sunday fade. All of this in order to have a fresh high and tight for the first working day of the week. For some, waiting an hour to get a haircut is just fine, because a professional will be giving him the best fade possible.

The Marines currently deployed to Townsville don't have to endure those long lines, but they do have to put their head in the hands of someone with a unique shearing background. The resident barber has been cutting hair ever since he was a child on his parent's farm. The Pittsburgh native used to

shave pigs along with the hair inside a horse's ear to get them ready for competitions.

This is the only experience that Lance Cpl. Justin Stover, Marine Aviation Logistics Squadron 12 aviation ordnance technician, had before he gave his first high and tight in 2002

"The reason I started giving hair cuts was because we were on a



in a crash recently. Station personnel must get used to driving in Japanese elements before venturing outside the gates. Driving on the left side of the road is one of the many differences faced while during here.

Seat belts æ. should be worn by all passengers in the vehicle. Failure to do so will result in a ticket and points on your license for disobeying a Station order



sets up his clippers, ready to shear away on longhaired Marines.

deployment in Kadena. Japan, and there was only Air Force barbers on the base," said Stover, who also added

that it is a great way to meet new people. "So there was no place for the guys to go get fades. At that point I started cutting hair for the Marines in my shop.'

For someone that has never cut a human being's hair before, doing a fade can prove to be difficult despite any other experience. "When I first started giving

haircuts, it wasn't that hard because the line was already there," said Stover. "So as long as the line was somewhat visible all I had to do was follow it. Not having to fade the line a

ACCIDENTS from Page 1

In the past two years the number of accidents on and off base even though increased have not made a drastic increase. Two hundred that drivers need to do is just be extra careful twenty three accidents happened in the year of 2002 compared to the 226 the previous year. Last year 36 accidents occurred at this time

1999-2003

Alcohol-Relate

CARD from Page 2 attn: Ms. Dei Casiano." It's recom-

> Corps (MR), addresses the background of house systems.

level increases we turn the dogs loose on the base "Our K-9 unit is kind of like your patrolling unit," said RAAF Cpl. Matt Waugh, military working dog

handler. "Around 4 p.m., we take a little bit of the load off the security police and start patrolling the hase i The base is secured with a team

said Irizarry. "This way you are

helping out in the long run."

familiar with the different scenery.

After hours and when the threat

of 14 dogs. "We provide security for the

assets on the base, like buildings and your jets," said Waugh. "People at night time also call us for anything. We are the first thing

that pops into their heads when something goes wrong."

When asked if he preferred to have a dog or a weapon with the accessories, Waugh said, "I prefer dogs. They have tracking capabilities in case of an intruder. With a weapon, that is the last resort, and you can use a dog in any sign of danger. Dogs also are very respected when seen walking

workload put on the dog handlers. Having military working dogs is a great way to ensure security throughout the base, he added. Dogs can be controlled easier and have the appearance that will intimidate almost

anv enemv Overall, Irizarry is grateful for the experience. He has been able to see a different way of doing things. He is anxious to return to Iwakuni with the





provide base security

knowledge of a different way to

1999

1999





Stover takes time out his busy schedule to ensure that Lance Cpl. Andrew Phelps maintains proper grooming standards while on deployment.

high and tight leaves made it a lot easier when I started."

"Lance Cpl. Stover has done a good job on all of the haircuts he's given me so far," said Cpl. Ruben Macias, Marine Aircraft Group 12 embarkation clerk. "I have gotten three total haircuts so far and he has done an excellent job in all of them without messing up once."

Although his talents have been refined with time, Stover does not intend to compete with the profession-

"I only give haircuts to Marines when we go anywhere that there

aren't any Marine Corps barbers," said Stover.

After a couple deployments under his belt, Stover is now ready for any location that he may be sent to

"I now own clippers from Thailand, Australia, Japan and from the United States as well So now whenever I get sent on a deployment I am ready with the right set of clippers corresponding to the different electrical sockets."

With the time and effort that Stover puts into each person's dome, one might assume he is financially motivated. "I don't charge for any of the

haircuts I give," said Stover, "If you like the work I did and you thank me or tip me then I greatly appreciate it, but I don't expect anything from anyone."

"What Lance Cpl. Stover is doing is a good deed for the Marines who don't have the time to go off base and get a haircut," commented Macias. "On the first haircut, I gave him a \$10 tip, for the next two, I have given \$5 each '

The deployment barber can usually be seen Thursday through Sunday keeping approximately five Marines high and tight each night.

of the year compared to the slight decrease this year at 27.

"Hopefully the decrease in accidents will continue throughout the year," said Frigon. "All and non complacent no matter where they are driving.

Marine military fatalities in privately owned vehicles over the past five years

4-Wheel	2-Wheel	Pedestr./ Bicyclist	Total
43	6	2	51
51	7	3	61
25	6	2	33
50	11	4	65
34	17	2	53
203	47	13	263
ed Mishaps			
4-Wheel	2-Wheel	Pedestr./ Bicyclist	Total
14	0	1	15
16	3	1	20
7	2	2	11
11	1	1	13
5	1	2	8
53	7	7	67





chance for quiet meditation.

Ryoanji Temple offers visitors a Plum blossoms beautify Ryoanji Temple Gardens early in the year.







This traditional tea house is nestled into the hills surrounding Kyoto's Ryoanji Temple. Gardens like these abound throughout Kyoto, surrounding the city's numerous shrines, temples and castles.



A Shimono-fuji tree grasps a bamboo lattice in anticipation of its springtime blossoms

Harmony blossoms in Japanese gardens

STORY AND PHOTOS BY LANCE CE. DAVID REVERE Combat Correspondent

Stepping through the Torii gateway of a traditional Japanese garden, the typical western visitor might be surprised to find himself surrounded by an apparent wilderness of vegetation, ponds and hills.

Gone are the manicured lawns and symmetrical flower beds of the typical garden-park he might find in Europe or America. This garden is designed to depict nature as it appears in an untouched environment.

According to the Japanese Garden Database, designers followed three

basic principles when composing scenes: reduced scale, symbolization, and "borrowed views."

The first refers to the miniaturization of natural views of mountains and rivers so as to reunite them in a confined area. This could mean the creation of idealized scenes of a mountain village, even within a city. Symbolization involves abstrac-

tion, an example being the use of white sand to suggest the sea.

Designers "borrowed views" when they used backgrounds that were outside and beyond the garden, such as a mountain or the ocean, and had them become an integral part of the scenic composition.

"Gardeners think about space and balance when they make the garden," said Yoko Seo, Marine Corps Community Services culture specialist. "It's not like symmetry; it's more like harmony. If I see the same tree in the street as I do in the garden, maybe I don't pay attention because it's part of my everyday life. In the garden, everything is harmonized. I go there to take the time and appreciate it more."

According to the Japanese Garden Database, the golden age of Japanese gardens occurred in the Muromachi period (1333-1568). Groups of skilled craftsmen called senzui kawaramono (mountain, stream and riverbed people) were responsible for creating a there to enjoy nature."

style of garden, known as karesansu (dry mountain stream). Heavily influenced by Zen Buddhism, these gardens are characterized by extreme abstraction. Groups of rocks represent mountains or waterfalls, and white sand is used to replace flowing water

The intent of these gardens then and now is to give viewers a vicarious experience of natural landscapes and to inspire deep personal reflection.

"Visiting the traditional Japanese garden makes me feel peaceful and calm," said Seo. "It is made artificially in a small space, but is harmonized so that it has a good balance. I can go



No-shows mar American image

STORY AND PHOTOS BY LANCE CIL. DAVID REVERE Combat Correspondent

A small restaurant tucked away in a narrow, Otake street corner prepares a table in anticipation of their Friday night 7 p.m. reservation. The time arrives, but the guests do not. Instead of giving the table to other local residents waiting outside, the owners keep it reserved as a courtesy. An hour passes before they finally open the table, vowing never to serve those customers who have not only caused them to lose business, but have demonstrated flat-out disregard for their service.

To the restaurant owners, the absent guests are not individuals, but the Information Tours and Travel office which offers a reservation service as a courtesy to Station residents. For years Station residents have taken advantage of this service to experience a variety of foreign cuisine.

Residents call the office to make dinner reservations with restaurants out in town, said Yuji Tanaka, ITT tour guide. For

one dollar, they can reserve an evening in any area restaurant. No finance charge or credit card is required just a name and a phone number

According to Yoko Seo, Station culture specialist, when residents choose to not honor their reservation, they add another black mark on ITT's reputation, decrease the willingness of the Japanese to offer their services to Americans, and represent their country as a rude and inconsiderate nation.

While American's enjoy the many exciting and exotic experiences available to them in Japan, one thing must remain in the forefront of their mind how they will represent America

"If a customer doesn't show up for their reservation, (the owners) don't cancel right away," said Seo. "They wait for a half hour or an hour, and they lose money.'

"Sometimes people are waiting outside," said Tanaka. "They ask them why there is an empty table '

Tanaka has dealt with many frustrated owners



Jam The Kitchen, located across from the Iwakuni Train Station, is a popular spot for Station residents to experience quality world cuisine, but reservations are taken and expected to be kept.

63-6678 for more information.

who find the irresponsible actions of Station residents an insult to the service they provide. "It makes the American image low," said Tanaka.

'Most people do come on time but some do not We always receive a phone call from the restaurant asking what happened." According to Tanaka, people might be able to get

by with not showing up for a dinner reservation in the United States, but in Japan, people always arrive a few minutes early. If they can't come, they cancel and apologize well ahead of time.

In general, the Japanese prefer to trust people. "When you make a reservation they don't

charge anything," explained Tanaka. "They don't ask for a credit card, just your name. If you don't show up, you are taking away their trust." "Take it seriously," said Seo. "Whoever makes

the reservations, they need to call and cancel ahead of time. It's kind of like the wife making all kinds of dishes for dinner, and then the husband doesn't come home until too late. When people make reservations, they should be responsible."

M. Miyaura, a server at Jam The Kitchen, offers a welcoming smile for guests enjoying lunch or dinner in the restaurant's traditional atmosphere.

Museum near the Kintai Bridge now

OUT THE GATE admission is free. For more information, call 082-222-1133.

Note: Japanese who do not Reversible Quilt Exhibition speak English may answer the phone numbers provided.

Food Festival Hiroshima

The festival will be held at the Hiroshima Prefectural Sports Center (Green Arena) Saturday and Sunday, 10 a.m. to 5 p.m. There will be more than 230 booths to sell products such as meat, fish, rice and some Asian Ethnic Painting Display processed food from Hiroshima prefecture. A performance by Japanese from Japan, China and Korea will drums is scheduled on Sunday. The be displayed at Iwakuni Chokokan

through March 28, 9 a.m. to 5 p.m. It is closed on Mondays. The display includes some arts which are An exhibition will take place at two centuries old. The admission is the Sinfonia Iwakuni Exhibition Hall. free. Call 41-0452 for details. March 5 through 7, 10 a.m. to 5 p.m. It closes at 4 p.m. on March 7. Ap-Hina Doll Cast Away Ceremony

proximately 100 quilts including tap-This event will take place by the estries, bedcovers and bags will be Rvogoku Bridge in Otake, March 7 displayed. The admission is free. Call at 10 a.m. People will shape carriers from straws and girls will cast away their hand made hina dolls on them. This ceremony will be held in More than 70 ethnic paintings order to wish for the girls happiness and health. For more information, call 53-5800

FEATURE

green and gold trim, very neat inside and out, JCI until Aug. 2004, \$1,950. Call 253-2650 awh. 253-2743 awh

Mitsuhishi Diamante

1994, 4 door, charcoal grey, Nissan Terano, 1990, 4x4. Kenwood CD player, excelmoon roof, rack, 10 disc lent condition, Electric CD changer, new tires, moon roof, ground effects, runs great, JCI until must sell ICI until May March 2005 \$2 200 Call 2005, \$3,000 obo, Call Seth Capt. Archer at 253-4074 Hartz at 253-6377 dwh or dwh or 253-2743 awh. 253-2628 awh.

door, CD player, excellent until June 2004, \$2,000

Honda Legend, 1989, 4 1993, 4 door sedan, JCI

MOVIE SCHEDULE FRIDAY 11 a.m./5 p.m. About A Boy (PG-13) 2 p.m./8 p.m. Bruce Almighty (PG-13) 11 p.m./5 a.m. Don't Say A Word (R) 2 a.m. The End Of The Affair (R) S ATT IRDAY 11 a.m./5 p.m. Babe (G)

2 p.m./8 p.m. The Medallion (PG-13) 11 p.m./5 a.m. Open Range (R) 2 a.m. Eve Of The Beholder (R)

SUNDAY

11 a.m./5 p.m. Daddy Day Care (PG) 2 p.m./8 p.m. Four Feathers (PG-13) 11 p.m./5 a.m. Bad Boys 2 (R) 2 a.m. Being John Malkovich (R

MONDAY

11 a.m./5 p.m. The Fox And The Hound (G) 2 p.m./8 p.m. JohnnyEnglish(PG) 11 p.m./5 a.m. Beyond Borders (R) 2 a.m. Fargo(R)

TUESDAY

11 a.m./5 p.m. Dumb And Dumberer (PG-13) 2 p.m./8 p.m. Finding Forrester (PG-13) 11 p.m./5 a.m. Ghost World(R) 2 a.m. Cider House Rules (PG-13)

WEDNESDAY

11 a.m./5 p.m. A.I. (PG-13) 2 p.m./8 p.m. Mr.Bones(PG) 11 p.m./5 a.m. All About The Benjamins (R) 2 a.m. The Crew (R)

THURSDAY

11 a.m./5 p.m. American Outlaws (PG-13) 2 p.m./8 p.m. Under The Tuscan Sun (PG-13) 11 p.m./5 a.m. The Order (R) 2 a.m. Blade 2 (R)

To submit your ads or announcements: Torii Teller priority basis. Deadline for briefs is noon Thursday. Torii cements from nonprofit organizations Teller reserves the right to edit to fit space. Stop by Building 1, Room 216 to fill out a form.

obo. Call Kris Gerber at 253-

3989dwhor253-2030awh.

Mazda Roadster, 1990, 5

window. CD changer. ex-

dwh or 253-2461 awh.

Subaru Domingo, 1991.

AUTOMOBILES

A/C, cruise control, well Mazda MPV, 1993, excelmaintained, JCI until April lent condition highly re-2005, \$1,750, Call Seth liable, cold A/C, auto Hartz at 253-6377 dwh or transmission, P/S, P/L, 253-2628 awh. auto climate control from and rear, P/W, tinted win- Mazda Eunos 800, 1997, cellent condition, JCI undow, AM/FM, cassette 4 door sedan, leather in-

and groups only. Briefs run on space-available and time-

player, 3 L gas V-6 engine, terior, power everything, moon roof, excellent condition. 10 disc CD changer, \$2,600. Call Capt. Archer at 253-4074 dwh or mini van, runs good, small

oil leak great for running around town. JCI until Nancy at 253-4557 dwh or 21-7932 awh.

> white with maroon interior. runs good, good A/C and heater, JCI until Oct. 2005,

SAKURA THEATER

MIRACLE

Peter Pan

pirates (105 minutes).

(105 minutes).

MIRACLE

Tovota Vista, 1990, 4 door. Harley Davidson Tour dwh or 253-2485 awh. Glide Classic, 1988, mint condition, well main- Misc., black entertaintained, cared for 2nd ment center, adjustable, Mitsubishi Emeraude, \$1,200 obo. Call John or owner private ride, \$8,500 can fit up to 61" TV. Call Tonya at 253-5304 or 253- obo. Call Sean at 253-5549 253-2697.

CLASSIFIED



4562 dwh or 253-2485 awh.

Tovota Surf. 1992, excel-\$3,995 with 2 years JCI. Call speed, new tires, new back Seanat 253-5549 dwh or 253-2291 awh.

> Call Sean at 253-5549 dwh or 253-2030 awh. or 253-2291 awh.

253-7608 awh

dwh or 253-2291 awh.

OTHER ITEMS

Misc., two portable oil filled radiators, great for small rooms, \$25 each; red ski outfit, girls bib style. worn once, size S, suitable for teens or petite female. \$10. Call Nancy at 253lent condition \$3,000 or 4557 dwh or 21-7932 awh

Misc., entertainment center, solid, light-colored fits 27" TV, matchtil Aug. 2005, \$2,000, Call Nissan Cedric, 1992, ex- ing coffee table, \$125 for Hope Fiorvantiat 253-4673 cellent condition, \$1,500 both obo. Call Kris or \$1,995 with 2 years JCI. Gerber at 253-3989 dwh DeCA:

Misc., living room set in-Toyota Carina, 1991, 4 cludes comfortable door, JCI until March overstuffed sleeper sofa, Clinic: Sep. 2005, \$1,600, Call 2004, \$400, Call Joseph love seat, chair and otto-Boland at 253-4170 dwh or man, navy blue, excellent condition, \$850 for set. Call Tonva at 253-4562

Misc., Ashley furniture, couch, love seat and bench craft recliner. \$1.000. Call Sean at 253-5549 dwh or 253-2291 awh.

JOB OPENINGS

Secretary

Matthew C. Perry Elementary School is currently accepting applications for the position of school secretary. For more information call 253-4673

CHRO (253-6828)

- -Sales Store Checker (In termittent)
- -Materials Handler (Inter mittent)
- -Social Worker
- BPO:
- -Management and Program Analysis Officer

MCCS (253-3030)

Go to http://www.mccs iwakuni com for a complete job listing

This is the true story of coach Herb Brooks, who in 1980 had the distinction of having been the last player cut from the U.S. hockey team the last time the team won the Gold at the Olympics (in 1960). Brooks got his chance at being part of a medal-winning team, however, when he led the U.S. hockey team to victory over the Soviets at the 1980 Winter Olympics at Lake Placid despite overwhelming odds (135 minutes).

Peter Pan is the boy who won't age, who lives in Neverland with other ageless kids. the Lost Boys. Tinkerbelle, a fairy, gives three children: Wendy, John, and Michael Darling the ability to fly; and soon they're off to Neverland, where they're soon in battle with the evil Captain Hook and his band of

LOVE DON'T COST A THING

An unpopular but superintelligent teenage boy. Alvin Johnson, hires a cheerleader. by paying to fix her mother's car which she has recently wrecked, to pose as his girlfriend so that he can improve his reputation in school, which leads to high jinxs and shenanigans that are both romantic and comedic

FRIDAY

7 p.m. Miracle(PG) 10p.m. ShatteredGlass(PG-13)

SATURDAY

- 11a.m. LOTR: The Fellowship Of TheRing(PG-13)
- 3:30 p.m. LOTR: The Two Towers (PG-13)
- 8p.m. LOTR: The Return Of The King(PG-13)

SUNDAY

- 4 p.m. PeterPan(PG) 7 p.m. Miracle(PG)

MONDAY

7 p.m. Paycheck (PG-13)

TUESDAY

7p.m. LoveDon'tCostAThing (PG-13)

WEDNESDAY

6p.m. URAStarTalentShowtryouts

THURSDAY

7 p.m. StuckOnYou(PG-13)

COMMUNITY BRIEFS

COMMUNITY BRIEFS

EDUCATION

Test Schedule Tuesdays/Fridays - CLEP, DSST March 17 -ACT March 18 -SAT March 22 - EDPT, DLAB March 24 - DLPT March 25 -AFCT For more information call 253-3855.

CHRO

CHROTraining Family Member Local Employment Orientation: March 10 8-9 am ■ **RESUMIX** March 10 9:30-10:30a.m. Outbound Family Member Priority Placement Program Preventing Workplace urday 8 p.m. March 22-24, 8 a.m. to 4:30 p.m. ern Party: Saturday, 8 p.m. 4:30 p.m. For more information Iwakuni Ballroom. Call 253- Sasebo Trip: March 6, 7 a.m.

and nomination, call 253-6828 5084 for details or send e-mail to shiomuram.jp. @iwakuni.usmc.mil. Classes will be held at Building 1, Room 102, CHRO training room.

MCCS

CRMC Classes (253-6439) Local Employment Overview: Tuesday, 9-10:30 a.m. ■ Interviewing Skills : Thursday, 1-3 p.m.

Club Iwakuni (253-3119) ■ Winter Wine Tasting Festival: Saturday, 3-7 p.m. in the Ballroom. Tickets for \$25 may be purchased at all club cash cages. Must be 21-years-old to attend. No children allowed. Attire is business casual Call 253-3119 for details. Brief: March 10, 11 a.m. to 12 p.m. All Ranks Latin Party: Sat-Conflict and Adverse Actions: All Ranks Country West-■ Alternative Dispute Reso- ■ Civil Engineer Corps & lution: March 25-26, 8 a.m. to Seabee Ball: March 5, Club 4656)

CHAPEL SERVICES

Roman Catholic

Saturday 4:30 p.m. Confession 5:30 p.m. Mass 9:30 a.m. Mass Sunday 10:45 a.m. CCD

Protestant

Saturday	9:30 a.m.	Seventh Day Adventist (second and fourth)		
Sunday	8 a.m.	Traditional		
	9:30 a.m.	Sunday School		
	11 a.m.	Contemporary		
	12:30p.m.	Jesus Christ Apostolic		
	<u>^</u>	Service		
Thursday	6:30 p.m.	Jesus Christ Apostolic		
	-	Bible Study		
Church of Christ				
Sunday	9:30 a.m.	Bible Study		
	10:30a.m.	Church of Christ		
Wednesday	7 p.m.	Bible Study		

Latter Dav Saints

Sunday	1 p.m.	Priesthood/RS Meeting
	2 p.m.	Sunday School
	3 p.m.	Sacrament
Muslim		

Friday Prayer Noon

Jewish

Friday 6 p.m. Shabbat

For information regarding divine services, religious education or any other Command Religious Program/ Chapel activity call the Station Chapel at 253-5218.

International Women's Day Celebration: March 8, 8 a.m. to 3 p.m. in the Club Iwakuni Ballroom

MCX (253-5641) Oscar's Frequent Shopper Card: February through April. For every \$10 spent receive a

stamp. Fill the card and receive \$10 off your next purchase. The card cannot be used for items on sale and is only valid at Oscar's Gift Shop. Home & Electronics Sale:

March 11-21 receive discounts on Whirlpool appliances, JVC and Sony electronics, grills and more.

Teen Center (253-6454) ■ SMART Girls Party: March 7, 3-5 p.m. ■ Job Ready Sessions: Wednesday, 3-5 p.m.

Single Marine Program (253-

\$20 transportation. Bring yen and dollars for shopping and lunch.

Tommy The Tailor Tommy will be at the MCX through Monday to take orders for custom-made suits for men and women. Call 253-5641 for details.

Antique Sale & Open House Finders Keepers Antiques, across from the main post office, celebrates its one-year anniversary with an open house Sunday, 12-7 p.m. and discounts of 10-20 percent off select items. Enjoy refreshments and a free drawing. The sale continues Monday through March 5, 11 a.m. to 6 p.m. Take home an authentic piece of Japanese history at discount prices.

Car Show Stop by the Exchange New Car Sales at Crossroads Mall today through March 14 for their car show Call 253-4715 for more information.

COMMUNITY Crime Stoppers

If you have any information pertaining to a crime please call "Crime Stoppers" at 253-3333. Crime Stoppers is an answering service designed for anonymous callers to give information that would assist the Provost Marshal's Office in solving and preventing crime.

Iwakuni Toastmasters

Toastmasters (TM) International provides an excellent opportunity to learn and practice proper public speaking and invaluable leadership skills. The TM experience also looks very good on your resume. The class meets every 2nd Thursday evening and 4th Friday at lunch. Japanese with intermediate or



Youths Find Friendship On Court

Local youth basketball players spent the weekend Friday with players from Fukuoka's Nishijin Elementary School as a part of a cultural exchange. The Japanese children spent the night at American homes and played basketball at the IronWorks Gym Sunday morning.

better English skills are welcome. Call Nancy Regan at 253-4557 or Sallie Donahue at 253-5328 for more information and location

YIEA Japanese Language Course 2004

The Yamaguchi International Exchange Association is sponsoring a Japanese language course for foreigners at the Iwakuni Civic Hall. The course of instruction is divided into two terms, each covering three months For more information call the Public Affairs Office at 253-5344 or 253-5551.

Thrift Store

The Thrift Store is open Tuesdays from 10 a.m. to 2 p.m., Thursday from 5-8 p.m. and the last Saturday of each month from 9 a.m. to 1 p.m. in Building 1117, located next to the Chapel. Volunteers and donations are always welcome. Call 253-4721 for

The American Red Cross is sponsoring Sophie's Chinese Antiques and Furniture sale March 6 and 7. Tansu, chairs, unteer programs on the Station. Volunteers are needed. Call 253-3839 for more information.

STORY AND PHOTOS BY LANCE CH., GIOVANNI LOBELLO Combat Correspondent

SPORTS

The Torii Pines Golf Course was the place to be for golf enthusiasts, as golfers from around the Station came out to participate in a golf tournament supporting the Seabee Ball Friday. Seventy-two Station residents golfed up a storm during the annual

Seabee/CEC Birthday Ball Golf Tournament for the fee of \$15. The golf tournament was played in

a four-man scramble format. Each team had four different balls to choose from before hitting the next shot "I definitely prefer the best shot

method when playing in tournaments," said Dave Garber, tournament golfer. "This way the team has a 25 percent chance of getting a good hit.' James Bishop, tournament golfer added, "Since I am not a frequent golfer, this method gives everyone the opportunity to contribute. Eventually, you will get a couple good strokes and

the team will use your ball." Within the tournament, three

different awards were also up for grabs: the longest drive, closest to the cup and the gorilla award.

Billy Allbright won the closest to the pin competition after a careful illustrated shot off the tee. The winning team with the score of 59 was comprised of Ronald Nash, Vasco Sutton, David Miner and Rovel Nakanishi.

The competition brought healthy competition amongst the Iwakuni community.

"This was a fun outing, I was able to get out of the office and have a good time with some friends at the same time," said Bishop.

Garber said playing golf is a lot of fun and competing with all of these guys makes it even more exciting.

The Seabee Tournament didn't just profit those who participated. The funds from the tournament will be going to the Seabee Ball that will be going on March 5.

"I usually don't play too much golf, only about three to four times a year," said Bishop. "That was one of the reasons I signed up.'



Dan Uhl and Dave Moore look on as Thomas Wiley shoots a chip shot on the first hole of the tournament.

IWAKUNI SPORTS SCENE

TORII PINES MARCH HOURS OF OPERATION

Starting March, the golf course will be open 8 a.m. to 6 p.m. weekdays and 7 a.m. to 6 p.m. on weekends and holidays. The driving range is open 6:30-11 p.m. daily. For more information, call 253-3402.

PERSONAL TRAINING SERVICES

Affordable one-on-one personal training, small group personal training and individual fitness assessments using the Microfit System are available at IronWorks Gym. Call 253-5051 for details.

INDOOR CYCLING ORIENTATION

March 13, 9-10:30 a.m. at IronWorks Gym. Sign up for free by March 11. Learn proper bike adjustment, safe riding techniques, and how to understand the cues and alter the intensity for the best riding experience. Wear comfortable workout clothes, not too baggy and

6359

This team is looking for any Station residents interested in playing ice hockey at Kudamatsu Kenko Park Skate Link, Wednesday and Sunday, 8:30-9:30 p.m. Either beginners or expert players are welcome. For more information call Norio Ooba at 24-3357 or 080-5059-2171, or send e-mail to norio.ooba@japan.pfizer.com

chests, baskets and fine hand knotted Persian carpets will be in the Matthew C. Perry High School cafeteria. All funds raised from this sale will be used to support the American Red Cross community and vol-

Cpl. Robert Wynkoop

more information Antiques And Furniture Sale

Golfing courtesy of Seabees



ABOVE: Dan Uhl shudders as the ball slowly rolls to the hole during the tournament. RIGHT: James Jackson waits hesitantly as his 35-foot long putt appears to be headed in the right direction.

Supporting the Seabee Ball was an excellent incentive to enjoy playing in a golf tournament, said Garber.



athletic shoes. Bring a water bottle. For more information, call 253-

INVITATIONAL RACQUETBALL TOURNAMENT

Players meet March 16, 10 a.m. in the IronWorks Gym Wellness Room. The tournament takes places March 20, 10 a.m. at IronWorks Gym. Call 253-5051 for details.

YAMAGUCHI ICE HOCKEY TEAM

IronWorks hosts Far East competition

Station residents take top power lifting honors despite world-class competition

STORY AND PHOTOS BY CH. ROBERT W. WYNKOOP Combat Correspondent

rules. One

nextround.

and see if I can

Another

compete."

lift.

Eighteen men and two women put their muscles to the test benching, squatting and lifting a combined 18,895 pounds during the Far East Power Lifting Competition held at IronWorks Gym here, Saturday.

Participants arrived early for a final weigh-in establishing which weight division they would be competing in. Once the weight classes were set, the power lifters were divided into to two "flights" and given an approximate time in which they would compete. The first measure of strength for

the competitors was the squat competition.

According to Dale Houck, former All-Marine Power Lifting Team member and competition judge, proper execution of the lift was required for the weight to count.

"In the squat, the part where the hip meets the upper leg has to drop below the top of the knee. They're going to have to make sure to go deep enough," Houck said.

Strict judging made the competition difficult for even the most experienced competitors. The likes of Masters division World Champion Power Lifter Yasuhiro Sotowa, and Iwakuni Overall Men's Champion Abe Roman, needed to ensure they performed their lifts correctly.

This was also the first time many participants lifted in a competition, and those with the least experience had difficulty complying with all the



Steven Robinson explodes upward as he finishes a squat of 525 pounds during the second round of the Far East Power Lifting Competition Saturday at IronWorks Gym.

participant had another high expectation; Benjamin Lawton who competed in the 242-pound weight class set his sights on the base bench press record. Lawton gave it his best shot at 495 pounds but his bench press did not count and he wasn't able to break the record despite his 2nd place finish and 1st round 450-pound bench press.

Just participating was enough to make first time female power lifter Tomoko Ishigami smile.

"I live in Hiroshima City," said Ishigami as her trainer and fiancée Hiroki Yamane wrapped her wrists before the dead lift competition. "It was very exciting to come here. I really enjoy it."

The first, second and third place winners were presented with sculpted trophies shaped like body builders for their efforts. The overall male winner was Abe Roman, and the overall female winner was Jessi Warthen.



Hand chalk increases a lifters grip and is widely used during competition as well as recreational lifting. The increased grip helps with the massive weights lifted.

2004 Far East Powerlifting Competition Results: 1st place Men dra Takechi (1231b. weight class) asuhiro Sotowa (1321b. weight class) oshinofi Hora (145 lb. walght class) mohiso Goto (165 lb, weight close) e Roman (18) Ib. weight class) las Basan (198 lb. weight class) strick Griffin (220 b. weight class) even Robirson (242 lb. wsight cla

2nd place Men Hrota Omi (132 lb. weight class) Larry McClain (165 lb, weight class) David Jeffereson (181 lb. weight class) Tosaizo Miyaji (198 lb. weight class) Craig Yost(220 lb. weight class) Benjamin Lawton(2421b weight class)

2nd place Women Tomoko Ishigama (132 lb. weight classi

Overall Mens Champion

Overall Womens Champion



Benjamin Lawton chalks up before trying to break the gym bench press record at 495 pounds. Lawton came close but failed.