WEEK 6
Of 15

Critical Days of Summer Safety Campaign 2022

This week is the sixth week of the Critical Days of Summer! 📰✨

What are they talking about this week ⁉️

This week is about WATER SAFETY 🏊

Swimming is one of the most popular summer activities, yet it can also be one of the most dangerous as well.

We interviewed employees from MCCS, Aquatics. They have very useful tips about water safety especially for kids! 👍

⬇️ *Check this out* ⬇️

WEEK 6
Of 15

MCAS Iwakuni Station Safety Center

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When people think of summer activities, swimming is right up there among the most popular. ✨ Do you have any advice for people who will be swimming this summer?

MCCS Aquatics

Relaxing at the beach, or at the pool can be fun for people of all ages, but it's important to know how to be safe in the water. If you have children, then be aware that parents are the first line of defense in keeping kids safe in the water.

Station Safety Center

What are some practical things that parents can do to keep their kids safe in the water?

MCCS Aquatics

Never leave children unattended near water, not even just for a minute.

If your child is in the water, you should be too! Constant, undistracted supervision and barriers such as pool fencing are necessary even if children have completed swimming classes.

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I see some backyard paddling pools when I'm out walking my dog. Should those pools be guarded by fences too?

WEEK 6
Of 15

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MCCS Aquatics

If back-yard swimming pools cannot be fenced and gated, they should be emptied between each use.

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How about at the beach, or a public pool? What can I do to keep my children safe? 🤔

MCCS Aquatics

When out at beaches or swimming pools, everyone should read and follow posted safety rules and warnings. At beaches, always swim in designated areas supervised by lifeguards. Even if there are lifeguards posted, teach kids that being safe in and around the water is a personal responsibility - yours and theirs.

Station Safety Center

Whether at the beach, or at the pool, I guess the weather is something that people should be looking out for too, right? ☀️🌧️⚡🌪️

MCCS Aquatics

Yes, that's right. If the sun is out, then protect your skin. Limit the amount of direct sunlight you receive between 10:00 a.m. and 4:00 p.m. and wear sunscreen with a protection factor of at least 15. Drink plenty of water regularly, even if you're not thirsty. Avoid drinks with alcohol or caffeine in them.

WEEK 6
Of 15

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MCCS Aquatics

Pay attention to local weather conditions and forecasts. Stop swimming at the first indication of bad weather.

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Thanks for your time today. Any final words?

MCCS Aquatics

If there is only one thing that people take away from this, the best thing anyone can do to stay safer in and around the water is to learn to swim. This includes both adults and children.

Swimming Lessons are offered by MCCS Aquatics for ages 18 months and older.

Contact OMBIwakuni.Aquatics@USMC-MCCS.org or 253-4966 for more information on swim lesson schedule and availability.

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Thank you for your time to pass out great information

Stay safe and enjoy your summer