RIDAY 6112012 _____http://www.marines.mil/unit/mcasiwakuni **EIWAKUNAPPROACH**

E Issue No. 21 Vol. 5 | Marine Corps Air Station Iwakuni, Japan

Volunteers open hearts, spend time with local patients

LANCE CPL. BENJAMIN PRYER IWAKUNI APPROACH STAFF

ANDERSEN AIR FORCE BASE, Guam - A convoy of vehicles traveled through the streets of Guam as Marines and sailors participating in Exercise Geiger Fury 2012 donated their time at Guam Memorial Hospital with longterm patients who may not often get to see friends or family.

Volunteers spent time with patients under the care of the Skilled Nurses Unit, a group

within GMH.

The SNU spends the majority of its time caring for patients currently undergoing rehabilitation to eventually leave the facility.

After a brief tour of the hospital, volunteers went to the lunch room where arts and craft supplies and balloons awaited them.

Patients were steadily brought in by the nurses and swiftly carried into conversation by eager volunteers.

Patients and volunteers smiled throughout the room as every person seen was occupied with some form of entertainment.

Some volunteers sat with patients and drew in coloring books or passed around balloons. Others sat down and took photos with patients or just talked with them.

While the majority of the patients were Guam natives, one particular individual kept Marines and sailors around him at all times during the visit with his stories of days past. "I love being a part of these visits," said

SEE PATIENTS ON PAGE 3



ANDERSEN AIR FORCE BASE, Guam - Cmdr. Dean L. Hoelz, Marine Aircraft Group 12 chaplain, talks with a patient at the Guam Memorial Hospital here May 18, 2012. Volunteers spent the afternoon with hospital patients during a community relations project as part of Exercise Geiger Fury 2012.

Tinian firefighters, aided by Marines, clench certification

LANCE CPL. J. GAGE KARWICK IWAKUNI APPROACH STAFF

TINIAN, Commonwealth of the Northern Mariana Islands — Marine Wing Support Squadron 171 Aircraft Rescue and Firefighting Marines assisted Tinian International Airport rescue firefighters, May 17, 2012, during a federal government performance evaluation

SEE CERTIFY ON PAGE 3

Tinians, Marines work together for flight ops

LANCE CPL. J. GAGE KARWICK IWAKUNI APPROACH STAFF

TINIAN, Commonwealth of the Northern Mariana Islands — Tinian, an island which an island which is rich in aviation history. provides Marines participating in Exercise Geiger Fury 2012 an opportunity to conduct aviation ground support training in an expeditionary environment.

Marines took full advantage of the opportunity and to work side-by-side with their civilian counterparts.

Lance Cpl. Bryan K. Costorf an aircraft rescue firefighter dispatcher with Marine Wing Support Squadron 171, Marine Aircraft Group 12, and Raena P. Cing, Tinian airport radio service operator, are one example of effective teamwork.

Cing is responsible for all airfield operations on Tinian's West Field. Her duties include acting as the primary line of communication between aircraft and ground control, communications, and hourly

radio baseline weather

observer and reporter. "I do it all," said Cing. "I am glad the Marines are here. This is a whole new

SEE TOGETHER ON PAGE 3



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CHAPLAIN'S CORNER

*Do you have the power?' physical and mental tests. A lot of Marines and sailors were included in the honor roll we can be successful in full power of all you

LT. FULGENCIO L. LEGASPI H&HS STATION CHAPLAIN guiding principle in the movie; "With great power, comes great

Somebody asked the question, "Do you have the power?" The answer, "I've got the power..." says the song. Power is the ability to do, act or accomplish something. There are different kinds of power and powers per se are good. They are meant to be used and not to be abused.

Do you have the power? We as individuals have powers in different degrees. Some have great powers and some little. In the have movie "The Avengers" our superheroes used their powers to save the world. One of the movies I like is "Spiderman" because Uncle Ben gives Peter Parker a

power, comes great responsibility." If we look at the Bible passage (Luke 12:48) Jesus says, "Much will be required of the person entrusted with much, and still more will be demanded of the person entrusted with more.'

We are not superheroes with great powers, but we can be great human beings if we use our powers for the benefit of our country, community and loved ones. Human powers are noble powers when used properly.

What human powers do you have? In a graduation from Course, Corporal's Marines were given awards like Iron Man and Honor Graduate because they excel in

in Physical Fitness Test, are on what you have Combat Fitness Test and Physical Readiness Test because of their exceptional strength.

At age 55, I received an excellent score from my last PRT by maxing out my curl-ups and pushups and getting a good score in the 1.5 mile-run. But, what is your

greatest power? According to Wilfred Peterson, "Your greatest power is the power to be. To be more loving, to be more courageous to read be more joyous, to be more friendly, to be more sensitive, to be more aware, to be more recreational forgiving, to be more tolerant, to be more humble, to be more patient, to be more helpful, to be a greater human being."

If we have those powers, there is no doubt

a burning desire to achieve.

EDITORIAL

I created a recipe on how to stay in POWER. P - Prayer, meditate and communicate with God. O - Obedience, follow God's will, rules and regulations. Ŵ

- Work, commit and dedicate to work (job) and workout (physical training).

E - Energize, recharge batteries by living a healthy lifestyle and inspirational materials.

R - Relax, take time for oneself and engage in activities and hobbies.

The greatest recipe of life is "But to those who did accept him he gave power to become children of God, to those who believe in his name (John 1:12).

NEWS

PATIENTS FROM PAGE 1

Wolfgang M. Schwartzenweintraub, a United States Marine Corps and Navy veteran. "I just want you all to appreciate what you get to do.'

Along with tales of his past experiences and life challenges, Schwartzenweintraub spoke of future plans with his wife, sometimes serious and sometimes joking. "I've experienced a lot of things in my life, I'm happy for it and I'm willing to share it with anyone. I have a beautiful wife now, and like you guys just said, I didn't get my wife in a duffle bag when I joined the Marine Corps.'

After visiting hours were over, patients returned to their daily lives and volunteers went upstairs to attend an award ceremony, honoring Nurses Day and Hospital Week.

"I just wanted to salute and give thanks to all the people who come here to SNU and give us the support they do," said Sally K. Quichocho, SNU registered nurse.

Volunteers also received honorable mentions during the ceremony for their kindness and selflessness with a group of people they had never met before, but with whom they had taken the time to listen, entertain and create lasting memories.



TINIAN, Con

SUMMER SAFETY: Fatigue and Driving back in the U.S.

FATIGUE:

The experience of feeling sleepy, tired or exhausted. Fatigue decreases the driver's ability

SYMPTOMS MAY INCLUDE:

- Heavy eyelids
- Tired or sore eyes
- Poor concentration

to judge his own level of tiredness. The amount of sleep you get can affect your physical health, emotional well-being, mental abilities and performance.

- Yawning
- Restlessness
- Drowsiness

- Slow reaction Boredom
- Feeling irritable
- Missing road signs
- Having difficulty staying in the lane
- Succumbing to micro sleeps

It is important to realize that fatigue is not simply a result of the time spent driving, but relates to other factors including the number of hours since you last slept (hours of wakefulness) and time of day or night.

TIPS TO BEATING FATIGUES

Energize Your Diet. Eating habits play a powerful role in how well you function on every level. Small snacks throughout the day can keep your blood sugar levels stable all day. Have breakfast even if you don't feel hungry. Add Fiber to Your Diet. Fiber has

a time-releasing effect on carbs, so they enter your bloodstream at a slow and steady pace, giving you energy staying power. Stay Hydrated. Water makes up the majority of your blood and other body fluids. Mild dehydration can cause blood to thicken, forcing the heart to work harder to carry blood to your cells and organs and resulting in fatigue. Watch Your Caffeine Intake After Noon.

Once you are subject to fatigue, it is important to accept the fact that you are tired and remember... SLEEP IS THE ONLY TRUE CURE!

Driving back in the U.S.

As you have adjusted to driving on the left side of the road here in Japan, remember the next time you drive back in the States, it will take some time to adjust back to driving on the right side. To avoid traffic accidents, always stay alert to fatigue and be in a good driving attitude. It works wherever you go.



ANDERSEN AIR FORCE BASE Guam - Cmdr Dean I Hoelz Marine Aircraft Group 12 chaplain, takes a picture of a patient and volunteers at the Guam Memorial Hospital here May 18. The Marines and sailors were in Guam in support of Exercise Geiger Fury.

TOGETHER FROM PAGE 1

experience for me."

Cing and Costorf work side-by-side in the radio communications center to alleviate differences between civilian and Marine Corps airfield operation requirements.

"It has been great learning what Marines do," said Cing. "They tend to speak in a language all their own. One Marine told me it was called 'Marine jargon.' I think I'm picking up on it pretty auick.

From the moment the Marines arrived, from both sea and air, the local population has looked upon them with admiration. People here are curious about the activities of the Marines repairing the historic airfield, which played a pivotal role in bringing an end to World War II.

Much of the local community has gone out of their way to make the Marines feel welcome, bringing gifts such as coffee, watermelons,

mangos and more. "It has been really good to experience the culture," said Costorf. "I did not think it would be this nice here, nor did I anticipate the people would be as friendly and welcoming as they have been.

Exercise Geiger Fury 2012 allows both the people of Tinian and the Marines of MAG-12, MWSS-171 to come together and resurrect historical bonds.

Exercises such as Geiger Fury further strengthen the professional cooperation and personal friendships quickly developed here.

ealth of the Northern Mariana Islands – Cpl. Christopher M. Perrv. an Aircraft Rescue Firefighter with Marine Wing Support Squadron 171, Marine Aircraft Group 12, and a Tinian firefighter carry simulated injury victims to a staging area during an evaluation for the Tinian firefighters. The Marines were participating in Exercise Geiger Fury 2012 and offered their services to their local counterparts.

LANCE CPL, J. GAGE K/

TINIAN, Commonwealth of the Northern Mariana Islands – Lance Col. Bryan Costorf, an Aircraft Rescue Firefighter with Marine Wing Support Squadron 171, Marine Aircraft Group 12, and a Tinian firefighter assess simulated injuries during an evaluation for the Tinian firefighters.



ealth of the Northern Mariana Islands – A bulk fuels specialist with Marine Wing Support Squadron 171, Marine Aircraft Group 12, unloads the fuel resupply from a KC-130J, May 15, during Exercise TINIAN, Co Geiger Fury 2012. The Marines, currently deployed to the island of Tinian, have a chance to test all systems and procedures in an expeditionary

MAG-12 gets full on fuel

LANCE CPL. J. GAGE KARWICK IWAKUNI APPROACH STAFF

TINIAN, Commonwealth of the Northern Mariana Islands — One of the most important parts of Exercise Geiger Fury 2012 is aircraft. In order for the aircraft to operate, they need fuel, and lots of it.

Bulk fuels specialists with Marine Wing Support Squadron 171, Marine Aircraft Group 12, are crucial when fuel from KC-130Js arrive on Tinian for flight operations.

"Without this fuel, we cannot operate any of our components," said Sgt. Jonathan R. Cadenas, MWSS-171, MAG-12, bulk fuels specialist. "There would be no fuel for the planes, vehicles, generators as well as all other fuel requiring systems."

Expeditionary fuel bladders have capabilities of storing more than 20,000 gallons of fue

Fuel bladders are never filled to maximum capacity, as fuel expands in heat. Completely filling them may cause a rupture in the liner of the bladder.

If a rupture occurs, safety systems applied around the bladder ensure the safety of fuel and prevents harm to the environment. A self-contained hazardous material liner lies underneath and around the bladder system as a safety system to prevent leaked fuel from seeping into the ground.

The protective berm around the bladder is basically a fuel safety net," said Lance Cpl. Daniel L. Featherston, MWSS-171 semitrailer refueler operator. "That berm allows us to safely store the fuel we receive from the planes so that no fuel can leak out and harm the environment in the area.

The amount of time it takes to unload fuel from the KC-130J aircraft differs with the



alth of the Northern Mariana Islands — A bulk fuels specialist with Marine Wing Support Squadron 171, Marine Aircraft TINIAN C Group 12, mans the fuel line during a fuel resupply from a KC-130J, May 15, during Exercise Geiger Fury 2012. The expeditionary fuel bladder systems can hold more than 20,000 gallons of fuel. The Marines, currently deployed to the island of Tinian, have a chance to test all systems and procedures in an expeditionary env

amount of fuel the plane is carrying.

"Each plane seems to be carrying about 6,000 gallons of fuel," said Featherston. "It can take anywhere from an hour to an hour and a half to properly unload the fuel into the bladder systems

The fuel bladder system is a vital tool for

Exercise Geiger Fury 2012, and the Marines who work with it are part of a complex system designed to put rounds on target.

Just like a heart is required to pump blood through the body, bulk fuel specialists and their fuel are vital to keep Exercise Geiger Fury alive and well.

FEATURE

FEATURE



COMPILED BY IWAKUNI APPROACH STAFF

Industrial chemicals and toxic waste can materials. come in many forms such as household detergents and air fresheners. Hazardous Hazardous materials are substances or materials and homes that ustilize gas for water heating or cooking. materials which, because of their chemical Approximately 1.5 billion tons of hazardous materials can potentially be anywhere and makeup, can pose a potential risk or damage can affect urban, suburban and rural areas, to organisms, great and small, and their material is transported in some form across surroundings. Every stage of use with by way of a chemical spill on a highway to the United States groundwater contamination to naturally hazardous matierals is inherently and More than half of that is hauled by trucks on occurring methane gas. potentially dangerous. the nation's highways, which can potentially The Chemical Manufacturers Association Hazardous materials may be stored and cause an chemical spill.

WHAT TO DO

If you witness a hazardous materials accident, spill or leak, call 911, your local emergency notification number or the fire department.



If you hear a warning signal, turn on your radio or television further information from for emergency response personnel. Follow all instructions carefully.



Stay away from the incident site in order to minimize your chances of contamination.



If you are caught outside during an incident, try to stay upwind, uphill, and upstream, --hazardous materials can quickly be transported by wind and water



If you are in a motor vehicle, close off ventilation and shut your windows. This will reduce the possibility for contamination or nhaling hazardous material.

Remain in protected, interior areas of the building where toxic vapors are reduced, and keep your radio with you.



Remain in protected, interior areas of the building where toxic vapors are reduced, and keep your radio with vou.



Avoid contact with any spilled liquid materials, airborne mist or condensed solid chemical deposit. Keep your body fully covered and wear gloves, socks and shoes although these measures may offer minimal protection.



food or water which may be contaminated.



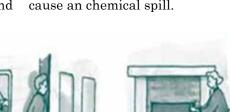
If you learn that you will be sheltered indoors, fill the bathtub and large containers with water. Be prepared to turn off the intake valve in case authorities advise you to do so.

Protecting yourself against HAZMAT

estimates in an average year, one out of every produced in a myriad of places we often three trains and one out of every 10 trucks in the United States is carrying hazardous

encounter, such as a gas station, which uses gasoline and diesel; hospitals, which can house radioactive and extremely flammable

HAZARDOUS MATERIAL PLAN





Turn off ventilation systems (heating and air-conditioning, and fireplace.)



Close all wi

Stav in the room until told by the authorities that it is safe to come out.

How to prepare

Warning sirens or horns. These outdoor warning systems may not be heard if you are indoors or inside vehicles.

■ Emergency Broadcast System. The radio and television EBS disseminates community emergency information.

Residential route alert. PMO vehicles with public address systems travel routes to notify people of an emergency situation.

WHAT TO DO AFTER AN INCIDENT

Do not return home until local authorities say it is safe.

Upon returning to your home, open windows, vents and turn on fans to provide ventilation.

If a person or item has been exposed to a hazardous chemical or may be contaminated and could contaminate other people or items you should:

Follow decontamination instructions from your local authorities. (Depending on the chemical, you may be advised to take a thorough shower. Or, you may be advised to stay away from water and follow another procedure.)

Seek medical treatment for unusual symptoms that may be related to the hazardous material release.

■ If medical help is not immediately available and you believe you may be contaminated, remove all of your clothing and



Go into a room with the fewest doors and ws and seal the room

Announcements over cable television. In some communities, including ours, cable systems are equipped to allow emergency response forces to relay announcements over cable television stations

Telephone Alert Server. This method uses an automated system to ring up area telephones and provide a recorded emergency message when telephones are answered.

shower thoroughly (unless local authorities say the chemical is water reactive and advise you to do otherwise). Change into fresh, loose, warm clothing and seek medical help as soon as possible

Place exposed clothing and shoes in tightly sealed containers without allowing them to contact other materials, and call local authorities to find out about proper disposal.

Advise everyone who comes in contact with you that you may have been exposed to a toxic substance.

Find out from local authorities how to clean up your land and property.

Report any lingering vapors or other hazards to your local emergency services office. For more information contact MCAS Iwakuni

Fire Department, CBRNE Protection Officer at 253-6930 or via email at Michael.D.Cox@usmc. mil

In certain circumstances, you will be requested to Shelter In Place (SIP), rather than evacuate.

Avoid eating or drinking any



Ordnance, more than just things which go **BOOM**

LANCE CPL. BENJAMIN PRYER IWAKUNI APPROACH STAFF

ANDERSEN AIR FORCE BASE, Guam -Every exercise has goals, whether long-term or short-term. In Exercise Geiger Fury 2012, those goals are the amount of sorties flown and the pounds of ordnance dropped.

With this exercise, every hour of every day re-quires constant work from ordnance Marines. "For Exercise Geiger Fury, we will be supporting all three squadrons with any type of ordnance," said Staff Sgt. Michele Starcher, a Marine Aviation Logistics Squadron 12 avia-

tion ordnance specialist. MALS-12 ordnance Marines supply ordnance to Marine All Weather Fighter Attack Squadron 242, Marine All-Weather Fighter Attack Squadron 121 and Marine Fighter Attack Squadron 232.

Ördnance Marines work in 12-hour shifts, making up a day crew and night crew.

Day crews perform most of the ordnance deliveries to the planes and other needed locations, while night crews, working under cooler weather, assemble the majority of the ordnance.

"When you have shifts like this, you're looking

for continuity," said Gunnery Sgt. Mark Atz, Marine Aircraft Group 12 intelligence specialist. "When you start working together" the pilots have to have specific training hours sure they get training on all those munitions for two or three days, you start knowing what those people next to you are going to do before they even do it. Once they get on that same page, it's that well-oiled machine."

Not only does building ordnance improve job skills of Marines manufacturing them, but pilots wouldn't be mission effective without the work of ordnance Marines.

"We build ordnance so pilots can train to fight in Afghanistan or anywhere for that matter," said Starcher. "All of the ordnance we build,

and make sure they can drop any kind of bomb, missiles, rounds, rockets, anything they would need for a fight. We ensure all squadrons are ready for the fight."

While ordnance Marines focus on completing their mission goals so the aircraft can complete theirs, the importance of supplying bombs and munitions is no secret.

"Without the ordnance, there's no point to these aircraft," said Starcher. "The sole purpose of this exercise is to drop ordnance."



ANDERSEN AIR FORCE BASE, Guam – A Marine funnels inert munitions for use by aircraft during Exercise Geiger Fury 2012, here May 17. Marine Aircraft Logistics Squadron 12 ordnance Marines supply ce to Marine All-Weather Fighter Attack Squadron 242, Marine All-Weather Fighter Attack Squadron 121 and Marine Fighter Attack Squadron 232.

ANDERSEN AIR FORCE BASE. Guam - Marines funnel inert munitions for use by aircraft during Exercise Geiger Fury 2012, here May 17, 2012. Ordnance Marines

here work in 12-hour shifts, making up a day crew and night crew



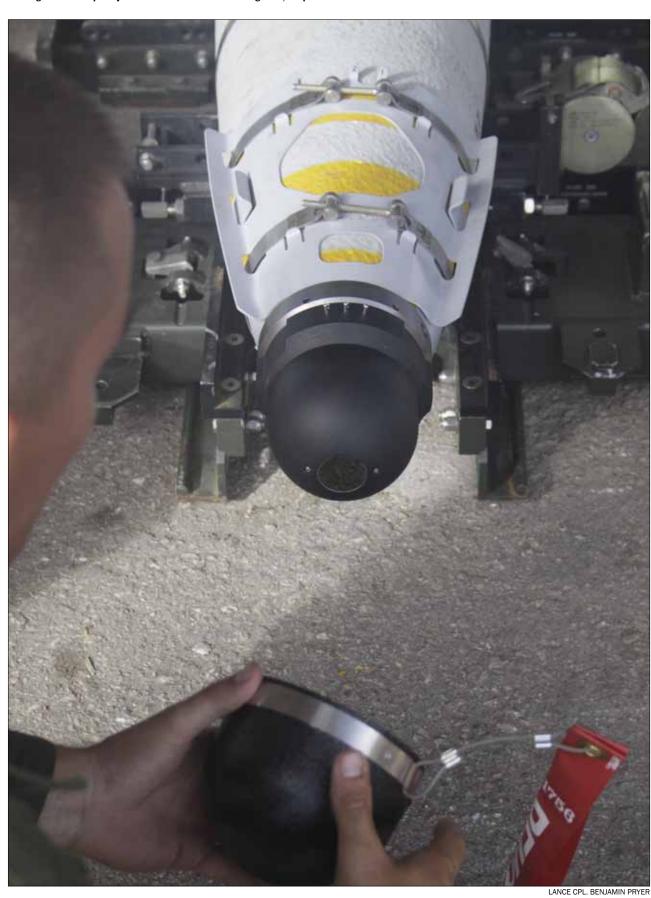
ANDERSEN AIR FORCE BASE, Guam – Marines funnel inert munitions for use by aircraft during Exercise Geiger Fury 2012, here May 17, 2012. Ordnance Marines here work in 12-hour shifts, making up a day crew and night crew.



ANDERSEN AIR FORCE BASE, Guam - Sgt. Marshawn Gallegos, a ordnance Marine from Marine Aviation Logistics Squadron 11, uses a forklift to lift ordnance off a trailer here May 17, 2012. Ordnance Marines supply ordnance to Marine All Weather Fighter Attack Squadron 242, Marine All-Weather Fighter Attack Squadron 121 and Marine Fighter Attack Squadron 232.



ANDERSEN AIR FORCE BASE, Guam - A Marine funnels inert munitions for use by aircraft during Exercise Geiger Fury 2012, here May 17, 2012. Not only does building ordnance improve job skills of Marines manufacturing them, but pilots wouldn't be mission effective with



ANDERSEN AIR FORCE BASE, Guam - Sgt. William McGregor, an ordnance Marine from Marine Aviation Logistics Squadron 11, removes the nose of a laser Joint Direct Attack Munition missile here May 17, 2012. Ordnance Marines supply bombs and munitions to all three flying squadrons during Exercise Geiger Fury 2012.

COMMUNITY BRIEFS CLASSIFIEDS

Briefs

Lt. Col. Saunders' Retirement

Marines, sailors and civilians are invited to attend Lt. Col. Breton L. Saunders', station operations officer, retirement ceremony scheduled for 11 a.m. June 8. The ceremony will be conducted at the Aircraft Rescue and **Firefighting facility** located on the east side of the airfield next to the Joint Control Facility.

Friendship Day program

and coin sets Marine Corps Community Services is selling the remaining 500 "2012 Friendship Day program and coin sets" at the cash cage at the Marine Corps Exchange. The set costs \$20 and cannot be bought separately. For more information, call Sean McHenry at 253-6373.

NMCRS Quick

Assist Loans The Iwakuni Navy Marine Corps Relief Society provides Quick Assist Loans to prevent active duty service members from falling prey to predatory lenders. These loans are designed to assist with short-term living expenses up to \$300. interest free and must be repaid within



CORPS NEWS HIGHLIGHTING MARINES AND SAILORS AROUND THE GLOBE **Artillerymen compete for fastest position on gunline**

Cpl. John Robbart III 15TH MARINE EXPEDITIONARY UNIT

WARNER SPRINGS, Calif. - In the unfortunate event that an aircraft goes down, pilots can rest assured the 15th Marine Expeditionary Unit has trained a 24man platoon to come and get them.

The Tactical Recovery of Aircraft and Personnel Platoon underwent specialized training under the supervision of I Marine Expeditionary Force's Special Operations Training Group. The Marines and sailors honed their skills by performing a simulated recovery here, May 10.

We are doing everything to make the training for these Marines and sailors as realistic as possible," said Maj. Scott A. Huesing, assistant operations officer, 15th MEU. "This scenario involves the TRAP Platoon recovering a downed pilot," he added.

With a UH-1Y and an AH-1Z in the air providing escorts, the platoon landed in a CH-53E Super Stallion in a nearby location and immediately set up a security perimeter. As the helicopter took off and joined its escorts in the air, the platoon began patrolling in search of the pilot, using a honing beacon to find her location to bring her back to safety.

Other role players were staged in the training area simulating a hostile force, firing at the Marines during their rescue efforts. The rest of the platoon provided security while Sgt. Scott W. Ghilcrist, the TRAP Platoon's recovery team leader, climbed up a tree and lowered the pilot to safety.

They had two safeties and created a pulley system to help ease me down," said Cpl. Brittany L. Jones, one of the role players and a radio operator, Command Element, 15th MEU. "They got me to the helicopter pretty quickly, and they did an excellent job. I'm sure if they were called upon to execute this mission in real life, it would go as well as it did today," added the 25-year-old native of Elizabethtown, N.C. The TRAP Platoon carried the pilot on

a stretcher back to their helicopter and returned to base.

"In real life, the pilot could be incapacitated," said Maj. Ruben Gutierrez, officer-in-charge of amphibious raids, SOTG, I MEF. "We build these scenarios off of missions that



WARNER SPRINGS, Calif. - The Tactical Recovery of Aircraft and Personnel Platoon exits a CH-53E Super Stallion before recovering a downed pilot as a part of a scenario-based training here May 9. The training was conducted as a part of the ground portion of Realistic Urban Training, an exercise designed to prepare the 15th Marine Expeditionary Unit for their upcoming deployment scheduled for this fall.

have really happened, such as the TRAP 26th MEU recently performed.' This particular scenario is

one of many the platoon will undergo to help improve their specialized skill set. The 15th MEU is the

middleweight force that can handle missions big or small,' said Huesing. "The TRAP Platoon is one of the many tools the MEU commander can use to leverage a situation."

The TRAP training was conducted as part of the ground portion of Realistic Urban Training, which the unit is conducting in preparation for their deployment scheduled for this fall.



NARNER SPRINGS, Calif. — A Marine and a Navy corpsman with the Tactical Recovery of Aircraft and Personnel Platoon 15th Marine Expeditionary Unit, carry Cpl. Brittany L. Jones back to the helicopter during training, here, May 9. Jones was playing the role of a downed pilot during a TRAP mission. The training was conducted as a part of the ground portion ning, an exercise designed to prepare the 15th MEU for their upcoming deployment scheduled for of Realistic Urban this fall



WARNER SPRINGS, Calif. - Sergeant Scott W. Ghilcrist, recovery team leader, Tactical Recovery of Aircraft and Personnel Platoon, 15th Marine Expeditionary Unit, prepares to rescue Cpl. Brittany L. Jones, who was playing the role of a downed pilot during training, here

10 months. For more information, call the Iwakuni NMCRS at 253-5311 or stop by the Marine Memorial Chapel, Room 148.

Golf In Iwakuni

Golf here in Iwakuni has not died; the Iwakuni Golf Pro Shop is selling vouchers and transportation to the Iwakuni Country Club, a golf course in town. It takes only a few minutes to get to the country club by bus and the entire trip will cost approximately \$35. For more information, call the Golf

Pro Shop at 253-3402.

SOFA Drivers Classes

Looking to get a SOFA license? SOFA classes are being held every Friday from 8:30 a.m. - 11:40 a.m. at Building 411. The SOFA class is available to dependents and all military members. The class has no sign up roster but is on a firstcome, first-served basis. Come a little early. For more information, call station safety at 253-6330

ASIST Workshop

Learn suicide intervention skills. Applied Suicide Intervention Skills Training (ASIST) is scheduled to conduct a free suicide first-aid

intervention workshop on June 7-8 at Yujo Hall from 8 a.m. - 4:30 p.m. The ability to identify those at risk and how to better listen and care for those having suicidal thoughts will be the focus. The workshop is open to all military, civilian, contractors and adult family members. To register, email madelyn. santiago@med.navy.mil, or call Iwakuni Chapel at $253 \cdot 3371$

Return Shopping Carts

Patrons must return shopping carts to the commissary instead of leaving them outside the barracks and housing.

Community Rooms

Community room inspections are required in order to rent a community room. Patrons reserving community rooms risk losing their reservation by missing their inspection appointment. To schedule a community room or get more information, call Housing at 253-3341.

Emergency Phone Numbers Reminder Put these numbers in your wallet: •Anti-terrorism force protection hotline: 253-ATFP (2837).

• Life limb or loss of vision threatening emergencies while on the air station:

119 or 911. From a cell phone or for bilingual capability: 082-721-7700. • For security issues, contact the Provost Marshal's Office: 253-3303. To report without talking to a person, Crime Stoppers: 253-3333. • Sexual Assault: To make a confidential report of sexual assault or harassment, contact the victim advocate at 253-4526 during working hours. For after hours. weekends and holidays, call 090-9978-1033 or 080-3427-0835. You can also call the installation Sexual Assault Response Coordinator at 253-6556 or 080-5865-3566.

Iwakuni is now on

Facebook MCAS Iwakuni now has a Facebook page. Updates will be made consistently along with content only available on Facebook. A larger selection of photos from covered stories will also be available and free for those pictured to tag themselves. To find the facebook page, search for "MCAS Iwakuni."

Lending Locker Program

The lending locker program is available to provide small home appliances and utensils for incoming and outgoing command-sponsored members for up to 60 days inbound and 30

days outbound. A copy of PCS orders are required to check out items, and the program is by appointment only. The lending locker is located in Building 411. Room 101. Appointments are 8 a.m. - 3:30 p.m. For more information, call 253-6161.

Active-Reserve Career Information

For Marines seeking information about transitioning to the Reserve component, please contact, Gunnery Sgt. Robert Noves, Okinawa Active-Reserve Career Planner at (315) 622-6004, or send him an e-mail at robert.noyes@ usmc.mil

Brief and Classified Submissions

To submit a community brief or classified advertisement, send an e-mail to iwakuni. pao@usmc.mil. Include a contact name, a phone number and the information you would like to be published. You may submit your brief or advertisement in person at the Public Affairs Office, Building 1 Room 216 or you may call 253-5551. Please ensure you provide all requested information to simplify the request process. The deadline for submissions is 3 p.m. every Friday.

INFOTAINMENT

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Chapel Services

Roman (Catholic
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Roman Catholic		
Saturday	4:30-5:15 p.m. Confession 5:30 p.m. Mass	
Sunday	8:30 a.m. Mass 9:45 a.m. Religious Education	
Mon. – Thurs.	11:30 a.m. Weekday Mass	
Protestant		
Sunday Monday Tuesday Wednesday	 10:30 a.m. Protestant Service 10:30 a.m. Children's Church 10:30 a.m. Church of Christ Meeting 1 p.m. Contemporary 4:30 p.m. Lutheran Service 5:30 p.m. FLOW (Youth Group) 7 p.m. Men's Bible Study 9 a.m. Ladies' Bible Study 5 p.m. Working Women Bible Study 10:30 a.m. Ladies' Tea 	
	5:45 p.m. AWANA (Bldg. 1104)	
2nd and 4th Sa	turday 10:30 a.m. Seventh Day Adventist Meeting	
2nd Saturday	7:30 a.m. Men's Discipleship	
Bahai		
Sunday	11 a.m. Bahai Meeting	

For information regarding divine services, religious education or any other command religious program or chapel activity, call the Marine Memorial Chapel at 253-3371.

E IWAKUNI APPROACH CULTURAL LESSONS

梅雨 – Kanji for Tsu Yu or rainy season

つゆ – Hiragana for Tsu Yu or rainy season Summer is upon us but here in Japan there is a short rainy season during June and July called "Tsu Yu." The month of June is called "Minazuki," which means the month of no water due to the amount of rain and the humidity throughout the rainy season. Early summer is usually referred to as Tsu Yu but is also known as Bai Yu, literally meaning "plum rain," because it coincides with the season of plums ripening.

In most of Japan, the rainy season lasts from the beginning of June to the middle of July, while it affects the islands of Okinawa about one month earlier. Only Japan's northern most island of Hokkaido is barely affected by the rainy season, making it a great place to escape the rain. The other most common way to escape the rain is

simply carrying an umbrella, which is much more common here in Japan than in the U.S.

Also an important topic with the season of Tsu Yu is the effects of humidity as it will allow for a much greater chance of mold and food poisoning will become a much greater risk to those eating out in town rather than here on MCAS Iwakuni.

Helpful phrases

Is it raining outside?

Pronounced: Ame ga futte imasu ka?

Where can I buy an umbrella?

Pronounced: Kasaha(wa) doko de kaemasuka?

Where can I put my umbrella?

Pronounced: Kasaha(wa) dokoniokeba ii?

SAKURA THEATER Monday, June 4, 2012 7 p.m. Lockout (PG-13)

Tuesday, June 5, 2012

Wednesday, June 6, 2012

Thursday, June 7, 2012

7 p.m. Battleship (PG-13)

Theater Closed

Theater Closed

Friday, June 1, 2012 7 p.m. Lockout (PG-13) 10 p.m. American Reunion (R)

Saturday, June 2, 2012 4 p.m. Mirror Mirror (PG) 7 p.m. Dark Shadows (PG-13)

Sunday, June 3, 2012 4 p.m. Mirror Mirror (PG) 7 p.m. Battleship (PG-13)

The movie schedule is subject to change. Please check www.mccsiwakuni.com/sakura often for updates, or call the Sakura Theater at 253-5291 for the latest schedule.

General Admission: Ages 12+ are \$3/ Ages 6-11 are \$1.50/ Children ages 5 and under admitted free. For more information, visit www.mccsiwakuni.com or call 253-5291.

Mess Hall Menu

Corn chowder, Chinese Corn chowder, sukiyaki, barbecue diced pork, red barbecue beef cubes, pepper glazed fish, pork home fried potatoes, fried rice, orange carrots steamed rice, cauliflower

Tuesday

amandine, fried cabbage, parmesan, Chinese egg roll, dinner style greens, cream rolls, macaroni salad, gravy, potato salad, coleslaw, macaroni salad, potato salad, coleslaw, bear claws, cinnamon johns, banana muffins, muffin. crumb top blueberry pie, lemon meringue, devil's velvet pound cake, brownies, food cake, chocolate cream pudding buttercream parfait, Jell-O parfait. shortbread cookies, bread

Monday:

Wednesday

southern

chocolate

frosting,

rolls,

long

dinner

pudding, Jell-O parfait.

French onion soup, Swiss steak with brown gravy, mustard dill fish, steamed rice, garlic roasted potato wedges, fried cabbage with bacon, mixed vegetables, brown gravy, dinner rolls. macaroni salad, potato salad. coleslaw. snails. quick cherry coffee cake, blueberry pie, white cake, buttercream frosting, brownies, vanilla pudding parfait, Jell-O parfait.

Thursday

Ěngland clam New chowder, beef stroganoff, pork adobo, pork fried rice, steamed pasta, scalloped cream style corn, peas with onions, brown gravy, dinner rolls, macaroni salad, potato salad, coleslaw, kolaches, apple coffee cake, cherry crunch, banana cake, buttercream frosting, macadamia coho chunks, chocolate parfait, Jell-O parfait



Kanji Adventures

Tomato soup, fried catfish, chili macaroni, Tomato fried grilled cheese, franconia potatoes, steamed pasta, succotash, broccoli parmesan, mushroom gravy, corn muffins, macaroni salad, potato salad, coleslaw, cinnamon rolls, quick French coffee cake, blueberry pie, carrot cake, cream cheese frosting, chocolate chip cookie, chocolate pudding parfait, Jell-O parfait.





Lance Cpl. Whitford L. Horton, station Aircraft Rescue Fightfighter, wraps up the National Colors while performing the flag lowering ceremony at sunset here May 29, 2012. National Colors here in front of Building one are raised and lowered every morning and every evening to show our respect for the Americans who have served and for all the freedoms America holds true



FEATURE

ED BANNER IN

LANCE CPL NICHOLAS RHOADES

LANCE CPL. NICHOLAS RHOADES IWAKUNI APPROACH STAFF

The United States of America adopted the national flag on June 14, 1777. Since then it has been tirelessly honored and admired partially because of the mystique surrounding its customs and courtesies.

The National Colors represents Americans' past, present, and future, it represents the love and blood people have shed for the freedoms that, at times, are taken for granted.

Servicemembers know what to do when the flag is raised in the morning, or lowered in the evening, but many don't know what to do when colors pass them, such as in a ceremony or when uncased.

"When colors are passing, like a color guard, all military members are supposed to salute at the proper distances," said Sgt. Maj. Peter W. Ferral, Headquarters and Headquarters

Squadron sergeant major. Color guard has extensive training on how to handle the colors and after ceremonies they are taught to cover the flags immediately and not to walk around with them.

"After ceremonies, if colors pass it is important to still show proper respect," said Ferral. 'But sometimes, Marines will just walk by the colors as if it is just a rag hanging on a stick."

Marines in the color guard not only know the proper way to present Colors, but also how to retire the Colors and properly store them.

"We complete constant training that tests our drill movements and our ways of respecting both the National Colors and the Marine Corps Colors," said Cpl. Roy A. Covington, III, a Marine Corps Air Station Iwakuni color guard Marine.

"We are shown proper ways of folding, casing, uncasing, and simply maintaining the Colors of the United States and the Marine Corps," said Covington. There are many places aboard

the station which present Colors, either the National Colors or the Marine Corps Colors, but sometimes flags become tattered and station residents may be unaware of the proper disposal of the colors.

"The Marine Corps Colors are supposed to be scarlet and gold, not pink and gold," said Ferral."The proper way to retire old colors is to rip it up, in a concealed location where no one else can see, and then burn it privately. That way you have the ashes and can properly throw away the ashes.²

From battlefields to front porches, no matter where the Colors have flown, they will always represent our country and Corps as the land of the free and the home of the brave.

Lance Cpl. Gage V. Thompson, station Provost Marshal's Office military police officer, folds the National Colors after performing the flag lowering ceremony at sunset here May 29, 2012. The National Colors represents ricans' past, present, and future. It represents the love and blood they have shed for the freedoms that, at times, are taken for granted



In the April 26, 1974, issue of the Torii Teller, Marines reported on how alcohol withdrawals can be deadly, the USO bringing the "Soundstation Singers," a group of two women and seven men, to the Sakura Theater, Red Cross warning about poisons, the golf tournament rained out, and about SK1 Douglas M. Hall's junkyard.



BRIEFS

169 YEARS AGO TOMORROW. On Apr. 27, 1805, lstLt. Presley N. O'Bannon, with seven Marines, 24 sailors, and a force of Greeks and Arabs, raised the United States' flag for the first time over a conquered fortress of the Old World in Derna, a stronghold of the Tripolitian pirates.

EMBASSY DUTY OPEN. Marines who are genuinely interested in serving as security guards at U. S. embassies and consulates, and who meet the requirements, are needed to fill openings in several new detachments.

Lance corporals through master gunnery sergeants may apply. Exceptionally qualified privates first class may apply for a waiver and, if accepted, will be promoted to lance corporal upon successful completion of the Marine Security Guard School.

According to Headquarters, the time to apply for the program has never been better, and every consideration will be given on waivers on rank, MOS and time on station.

Details on the program, and a list of security guard detachments, are contained in Marine Corps Order 1306.21.

NEW SAFETY MOS. Headquarters has established a new Category "B" MOS, for Marines in all grades, who manage or assist in the Marine Corps' safety program.

Marines assigned to MOS 9956, Ground Safety Specialist, will investigate accidents, conduct periodic inspections, organize vehicle safety programs and provide safety indoctrination and education programs at Marine Corps Commands.

Applicants will be required to complete the Fundamentals of Ground Safety Course at Lowry AFB, Denver, or the Army Materiel Command Safety School, Charleston, Ind. Those who have at least one year of experience in a command safety organization billet are not required to attend schooling.

Interested Marines should submit AA forms via their chain of command, with recommendations from local commanders, to CMC (Code MPS-40), HQMC, Washington, D.C. 20380.

"In" Clothes Are Out

Summer, like every other season, has its own particular fashions. Tank tops, cut-off jeans and jeans jackets with the sleeves removed, T-shirts and sandals are a few of what seem to be fashionable items of wear during Iwakuni's hot and humid summers.

Persons wearing some of the above items, however, may be denied the use of clubs, the exchange and other facilities here, according to local regulations.

Many items of clothing which may be considered by the civilian community as appropriate for wear are not authorized for wear by military men and women stationed here. Undershirts or sleeveless shirts worn as outer garments; jackets or shirts with the sleeves removed; patched, fringed, cut up or tie dyed trousers; cut-off jeans with fringed cuffs — either purchased or homemade — are some examples of unauthorized apparel.

Some of these items of clothing may be bought in the exchange. Maj. Esta Grissom, assistant Wing inspector, cautions, "Just because an item of clothing may be purchased in the PX doesn't mean it's legal to wear. Make sure you check the regulations before you buy any item and expect to wear it."

Contained within the Station and Wing regulations are separate sections applying to civilians and military families.

For details on appropriate civilian attire, check Station Order 1020.1Q and Wing Order 1020.1.

Green Side Out Confused about the use of the new summer green uniform which will become a mandatory item of clothing July 1, 1977?

It's simple. Either of the green uniform trousers — summer or winter — may be worn any time of the year for work. For inspections, parades and formations, the appropriate uniform for the season must be worn.

Although the Marine Corps is phasing out the tropical uniform, recruits who wear sizes still in stock will be issued them. Recruits who wear other sizes are being issued one summer - weight blouse, one pair of summer - weight trousers and one summer green cover.

Because the summer green uniform is presently being made on a limited basis, Cash Sales can't carry them in stock. They will, however, order the uniform, and delivery can be expected within about 30 days.



SEN. KENGO FUTATSUGI (LEFT), HONORARY CON-SULTANT TO THE JAPAN KENNEL CLUB, READS A LETTER OF APPRECIATION PRESENTED TO ROWDY, AN MP MARIJUANA DETECTION DOG HERE, DURING A KENNEL CLUB SHOW IN YANAI CITY APR. 21. ON HAND TO RECEIVE THE LETTER FOR ROWDY WERE 2NDLT. MICHAEL HAYNES (CENTER), ASSISTANT PMO; MR. KEN KAWAGOE, A CPAO INTERPRETER; AND SGT. VANCE E. DUNLAP, ROWDY'S HANDLER.

Fete Plans Finalized

Parents who get lost in the crowd during Friendship Day May 6 will be glad to know there's a place to go where their children can find them. PMO will operate a Lost Child Center in Bldg. 457, the MP Operations building.

Persons driving automobiles aboard the Air Station that day will be required to enter and leave the base through the North Gate. Those driving motorcycles, riding bicycles or walking aboard that day will be directed to use the main gate.

Motorcycles and bicycles will be parked in the vicinity of the Officers' Club. Bicycles may also be parked in the Sakura Theater area. Autos will be parked in designated areas along the mainside flight line.

The "C" Gate will be used by busses only throughout the day.

The Provost Marshal has asked that members of the military refrain from using their privately owned vehicles on the Station between 9 a.m. and 4 p.m. that day to help minimize traffic. The only vehicles allowed in the Friendship Day exhibit areas will be those displaying special passes.