

# Torii Teller

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MARINE CORPS AIR STATION IWAKUNI, JAPAN

JULY 1, 2005

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## Oil costs pump up gas prices



Lance Cpl. Cristin K. Bartter

Customers can expect to spend about two to three dollars more per fill-up.

LANCE Cpl. CRISTIN K. BARTTER  
Combat Correspondent

Station residents will see a 20-cent increase in gas prices starting today and continuing through September.

For the first time in years, the Defense Energy Support Center has exercised a contract option to increase fuel prices.

The rise in cost per barrel of oil

“MCCS is making every effort to minimize the effect of the price change by absorbing 21 cents per gallon of the increased cost.”

-Dennis Duck,  
MCCS acting director

throughout the year forced DESC to raise its “standard government rates” charged to its customers and service organizations.

The added cost to Marine Corps Community Services is 41 cents per gallon.

However, “MCCS is making every effort to minimize the effect of the price change by absorbing 21 cents per gallon of the increased cost,” said Dennis Duck, MCCS acting director.

Customers can expect to spend an average of two to three dollars more per fill-up.

The community can anticipate another price change when the contract is renegotiated in three months to coincide with the beginning of the fiscal year.

## In-home childcare aboard Station, rules to follow

LANCE Cpl. LENDUS B. CASEY  
Combat Correspondent

Asking a neighbor to watch your children might not be a big deal. But, if leaving them longer than 10 hours is the plan, it becomes a big deal.

Station residents have to abide by Marine Corps Order P1710.30E, which prohibits childcare, regardless of profit, for more than 10 hours in one week in

government-owned or leased housing without proper certification.

“Last year they defined the order more clearly stating that each child is counted separately, so if you are watching two children you can only watch them for five hours instead of 10,” said Candy M. Siaw, Family Child Care monitor.

Residents who want to baby-sit on a regular basis, more than 10 hours a week, need to attend the

FCC’s free child care training classes for certification.

“If residents want to attend this class they have to come to the Family Child Care office and fill out an information packet, which includes any physical problems and a background check on themselves and any family member over the age of 12,” said Siaw.

The background check can take up to two weeks and is conducted by various agencies on base such as IN-HOME CHILDCARE Page 4

## Marine Security Guard screening team visit scheduled to find Iwakuni’s best

LANCE Cpl. LENDUS B. CASEY  
Combat Correspondent

The Marine Security Guard screening team is scheduled to visit Marine Corps Air Station Iwakuni to find credible future MSG duty Marines, Oct. 28.

The command visit will consist of an introductory brief about the MSG

program, after which the team will screen all interested volunteers for future assignment to the MSG program.

“Marines are required to pass a physical fitness test, have a general technical score of 90, and be released by their military occupational specialty monitor to qualify for a MSG duty packet,” said Gunnery Sgt. Ronald Mix,

Station career retention specialist.

All Marines who wish to receive orders to MSG School are required to attend the screening process and fill out a packet prior to the MSG screening team’s arrival.

“The packet entails whether you are eligible for the program, medically and dentally qualified, financially stable,

and have good pros and cons,” said Mix. Marines in receipt of orders to MSG School, are also required to attend and must bring their service record book, health record, an up to date basic individual record and a basic training record.

Staff non-commissioned officer see MSG Page 4



Torii Teller

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The Torii Teller welcomes Letter to the Editor submissions. Letters must include a full name and unit, if applicable. Anonymous letters and comments will not be published. Letters are the opinion of the writer only. Submissions can be edited for clarity and space. Letters can be dropped off at the Public Affairs Office or sent via e-mail to hercherdj@iwakuni.usmc.mil or coakleylj@iwakuni.usmc.mil.

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## Chaplain's Corner: Military spouse - Hardest job in the military

CAPT. GENE THOMAS GOMULKA  
U.S. Navy Chaplain (ret)

Dear Gene-Thomas,

My husband has been deployed more than half the time since we got married four years ago.

While I don't want him to give up something I know he enjoys doing, I'm tired of being alone with our daughter who also misses him. I don't know if I can continue to cope with his absence in our lives.

Dear Bev,

Military commissaries used to have the following slogan printed on their brown paper bags: "Military spouse - the hardest job in the military."

As troops like your husband find themselves making multiple deployments, often leading them "in harm's way," it's becoming harder and harder for families to endure these separations.

During recent testimony before the

Senate Armed Services Subcommittee on Recruitment and Retention, LtGen H. P. Osman, USMC, pointed out, while recruitment is about personnel, retention is about families.

In so far as over 60 percent of military personnel today are married, it's critical for military and government leaders be attentive to the feelings of spouses who have a major role to play in whether service members stay in or get out of the military.

While many couples enjoy the armed services with opportunities of serving and living in a variety of countries around the world, along with other benefits (e.g., education, housing, medical and dental care), other couples may find the multiple challenges involved in military life too much to endure.

Before a couple decides to leave military service, it's important they discuss what they will do and where they may live if and when they were to leave.

In your case, how many years does

your husband have remaining on active duty before he is eligible for retirement? What are his employment opportunities if he were to leave at the end of his current contract? Are you yourself employable to help supplement your family's income?

The closer a couple is to separation or retirement, the more important such questions become.

I recommend that you sit down and have a heart-to-heart talk with your husband. Let him know your concerns, your fears and your hopes.

Ultimately, work together to come up with a plan that will grant your husband a sense of job satisfaction while giving you and your daughter the support and love you seek.

In the meantime, recognize there are a lot of people not only in our country, but also in war-torn countries like Iraq, who are deeply grateful for the sacrifices your husband, you and your

see MILITARY SPOUSE Page 4

## Ask the Inspector

MAJ. MATTHEW D. RAZVILLAS  
Station Inspector

The following are questions pertaining to identification cards and answered by Master Sgt. Beal, Installation Personnel Administration Center Chief.

### 1. What type of Identification cards are issued at the ID card Center?

Active duty members and civilian employees receive Common Access Cards. Dependents of service members and Department of Defense employees are issued DD Form 1173 and retired service members are issued DD Form 2RET. Children are eligible for an ID card on their 10th birthday. Dual Service and Single Parents' Dependents can be issued the DD Form 1173 at any age. Reserve ID cards are not issued at the ID card center.

### 2. What documents are required to obtain ID cards?

Marine Corps Order P5512.11c outlines all requirements for obtaining ID cards. Active Duty personnel must bring

promotion warrant and/or reenlistment or extension contract. Civilian Employees must bring a completed DD Form 1172-2, which is issued by their Personnel Office and Letter of Employment. Civilian employees' dependents must have a DD Form 1172, that can be issued by the sponsors personnel office.

Sponsors should accompany dependents so that the member can verify and sign the DD Form 1172, or the sponsor can come to the ID card center and sign the documents beforehand. Dependents must bring their Social Security Card. Should an ID card be lost or stolen a Minor Offense Report must be made with the Provost Marshals Office and the pink copy must be presented to the ID card center at time of request for a new ID card.

Newly married servicemembers or servicemembers with newborns must bring a copy of their birth certificate, marriage certificate and Basic Individual Record, to verify the dependents have been entered into Marine Corps Total Force System.

### 3. How long does it take to process an ID card?

Common Access Cards take on average 15-20 minutes during optical conditions. However, the process can take see ID CARD Page 4

## CHATTERBOX

The image of the United States has become so tattered two years after the Iraq invasion that China, which is ruled by a communist dictatorship, is viewed more favorably than the U.S. in many countries, a recent international poll found. In light of this new report we hit the air station to find out ...

"What can the U.S. do to improve foreign opinion of us?"



Chris J. Rudski Toldeo, Ohio



Marsha Williams Chicago



Todd L. Kuebler Menville, Iowa



Danielle N. Brown Steilacoom, Wash.

"Americans who are living overseas can set a better example of the United States."

"By providing more foreign aid to a wider number of countries. Also, when foreigners are visiting we can be more courteous to them."

"By increasing awareness about the political and religious diversity of the people of the United States. So they know even though we elect our officials, we don't always agree with the decisions they make."

"When traveling overseas, we can be kind and courteous to those we meet, so when they think about America they will remember how nice the Americans they've met are."

## Re-trans site keeps conversation crystal clear

LANCE Cpl. LUKAS J. BLOM  
Combat Correspondent

CAMP FUJI, Japan — Marines from Marine Wing Support Squadron 171 erected a radio retransmission (re-trans) site in order to provide the Marines with increased communication capabilities during their two-week training exercise here, June 19.

This was the first time the Marines of MWSS-171 have increased their communications potential via re-trans site during operations at Camp Fuji.

"This (re-trans site) is a simple solution to an ongoing problem with communication we've had at Camp Fuji," said Chief Warrant Officer Ron K. Groen, MWSS-171 air operations officer. "Because of the terrain and distances we deal with when we train here, good radio communications has always been an issue."

When two sites attempt to communicate with each other with less than stellar results due to distance, geographical obstructions or loss of signal a re-trans site is added to the equation.

The re-trans site is usually placed at the highest point somewhere in the middle of the two sites that are having difficulty communicating with each other.

"The purpose of a re-trans site is basically to act as a relay point by boosting the signal from one point to another," said Sgt. Steven L. Superville, MWSS-171 radio operator.

"Anything that decreases signal; distance, geographical obstructions, dead zones and foreign signals from the base can be overcome by adding a re-trans site."

By equipping the re-trans sight with an MK-145 HMMWV, High-Mobility Multipurpose Wheeled Vehicle, which is a modified HMMWV outfitted with two PRC-119 field radios, and a 30-foot tall OE-254 omnidirectional antenna. Any signal sent out by either of the main operating sites will be boosted and sent out to its intended recipient clearer and stronger.

"Before we set this up you could talk on the

radio but the Marine on the other end would hear a distorted transmission and a lot of times they didn't get all the information needed to be passed," said Superville. "Now we're able to communicate with much more clarity and efficiency."

As well as adding distance to the communications capabilities, the re-trans site also adds another aspect of security for any information being passed by radio. Any message received by the re-trans site is converted to a different, predetermined signal and then sent back out to its intended recipient.

"This is a real world communication skill that is being used in Iraq frequently," said Superville.

The addition of the re-trans site to the training schedule also gives some of America's Squadron newest Marines the chance to learn a valuable communication technique.

"I love training in the field," said Pfc. Steven Culp, MWSS-171 field radio operator. "We still have to follow the rules of course, but because we don't have all the support and equipment back in Iwakuni we have to use more of your training in order to get the job done. It makes you think a lot more."

Once the improvements were made to the communications Marines of MWSS-171 had only one thing to say.

"You can talk about us, but you can't talk without us."



Lance Cpl. Eric Chase, MWSS-171 bulk fuels transporter, holds an OE-254 omnidirectional antenna which will be installed at the re-trans site here, June 19. The antenna helps provide the re-trans site with increased communications capabilities for the Marines during their two-week exercise.

Lance Cpl. Lukas J. Blom

**"You can talk about us, but you can't talk without us."**

-Sgt. Steven L. Superville,  
MWSS-171 field radio operator



Cpl. David Flores, MWSS-171 field radio operator, talks to the Marines at the re-trans site on his PRC-119 field radio.

Lance Cpl. Lukas J. Blom

## NEWS BRIEFS

### JULY 4TH FIREWORKS

Marine Corps Community Services will be hosting a 4th of July fireworks show at 8:30 p.m. at Penny Lake Field. There will be contests, music and other festivities starting at 3 p.m. Everyone aboard the Station is invited to participate.

### PAYMENTS FOR OFF BASE TELEPHONE SERVICES

The Station Telephone Office is not accepting payments for off base telephone services as of today. To make phone payments on base, off base residents may pay their bills at the Community Bank for a small fee. Bills may also be paid at 7-11, Lawson, Family Mart and other stores located off base. For additional information call 253-5555.

### BLOOD DRIVE

The U.S. Pacific Command Armed Services Blood Bank Center in Okinawa will host a Station-wide Blood Drive aboard Iwakuni on July 8 at Yujo Hall, Room 207 from 8 to 2 p.m. All blood types are needed. For additional information call 253-6647.

### ALL-MARINE WOMEN SOFTBALL TEAM TRYOUTS

Marine Corps Community Services Semper Fit is seeking resumes for the All-Marine Women Softball Team. Resumes can be downloaded at www.usmc-mccs.org/sports and must be endorsed by the Marine's command. Marines must also submit a resume to Keith Carr, Semper Fit athletic director, no later than July 15. For additional information call 253-4605.

## Decorated WWII veteran shares experiences

LANCE CPT. LUKAS J. BLOM  
Combat Correspondent

**CAMP FUJI, Japan**— Although his body looked weathered and his voice was a muffled rasp, Marines from Marine Wing Support Squadron 171 at Camp Fuji listened attentively to Robert Boardman, a Marine who was awarded the Silver Star for his actions on the island of Okinawa during World War II, as he spoke to the young Leathernecks about everything from leadership to spirituality at the Base Community Room here, June 20.

The ceremony commenced with the commanding officer of Camp Fuji, Col. J.J. Tabak, reminding the eager Marines how profound an impact Boardman's generation of Marines had on present day Marine Corps tactics.

"The Marine Corps learned many lessons from the battle of Okinawa," said Tabak during his opening speech. "Those lessons brought us to where we are today. Back then we had amphibious warfare, then we had maneuver warfare and now we've got expeditionary warfare, but all of it is built on the foundations that we learned and paid for in blood."

Graduating boot camp more than 60 years ago, Boardman was initially an infantryman until a twist of fate landed him with C Company 1st Tank Battalion 1st Marine Division.

"One day the Corps announced they needed tankers," said Boardman a Seattle native. "So they put into operation their scientific selection system, 'all the A's, B's, C's and D's fall in on the right, you are now tankers.' Sometimes I wonder where I'd be if my last name started with an E."

**MSG** from Page 1

candidates must also bring an overseas dependant medical screening, identifying possible health conditions of family members who may disqualify the sponsor.

If a condition is identified with the dependant, a medical officer will screen the family member's health record and a memo will be placed in the Marine's health record indicating whether the family member's medical

**MILITARY SPOUSE** from Page 2

daughter are making to help create a better world. The lonely nights and meals, along with the missed birthdays, holidays and anniversaries you have endured over these past years, have not been in vain.

What retired Navy Chief Petty Officer Jeff Edwards said at his retirement about his wife could be paraphrased about you and so many other military spouses: "You are a patriot -

**ID CARD** from Page 2

longer. For Dependents and Retirees the process takes 5-7 minutes during optical conditions. The ID center is located in Bldg One, second floor,

In total Boardman participated in three campaigns while serving more than 26 months overseas; the battles of Peleelieu, Cape Glauster and Okinawa.

He was injured by enemy sniper fire while trying to rescue his wounded comrades, for which he was awarded one of the nations highest combat decorations, the Silver Star.

"Four days before the Island of Okinawa was secured, I zigged when I should have zagged and got shot through the neck, it was a bad case of 'Japanese laryngitis'," said the 81-year-old

Boardman.

During his presentation, Boardman spoke on many different topics dealing with leadership, but his main focus was having a strong mind, body and spirit on and off the

battlefield and always keeping one eye on the inevitable end.

"When it comes time to die, make sure all you have to do is die," said Boardman.

When he was done speaking, the entire room of young Marines burst into a booming standing ovation for the decorated Marine hero.

"I was really motivated by the entire presentation," said Pfc. Jamie Degrazia, MWSS-171 motor transportation operator. "He really changed my perspective on World War II and spiritually."

Currently Boardman is the Chaplain for the 1st Marine Division Association which has approximately 15,000 members, and has also written two books on his experiences in Okinawa; "Unforget-

**"When it comes time to die, make sure all you have to do is die."**

**-Robert Boardman  
Decorated WWII veteran**

condition is a disqualifying factor.

Staff non-commissioned officers with less than two years on station, or with active duty or active reserve spouses, who are single parents, or have more than four family members are not eligible for screening.

"Marines can come in anytime to receive their packet and should have it submitted a least 10 to 15 days prior to the MSG screening team's visit," said Mix.

the sort of citizen all of us should be, but so few of us are. You live with sacrifice, because you believe in the rights and ideals your husband defends. Although you wear no uniform, you are a part of that defense, a vital link in the chain of freedom, and even though you wear no medals and will reap no glory on the field of battle, you are a hero in the truest sense of the word. You are a military spouse."

Room 223. Hours of operation are from 7:30 a.m. to 4:30 p.m., Monday through Friday closed for lunch from 12 p.m. to 1 p.m. For more information contact 253-4323.



Lance Cpl. Lukas J. Blom

**Robert Boardman, a Marine who was awarded the Silver Star for his actions during the battle of Okinawa in World War II, speaks to Marines from Marine Wing Support Squadron 171 about leadership and spirituality at the Base Community Room here, June 20.**

table Men in Unforgettable Times" and "C-Rations for the Warriors Heart."

"God be with you and Semper Fi," said the old Marine as he departed the community room.

**IN-HOME CHILDCARE** from Page 1

as the Naval Criminal Investigation Service, Staff Judge Advocate, Family Advocacy, Substance Abuse Counseling Center, Provost Marshals Office, and Housing.

After the background check, the resident must attend a one-week orientation process where they receive training in cardiopulmonary resuscitation, first aid, and basic skills in learning how to run a home day-care.

Before the residents can receive certification they must have three personal references and go through a family interview.

They then receive a house inspection by fire safety and preventive medicine. If everything is acceptable, a letter is sent to the Station inspector where a certificate is signed to qualify the resident for proper childcare.

"After residents are certified they continue to receive training two hours each month and are required to perform Department of Defense modules, which are subject matter lessons showing residents everything they could encounter while providing child care," said Siaw.

Residents then take a test on the modules. If they pass, they receive an additional certificate, which is equivalent to a Child Development Associate making them eligible

for child care jobs in the civilian world.

"The program is great for moms who want to stay at home and still work," said Delores Gray, certified family childcare provider.

Certified childcare providers are also required to put a decal with the Family Child Care emblem stating they are qualified for childcare.

"Part of the inspection we do is make sure the childcare provider has the emblem visible, either on the door or when you enter the room," said Heather O'Leary, FCC supervisor.

Residents who do not have the time to participate in this training should not go over the 10 "child care" hour limit.

"If the Station inspector receives a report that someone is doing illegal childcare they will investigate the report," said Siaw.

Maj. Matthew D. Razvillas, Station Inspector adds, "If a report is submitted, there will be an administration hearing to determine all the facts surrounding the case. If the report is substantiated, the outcome can be anywhere from a letter of reprimand to debarment for repeated violation."

## Medal of Honor recipient, former commandant dies at 85

STORY SUBMITTED BY  
HEADQUARTERS MARINE CORPS

**WASHINGTON** - Louis H. Wilson, 85, Medal of Honor recipient for heroic actions fighting enemy forces at Fonte Hill, Guam, Mariana Islands, in World War II, and 26th Commandant of the Marine Corps, died June 21 at his home in Birmingham, Ala., with his family present.

A hero by any definition, Gen. Wilson was just a young captain and placed in command of Company F, 2nd Battalion, 9th Marines, 3rd Marine Division, when, although wounded several times, he succeeded in capturing and holding the strategic high ground in his regimental sector against a numerically greater force, which contributed significantly to the ultimate victory on Guam.

Gen. Wilson "repeatedly exposed himself to the merciless hail of shrapnel and bullets, dashing fifty yards into the open on one occasion to rescue a wounded Marine lying helpless beyond the front lines. Fighting fiercely in hand-to-hand encounters, he led his men in furiously waged battle for approximately ten hours," according to his Medal of Honor citation. Because of the wounds he received in the fierce fighting, then Capt. Wilson was evacuated to U.S. Naval Hospital San Diego where he remained until Oct. 16, 1944.

President Harry S. Truman personally thanked Gen. Wilson by presenting his award in a special ceremony at the White House in Washington.

Besides earning the nation's highest honor for heroism in combat, Gen. Wilson served in a variety of command and staff positions, which included service in Korea and command of The Basic School at Marine Corps Base Quantico, Va. He graduated from the National War College in June 1962 and after a second tour at Headquarters, he returned to 1st Marine Division at Camp Pendleton, Calif., as the assistant chief of staff, G-3, deploying with the division first to Okinawa, Japan, and then to Vietnam.

This was followed by duty as commanding officer of 6th Marine Corps District in Atlanta.

Gen. Wilson was promoted to brigadier general in November 1966, and was the legislative assistant to the Commandant of the Marine Corps in 1967 and 1968. This was followed by a tour as chief of staff, Fleet Marine Forces, Pacific and commanding general, I Marine Amphibious Force and 3rd Marine Division on Okinawa. Gen. Wilson became director of the Education Center at MCB Quantico in 1971, and in 1972 he assumed command of Fleet Marine Forces, Pacific. He was appointed Commandant of the Marine Corps July 1, 1975. In October of 1978, Gen. Wilson achieved full



Official USMC photo

**Gen. Louis H. Wilson, 85, Medal of Honor recipient for heroic actions fighting enemy forces at Fonte Hill, Guam, Mariana Islands, in World War II, and 26th Commandant of the Marine Corps, died June 21 at his home in Birmingham, Ala., with his family present.**

membership on the Joint Chiefs of Staff.

Gen. Wilson retired June 30, 1979, and will always be remembered as skillfully guiding the Marine Corps through the turbulent and challenging post-Vietnam era. During his tenure as commandant, he laid a firm foundation of high standards and demanding training that ensured that the Marine Corps remained a modern, mobile, general purpose, combined arms force with amphibious expertise prepared for low and high intensity combat against a wide-spectrum of potential foes around the globe.

"The entire Marine Corps family is saddened by the passing of Marine General Louis Hugh Wilson, Jr., our 26th Commandant, and we extend our deepest sympathies to his family and friends," said Gen. Michael W. Hagee, Commandant of the Marine Corps.

"General Wilson was a forward-thinker who was ahead of his time. As commandant from 1975-1979, he stressed modernization, readiness, expeditionary capabilities and integrated firepower — areas that we still concentrate on today. His legacy of valor and leadership will live forever in the Marine Corps."

After his military retirement in June of 1979, Gen. Wilson lived in Mississippi and California, and subsequently moved to be near family in Birmingham. During this time he felt privileged to serve on the boards of Merrill Lynch, Burlington Resources and the Fluor Corporation.

Gen. Wilson's culminating act of public service occurred in October of 1995, when at age 75 he addressed a Joint Meeting of the U.S. Congress commemorating the 50th Anniversary of the end of World War II.

Gen. Wilson is survived by his wife, Jane Clark Wilson and his daughter, Janet Wilson Taylor.

## Military you don't see

BY FRANK SCHAEFFER  
Author of "Faith of our Sons — A Father's Wartime Diary"  
Reprinted with permission

I never served in the military, and before my son unexpectedly volunteered, I was too busy writing novels to give much thought to the men and women who guard us. To me the military was the "other." After my son joined the Marines, however, casualty reports from Afghanistan and Iraq were no longer mere news items but gut-churning family bulletins. And reports about prisoner abuse cut me to the quick. They also made me angry at the media. Sure, this was an emotional, don't-impugn-my-son's-honor reaction, but I wonder if there is also something fundamentally amiss with the way the media report on our military.

If most reporters, editors and publishers are like this writer before his son volunteered, they don't identify with members of our armed forces personally. Most members of our media are drawn from my privileged class. And we, the most privileged Americans, seem to believe that everyone but our children should serve. When members of the elite do volunteer — as did the Harvard-graduate son of Richard and Doris Kearns Goodwin — it's a news story in itself.

To be sure, if the children of our top reporters, editorial writers and columnists were proportionately represented in our military, we would still read the stories about prisoner abuse. But I think we might also read more stories like this one, forwarded to me by another Marine's father:

"February 19, 2004 Iraq Dear Mom & Dad, . . . We were stopped in the desert outside of Fallujah. We had 3 detainees under our control that were captured in the act of [attacking our] Marines. Because we were in the open without any facilities around, the detainees were temporarily being held under the stars.

"Around 3:00 a.m., the wind started blowing hard and a sandstorm hit . . . the sky opened and the flying sand was joined by a downpour of rain. . . . In the back of a truck, 4 Marines were trying to stay dry and get some sleep. The lieutenant who was in charge of providing security for the detainees approached this truck and opened up the back hatch. He ordered the Marines out . . . The Marines asked why and he explained to them that he had to put the detainees in the back of the truck to protect them from the rain and sandstorm.

"Word of this spread quickly and everyone was livid. We couldn't believe that our Marines were being kicked into the sandstorm/rainstorm so these detainees could stay dry. The next day I was still angry and everyone was still talking about what had happened that night. Later in the day, after having time to cool down and think about the situation, I switched from being angry to being proud. . . . I love you and miss you lots.

"Your son, Josh"  
(Cpl. Joshua A. Mandel)

As a military parent, why do I read the most positive stories about our troops in a sort of military-family *samidat* e-mail underground network and not on Page One? And how many times does the same type of editorial about the same handful of abused prisoners have to be repeated before an inaccurate impression of our military is given?

Maybe reporters and editorial writers think that reporting too often on the many selfless acts our troops undertake will reflect well on an undeserving president who likes to grandstand with our troops in photo ops. But is the truth about the character of our military being accurately, or should I say proportionately, reported? Does the public, which has woefully little personal contact with our military, know that most men and women in our services are not torturers but people like them trying to do the best they can with compassion and honor? Does the public know that acts of kindness are routine and acts of abuse are rare?

I treasure a photograph of my son cradling an Afghan child in his arms while standing outside a school he was protecting from fanatics who wanted to kill the teacher for the "crime" of teaching girls. That picture is far more typical of what my son and his fellow Marines did every day than are the pictures of mistreated prisoners.

My son humbled me. He taught me that our troops are not the "other." My son's brothers and sisters in uniform deserve better than to be mischaracterized if only by omission. Who they are and what they do should be accurately reported in a way that reflects the reality of what our selfless and extraordinary men and women do every day.

# Think you know ...

# 寿司

sushi (pronunciation: sü-she)

*noun* 1. Cold rice dressed with vinegar, formed into various shapes and garnished with bits of raw fish or shellfish.  
2. A functional form of art.

STORY AND PHOTOS BY  
LANCE CPL. CRISTIN K. BARTTER



Left: Instead of going to a local restaurant, Station residents can enjoy Japanese cuisine in the comfort of their own home. See how to make your favorite sushi in five easy steps below. Center: Yasuo Niimi, a chef at Kuru Kuru Sushi, prepares raw fish for customers to eat.

They wait, like a pack of wolves glaring at their prey with daggering pupils. Submissive? Absolutely not. This is what they live for, die for. Floating with the current their excitement grows, who will it be? Which one of them will fulfill their dream, their destiny?

The bait drops. Silence.

CHARGE! Weaving in and out of seaweed and coral, they dart like bullets to the defenseless worm. Victory sighted in. You see, it's not the worm they wish to obtain; it's the breathtaking idea of becoming the few, the proud, the sushi. Their motto, why go out in peace or flames when you can go out in style?

Station seafood lovers need to soak in their surrounding culture and whip out the chef hat, making sushi is something everyone can learn and enjoy. Even if a resident doesn't like to eat raw fish, remember, this is to fulfill the dreams of our slippery friends and make a good impression to the host nation.

"It's very important to know other cultures especially the one you reside in," said Taeko M. Curtin, Japanese and American Society manager. "It will help you understand the host culture and the different things they do like sticking a piece of raw fish in their mouth. It gives a good impression on your behalf and betters the relationship between the two cultures."

In order to make sushi, chefs must first gather the right tools: a sharp knife, a wooden chopping board (so the knives aren't damaged when slicing the sushi), a bamboo rolling mat, short-grained Japanese rice,



rice wine vinegar, sugar and salt, nori sheets (seaweed) and any kind of seafood. Sushi kits are available at the Marine Corps Exchange.

Next, make one of the key ingredients - the rice.

Wash two cups of Japanese style rice. Add 2 1/2 cups of water and cook for about 15-20 minutes or until the water is almost gone. Then let it steam for about 10-15 min.

"The rice should be a little firm and sticky when done cooking," said Kazuaki Hirata, four-year chef at Kuru Kuru Sushi, a local sushi restaurant.



Lance Cpl Michael Inclin, Headquarters and Headquarters Squadron weather observer, chows down on a piece of his favorite sushi.

While the rice is steaming, prepare the sushi vinegar. Mix 1/3-cup of rice wine vinegar, two tablespoons of sugar and one teaspoon of salt into a small pan on low heat. Cook until the sugar dissolves.

Take the hot rice and spread it onto a large plate or bowl.

Sprinkle the vinegar mixture and then fold the rice very quickly.

Try not to smash the rice. According to Tomoyuki Sasaki, three-year chef at Kuru Kuru Sushi. "The most important part is adding the vinegar, salt, and other ingredients."

From here, place a nori sheet on the bamboo mat. Spread the sushi rice on to the nori sheet and place the fillings lengthwise on the rice. Roll up the bamboo mat by pressing forward to shape the sushi into a cylinder. Wet the knife with a wet cloth, slice the sushi into bite size pieces, and enjoy.

"Once you are done you can add wasabi, chili sauce or other sweet sauces," said Sasaki "Whichever you think is best."

Taking pleasure in the low calorie cuisine at home or in a sushi restaurant, the bite-size bits are a part of the Japanese culture residents have the opportunity to try and love.

"When I came to Japan I knew nothing about the Japanese culture," said Lance Cpl. Joshua Boeck, Headquarters and Headquarters Squadron meteorological aviation equipment technician. "I have always liked sushi but I have never been able to make it. I would like to learn how to do this so I can impress and help my Japanese friends. I think it is important to learn the Japanese culture, it helps me relate to them a little more and bridges the gap I feel when around them."



In the Colonial period, 1600, a lone villager crossed paths with a single, wild Wasabi. He dug his fingers into the ground and pulled the plant out of its secure surroundings.

The man brought it back to his home where he planted it near the water hoping it would grow. Wasabi is one of the most popular seasonings for all foods especially raw fish and noodles.

Don't be fooled, for the last twenty years people have come up with substitutes for fresh Wasabi rhizomes because of its low supply.

The small lump of green sauce on the side of a sushi dish is usually made from mixtures of horseradish or mustard and food coloring. They have also discovered the use of other parts of the Wasabi plant, like the leaves and petioles, can be powdered for use as Wasabi flavoring.



STEP 1  
MIX  
JAPANESE  
SHORT-  
GRAINED  
RICE,  
RICE  
WINE  
VINEGAR,  
SALT AND  
SUGAR.



STEP 2  
SPREAD  
SUSHI  
RICE  
EVENLY  
ONTO  
SEAWEED  
SHEETS.  
LEAVE  
ABOUT  
ONE INCH  
AT THE  
TOP AND  
BOTTOM.



STEP 3  
ARRANGE  
FILLINGS  
ACROSS  
RICE. BE  
SURE NOT  
TO PUT  
ON TOO  
MUCH  
FILLING  
OR YOUR  
SUSHI  
MAY  
CRUMBLE  
LATER.



STEP 4  
MOISTEN  
TOP EDGE  
WITH  
WATER.  
ROLL  
TIGHTLY.  
REMOVE  
BAMBOO  
SHEET  
PLACE  
SUSHI  
SEAM  
SIDE  
DOWN.



STEP 5  
MOISTEN  
KNIFE  
AND  
SLICE  
INTO  
EVEN  
BITE-SIZE  
PIECES.  
ONE  
SUSHI  
MAKES  
ALMOST  
SIX  
PIECES.  
ENJOY!



# Residents learn about Okonomi sauce

LANCE CPT. L. ENDUS B. CASEY  
Combat Correspondent

Although it resembles a pizza with its round and flat shape, Okonomiyaki, a traditional Japanese food, doesn't have the usual toppings. Instead of sausage and pepperoni, this dish comes with squid, clam, scallops and even seaweed as toppings.

Okonomiyaki, also known as "cook what you like", is famous for its great taste, healthiness and even has its own kind of sauce.

Station residents learned everything there is to know about the Okonomiyaki Sauce during a tour of the Otafuku Okonomi Sauce Factory in Hiroshima, June 24.

The tour began with a video on Otafuku history and the process of making Okonomiyaki Sauce. After the video, Rika Yabuue, Otafuku Factory tour guide, led the group on a journey through the entire factory.

Yabuue began the tour with the shipping process. The group watched as computerized robots took completed packages and delivered them to the shipping area, making sure the products completed first were the first ones out the door.

Next, the group saw the factory solar panels, which produce power for the entire factory's operations. "The solar panels showed how Japanese people are very concerned with their atmosphere and protecting the environment," said Yoshiko Kihara, Marine and Family Services cross culture specialist.

Afterward, the group learned how the sauce was mixed in huge stainless steel containers by optical fiber links that allowed computers to integrate every blending process to make sure quality was always at its peak.

Another part of the tour showed residents the sanitation maintenance process, where Otafuku employees worked extensively to protect the products from bacteria that may harm the consumers.

"You definitely aren't going to get food poisoning from their products because they are extremely

thorough in the cleaning," said Stephen C. Granderson, a tour participant.

After the lab, the group was introduced to the bottling process.

The bottles come into the factory already sealed to keep out bacteria. They are cut at the top, filled with sauce, resealed with aluminum sheeting, wrapped and packed into cardboard boxes.

Finally the tour was led to the quality control process where the products were inspected for quality and deviations in taste.

After the tour, the group was taken to the



Photos by Lance Cpl. Lendus B. Casey

**ABOVE: Barbara A. Roman, tour participant, bites into a snack offered during the Otafuku Show Room tour. RIGHT: Rika Yabuue, Otafuku tour guide, shows tour participants Otafuku apple vinegar products.**

Otafuku Show Room and given different types of Otafuku samples. The group tasted different types of vinegar drinks such as date vinegar and soybean vinegar. They were also given the opportunity to purchase Otafuku products on display there.

## OUT THE GATE

**Note:** Japanese who do not speak English may answer the phone numbers provided.

### Japanese Calligraphy Display

There is a display of Japanese calligraphy in the Iwakuni City Auditorium exhibition hall today and Saturday, 9 a.m. to 5 p.m., and Sunday, 9 a.m. to 4 p.m. Admission is free. Call 331-1189 for details.

### Yasaka Lake Sports Festival

A festival will be held at Yasaka

Lake July 31, 9 a.m. Participants are invited to join in on the fun. Regatta race (knuckle four, dragon boat and canoeing) will be held. Admission fee is required. The deadline is Thursday. For more information, call Wada at 253-5344/5551.

### Seven Gods Of Fortune Festival

A Buddhist service will be held at the Daishoin Temple, Miyajima Island Thursday, 11 a.m. to 12 p.m. Admission is free. Call 0829-44-0111 for more details.

### Raft Race

A raft race is scheduled at the

Hanaguri Beach, Kasado Island in Kudamatsu City Aug. 28, 12:30 p.m. Admission fee is required to participate. The deadline is July 8. In case of inclement weather, this event will be cancelled. Call Wada at 253-5344/5551 for further details.

### Yamaguchi Flea Market/Antique Market

There will be a flea market and an antique market at the Kameyama Park, located in front of the Prefectural Museum in Yamaguchi City, Sunday from dawn till 3 p.m. Call 083-927-5599 for further information.

## TORII TELLER CLASSIFIED ADS

To submit your ads or announcements: *Torii Teller* accepts ads/announcements from nonprofit organizations and groups only. Briefs run on space-available and time-

priority basis. Deadline for briefs is noon Thursday. *Torii Teller* reserves the right to edit to fit space. Stop by Building 1, Room 216 to fill out a form.

### AUTOMOBILES

**Toyota Town Ace**, 1991, auto., 8 passenger van, A/C, P/W, P/L, good condition, JCI until Oct. 2006, \$1,500. Call Bill at 253-4264 dwh or 31-8529 awb.

**Nissan Pulsar**, 1995, 4 door sedan, auto., A/C, P/W, P/L, good condition, JCI until Feb. 2007, \$1,200. Call Bill at 253-4264 dwh or 31-8529 awb.

**BMW**, 1991, 4 door, charcoal gray, runs well, new front brakes/belts, recent oil change, JCI until Nov. 2006, \$2,200 negotiable. Call S. Merriweather at 253-2038.

**Mazda Light Mini Van**, 1994, A/C, radio/cassette, 46,250 miles, JCI until June 2006, \$900. Call A. Tanaka at 253-5323 dwh or 253-2413 awb.

**Toyota Lite Ace**, 1992, mini van, JCI until May 2007, \$1,200 obo. Call DTC Olaes at 253-5252 dwh or 253-2673 awb.

**Subaru Legacy**, 1991, station wagon, JCI until April 2006, \$1,200 obo. Call DTC Olaes at 253-5252 dwh or 253-2673 awb.

**Mitsubishi Pajero**, 1988, 4 door, 4WD, runs great, no mechanical problems, new rear tires, A/C, auto, P/S, P/B, SUV, JCI until June 2006, \$2,000. Call 253-

2898 and leave message.

**Honda Odyssey**, 1994, 7 passenger wagon, new battery, nonsmoker, 6 CD changer, road tax/recycling fee paid, JCI until June 2007, \$3,000. Call SSgt. Mason at 253-4113 dwh or 253-2887 awb.

**Honda VFR**, 2003, modified to U.S. specs., hard side saddle bags, riding jacket, \$9,000. Call 253-2367.

### OTHER ITEMS

**Misc.**, 2 concert tickets to Summer Sonic, a 2-day music festival, featuring over 50 bands, including: NIN, Weezer, Yellow Card and more. Concert is Aug. 13-14 in Tokyo. Asking \$480 obo. Call Mark at 253-5551 dwh or 253-7302 awb.

**Misc.**, 4 drawer file cabinet, \$30; Pampered Chef 4 mini loaf pan set, never used, \$30; 16 pc. dinnerware set, \$25; Hoover vacuum with bags, \$45; assorted plastic flower pots; Halloween decoration; jungle boots, newly new, green upper, size 9 1/2 w; jungle boots, newly new, black upper, size 10 w. Call Carey or GySgt. Barton at 253-3267 dwh or 253-2749 awb.

**Misc.**, washer and dryer, washer is 1 year old, dryer is 3 years old, both excellent condition, \$450 for

both; Sharp 19 inch television, \$150. Call DTC Olaes at 253-5252 dwh or 253-2673 awb.

### JOB OPENINGS

**Community Bank**  
A 30-hour teller position is available. Prior cash handling and customer service preferred. Call Marcia at 253-3852 for more information.

**11th Dental Company Det Iwakuni**  
A dental assistant position is open. Call DTC Olaes or DTC Sito at 253-5252 for additional information.

**Softland International**  
A part time, nights & weekends cashier and a product manager positions are available in the MCX sound shop area. Call Christina at 253-2555 for details.

**Matthew C. Perry**  
The following positions are available. Applications may be picked up at the high school or elementary school main office. Call 253-5449 for more information.  
- Substitute teachers. Application may take up to 10 weeks to process.  
- Special education aide. Experience as a job or employee counselor is encouraged.  
- Special education and AVID aide.

- Part-time certified mathematics, science or physical education teacher. Send resume and cover letter to: M.C. Perry High School PSC 561 Box 1874 FPO AP 96310  
In addition all applicants for this position must complete an online application at [www.dodea.edu](http://www.dodea.edu) to be considered.

### CHRO (253-6828)

**MCSS:**  
- Psychologist/Social Worker  
- Victim Advocate  
- Transition Program Counselor  
**Facilities:**  
- Architect  
**Clinic:**  
- Occupational Health Nurse  
- Information Technology Specialist  
**Commissary:**  
- Sales Store Checker NTE 1 Year (Student Temporary Employment Program)  
- Sales Store Checker (Intermittent)  
**Comptroller:**  
- Budget Officer  
**Logistics:**  
- Supervisory Contract Specialist  
**BPO:**  
- Management and Program Analyst (CCCT)  
**IPAC:**  
- Supervisory Resources Management Specialist  
**AHO:**  
- Air Traffic Control Specialist (Terminal)

## COMMUNITY BRIEFS CHRO

### CHRO Training

■ **How To Catch Yourself "Leading Right"**: Aug. 24-26, 8 a.m. to 4:30 p.m. For more information and nominations, call 253-6834 or send e-mail to [MarehamPA@iwakuni.usmc.mil](mailto:MarehamPA@iwakuni.usmc.mil). Class will be held at CHRO training room. Building 1, Room 102.

### MCCS

#### Special Events (253-3727)

■ **4th Of July Celebration**: Monday, 3 p.m. at Penny Lake. This event will include a live band and DJ, three-legged races, relay races, tug of war, horseshoes, air bouncers and amusements for adults and children and more. Cotton candy, funnel cakes, snow cones, hamburgers, hot dogs, chicken, rib eye steaks, and many beverages will be available for purchase. Fireworks start at 9:30 p.m. Base taxi service will be available at regular rates.

#### MCX (253-5641)

■ **Santa Bucks**: Issued now through July 31. Receive \$1 Santa Bucks for every \$10 single purchase. Redeem your Santa Bucks Nov. 25 through Dec. 24, just in time for holiday shopping.

#### Single Marine Program (253-3585)

■ **Day At The Hiroshima Peace Park Or Shopping**: Saturday, \$10 transportation fee. Bus leaves Hornet's Nest at 10 a.m. and returns at 6 p.m.  
■ **SMP Committee Meeting**: Wednesday, 10 a.m. Attendance is mandatory for all squadron representatives.

#### School Age Center (253-4769)

■ **Summer Camp Adventure 2005**: Registration is open continuously throughout the summer for Camp Adventure 2005, held on the Station. The camp is open to children ages 5-12. 5-year-old children must be enrolling in kindergarten next school year in order to participate. The cost is based on total family income. Parents must provide their L.E.S. upon registering. The camp operates now through Aug. 19.

#### Youth & Teen Center (253-6454)

■ **Teen Keystone Meeting**: Every Friday, 7-9 p.m. Interested teens are welcome to join a committee to make the Teen Program better than ever.  
■ **Fire Cracker Dance Party**: Today, 6-11:30 p.m. Let's celebrate Independence Day. There will be plenty of fun and games for everyone. Ten to 12-years-olds party 6-8:30 p.m. Teens will dance from 9-11:30 p.m.

#### Food Court July Specials (253-4108)

■ **Burger King**: Kids 12 and under receive a free kids meal on their birthdays.  
■ **Pizza Hut Special**: Get a large pizza any way you want it with a six-pack of soda for only \$16.95.  
■ **KFC Picnic Special**: Purchase a 16 piece Family Meal and get a large Spicy Popcorn Chicken for free.  
■ **Special T's**: Buy one foot long combo meal and receive the second foot long for half price.  
■ **Baskin Robbins**: Try the all new Fruit Fusions.

#### Marine and Family Services

■ **Sponsorship Training**: Thursday, 10-11 a.m. Find out at this mandatory class what it takes to effectively sponsor someone transferring to MCAS Iwakuni. Attend this training to avoid missing those critical steps that can make the transition a positive experience. Call 253-3311 for details.  
■ **Basic Resume Writing**: Thursday, 10 a.m. to 12 p.m. This workshop identifies skills, training and work experiences that translate to marketable job qualifications. Call 253-6439 for more information.  
■ **Family Member Employment Assistance**: This program assists spouses and other employable family members in exploring employment options and opportunities in their chosen career fields. For further details, call 253-6439.  
■ **Station Book Clubs**: Happy Bookers meet Tuesday at 7 p.m. Call 253-3078 for details.

## MOVIE SCHEDULE SAKURA THEATER

**FRIDAY** - 7 p.m. Batman: Begins (PG-13); 10 p.m. Unleashed (R); 12 a.m. Mystery Movie  
**SATURDAY** - 1 p.m. Monster-In-Law (PG-13); 4 p.m. Batman: Begins (PG-13); 7 p.m.: Unleashed (R); 10 p.m. Batman: Begins (PG-13); 12 a.m. Mystery Movie  
**SUNDAY** - 4 p.m. Batman: Begins (PG-13); 7 p.m. Batman: Begins (PG-13)  
**MONDAY** - 1 p.m. Monster-In-Law (PG-13); 4 p.m. Batman: Begins (PG-13)  
**TUESDAY** - 7 p.m. House Of Wax (R)  
**WEDNESDAY** - 7 p.m. Unleashed (R)  
**THURSDAY** - 7 p.m. Interpreter (PG-13)  
This schedule is submitted by the Sakura Theater and is subject to change. For show times call the Sakura Theater at 253-5291.

## MCTV CHANNEL 19

**FRIDAY** - 8 a.m. A Cinderella Story (PG); 11 a.m./5 p.m. What's The Worst That Can Happen (PG-13); 2 p.m./8

p.m. Two Weeks Notice (PG-13); 11 p.m./5 a.m. The Heist (R); 2 a.m. Joy Ride (R)  
**SATURDAY** - 11 a.m./5 p.m. First Knight (PG-13); 2 p.m./8 p.m. National Treasure (PG); 11 p.m./5 a.m. Imposter (PG-13); 2 a.m. "O" (R)  
**SUNDAY** - 11 a.m./5 p.m. Walking Tall (PG-13); 2 p.m./8 p.m. Undercover Brother (PG-13); 11 p.m./5 a.m. Hidalgo (PG-13); 2 a.m. Seven (R)  
**MONDAY** - 8 a.m. Lady And The Tramp (G); 11 a.m./5 p.m. Independence Day (PG-13); 2 p.m./8 p.m. Laws Of Attraction (PG-13); 11 p.m./5 a.m. L.A. Confidential (R); 2 a.m. Soul Plane (R)  
**TUESDAY** - 8 a.m. Spy Kids 3D (PG); 11 a.m./5 p.m. Wimbledon (PG-13); 2 p.m./8 p.m. King Arthur (PG-13); 11 p.m./5 a.m. Open Range (R); 2 a.m. Training Day (R)  
**WEDNESDAY** - 8 a.m. Sinbad (G); 11 a.m./5 p.m. Raising Helen (PG-13); 2 p.m./8 p.m. Lara Croft 2 (PG-13); 11 p.m./5 a.m. The Punisher (R); 2 a.m. Wrong Turn (R)  
**THURSDAY** - 8 a.m. Finding Nemo (G); 11 a.m./5 p.m. The Transporter (PG-13); 2 p.m./8 p.m. Spanglish (PG-13); 11 p.m./5 a.m. Texas Chainsaw Massacre (R); 2 a.m. NARC (R)

This story is a translation of page 12 text.  
本文は12ページの記事の日本語訳です。

## Nihongo de...

### 2005 サマースラムが岩国基地ジムで行われる

先週土曜、岩国基地体育館で2005サマースラム・ベンチプレス大会が行われ、海兵隊員、岩国基地住人、日本人が力を競い合った。

参加者は挙上重量と挙上回数で競技をした。重量を競う競技では、参加者は自分が選択した重量で3回の試技を行い、最大挙上重量を選択する。回数を競う競技では、女性参加者は自分の体重の約半分、男性参加者は自分の体重と同じ重量を何回持ち上げられたかで競われた。

競技は同じ重量クラスに分かれて行われた。自分の体重に対する最大挙上重量の割合が高かった者が男女それぞれの総合優勝となる。挙上重量競技では、各重量クラス(男女別)の1位から3位までの個人にトロフィーが授与された。挙上回数の競技では、男女とも回数が一番多かった者にのみトロフィーが授与された。

イベントには初めて参加する人からベテランまで様々な人が参加した。しかし、独創的でちょっと変わったパフォーマンスをした一人の参加者のおかげで、大会は忘れられないものになった。

181ポンドの重量クラスで1位を取った藤宮晋二さん(ニックネーム:浪速の長州力)はアメリカ国旗をデザインしたレオタードを着て、競技前の様々なパフォーマンスと見事な強さで観衆を味方につけた。

「競技中に自分がこんな風にパフォーマンスをするのは、日本ではパワーリフティングがあまり人気のあるスポーツではないからだ。」と藤宮さんは話す。「競技に向けてのトレーニングではとても真剣だ。ただ、競技大会では、楽しく競技することで、パワーリフティングの普及促進に努めている。」

藤宮さんが岩国基地内のリフティング大会に参加するのは今回が初めて。「本当に楽しかった。」と藤宮さん。「自分はアメリカの大会が一番公平だと信じている。アメリカの大会は日本の大会よりも楽しい。」

初めてこの大会に参加したのは藤宮さんだけではない。198ポンドの重量クラスで1位をとったジョン・H・ウラード氏は、友人からの薦めでぎりぎりになって参加を決めたが、1位のトロフィーを獲得した。「予測していたものと大分違っていたが、1位を取れて嬉しい。」とウラード氏。「参加者全員が自分の競技相手と互いに励ましあって、応援しあっていた。みんな他の人がうまくやってほしいと思っていた。」

男性の総合優勝トロフィーは岩本真一さん(165ポンドの重量クラスの1位)に、女性の総合優勝トロフィーは園弘梅代さん(150ポンドの重量クラスの1位)に与えられた。

## Station Commanders thank retirees -

On June 23, Master Labor Contract and Indirect Hire Agreement employees were honored during a Retirement Ceremony at MCCS Club Iwakuni. The retirees were honored for their loyal service to Marine Corps Air Station Iwakuni and each received a Certificate of Appreciation from Col Michael Dyer, Commanding Officer, MCAS Iwakuni and Fumio Awaya, Hiroshima Defense Facilities Administration Bureau shown seated in the center between the retirees.



Photo courtesy of CHRO

## Mess Hall Lunch Menu

**Today:** Mess Halls will be open for the lunch meal (10:30 a.m. to 1 p.m.) to all military, guests, retirees, and civilians.

Cost: \$3.50 (\$3.00 for family members of E-4's and below.)

**Saturday - Monday:** Meal hours for Independence Day holiday; breakfast/brunch 9 a.m. to 12 p.m., dinner 3:30-6 p.m.

**Tuesday:** Normal meal hours will resume.

### Week Of July 4-8

**Monday** – Baked Chicken And Rice, Roast Turkey, Lyonnaise Green Beans, Mashed Potatoes, Peas And Carrots, Chicken Gravy, Hot Dinner Rolls

**Tuesday** – Chuck Wagon Stew, Cajun Catfish, Potatoes Au Gratin, Steamed Rice, Glazed Carrots, Broccoli Combo, Cheese Biscuits

**Wednesday** – Chili Mac, Grilled Cheese, Tempura Fried Fish, Macaroni And Cheese, Oven Glo

## CHAPEL RELIGIOUS SERVICES

### Roman Catholic

Saturday  
4:30 p.m. Confession  
5:30 p.m. Mass

Sunday  
8:45 a.m. Mass

### Protestant

Sunday  
9 a.m./10:30 a.m. Sunday School & Adult Bible Fellowships  
10:15 a.m. Non-Denominational Christian Worship  
11:45 a.m. Gospel Worship Service

### Cooperative Chapel Ministries

3rd Saturday  
8 a.m. Men's Fellowship Breakfast

## LAY LED RELIGIOUS SERVICES

### Jewish

Friday  
6 p.m. Shabbat Service

### Seventh-Day Adventist

2nd & 4th Saturday  
9:30 a.m. Sabbath School/Worship

### Episcopal

Sunday  
7 p.m. Worship Service

### Church of Christ

Sunday  
10:30 a.m. Worship Service

Wednesday  
7 p.m. Bible Study

### The Church of Jesus Christ of Latter-Day Saints

Weekdays  
6:30 a.m. Seminary

Sunday  
1 a.m. Priesthood, Relief Society & Sunday School  
3 p.m. Sacrament Meeting

## OTHER SERVICES

### Islamic

Friday  
12 p.m. Prayer

### Nichiren Buddhist

Call Chapel for POC information.

To confirm current schedule of services at the Marine Memorial Chapel, call 253-3371.

## VACATION BIBLE SCHOOL

The Vacation Bible School for preschoolers through sixth graders will be held at the Station Chapel Aug. 1-5, from 6-8 p.m. Children can register at the foyer of the Chapel. For more information, call Carol Nash at 253-4323 dwh or 21-8043 awh.

Potatoes, Broccoli Polonaise, Peas And Mushrooms, Dinner Roll

**Thursday** – Apple Glazed Corn Beef, Teriyaki Chicken, Rissolle Potatoes, Noodles Jefferson, Succotash, Fried Cabbage, Hot Mustard Sauce, Chicken Gravy

**Friday** – Crab Cakes, Chicken Vega, Parsley Butter Potatoes, Steamed Carrots, Corn On The Cob, Dinner Rolls, Steamed Rice

# Hitmen assassinate Midgets point blank

LANCE CPL. CRISTIN K. BARTTER  
Combat Correspondent

Headquarters and Headquarters Squadron Hitmen crushed the Marine Aircraft Group 12 Guatemalan Circus Midgets in the double-elimination championship game Monday.

In the first inning of game one, the Hitmen formed an assembly line hitting nothing but home runs and base hits raking in 11 runs. The fire continued through the rest of the game as the Hitmen shut the Midgets out almost every time they went to bat. The Midgets, unable to shrug the large gap off, couldn't take control of their hitting and suffered their first loss of the season.

"It was a big let down because we had high expectations which were not met," said Billy Allbright, Midgets pitcher. "I thought we were definitely going to win the second game because they hit well in the first inning of the first game and then they went flat the rest of the game."

Going into the second game irritated with the first games results, the Midgets started off strong with five runs by the end of the second inning compared to a single Hitmen run. But the momentum shifted in the third inning and stayed with the Hitmen for the remainder of the game. They never let the Midgets gain another run until the last inning when the Midgets began to perform.

The score stood at 11-7 in the bottom of the last inning. With one out already, it was the last chance for the Midgets to heighten the momentum in their favor and pull ahead. With Allbright on second, Andre Fung, Midget first baseman, stepped up to the plate with a mission to bring his pitcher home. Dennis Snook, Hitmen pitcher, threw a belt-high pitch and Fung cracked the ball for a base hit. In a world of chaos, Fung tried to stretch it into a double.



Photos by Lance Cpl. Cristin K. Barter

**ABOVE: Clifford Lindgren, Guatemalan Circus Midgets shortstop, tries to tag Mike Roybal, Headquarters and Headquarters Squadron Hitmen left-center fielder, who slides into second base. The umpires call- Safe!**  
**BOTTOM: Joe Cook, the Hitmen's first baseman, cracks the ball deep into center field for a base hit.**



He slid into second and was deemed out. Allbright decided to go for the glory and sprinted for home plate. Unable to beat the ball, he slid in and was tagged out also.

"We made two bonehead plays back to back,"

right fielder. "We are going to be back for the summer season and we are going to try and take the summer championship just like we did this one.

Hopefully we won't have to beat them twice. They will have to beat us twice to win."

said Allbright. "When you get into it, you try to make something happen to spark the team. That is about the dumbest thing you can do in softball, making the third out at home, especially at the end of the game."

Unable to beat the Hitmen twice in row, the Midgets walked off the field knowing what they did wrong for both games.

"We had a really good season, but we just didn't hit the ball tonight," said Allbright. "We felt dominant all year long and we felt like we should have won everything but we just didn't hit the ball."

After the last inning the Hitmen ran onto the field screaming with pride, they beat the undefeated team of the season, not just once, but twice. The championship trophy was undoubtedly theirs.

"We knew it in our hearts that we were the better team," said Joe Cook, Hitmen first baseman. "We came out really hard and we were able to hold them down."

"We (the teams) both had the same drive, both really wanted to win and both were at each others throats with the competitive nature," said Snook. "This game was all about who could just put it all together, we did and they didn't."

As far as the Midgets are concerned, 'it ain't over till the fat lady sings and she hasn't sung a tune yet.' They plan on coming back next season stronger than ever.

"What doesn't kill you only makes you stronger," said Allbright. "It is a guarantee we will be back to win it all next season."

The Hitmen beg to differ, according to Jacob Paulk, Hitmen

# IWAKUNI SPORTS SCENE

## ONE PITCH SOFTBALL

Tournament takes place today, 6 p.m. and Saturday, 9 a.m. at the main field. Call 253-3067 for details.

## FAMILY APPRECIATION DAY - BOWLING

Saturday, 1-5 p.m. All games are half price. For further information, call 253-4657.

## FIRECRACKER OPEN - GOLF

Saturday, 7 a.m. arrival with shotgun start at 7:30 a.m. Featuring Close to Pin, Gorilla and Long Drive contests. There is a \$10 entry fee in addition to users fees. Call 253-3402 for more details.

## SCUBA CLASSES

The Basic Open Water class is held on Mondays, lasting for seven days

and costs \$260. Sessions are held continuously through autumn. Advance sign-up is required. Gear rental is available for individual divers. Call the Scuba Locker at 253-6058 for more details.

## COMMANDING OFFICER'S SOFTBALL TOURNAMENT

Monday, 9 a.m. Call 253-5777 for more information.

## JULY 4 SPECIAL

Bowl for only 50 cents a game from 1-9 p.m. For further details, call 253-4657.

## LATIN DANCE CLASSES

Classes are held at the IronWorks Gym every Wednesday, 7:30-8:30 p.m. and cost \$32 per month or \$8 for each class. Come learn the Salsa, Merengue, Mexican Folk Dance and Bachata. Call 253-3696 for details.



# IronWorks host Summer Slam 2005

LANCE CPT. MARK FAYLOGA  
Operations Chief

Muscle men and women tested their strength during the 2005 Summer Slam Bench Press Competition at the Marine Corps Community Services IronWorks Gym, Saturday.

Participants competed in two lifting events; a strength lift and an endurance lift. During the strength lift, competitors were given three opportunities to successfully complete one repetition of their choice in weight. During the endurance competition, female competitors lifted approximately one half of their weight for a maximum number of

repetitions, male competitors performed the same exercise using approximately their own body weight.

The competition was divided up so competitors were competing against people in their same weight class. The male and female competitors who lifted the most weight in ratio to their size were crowned the male and female overall champions. First through third place trophies were given out in each individual weight class. The male and female competitor who performed the most repetitions during the endurance competition were given the first place endurance trophies.

The event was filled with various competitors from first time participants to lifting veterans, but it was the creative and kooky acts of one competitor that made the competition a memorable experience.

Cho-Syu Riki Fujitani, first place 181-pound weight class, won the crowd over with his American flag leotard, pre-lifting antics and impressive strength.

"I put on a show like this because power lifting isn't an extremely popular sport in Japan," said Fujitani. "When I train for the event, I'm very serious. But when I'm at a competition, I try and have fun and promote the sport."

The event was the first lifting competition Fujitani had participated in aboard Station.

"I really enjoyed it," said Fujitani. "I believe the American competitions are the most fair, and they are a lot more fun than the local Japanese competitions."

Fujitani was not the only newcomer to the annual event. John H. Woolard, first place 198-pound weight class, joined the competition at the last minute on



Photos by Lance Cpl. Mark Fayloga

**TOP: Anthony R. Watts, first place 220-pound weight class, bench presses 424.5 pounds during the 2005 Summer Slam Bench press competition in the IronWorks Gym Saturday. ABOVE: Walter Rickett, 198-pound weight class competitor, prepares for his lift.**

the advice of a friend and managed to take home the gold.

"It was a lot different from what I expected, but I'm glad I did it," said Woolard. "You see everyone cheering each other on and rooting for people they're competing against. Everyone wants everyone else to do well."

The male overall champion trophy was awarded to Koichi Iwamoto, first place 165-pound weight class. The female overall champion was Kunihiro Umeyo, first place 150-pound weight class.

The main portion of this story found on page 10.  
本文記事の日本語訳は10ページを参照して下さい。

2005 Summer Slam Bench Press Competition		
<b>Strength Results</b>		
<b>First Place</b>		
<b>Female</b>		
Elizabeth Mancha	132	93.5
Umeyo Kunihiro	150	159.75
<b>Male</b>		
Omi Hirota	132	242.5
Atsuhiko Kimura	148	308.5
Koichi Iwamoto	165	408
Cho-Syu Riki Fujimiya	181	375
John H. Woolard	198	292.25
Anthony Watts	220	424.5
Steven Robinson	242	419
Yasuo Fukushima	SHW	507.25
<b>Endurance Results</b>		
<b>First Place</b>		
<b>Female</b>		
Umeyo Kunihiro	66	53
<b>Male</b>		
Katsutoshi Wakimoto	215	42
<i>*All weight in pounds</i>		